



Original article

Distinct serum metabolic profiles with supportive diagnostic value in differentiating tuberculosis and *Mycobacterium avium* complex pulmonary disease



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ABSTRACT

Background: Pulmonary infectious diseases caused by *Mycobacterium* species, including *Mycobacterium tuberculosis* and *Mycobacterium avium* complex (MAC), remain significant public health threats. However, current gold-standard diagnostics are time-consuming and have limited ability to differentiate these clinically similar presentations. This study investigated serum metabolic distinctions between tuberculosis (TB) and MAC pulmonary disease (MAC-PD) to identify biomarkers with supportive diagnostic value for differential diagnosis.

Methods: We performed LC/MS-based metabolic profiling of 181 serum samples from TB and MAC-PD patients. The study cohort was subsequently divided into a training set (TB, n = 30; MAC-PD, n = 30) and a validation set (TB, n = 51; MAC-PD, n = 70).

Results: Five key metabolites were identified, including four sphingoid base lipids that were decreased in TB compared with MAC-PD, and 2-hydroxyglutaric acid (2-HG), which was increased. Logistic regression using this five-metabolite panel achieved strong discriminatory performance, with an area under the curve of 0.988 (95% CI: 0.970–1.000) in the training set and 0.997 (95% CI: 0.991–1.000) in the validation set. Consistent performance across multiple machine learning models reinforces the stability and supportive diagnostic value of the five-metabolite panel.

Conclusions: This study provides a novel approach for the differential diagnosis of two major mycobacterial pulmonary diseases. The identified metabolites, particularly alterations in sphingoid base lipids and 2-HG, demonstrated robust discriminative potential. These findings support their potential role as biomarkers in clinical practice, enabling earlier and more accurate differentiation of TB and MAC-PD.

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Introduction

Pulmonary infectious diseases caused by *Mycobacterium* species remain a significant public health concern worldwide. According to the 2025 Global Tuberculosis Report from the World Health Organization, tuberculosis (TB) has regained its position as the leading cause of death from a single infectious agent, with 10.7 million new cases and 1.23 million deaths worldwide in 2024 [1]. In South Korea, TB continues to pose a major health burden, with the

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second-highest incidence rate (38 cases per 100,000) and the fifth-highest mortality rate (3 deaths per 100,000) among Organization for Economic Cooperation and Development member countries in 2023 [2].

Nontuberculous mycobacteria (NTM) are ubiquitous environmental organisms that cause opportunistic infections with diverse clinical phenotypes [3]. The incidence and prevalence of NTM pulmonary disease (PD) are rising globally, including in South Korea, where the annual prevalence increased from 11.4 to 56.7 cases per 100,000 population between 2010 and 2021 [4]. Among more than 200 NTM species, *Mycobacterium avium* complex (MAC), primarily *M. avium* and *M. intracellulare*, is the predominant cause, responsible for approximately 60–70% of NTM infections globally [3,5]. In South Korea, MAC infections account for over 70% of NTM cases and continue to rise [6].

The rising burden of TB and MAC-PD highlights their significance not only as clinical entities but also as major public health concerns. Timely and accurate diagnosis is essential to reduce transmission, minimize inappropriate antimicrobial use, and alleviate the burden on healthcare systems.

Clinically, the diagnosis of pulmonary TB and MAC-PD requires an integrated assessment of clinical manifestation, chest radiographic evaluation, and microbiological confirmation through acid-fast bacilli (AFB) staining and culture [7]. This gold-standard approach, which relies heavily on sputum specimens, is not only time-consuming, often taking several weeks for culture results, but also challenging in patients unable to produce sputum. While PCR-based molecular diagnostics, such as the Xpert MTB/RIF assay, offer rapid detection of *Mycobacterium tuberculosis* (Mtb), rare Xpert-positive results may still occur in patients who ultimately have NTM-PD, potentially leading to diagnostic confusion. These uncommon positive results are instead attributed to clinically recognized factors such as Mtb-NTM coinfection, laboratory contamination or carry-over, or the detection of residual Mtb DNA from prior disease [8,9]. Such diagnostic ambiguity often leads to the empirical initiation of anti-TB treatment, resulting in misdiagnosis and inappropriate or unnecessary treatment of patients with NTM-PD [10]. Therefore, an early and accurate differential diagnosis between TB and MAC-PD is crucial for initiating tailored treatment regimens.

Blood-based tests are less invasive, easier to obtain, and broadly applicable, making them an attractive platform for advanced analytic approaches such as metabolomics. Mass spectrometry (MS)-based metabolomics, which quantifies low-molecular-weight metabolites, enables the detection of subtle biochemical changes that reflect host-pathogen interactions and disease processes. This approach has been increasingly applied to infectious diseases, cancer, and metabolic disorders, providing insights into metabolic reprogramming in response to pathological changes [11]. Importantly, recent serum-based metabolomics studies have demonstrated that both TB and other mycobacterial pulmonary infections are associated with distinct metabolic signatures, including characteristic alterations in polar and lipid metabolites [12–14]. These findings support the rationale for investigating serum metabolic signatures as potential biomarkers for differentiating TB from MAC-PD.

Pulmonary mycobacterial infections generate a highly inflammatory and metabolically stressed microenvironment, characterized by hypoxia, acidic conditions, and altered mitochondrial function. Hypoxia-driven metabolic reprogramming can disrupt conventional TCA cycle flux and α -ketoglutarate-dependent pathways, leading to the accumulation of atypical metabolic intermediates and other markers of redox imbalance [15]. In parallel, infection-induced inflammation triggers extensive alteration of host lipid metabolism. Phospholipids and sphingolipids, which play central roles in membrane structure, immune signaling, and antimicrobial defense, are frequently perturbed during pulmonary infection [16,17]. Together, these hypoxia-associated metabolic shifts

and infection-driven lipid alterations constitute a biological rationale for investigating serum metabolomic signatures that may differentiate TB and MAC-PD. Despite these advances, the metabolic distinctions between TB and MAC-PD remain poorly defined, and a systematic evaluation of serum metabolite profiles could provide valuable clues for improving differential diagnosis. Therefore, we applied serum metabolic profiling in patients with TB and MAC-PD to identify polar and lipid metabolites as potential biomarkers with supportive diagnostic value for differential diagnosis.

Materials and methods

Sample collection

A total of 99 diagnostic serum samples were collected from patients with culture-confirmed TB at Seoul National University Hospital between August 2011 and September 2013. Of these, 18 samples were excluded due to extra-pulmonary TB or revised diagnosis of NTM-PD. Additionally, 100 diagnostic serum samples were collected from MAC-PD patients who fulfilled the American Thoracic Society criteria for NTM-PD [18] at Samsung Medical Center between January 2017 and February 2019. All cases were confirmed by sputum culture and PCR-based molecular diagnosis. In total, 181 serum samples (TB, $n = 81$; MAC-PD, $n = 100$) were collected, and all patients were Korean. The samples were randomly divided into a training set ($n = 60$) and a validation set ($n = 121$) in Fig. 1. This retrospective study was approved by the Institutional Review Boards of both institutions (Seoul National University Hospital, IRB No. H-2509-085-1676; Samsung Medical Center, IRB No. SMC-2008-09-016). The requirement for written informed consent was waived, as the study used previously collected diagnostic serum samples from an established clinical cohort, involved no additional patient contact or intervention, and used fully de-identified data. All procedures were conducted in accordance with the principles of the Declaration of Helsinki. Blood samples from patients at both Seoul National University Hospital and Samsung Medical Center were collected following an identical standardized protocol. Venous blood was drawn, allowed to clot for 30 min at room temperature, and centrifuged at $1500 \times g$ for 10 min. The resulting serum was aliquoted into polypropylene tubes and immediately stored at -80°C until further metabolomic analysis. All procedures strictly adhered to institutional protocols harmonized across both centers.

Polar metabolite analysis

For polar metabolite analysis, 10 μL of serum was extracted with 70% acetonitrile containing isotope-labeled internal standards, following a modified protocol [19]. Detailed information on chemicals, isotope-labeled standards, and extraction procedures is provided in Supplementary Methods. Polar metabolite profiling was performed using high-performance liquid chromatography (HPLC; Agilent 1200 series, Agilent Technologies, Santa Clara, CA, USA) coupled with a triple quadrupole mass spectrometer (QQQ; API 4000, AB SCIEX, Framingham, MA, USA). Separation was achieved with a BEH Amide column (4.6×250 mm, $3.5 \mu\text{m}$; Waters, Milford, MA, USA) for positive ion mode and a Luna PFP(2) column (2.0×150 mm, $3 \mu\text{m}$; Phenomenex, Torrance, CA, USA) for negative ion mode. The mobile phase composition and gradient conditions are described in Table S1. Mass spectral data were acquired by scheduled multiple reaction monitoring and analyzed using Analyst software (SCIEX). Detailed MS/MS parameters are described in Supplementary Methods, and compound-specific information, including Q1/Q3 transitions, retention time, collision energy, and ionization mode, together with overall operating parameters, is summarized in Table S2. Reproducibility of extraction and detection was confirmed by total ion chromatograms from pooled quality control (QC) samples (Fig. S1).

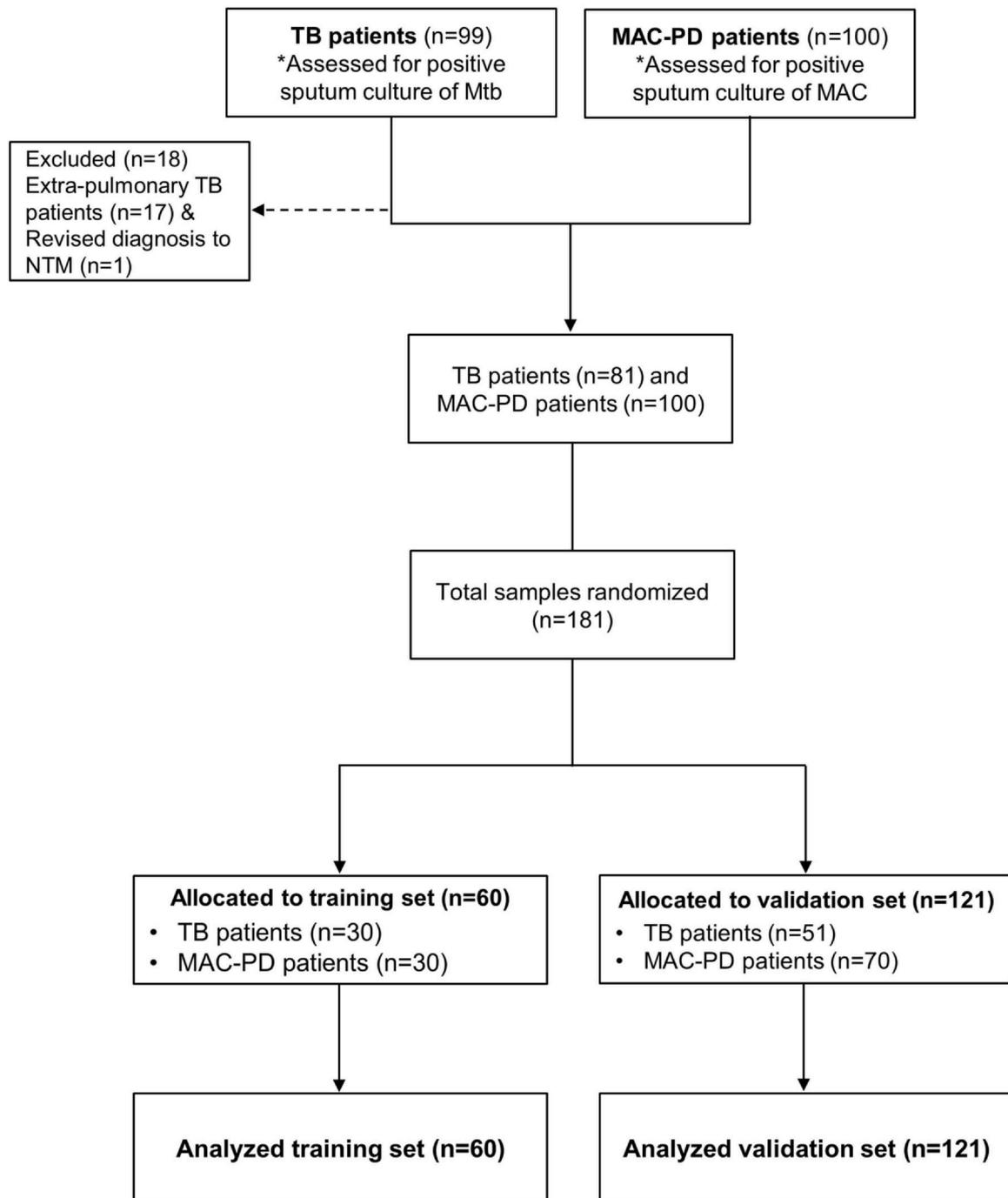


Fig. 1. Consort flow diagram of patients with TB and MAC-PD. Consort flow diagram illustrating the enrollment and allocation of TB and MAC-PD patients throughout the study. Participants were subsequently randomized into training and validation sets to explore the potential of serum metabolites as biomarkers with supportive diagnostic value for differentiating TB from MAC-PD. MAC-PD, *Mycobacterium avium* complex pulmonary disease; TB, tuberculosis.

Lipid metabolite analysis

For lipid metabolite analysis, 50 μ L of serum was extracted with chloroform:methanol:water (2:1:1), and the lower phase was dried under nitrogen gas and reconstituted in isopropanol:acetonitrile:water (2:1:1) containing SPLASH LIPIDOMIX and Cer/Sph Mixture II (1:50) as internal standards, according to a modified method [20]. Detailed information on chemicals, isotope-labeled standards, and extraction procedures is provided in [Supplementary Methods](#). Lipid metabolite profiling was conducted using an ultrahigh-performance liquid chromatography (UHPLC) system (UltiMate 3000; Thermo Fisher Scientific, Waltham, MA, USA) coupled with a Q Exactive Plus Orbitrap mass spectrometer (Thermo Fisher Scientific). Chromatographic separation

was performed with a BEH C18 column (2.1 \times 100 mm, 1.7 μ m; Waters, Milford, MA, USA) under both positive and negative ion modes. Mobile phase composition and gradient conditions are provided in [Table S3](#). Full-scan and data-dependent MS/MS spectra were acquired with high resolution and mass accuracy. Detailed MS/MS parameters are described in [Supplementary Methods](#), and compound-specific information, including molecular weight, retention time, and ionization mode, is summarized in [Table S4](#). Reproducibility was confirmed using pooled QC samples, as shown in [Fig. S2](#).

Data processing and metabolite identification Putative metabolite identification was performed using a combination of exact mass, MS/MS fragmentation patterns, retention time, and comparison with in-

house and public databases. For polar metabolites, annotation was primarily supported by the Human Metabolome Database (HMDB, <http://hmdb.ca>) and literature searches. For lipid metabolites, raw spectral data were processed using Compound Discoverer 3.2 (Thermo Fisher Scientific), and annotations were further refined using HMDB, PubChem (<http://pubchem.ncbi.nlm.nih.gov>), and LIPID MAPS (<http://lipidmaps.org>), with consideration of accurate mass, retention time, and MS/MS spectral matching against in-house and public libraries.

Statistical analysis

All metabolite intensities were processed using QC-based normalization and log transformation. QC samples were injected at regular intervals to monitor analytical stability, and metabolites with a QC relative standard deviation (RSD) > 30% were excluded. All samples were analyzed in a fully randomized injection order to minimize run-order effects.

Normalized metabolite levels were compared between TB and MAC-PD using an unpaired *t*-test or Mann-Whitney *U* test, as appropriate. Categorical variables were analyzed using the chi-square test. False discovery rate (FDR) correction was applied using the Benjamini-Hochberg procedure (FDR-adjusted *p*-value < 0.05). All statistical analyses were performed with IBM Statistical Package for Social Sciences (SPSS), version 28.0.0 (IBM Corp., Armonk, NY, USA).

For model development and evaluation, the dataset was randomly divided into a training set (~30%) and an independent validation set (~70%). Although this split ratio is not conventional, a larger validation set allowed a more stringent and conservative assessment of the discriminatory diagnostic performance of the selected metabolites and helped reduce the likelihood of overfitting.

For multivariate analysis, partial least-squares discriminant analysis (PLS-DA) was performed. Metabolites with a variable importance in projection (VIP) score > 1.2 were identified in MetaboAnalyst 6.0 (<http://metaboanalyst.ca>). Data visualization, including volcano plots, bar plots, and scatter plots, was performed using Prism 9.0.2 (GraphPad, San Diego, CA, USA), and chord diagrams were generated using Origin (OriginLab, Northampton, MA, USA).

Diagnostic performance was further assessed using univariate and multivariate receiver operating characteristic (ROC) analyses. Logistic regression, random forest, support vector machine (SVM) with a radial basis function (RBF) kernel, neural network, and XGBoost models were trained on the training set with 10-fold cross-validation to optimize internal parameters, and their final performance was evaluated on the validation set. Cross-validated area under the curve (AUC), with 95% confidence intervals (CI), was computed from out-of-fold predictions. All multivariate analyses were performed in R software, version 4.3.3 (R Foundation for Statistical Computing, Vienna, Austria).

To assess whether demographic differences influenced metabolite-disease associations, additional logistic regression analyses were performed with TB and MAC-PD as the outcome. Each metabolite was modeled separately with adjustment for age, sex, and smoking. Adjusted odds ratios with 95% CI were reported in [Table S5](#).

Results

Baseline characteristics

The baseline characteristics of the study population are summarized in [Table 1](#). A total of 81 TB patients (30 in the training set and 51 in the validation set) and 100 MAC-PD patients (30 in the training set and 70 in the validation set) were included. In the training set, MAC-PD patients were significantly older than TB patients (median age: 58 vs. 50 years in the training set, *p*-value =

0.020), whereas no significant age difference was observed in the validation set (59 vs. 58 years, *p*-value = 0.304). Body mass index was lower in MAC-PD than in TB patients in the training set (20.9 vs. 21.8 kg/m², *p*-value = 0.014), although the difference was not significant in the validation set (*p*-value = 0.298). Sex distribution showed a consistent difference, with females predominating in the MAC-PD group (83% vs. 43% in the training set; 79% vs. 37% in the validation set, both *p*-value < 0.001). Smoking status also differed, with never-smokers more frequent among MAC-PD patients (86.7% vs. 66.7% in the training set, *P* = 0.070; 82.9% vs. 53% in the validation set, *p*-value < 0.001). Sputum smear positivity was more common in TB patients in the training set (26.7% vs. 10%), although not statistically significant (*p*-value = 0.16), whereas in the validation set, smear positivity was higher in MAC-PD (42.9% vs. 23.5%, *P* = 0.027). Radiologic findings showed no significant difference in the presence of cavitory lesions between the two groups in either set (*p*-value > 0.390 and *p*-value > 0.231, respectively). As expected, all TB cases were caused by *M. tuberculosis*. Among MAC-PD patients, *M. avium* and *M. intracellulare* accounted for 37% and 63% of cases in the training set, and 50% each in the validation set. Given the distinct epidemiological profiles of TB and MAC-PD, differences in baseline characteristics such as age, sex, and smoking status were expected and may contribute to metabolic variability. To minimize potential confounding, subgroup analyses stratified by these variables were also performed.

Comparative serum metabolic profiling of TB and MAC-PD

Metabolomics analysis was conducted using 181 serum samples to explore potential biomarkers with supportive diagnostic value for differentiating TB from MAC-PD. Samples were randomly divided into a training set (TB, *n* = 30; MAC-PD, *n* = 30) for initial screening and a validation set (TB, *n* = 51; MAC-PD, *n* = 70) for subsequent confirmation of candidate metabolites. A total of 146 polar metabolites were detected using HPLC-QQQ/MS, and 3184 lipid metabolites were detected using UHPLC-Q-Exactive Orbitrap/MS. PLS-DA revealed a tendency toward clear separation between TB and MAC-PD patients in both the training and validation sets. The PLS-DA models achieved cross-validated classification accuracies of 0.983 in the training set and 0.992 in the validation set, with corresponding *R*²_Y values of 0.741 and 0.880 and *Q*² values of 0.764 and 0.813, respectively ([Fig. 2A and B](#)). Key metabolites contributing to group separation were ranked by VIP scores > 1.2, a commonly applied threshold in metabolomic studies. The top 20 variables from both the training and validation sets were presented to evaluate their relative contributions to the PLS-DA models ([Fig. 2C and D](#)). Volcano plots were generated separately for the training and validation sets, highlighting discriminative metabolites with \log_2 FC = > 0.26 (corresponding to fold change ≥ 1.2 or ≤ 0.8) and adj *p*-value < 0.05 as significant ([Fig. 2E and F](#)). Among these, five metabolites were consistently identified across both sets as a robust marker for differential diagnosis: four sphingoid base lipids (\log_2 FC < -0.7, adj *p*-value < 0.001) and 2-hydroxyglutaric acid (2-HG), which exhibited the strongest statistical association (\log_2 FC > 2, adj *p*-value < 0.001).

Consistent metabolites for differential diagnosis between TB and MAC-PD in the training and validation sets

Metabolic profiles were screened using predefined cut-off criteria (VIP > 1.2, \log_2 FC = > 0.26, and adj *p*-value < 0.05). A total of 63 metabolites in the training set and 52 in the validation set significantly discriminated between TB and MAC-PD patients ([Tables S6 and S7](#)). The overall patterns of metabolic profiling were largely consistent across sets: TB patients exhibited lower levels of sphingomyelin (SM), ceramide (Cer), phosphatidylcholine (PC), phosphatidylethanolamine (PE), and other lipid species, while showing

Table 1
Characteristics of the study population with TB and MAC-PD patients.

Characteristics	Training set			Validation set		
	TB	MAC-PD	p-value	TB	MAC-PD	p-value
Subjects	30	30		51	70	
Age, years	50 (34–64)	58 (52–62)	0.020 ^a	58 (42–67)	59 (53–65)	0.304 ^b
BMI, kg/m	21.8 (20.9–23.6)	20.9 (19–21.4)	0.014 ^a	21 (19.4–22.3)	20.9 (18.6–21.7)	0.298 ^a
Never Smoker	20 (66.7)	26 (86.7)	0.070 ^c	27 (53)	58 (82.9)	< 0.001 ^c
AFB Smear	8 (26.7)	3 (10)	0.160 ^c	12 (23.5)	30 (42.9)	0.027 ^c
Sex			0.001 ^c			< 0.001 ^c
Male	17 (56.7)	5 (16.7)		32 (62.7)	15 (21.4)	
Female	13 (43.3)	25 (83.3)		19 (37.3)	55 (78.6)	
Etiologic organism			< 0.001 ^c			< 0.001 ^c
<i>M. tuberculosis</i>	30 (100)			51 (100)		
<i>M. avium</i> complex		30 (100)			70 (100)	
<i>M. avium</i>		11 (36.7)			35 (50)	
<i>M. intracellulare</i>		19 (63.3)			35 (50)	
Presence of cavitory	10 (33.3)	7 (23.3)	0.390 ^c	15 (29.4)	14 (20)	0.231 ^c

Data are presented as number (percentage) or median (interquartile range).

AFB, acid-fast bacilli; BMI, body mass index; MAC-PD, *Mycobacterium avium* complex pulmonary disease; TB, tuberculosis.

^a Unpaired *t*-test.

^b Mann-Whitney *U* test.

^c Chi-square test.

higher levels of polar metabolites and lysophosphatidylcholine (LPC) compared to MAC-PD patients (Fig. 3A and B).

Through statistical analysis, a total of 42 metabolites (12 polar and 30 lipid metabolites) were consistently identified in both sets as significant contributors (Fig. 4A and Fig. S3). For example, glucose 6-phosphate (G6-P), multiple sphingolipid species with combined chain lengths of 40–42, PCs with chain lengths of 30–40, and PEs with chain lengths of 36–40 were notably lower in TB patients. In contrast, 11 polar metabolites, including 2-HG, lactate, alanine, adenosine triphosphate (ATP), and choline, along with several LPC species with chain lengths of 16–18, were significantly elevated (Fig. 4B and C).

Together, these findings indicate that both global metabolic patterns and a consistently identified subset of 42 metabolites can effectively distinguish TB from MAC-PD, underscoring their potential diagnostic utility. To further evaluate this subset, we assessed their diagnostic performance using ROC analysis. Applying an AUC threshold greater than 0.90 prioritized five metabolites as the most discriminative: sphingosine (SPH, d16:1 and d18:1), sphinganine (SPG, d18:0), dimethylsphingosine (DMS, d18:1), and 2-HG (Fig. 5A and Table 2). We then examined their statistical characteristics to confirm robustness. All five metabolites exhibited strong contributions to group separation, with VIP scores > 2.3 in both sets. In the training set, VIP values ranged from 2.37 for 2-HG to 3.03 for DMS (d18:1), while in the validation set they ranged from 3.03 for 2-HG to 3.66 for DMS (d18:1). Directionality of changes was consistent across both sets: 2-HG was markedly elevated in TB compared to MAC-PD patients (\log_2 FC = 2.38 in the training set, 2.02 in the validation set; both adj p-value < 0.001), whereas SPH (d16:1 and d18:1), SPG (d18:0), and DMS (d18:1) were significantly reduced in TB (\log_2 FC ranging from –0.64 to –0.80; both adj p-value < 0.001).

In addition, subgroup analyses stratified by age, sex, and smoking status consistently identified the same five discriminatory metabolites as in the overall dataset, further supporting the robustness of our findings (Fig. S4). Moreover, all five metabolites remained significant predictors of TB and MAC-PD after adjustment for age, sex, and smoking in covariate-adjusted logistic regression models, indicating that demographic differences did not account for the observed metabolic patterns (Table S5). Finally, a chord diagram provided a visual summary of these alterations, highlighting their reproducible directionality across both sets and reinforcing the stability of this five-metabolite panel in differentiating TB from MAC-PD (Fig. S5).

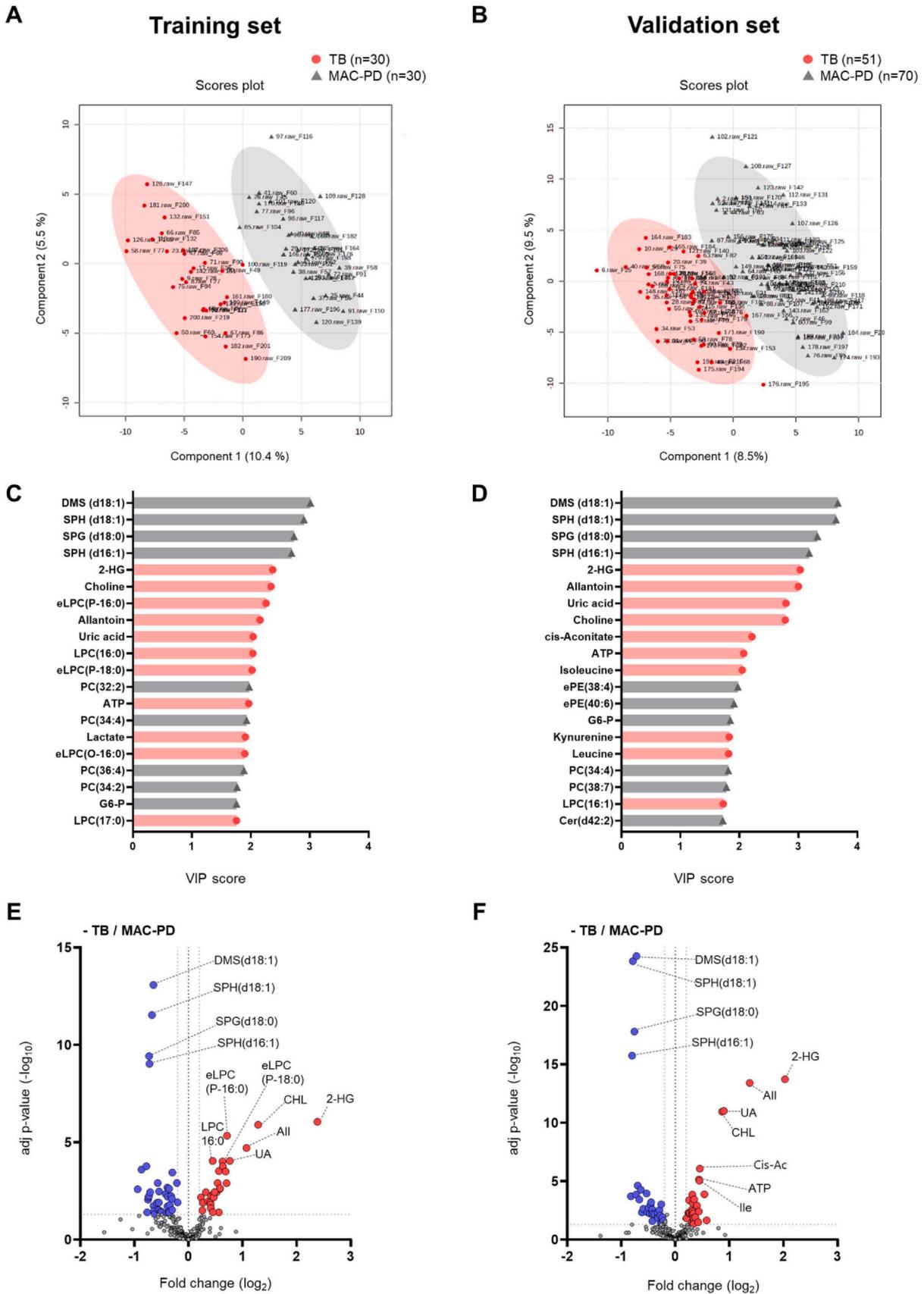
Optimal serum metabolite combinations for differential diagnosis between TB and MAC-PD

We developed a predictive model integrating the five discriminatory metabolites. Logistic regression analysis demonstrated excellent diagnostic performance, with an AUC of 0.988 (95% CI: 0.970–1.000) in the training set and 0.997 (95% CI: 0.991–1.000) in the validation set. Model performance was further evaluated using several machine-learning approaches, including random forest, support vector machine (SVM) with a radial basis function (RBF) kernel, neural network, and XGBoost. These models yielded similarly high AUC values in both data sets (Fig. 5B and Table S8).

To examine whether these results reflected overfitting, we compared performance between training and validation sets and additionally applied 10-fold cross-validation. The validation AUCs were comparable to those of the training set, and cross-validation demonstrated stable performance across all classification methods (Table S8). In addition, each of the five metabolites showed strong individual discriminatory ability (AUC, 0.920–0.982; Table 2), indicating that high discriminative performance was observed not only at the multivariate level but also for individual metabolites.

Discussion

Accurate differentiation between TB and NTM-PD remains a major clinical challenge, especially given the increasing global burden of NTM-PD. The current diagnostic pathway consists of AFB staining, culture-based microbiological confirmation, and radiographic evaluation, but each of these methods has important limitations. Although culture remains the gold standard, it typically requires 2–6 weeks to yield results, which delays appropriate therapy for TB, a transmissible disease requiring urgent treatment [21]. In addition, AFB staining cannot distinguish between *Mtb* and NTM [22], and radiographic findings often lack specificity. Several alternative approaches have been investigated to overcome these delays, including sputum-derived molecular assays, urinary metabolite signatures, and more recently, serum proteomic biomarkers [23–25]. These investigations underscore the need for faster and more broadly accessible diagnostic tools that are less dependent on specimen type and do not require prolonged culture-based workflows. However, despite these advances, serum-based metabolomic profiling has rarely been explored in this context. By identifying a small-molecule serum biomarker panel capable of discriminating TB



(caption on next page)

Fig. 2. Comparative analysis of serum metabolic profiling between TB and MAC-PD. PLS-DA score plots and VIP scores (top 20) derived from the (A and C) training and (B and D) validation sets, showing clear separation between TB (red) and MAC-PD (gray) patients. (E and F) Volcano plots display significantly different serum metabolite levels between the two groups. Only metabolites meeting the most stringent statistical criteria (adj p-value < 0.001 and VIP score > 2.0) are labeled to highlight the most robust candidates, including four sphingoid base lipids and 2-HG. Vertical lines indicate \log_2 FC = > 0.26 (corresponding to fold change ≥ 1.2 or ≤ 0.8), and the horizontal line represents $-\log_{10}$ (adj p-value) > 1.3. Dots are colored red and blue to denote upregulated and downregulated metabolites, respectively. 2-HG, 2-hydroxyglutaric acid; All, allantoin; ATP, adenosine triphosphate; Cer, ceramide; CHL, choline; Cis-Ac, cis-aconitate; DMS, dimethylsphingosine; eLPC, ether lyso-phosphatidylcholine; ePE, ether phosphatidylethanolamine; FC, fold change; G6-P, glucose 6-phosphate; Ile, isoleucine; LPC, lyso-phosphatidylcholine; MAC-PD, *Mycobacterium avium* complex pulmonary disease; PC, phosphatidylcholine; PE, phosphatidylethanolamine; PLS-DA, partial least-squares discriminant analysis; SPG, sphinganine; SPH, sphingosine; TB, tuberculosis; VIP, variable importance in the projection.

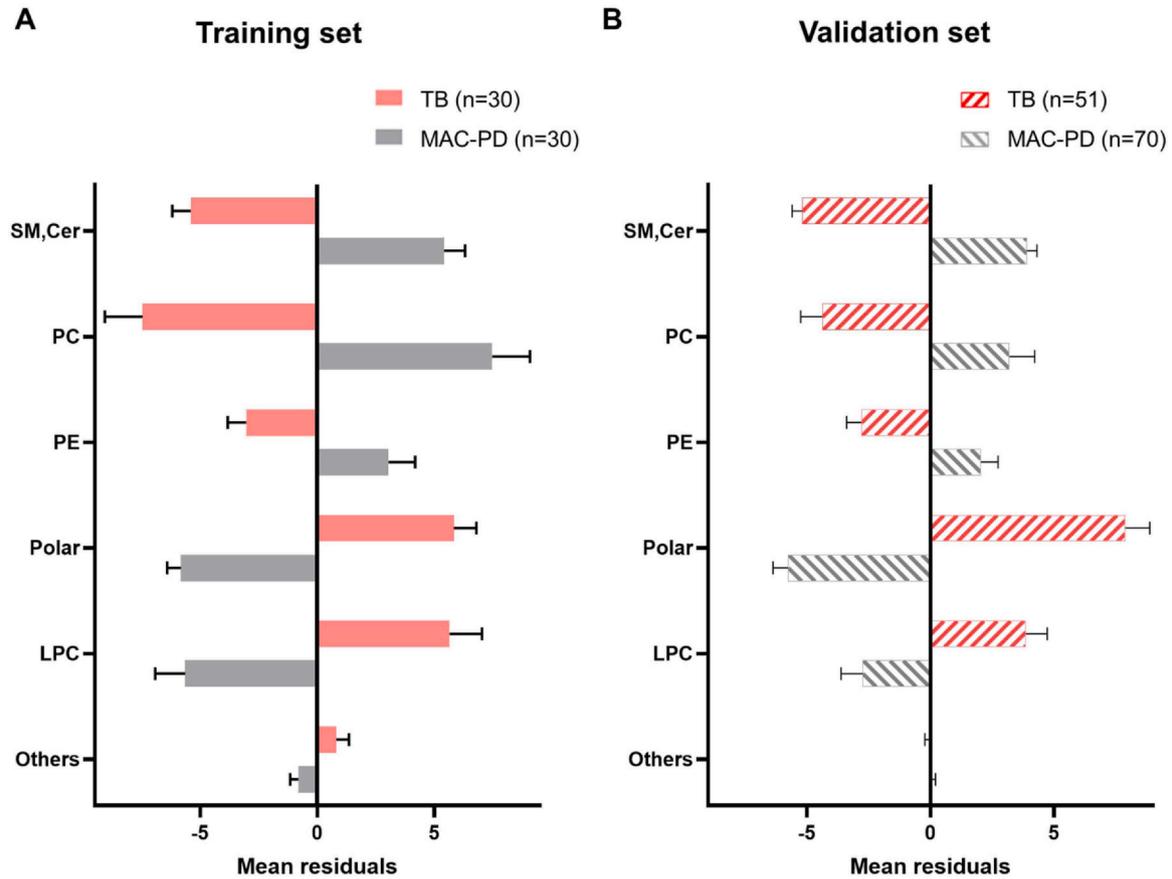


Fig. 3. Distinct serum metabolic differences across metabolite species differentiating TB and MAC-PD. (A and B) Bar plots show the baseline levels (mean \pm standard error) of metabolite species that significantly differed between TB (red, red-pattern) and MAC-PD (gray, gray-pattern) patients in both the training and validation sets. The x-axes represent mean residuals, calculated as the sum of normalized residuals for individual metabolites within each species. These profiles highlight consistent metabolic trends distinguishing the two major mycobacterial pulmonary disease. MAC-PD, *Mycobacterium avium* complex pulmonary disease; TB, tuberculosis.

from MAC-PD, our study introduces a minimally invasive, rapidly measurable, and broadly implementable supportive diagnostic approach that can be readily integrated into routine clinical workflows.

Within this context, we applied serum metabolic profiling and identified distinct alterations in polar metabolites, phospholipids, and sphingolipids that consistently discriminated TB from MAC-PD. These results support the potential of blood-based metabolomics as a complementary tool to conventional microbiological assays and highlight underlying immunometabolic differences between the two major mycobacterial pulmonary diseases. In general, immune cells shift from oxidative phosphorylation to glycolysis upon stimulation by microbial ligands or pro-inflammatory cytokines [26]. This glycolytic switch, resembling the Warburg effect, is characterized by enhanced glucose uptake, accelerated glycolytic flux, and activation of the pentose phosphate pathway [27,28]. Hypoxia-inducible factor-1 α (HIF-1 α) functions as a master regulator of this process, and its induction of IL-1 β is critical for controlling Mtb and other bacterial infections [29]. Consistent with this paradigm, TB patients showed relatively lower serum G6-P and higher lactate, alanine, and ATP levels compared with MAC-PD patients. These findings suggest host-driven metabolic reprogramming toward glycolysis, reflecting

adaptation to the hypoxic and inflammatory milieu that is more pronounced in TB than in MAC-PD. We also observed elevated serum levels of 2-HG, a metabolite strongly associated with hypoxia and acidic microenvironments. In cancer, 2-HG typically accumulates due to neomorphic IDH1/2 mutations that convert α -ketoglutarate to 2-HG [30,31]. In our study, TB patients showed a selective increase in 2-HG compared with MAC-PD patients, whereas isocitrate and α -ketoglutarate levels remained unchanged. Although serum metabolomics cannot fully capture the complexity of pulmonary infection, this is consistent with the presence of a hypoxic and acidic inflammatory milieu in TB and highlights a metabolic difference relative to MAC-PD.

Lipid metabolism was also differentially perturbed, with the most striking alterations observed in sphingolipids. SPH and SPG, the backbones of sphingolipids, function not only as membrane constituents but also as innate antimicrobial lipids and precursors of phosphorylated signaling molecules [32,33]. Previous studies have associated reduced sphingolipid levels with chronic infection or impaired ceramidase activity [34]. In line with these observations, our study demonstrated systemic depletion of sphingoid base lipids, including SPH (d16:1 and d18:1), SPG (d18:0), and DMS (d18:1), in

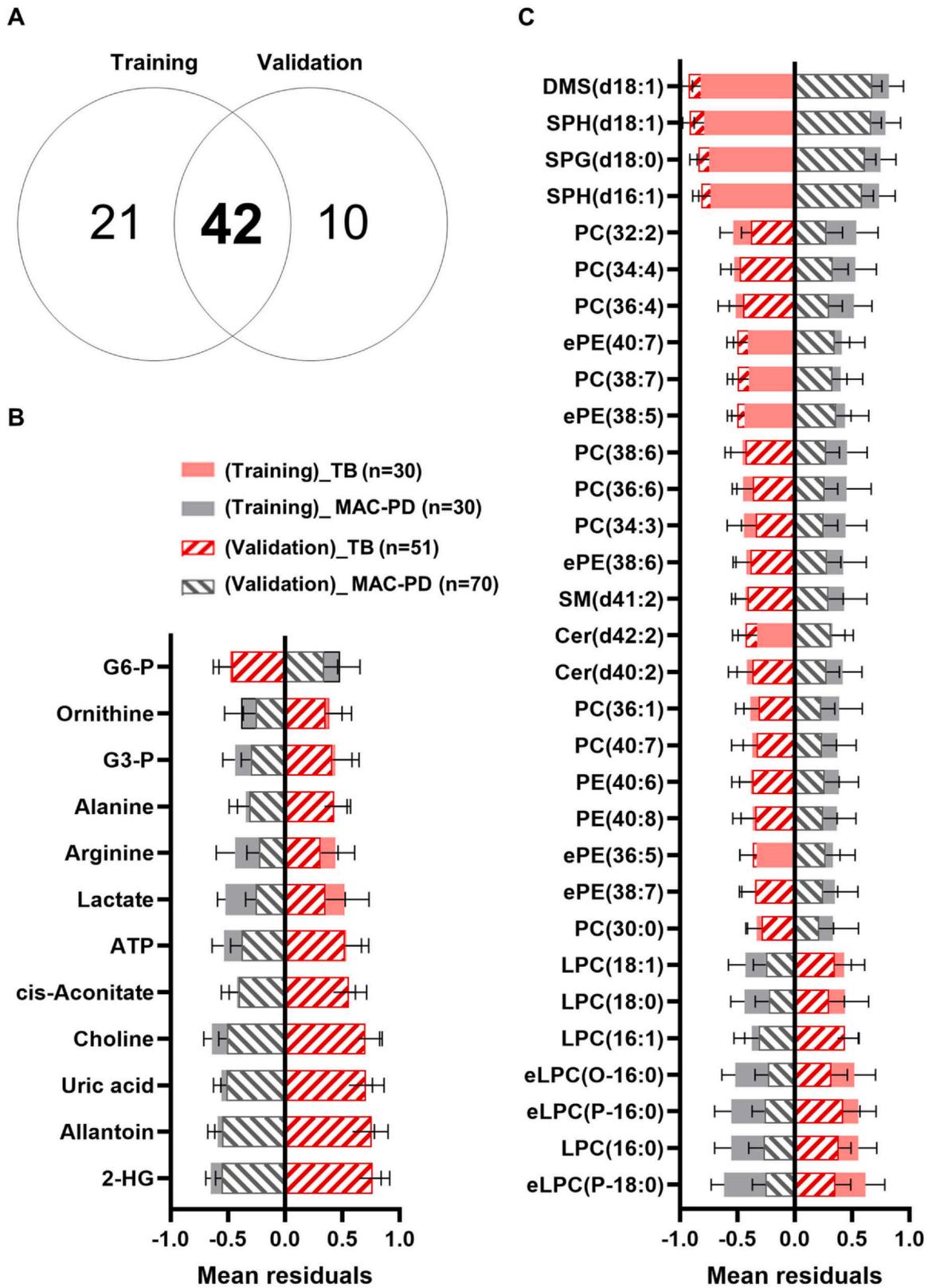


Fig. 4. Consistently identified metabolites with differential diagnostic value between TB and MAC-PD. (A) Venn diagram showing the number of discriminative metabolites identified in each subset: 63 in the training set and 52 in the validation set, with 42 overlapping metabolites consistently distinguishing TB from MAC-PD. Bar plots represent baseline levels (mean \pm standard error of residuals) for the 42 shared metabolites, (B) including 12 polar metabolites and (C) 30 lipid metabolites. Colors indicate relative abundance in TB (red for training, red-pattern for validation) and MAC-PD patients (gray for training, gray-pattern for validation). The x-axes represent mean residuals, calculated for each metabolite. 2-HG, 2-hydroxyglutaric acid; ATP, adenosine triphosphate; Cer, ceramide; DMS, dimethylsphingosine; eLPC, ether lyso-phosphatidylcholine; ePE, ether phosphatidylethanolamine; G3-P, glycerol 3-phosphate; G6-P, glucose 6-phosphate; LPC, lyso-phosphatidylcholine; MAC-PD, *Mycobacterium avium* complex pulmonary disease; PC, phosphatidylcholine; PE, phosphatidylethanolamine; SM, sphingomyelin; SPG, sphinganine; SPH, sphingosine; TB, tuberculosis.

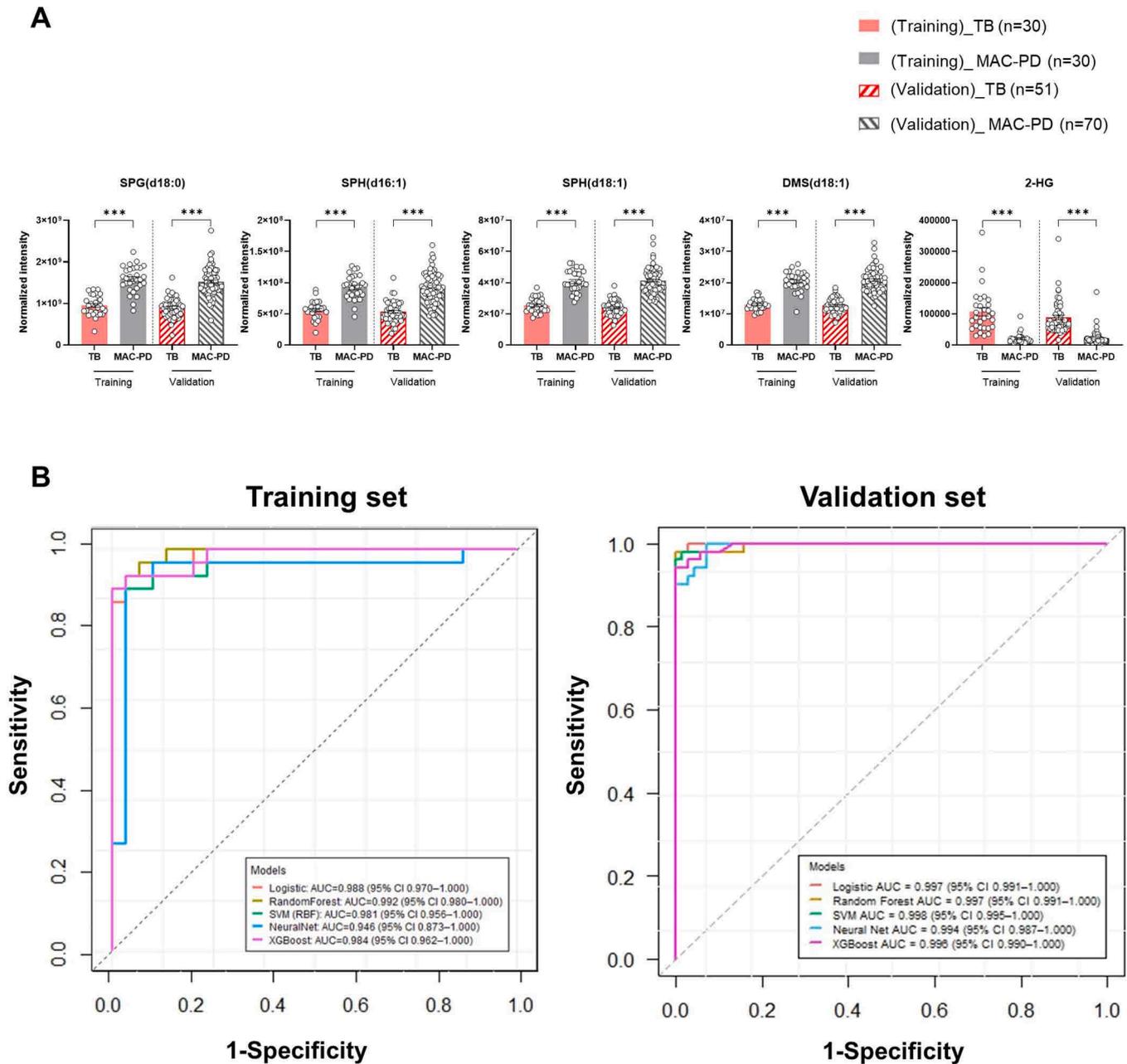


Fig. 5. Diagnostic performance of selected metabolites for differentiating TB from MAC-PD. (A) Serum levels of five metabolites (SPH (d16:1 and d18:1), SPG (d18:0), DMS (d18:1), and 2-HG) in patients with TB and MAC-PD across training and validation sets. (B) Multivariate machine learning-based ROC curve analyses of the five-metabolite panel in the training and validation sets. *Significance levels are indicated as FDR-adjusted * p-value < 0.05, ** p-value < 0.01, *** p-value < 0.001. 2-HG, 2-hydroxyglutaric acid; AUC, area under the curve; CI, confidence intervals; DMS, dimethylsphingosine; FDR, false discovery rate; MAC-PD, *Mycobacterium avium* complex pulmonary disease; ROC, receiver operating characteristic; SPG, sphinganine; SPH, sphingosine; TB, tuberculosis.

Table 2
 ROC curve analysis in the training and validation sets.

Variable	Training set			Validation set		
	AUC	SE ^a	95% CI ^b	AUC	SE ^a	95% CI ^b
SPH (d16:1)	0.933	0.035	0.856–0.991	0.920	0.025	0.862–0.963
SPG (d18:0)	0.940	0.029	0.876–0.988	0.945	0.021	0.897–0.981
SPH (d18:1)	0.970	0.017	0.927–0.996	0.979	0.010	0.955–0.995
DMS (d18:1)	0.964	0.030	0.888–1.000	0.982	0.009	0.960–0.998
2-HG	0.973	0.019	0.930–1.000	0.963	0.018	0.922–0.995

2-HG, 2-hydroxyglutaric acid; AUC, area under the curve; DMS, dimethylsphingosine; ROC, receiver operating characteristic; SPG, sphinganine; SPH, sphingosine.

^a SE: Standard error.

^b 95% CI: 95% confidence interval calculated using the Binomial exact.

TB patients compared with those with MAC-PD. This relative depletion may compromise lipid-mediated antimicrobial defense and exacerbate inflammatory responses, potentially contributing to the distinct immunopathological features of TB compared to MAC-PD.

In addition to sphingolipids, phospholipid remodeling was also evident. Compared with MAC-PD patients, those with TB exhibited pronounced reductions in PC and PE, accompanied by an increase in LPC, a pro-inflammatory mediator generated by phospholipase-dependent remodeling [35,36]. Given that PC and PE are major surfactant phospholipids essential for pulmonary integrity [37–39], their depletion together with LPC accumulation suggests inflammation-driven remodeling that may impair surfactant function and compromise host defense. These findings are consistent with previous lipidomic studies in TB, which identified disrupted

phospholipid turnover as a hallmark of TB-associated inflammation [40–42].

Although the multivariate models produced very high AUC values, several considerations help interpret these results appropriately. Performance in the validation set was comparable to that of the training set, and 10-fold cross-validation demonstrated stable performance across all classification methods. In addition, each of the five metabolites showed strong individual discriminatory ability, which likely contributed to the overall performance of the multivariate model. While these findings reduce concerns regarding overfitting, further evaluation in larger and more diverse external cohorts will be important to fully establish the generalizability of the panel.

Our study has several limitations. First, the absence of a healthy control group limits our ability to fully determine whether the observed metabolic alterations are specific to TB or MAC-PD, or instead represent metabolic changes commonly associated with infection or inflammation. Nevertheless, the primary clinical objective of this study was to address the practical challenge of differentiating TB and MAC-PD patients. Future studies incorporating healthy control cohorts will be important to more clearly delineate metabolic alterations associated with TB and MAC-PD beyond those related to general infection or inflammation. Second, demographic differences such as age, sex, and smoking status may have introduced potential confounding. This is consistent with well-known epidemiologic trends, as NTM-PD predominantly affects older women [43], whereas TB is common in younger men [44]. Nevertheless, subgroup analyses stratified by age, sex, and smoking consistently identified the same five discriminatory metabolites. Moreover, all five metabolites remained significant predictors after covariate adjustment, supporting that the metabolic differences observed between TB and MAC-PD associated lipid alteration rather than demographic differences. Third, although TB and MAC-PD samples were collected in different years and institutions, several measures were implemented to minimize potential batch effects and population-related biases. All serum samples were collected using identical standardized protocols and immediately stored at -80°C , a condition under which global serum metabolite profiles have been shown to remain broadly stable for several years [45]. In addition, all samples were analyzed within a unified analytical workflow using a fully randomized injection order, and comprehensive QC-based normalization was applied to mitigate technical variation and run-order effects. These procedures increase confidence that the metabolic differences observed in this study reflect biological variation associated with disease status rather than batch- or site-related effects. Fourth, as all patients were Korean, external validation in larger and geographically diverse cohorts will be necessary. Finally, concomitant medications, comorbidities, and nutritional status, which could potentially affect systemic metabolic profiles, were not comprehensively adjusted for in this study. Despite these limitations, our findings provide important insights into the metabolic distinctions between TB and MAC-PD and highlight the potential of serum metabolomics as a supportive diagnostic tool.

Currently, the global burden and transmissible nature of TB, together with the rising prevalence of NTM-PD, underscore their importance as major public health challenges. Accordingly, the ability to rapidly and accurately differentiate these conditions carries direct and substantial implications for public health.

Conclusion

In conclusion, we identified a reproducible five-metabolite serum panel that robustly differentiates TB from MAC-PD at diagnosis. Machine learning-based ROC analyses confirmed its strong discriminatory performance, supporting its role as a supportive biomarker set alongside conventional diagnostic methods. Integration

of serum metabolite profiling with clinical and radiographic evaluation may ultimately facilitate earlier and more accurate differentiation of TB and MAC-PD, particularly in patients with negative sputum results or indeterminate culture findings. Such an approach could help prevent unnecessary delays in TB treatment initiation, reduce inappropriate use of anti-TB therapy in NTM-PD, and improve overall patient management.

Abbreviations

2-HG	2-hydroxyglutaric acid
AFB	Acid-fast bacilli
All	Allantoin
ATP	Adenosine triphosphate
AUC	Area under the curve
BMI	Body mass index
Cer	Ceramide
CI	Confidence interval
DG	Diacylglycerol
DMS	Dimethylsphingosine
eLPC	Ether lyso-phosphatidylcholine
ePC	Ether phosphatidylcholine
ePE	Ether phosphatidylethanolamine
FA	Fatty acid
FC	Fold change
FDR	False discovery rate
G3-P	Glycerol 3-phosphate
G6-P	Glucose 6-phosphate
HIF-1 α	Hypoxia-inducible factor-1 α
HPLC	High-performance liquid chromatography
IRB	Institutional Review Boards
LPC	Lyso-phosphatidylcholine
LPE	Lyso-phosphatidylethanolamine
MAC	<i>Mycobacterium avium</i> complex
MS	Mass spectrometry
Mtb	<i>Mycobacterium tuberculosis</i>
NTM	Nontuberculous mycobacteria
PC	Phosphatidylcholine
PD	Pulmonary disease
PE	Phosphatidylethanolamine
PLS-DA	Partial least-squares discriminant analysis
PS	Phosphatidylserine
QQQ/MS	Triple quadruple mass spectrometer
QC	Quality control
RBF	Radial basis function
ROC	Receiver operating characteristic
RSD	Relative standard deviation
SE	Standard error
SM	Sphingomyelin
SPG	Sphinganine
SPH	Sphingosine
SVM	Support vector machine
TB	Tuberculosis
UHPLC	Ultrahigh-performance liquid chromatography
VIP	Variable importance in projection

Author's contributions

Kim KES performed the main experiments and drafted the manuscript. Yim YJ collected clinical samples and contributed to drafting the manuscript. Park JH performed data analysis, validation, and manuscript review. Kwak NK and Jhun BW contributed to sample collection and manuscript review. Kim SY assisted with sample collection. Shin SJ and Yim JJ conceived and supervised the project and contributed to manuscript review and editing. All authors approved the final version of the manuscript.

Ethical approval

All patient recruitment and the acquisition of informed consent were conducted in adherence to the approved guidelines of the Institutional Review Board (IRB) of Seoul National University Hospital (IRB No. H-2509-085-1676) and Samsung Medical Center (IRB No. SMC-2008-09-016).

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Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Declaration of Generative AI and AI-assisted technologies in the writing process

The authors confirm that generative artificial intelligence tools (ChatGPT 5.2, OpenAI) were used exclusively to assist with language editing and grammatical correction of the manuscript. All scientific content, data analyses, interpretation of findings, and conclusions were independently developed and validated by the authors.

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None.

Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at [doi:10.1016/j.jiph.2026.103162](https://doi.org/10.1016/j.jiph.2026.103162).

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