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**Synergic effect of metformin and everolimus on
mitochondrial dynamics of renal cell carcinoma**

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**Synergic effect of metformin and everolimus on
mitochondrial dynamics of renal cell carcinoma**

Advisor Woong Kyu Han

**A Dissertation Thesis Submitted
to the Department of Medicine
and the Committee on Graduate School
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Requirements for the Degree of
Doctor of Philosophy in Medical Science**

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June 2025

**Synergic effect of metformin and everolimus on mitochondrial
dynamics of renal cell carcinoma**

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By Author

TABLE OF CONTENTS

LIST OF FIGURES	iii
LIST OF TABLES	iv
ABSTRACT IN ENGLISH	v
1. INTRODUCTION.....	1
2. MATERIALS AND METHODS.....	2
2.1. Cell lines and culture conditions	2
2.2. Cell viability assay	2
2.3. Apoptosis assay.....	2
2.4. Western blotting	3
2.5. Wound healing assay and invasion assay	3
2.6. Gene expression microarray	3
2.7. TCGA database analysis	4
2.8. RNA extraction and qRT-PCR	4
2.9. Association of gene expressions according to cell lines.....	5
2.10. Immunocytochemistry	5
2.11. LysoTracker and LysoSensor staining	6
2.12. JC-1 staining.....	6
2.13. Xenograft	6
2.14. ATP measurement	6
2.15. Immunohistochemistry.....	7
2.16. Mitophagy assay	7
2.17. Statistical analysis	7
3. RESULTS	8
3.1. Metformin and everolimus inhibit cell viability in the Caki-1, A498, and ACHN cell lines	8
3.2. Combination treatment suppresses cell growth and migration of RCC	11
3.3. Association of the combination treatment with mitochondrial transporters and mitophagy	12
3.4. Combination treatment modulates the mitochondria fusion-fission cycle	14
3.5. Impact of the combination treatment on mitochondrial dynamics	16
3.6. Synergic effect of the combination treatment on the mitochondrial fusion-fission cycle in RCC.....	20
4. DISCUSSION	23

5. CONCLUSION	25
REFERENCES	26
ABSTRACT(IN KOREAN)	30

LIST OF FIGURES

<Fig 1>Combination treatment of metformin and everolimus synergistically inhibits RCC (1).....	9
<Fig 2>Combination treatment of metformin and everolimus synergistically inhibits RCC (2).....	10
<Fig 3>Synergistic effects of the combination treatment of metformin and everolimus induced mitochondrial dysfunction	13
<Fig 4>Functional enrichment analysis of six differentially regulated genes related to mitochondrial transporters and mitophagy in RCC.....	14
<Fig 5> Combination treatment regulates mitochondrial dynamics	16
<Fig 6>Combination treatment of metformin and everolimus has synergic effects that lead to mitophagy following mitochondrial damage (1).....	18
<Fig 7>Combination treatment of metformin and everolimus has synergic effects that lead to mitophagy following mitochondrial damage (2).....	19
<Fig 8>Combination treatment of metformin and everolimus synergistically reduces RCC growth by disrupting mitochondrial function.....	20
<Fig 9>The mitochondrial damage with combination treatment of metformin and everolimus has synergic effects that lead to mitophagy occurrence.....	22
<Fig 10>Graphical abstract.....	23

LIST OF TABLES

<Table 1> Sequence of primers used for qRT-PCR.....	4
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ABSTRACT

Synergic effect of metformin and everolimus on mitochondrial dynamics of renal cell carcinoma

Renal cell carcinoma (RCC) frequently recurs or metastasizes after surgical resection. Everolimus, an mTOR inhibitor, is used as a second-line treatment, but the response of RCC to everolimus is insufficient. Metformin is an antidiabetic drug; recent reports have indicated its anticancer effects in various cancers, and it is known to have synergistic effects with other drugs. We investigated the possibility of coadministering everolimus and metformin as an effective treatment for RCC. RCC cells treated with a combination of the two drugs showed significantly inhibited cell viability, cell migration, and invasion, and increased apoptosis compared to those treated with each drug alone. An anti-cancer synergistic effect was also confirmed in the xenograft model. Transcriptome analysis for identifying the underlying mechanism of the combined treatment showed the downregulation of mitochondrial fusion genes and upregulation of mitochondrial fission genes by the combination treatment. Changes in mitochondrial dynamics following the combination treatment were observed using LysoTracker, LysoSensor, and JC-1 staining. In conclusion, the combination of everolimus and metformin inhibited RCC growth by disrupting mitochondrial dynamics. Therefore, we suggest that a treatment combining metformin and everolimus disrupts mitochondrial dynamics in RCC, and may be a novel strategy for RCC treatment.

Key words : everolimus; metformin; mitochondrial dynamics; renal cell carcinoma

1. Introduction

Renal cell carcinoma (RCC) is a malignant urological tumor that accounts for 2.2% of all new cancers¹. Approximately 85% of kidney tumors are RCC, and approximately 70% are diagnosed by clear cell histology²⁻⁴. After surgical excision for localized RCC, 20–30% of patients with a localized tumor experience tumor relapse or metastasis. In the analysis of the Surveillance, Epidemiology, and End Results Program (SEER) database, the 5-year survival of patients with advanced RCC was extremely poor compared to that of patients with localized RCC (7.3–11.7% vs. 88.4–92.6%)⁵.

To date, systemic treatment options for metastatic RCC have been limited. Interferon- α and high-dose interleukin-2 were introduced as therapies for metastatic RCC, but are now only used in selected patients⁶. To date, several targeted therapies utilizing tyrosine kinase inhibitors (TKIs) and/or anti-vascular endothelial growth factor (VEGF) antibodies are widely used as first- and second-line treatments. Recently, HIF2 α targeting drugs or immune checkpoint inhibitors have been developed, and although their effects are superior to existing drugs^{7,8}, their effects are still insufficient; combination therapy to increase drug response is therefore being conducted in several studies⁹⁻¹¹. Mammalian target of rapamycin (mTOR) inhibitors, such as temsirolimus and everolimus, are also used in this setting. Several targeted agents have been approved by the FDA⁶. However, their efficacy is insignificant when considering a survival benefit of less than 1 year. mTOR inhibitors are used as second-line treatments, although their survival gain is only 3–5 months¹². Therefore, improvement of the response to mTOR inhibitors is a requirement.

Metformin is a first-line treatment for type 2 diabetes mellitus (T2DM), and is used as a significant factor in reducing the risk of cancer and cancer-related mortality in T2DM patients¹³. The oncological and survival benefits of metformin have been reported to be dependent on the cancer type. In several studies of diabetic and metastatic RCC patients treated with sunitinib, metformin treatment showed a survival benefit^{14,15}. Several experimental and clinical studies have reported the effect of metformin on cell growth in RCC, prostate cancer, breast cancer, hepatocellular cancer, and colorectal cancer¹⁶⁻²³. Of the several mechanisms of action of metformin in treating cancer, the activation of adenosine 50-monophosphate-activated protein kinase (AMPK) and the inhibition of mTOR activity are considered the main pathways against RCC¹⁹. Additionally, metformin reduces glycogenesis, mitogenic effects, and tumor growth in cancer cells under high insulin levels^{17,24,25}. In a recent study, metformin, along with everolimus, was reported as a therapeutic option that could affect mitochondrial dysfunction and tumor aggressiveness²⁶.

The mechanisms of the combination of metformin and chemotherapy have been reported²⁷⁻³². However, the therapeutic effect of combined treatments with metformin and everolimus, as conventional targeted agents of metastatic RCC, requires in-depth research. We investigated whether combination treatment with metformin and everolimus would synergistically enhance the anti-cancer effects in RCC. To test this hypothesis, and to predict the potential clinical value of this combination, we first analyzed the effects of metformin and everolimus on RCC cell lines in vitro; these effects were then validated by in vivo experiments. Additionally, to elucidate the mechanism

underlying the anti-cancer effects of the combination of metformin and everolimus, we performed a transcriptome analysis. In summary, we demonstrate that the combination of metformin and everolimus, as a novel therapeutic strategy for RCC, is associated with the imbalance of mitochondrial dynamics.

2. MATERIALS AND METHODS

2.1. Cell lines and culture conditions

The human RCC cell lines Caki-1, A498, and ACHN were purchased from the Korean Cell Line Bank (KCLB, Seoul, Korea). Each cell line was maintained in RPMI-1640 or DMEM (Sigma–Aldrich, St. Louis, MO, USA) containing 10% fetal bovine serum (FBS; Sigma–Aldrich) and 1% antibiotic–antimycotic (ThermoFisher Scientific, Waltham, MA, USA). All cells were cultured in an incubator designed to maintain a temperature of 37 °C and high humidity for the growth of tissue culture cells in a 5% CO₂ atmosphere.

2.2. Cell viability assay

Cells at 1x10⁴ per well were seeded in 96-well plates and incubated overnight in a complete medium. The three RCC cell lines were then treated with various concentrations of everolimus (0, 1, 5, 10, and 25 µM) or metformin (0, 1, 10, 20, and 50 mM) for 24 h. A cell viability assay was performed using an EZ-cytox system (DoGenBio, #EZ-1000, Seoul, Korea) according to the manufacturer’s recommendations. EZ-cytox solution was added at a ratio of 1:10 to 100 µL of culture medium, and the cells were incubated for 1 h in the dark. The absorbance was measured at 450 nm using a microplate reader. The colorimetric values were normalized to the control, and expressed as a percentage of the control. Data are presented as the mean ± standard error of the mean (SEM).

2.3. Apoptosis assay

Apoptotic cells were measured using an annexin V-FITC apoptosis detection kit (#556547; BD Biosciences, Franklin Lakes, NJ, USA). Briefly, the cells were seeded at an equal density of cells in 60-mm cell culture dishes. The following day, the cells were treated with metformin (20 mM) and everolimus (10 µM) for 24 h. Then, the supernatant and trypsinized cells were suspended in 1 x annexin V binding buffer to 1 x 10⁶ cells/mL. FITC-conjugated annexin V (5 µL) and PI (2 µL) were added to a suspension of 1x10⁵ cells/100 µL. After incubation for 15 min at room temperature

in the dark, 400 μ L of 1 x binding buffer was added to each tube. The cells were analyzed using a FACS Canto flow cytometer (BD Biosciences, San Jose, CA, USA).

2.4. Western blotting

For cell lysis, the cell pellet was suspended in RIPA buffer, incubated on ice for 15 min, and sonicated for 1 min. The cell lysate was boiled with 4 x sample buffer, and 30 μ g of protein was quantified for each sample. The protein concentrations were measured using a BCA protein assay (ThermoFisher, #23227). Antibodies against phospho-mTOR (Cell Signaling Technology, #2971s, Danvers, MA, USA), mTOR (Cell Signaling Technology, #2972s), phospho-p70S6K (Cell Signaling Technology, #9205s), p70S6K (Cell Signaling Technology, #9202s), phospho-4EBP1 (Cell Signaling Technology, #9459s), 4EBP1 (Cell Signaling Technology, #9452s), and β -actin (GeneTex, #GTX109639, Irvine, CA, USA) were purchased from the indicated companies.

2.5. Wound healing assay and invasion assay

Cells were grown to 80% density, and a thin “wound” was introduced by scraping the cell culture plate with a sterile pipette tip at a constant width. Cells at the wound edge migrated to the wound space. The widths of the initial gap (0 h) and the residual gap, 24 h after wounding, were determined using an optical microscope (Olympus, Shinjuku, Japan). Cell invasion ability was measured using a Boyden chamber-like design (BD Biosciences, San Jose, CA, USA). The top surface of a Transwell chamber, with a pore size of 0.8 μ m, was coated with 100 μ L of Matrigel (BD Biosciences) diluted to a concentration of 0.3 mg/mL with a coating buffer. After the coating process of incubation at 37 °C for 3 h, the cells were placed on the upper side of the Transwell insert, the insert was placed in a 24-well plate, and 20% FBS as a chemoattractant was added to the lower well. The cells were incubated overnight, and stained with 0.4% crystal violet to identify invading cells. Images of the invading cells were captured using a microscope at 40 x magnification.

2.6. Gene expression microarray

For the microarray analysis, the synthesis process was started with 1500 ng of total RNA using the BeadChip Labeling Kit (EPICENTRE, Madison, WI, USA), and biotinylated cRNA was synthesized. All processes were performed in accordance with the manufacturer’s instructions. Array signals were detected using streptavidin-Cy3 (GE Healthcare Bio-Sciences, Little Chalfont, UK), according to the bead array manual. Chip performance and labeled cRNA quality were monitored with a bead array reader confocal scanner (532 nm laser illumination), in accordance with

the manufacturer's instructions. The raw data for each sample were extracted using the manufacturer-provided software (Illumina GenomeStudio v2011.1, Gene Expression Module v1.9.0) using the default parameters. The array probe was log-transformed, and quantile normalization was applied to normalize the raw data.

2.7. TCGA database analysis

To determine the mRNA expression levels in RCC, data were downloaded from the TCGA-KIRC project. The cBioPortal for Cancer Genomics website (<http://www.cbioportal.org/public-portal/>, accessed on 28 January 2016) was used to access the mRNA expression data and genetic mutation ratios in the TCGA-KIRC project.

2.8. RNA extraction and qRT-PCR

Total RNA was extracted using TRIzol reagent, and AccuPower RT Premix (Bioneer, Daejeon, Korea) was used to reverse-transcribe the extracted RNA. For qRT-PCR, cDNA the LightCycler® 480 SYBR Green I Master Mix (Roche, #04887352001), in accordance with the manufacturer's recommendations. For qRT-PCR, gene-specific primers were used; the primer sequences are available in Table 1.

Table 1. Sequence of primers used for qRT-PCR.

Primer	Sequence (5'→3')	Product size (bp)
RT-MFN1-F	GGT GAA TGA GCG GCT TTC CAA G	135
RT-MFN1-R	TCC TCC ACC AAG AAA TGC AGG C	
RT-MFN2-F	ATT GCA GAG GCG GTT CGA CTC A	104
RT-MFN2-R	TTC AGT CGG TCT TGC CGC TCT T	
RT-OPA1-F	GTG GTT GGA GAT CAG AGT GCT G	130
RT-OPA1-R	GAG GAC CTT CAC TCA GAG TCA C	
RT-MIEF2-F	TGT GCT GGG CAT TGC CAC CCT	111
RT-MIEF2-R	TTG AGC AGG CTC AGT TCC TTC C	
RT-DRP1-F	GAT GCC ATA GTT GAA GTG GTG AC	134
RT-DRP1-R	CCA CAA GCA TCA GCA AAG TCT GG	

RT-FIS1-F	CAA GGA ACT GGA GCG GCT CAT T	124
RT-FIS1-R	GGA CAC AGC AAG TCC GAT GAG T	
RT-SLC25A15-F	GGA GAC ATC AGG GAA GAT AGC C	163
RT-SLC25A15-R	GCT CAG TTC ATA GCC ACC GAA G	
RT-SLC25A22-F	GTC AAC GAG GAC ACC TAC TCT G	145
RT-SLC25A22-R	GGA AGT AGA CCA CCT GTG CGA T	
RT-SLC25A30-F	GAT ACC GAG GAA TGT TGC ACG C	106
RT-SLC25A30-R	CCA TAG GAT GCC TGG CGT AAC A	
RT-SLC25A46-F	GGA GTC ACA CTT GGA GCA GAA G	111
RT-SLC25A46-R	GGA TTT CAG TAG AAG GTG TTC TCC	
RT-PINK1-F	GTG GAC CAT CTG GTT CAA CAG G	114
RT-PINK1-R	GCA GCC AAA ATC TGC GAT CAC C	
RT-OPTN-F	ACT CTG ACC AGC AGG CTT ACC T	117
RT-OPTN-R	CTA TGT CAG GCA GAA CCT CTC C	
RT-betaActin-F	CAC CAT TGG CAA TGA GCG GTT C	135
RT-betaActin-R	AGG TCT TTG CGG ATG TCC ACG T	

2.9. Association of gene expressions according to cell lines

Gene expression at mRNA levels was investigated in human RCC cell lines using data from the Cancer Cell Line Encyclopedia (CCLE) database. Association of gene expression levels, including those SCLC25A15, SCLC25A22, SCLC25A30, SCLC25A46, PINK1, OPTN, NRF1, TFAM, MFN1, MFN2, and MIEF2, between cell lines was analyzed. Expression levels of OPA1, DRP1, and FIS1 could not be analyzed since it was not available in CCLE database.

2.10. Immunocytochemistry (ICC)

Cells were seeded in 12-well plates containing poly D lysine-coated coverslips, and treated with metformin and everolimus for 24 h. The coverslips, to which the drug-treated cells were attached, were washed with PBS and fixed with 4% paraformaldehyde solution at room temperature for 30 min. The cells were incubated with 0.1% Triton X-100 at room temperature for 5 min and then blocked with 1% goat serum/PBS for 30 min at room temperature. The cells were then incubated for

30 min by dilution of the primary antibody in 1% goat serum, washed with PBS, and incubated with FITC-conjugated secondary antibody for 30 min. Finally, after adding DAPI for nuclear staining, the cells were washed and mounted. The results were captured using a fluorescence microscope at 100 x magnification.

2.11. LysoTracker and LysoSensor staining

The vital mitochondrial and lysosomal dyes LysoTracker Deep Red (Invitrogen, #L12492, Waltham, MA, USA) and LysoSensor Green DND-189 (Invitrogen, #L7535) were diluted in water to final concentrations of 1 μ M and 50 nM, respectively. Each dye was then added to the cell culture medium and incubated at 37 °C in the dark for 15 min. The cells were then rinsed twice in fresh culture medium before observation by fluorescence microscopy.

2.12. JC-1 staining

The cells were seeded in an 8-well chamber slide (Merck, #C7182, Kenilworth, NJ, USA) and cultured at 37 °C in a 5% CO₂ incubator overnight. After the supernatant was removed, JC-1 (Sigma-Aldrich, #420220) working solution (4 μ mol/L, 100 μ L) was added, and the cells were cultured at 37 °C in the dark for 30 min. The cells were washed twice with 200 μ L of PBS, and observed under a fluorescence microscope.

2.13. Xenograft

BALB/c nude mice (female, 4 weeks old, 20 g) were purchased from Orient Bio, and maintained under pathogen-free conditions. A498 cells (5 x 10⁶ cells per 0.1 mL Hank's Balanced Salt Solution) were injected subcutaneously into the left flank. Metformin (150 mg/kg) and everolimus (10 mg/kg) were administered intraperitoneally three times per week for four weeks. The tumor sizes were measured every 2–3 days using a digital caliper, and the tumor volumes were calculated using the formula $\text{volume} = \pi/6 (\text{length} \times \text{width}^2)$. The animal study protocol was reviewed and approved by the Institutional Animal Care and Use Committee of Hanyang University (2019-0177A).

2.14. ATP measurement

The intracellular ATP concentration was measured using an EZ ATP assay kit (Do-GenBio, #DG-ATP100). Fresh cells were lysed using an ATP assay buffer, and immediately subjected to

deproteinization. The deproteinized lysate was then added to the reaction measured at 570 nm using a microplate reader.

2.15. Immunohistochemistry (IHC)

Paraffin-embedded xenograft tissues were first cut into sections less than 3 mm thick, to prepare the tissue slides. The tissue slides were deparaffinized and hydrated using xylene and alcohol, washed in 0.6% H₂O₂/methanol, and treated with 0.1% Triton-X 100.

After washing three times with PBS, blocking with 10% goat serum was performed to suppress nonspecific responses. To examine the expression of p62 (Invitrogen, #PA5-27247) and LC3B (Invitrogen, #PA5-32254), the slides were incubated with a corresponding primary antibody overnight at 4 °C; the next day, they were incubated with a secondary antibody at room temperature. The slide was then reacted with the DAB kit (Vector Laboratories), in accordance with the manufacturer's instructions. The slides were counterstained with hematoxylin-1 and a bluing solution. The slides were observed under an optical microscope (Leica DM 4000B microscope, Leica Microsystems Inc., Buffalo Grove, IL, USA) at 200 x magnification, and images were captured using a digital camera (DFC310 FX, Leica Microsystems Inc., Buffalo Grove, IL, USA). For each image, the area of stained brown color was quantified as a percentage of the whole tissue area (LAS V4. 1.0; Leica).

2.16. Mitophagy assay

To detect mitophagy, the Mitophagy Detection Kit (Dojindo Molecular Technologies, MD01) was used following the manufacturer's protocol. The Mitophagy Dye, a reagent specifically designed for mitophagy detection, was manufactured with MitoBright (Dojindo Molecular Technologies, MT07) or MitoTracker Deep Red (Invitrogen, M24426) for staining healthy mitochondria, enabling accurate quantification of damaged mitochondria.

2.17. Statistical analysis

The results are expressed as the mean \pm SEM. All experiments were performed at least three times, and all samples were analyzed in triplicate. Most statistical comparisons were performed by one-way ANOVA, followed by Bonferroni's post hoc test using Prism 7 (GraphPad, San Diego, CA, USA) to compare the groups. Statistical significance was set at $p < 0.05$.

3. RESULTS

3.1. Metformin and everolimus inhibit cell viability in the Caki-1, A498, and ACHN cell lines

To set the proper drug concentration for combination, we checked the concentration range through various studies^{20,33-37}, and evaluated the dose-related cytotoxicity of metformin and everolimus to initiate the synergic effects. The Caki-1, A498, and ACHN cell lines were treated with various concentrations of metformin (0, 1, 10, 20, and 50 mM) for 24 h. In the three cell lines, a significant change in cell viability was observed with increasing metformin concentrations (Figure 1A). After treatment with the control (absence) and everolimus (1, 5, 10, and 20 μ M) for 24 h, the three cell lines showed a significant dose-dependent decrease in cell viability. Everolimus also showed a significant dose-dependent decrease in cell viability (Figure 1B). Based on the cell viability results for each drug treatment, we investigated whether the combination of metformin and everolimus had a synergistic effect on RCC inhibition. In the control, metformin, everolimus, and combination treatment, the combination treatment (metformin, 20 mM; everolimus, 10 μ M) resulted in the lowest cell viability in all three cell lines (metformin, everolimus, and metformin + everolimus: 66.9, 47.5, and 34.1% for Caki-1; 43.1, 45.4, and 25.6% for A498; and 56.8, 62.7, and 29.6% for ACHN, respectively) (Figure 2A).

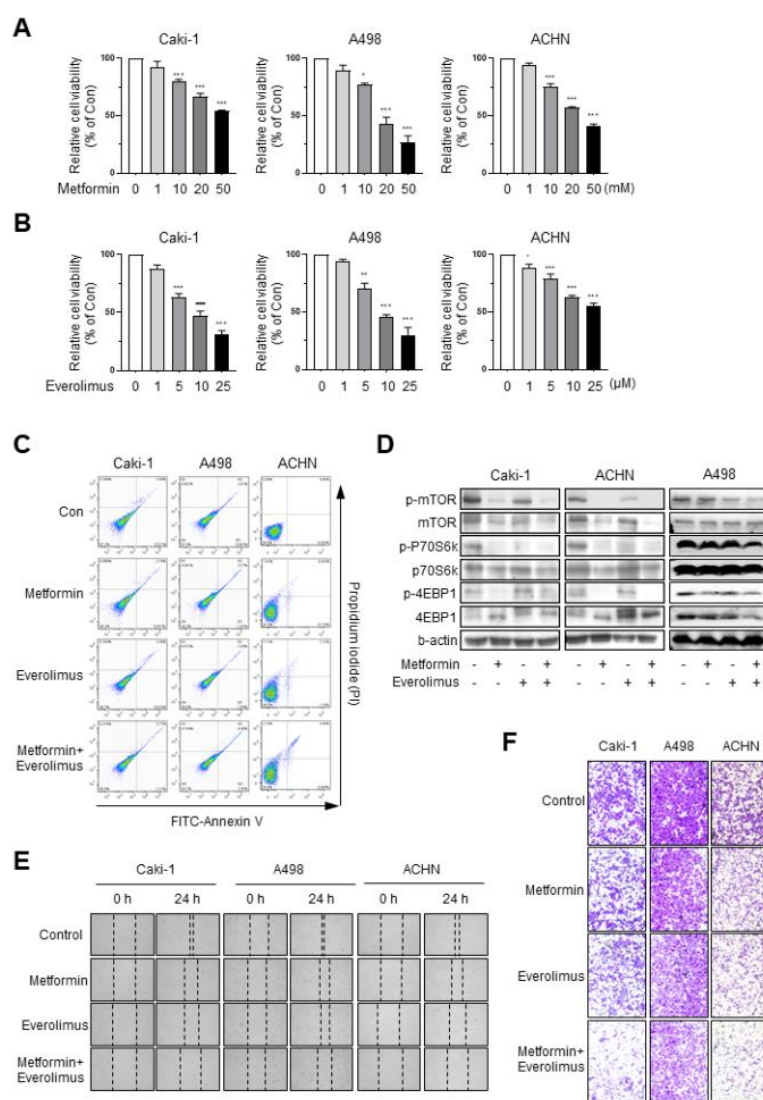


Figure 1. Combination treatment of metformin and everolimus synergistically inhibits RCC (1). Caki-1, A498, and ACHN cells were incubated (A) in the absence (control) or presence of metformin (1, 10, 20, and 50 mM) for 24 h, and (B) in the absence or presence of everolimus (1, 5, 10, and 25 μ M) for 24 h. Cell viability was analyzed using an EZ-cytox™ assay, and the fluorescence values were normalized to the control, and expressed as the percentage of the control. (C) Western blot analysis of the expression of the downstream target proteins of mTOR signaling members (p70S6K and 4EBP1). (D) In vitro scratch migration assay at 0 and 24 h after treatment with the control (absence), metformin (20 mM), and everolimus (10 μ M) alone, and a combination of

the drugs. (E) Cell invasion assay using Caki-1, A498, and ACHN cells treated with the control (absence), metformin (20 mM), and everolimus (10 μ M) separately, and a combination of the drugs. Data are presented as the mean \pm standard error of the mean (SEM). * p < 0.05; ** p < 0.01; and *** p < 0.001 vs. control.

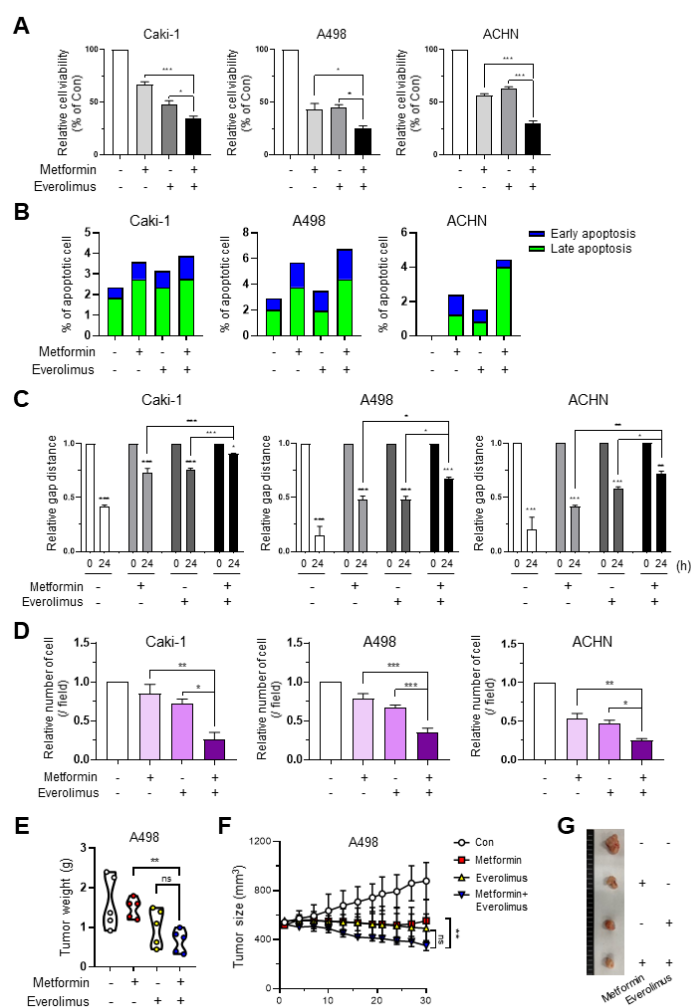


Figure 2. Combination treatment of metformin and everolimus synergistically inhibits RCC (2): (A) Caki-1, A498, and ACHN cells were treated with the control (absence) and metformin (20 mM), and everolimus (10 μ M). Fluorescence values for cell viability measurements were normalized to the controls and expressed as a percentage of control; (B) Cells were incubated in the control (absence), with metformin (20 mM) and

everolimus (10 μ M) separately, and with a combination of the drugs for 24 h, and then apoptosis was assessed using the annexin V-FITC apoptosis detection kit, followed by flow cytometry analysis; (C) Wound-healing assay at 0 and 24 h in the treatments with the control, metformin (20 mM), everolimus (10 μ M), and combination of drugs. Percentage of gap distance at 0 h of control group; (D) Quantification graph for the invasive ability of cells treated with control, metformin, everolimus, and drug combination; (E) Graphs representing the tumor weight of A498 cell xenografts ($n = 4$, per group) treated with the control, metformin (150 mg/kg), everolimus (10 mg/kg), and combination of the drugs; (F) Graphs representing the average tumor sizes of xenografts according to the treatment options; (G) Pictures of the excised tumors of the control and treatment groups. Data are presented as the mean \pm standard error of the mean. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$; and ns $p > 0.05$ vs. control.

To study the impact of the treatment options on the induction of apoptosis, Caki-1, A498, and ACHN cells treated with the control (absence), metformin, everolimus, and the combination of metformin and everolimus, were examined by flow cytometric analysis. For all cell lines, treatment with the combination of drugs demonstrated a tendency for extensive apoptosis compared to the control or each treatment group (control, metformin, everolimus, metformin + everolimus: 2.4, 3.6, 3.2, and 3.9% for Caki-1; 2.9, 5.7, 3.5, and 6.7% for A498; and 0.1, 2.4, 1.5, and 4.4% for ACHN, respectively) (Figure 1C, Figure 2B). The synergistic inhibitory effect of the combination treatment on the downstream target proteins of the mTOR signaling pathway (p-p70S6K and p-4EBP1) was examined via Western blot analysis. The combination treatment decreased the activation of mTOR signaling members, compared with everolimus or metformin treatment alone, in all cell lines (Figure 1D). Thus, we found that the combination treatment inhibited the mTOR signaling pathway in the RCC cells.

3.2. Combination treatment suppresses cell growth and migration of RCC

To evaluate the effects of the treatment options on cell migration and invasion, we quantified the wound healing and invasion assays. In the wound healing assay and the invasion assay, treatment with metformin or everolimus alone inhibited the wound healing and invasive capacity of Caki-1, A498, and ACHN cells compared to the control group (Figure 1E,F and Figure 2C,D). The combination treatment showed the most effective inhibition of cell migration and invasion in all cell types. These data indicated that the combination treatment synergistically inhibited cancer cell migration and invasion.

To confirm whether metformin presented a synergic effect with everolimus on cancer progression *in vivo*, we used a xenograft model injected with A498 cells. In the xenograft model, metformin (150 mg/kg) and everolimus (10 mg/kg) were administered. We measured the tumor size three times per week, from the time the tumor size reached 500 mm³ to 4 weeks after each treatment option. The combination treatment showed the lowest tumor weight and size among the treatment options, followed by everolimus, metformin, and the control (Figure 2E–G). Although the statistical difference in outcomes was not significant (Figure 2F; everolimus, $p = 0.072$) due to the small sample size, the combination treatment was shown to synergistically reduce the tumor weight and size.

3.3. Association of the combination treatment with mitochondrial transporters and mitophagy

To delineate the mechanism underlying the synergistic effects of the combined treatment, we analyzed gene expression microarrays of A498 cells treated with metformin and everolimus. Significant differential gene expression was detected for 2079 genes, including 1287 upregulated and 792 downregulated genes, under the combined treatment with everolimus and metformin [p -value with a false discovery rate (FDR) < 0.05 , $|\text{fold change (FC) of the combination treatment per control}| > |\text{FC of the everolimus treatment per control or FC of the metformin treatment per control}|$, and $|\text{FC of the combination treatment per control}| \geq 1.5$] (Figure 3A). We evaluated changes in gene expression according to the treatment options using Gene Ontology (GO) and Kyoto Encyclopedia of Genes and Genomes (KEGG) pathway analyses. The GO functional analysis showed that significantly regulated genes were associated with multiple cancer-related categories, including biological processes, cellular components, and molecular functions (Figure 4A), while the KEGG pathway analysis revealed that the various clusters, including metabolic pathways, pathways in cancer, and lysosomes, were changed by the combined treatment, suggesting that the combination of metformin and everolimus is closely related to cancer cell maintenance (Figure 4B). In the analysis to determine a more detailed mechanism, significant changes in mitochondria-related genes were observed, including four mitochondrial transporter-related genes (SLC25A15, SLC25A22, SLC25A30, and SLC25A46) and two mitophagy marker genes (PINK1 and OPTN). Mitochondrial transporter genes were generally scarce, while the mRNA levels of mitophagy genes were generally more abundant in the combination treatment than for mono-treatment (Figure 3B,C). CCLE database analysis revealed that mRNA levels of mitochondrial transporter-related genes were low compared to those of mitophagy marker genes. Although there were no significant differences between mRNA levels of mitochondrial transporter-related genes, PINK1 and OPTN were higher in Caki-1 compared to A498 and ACHN. These results show that the combination treatment damaged mitochondrial transporters and enhanced mitophagy activity.

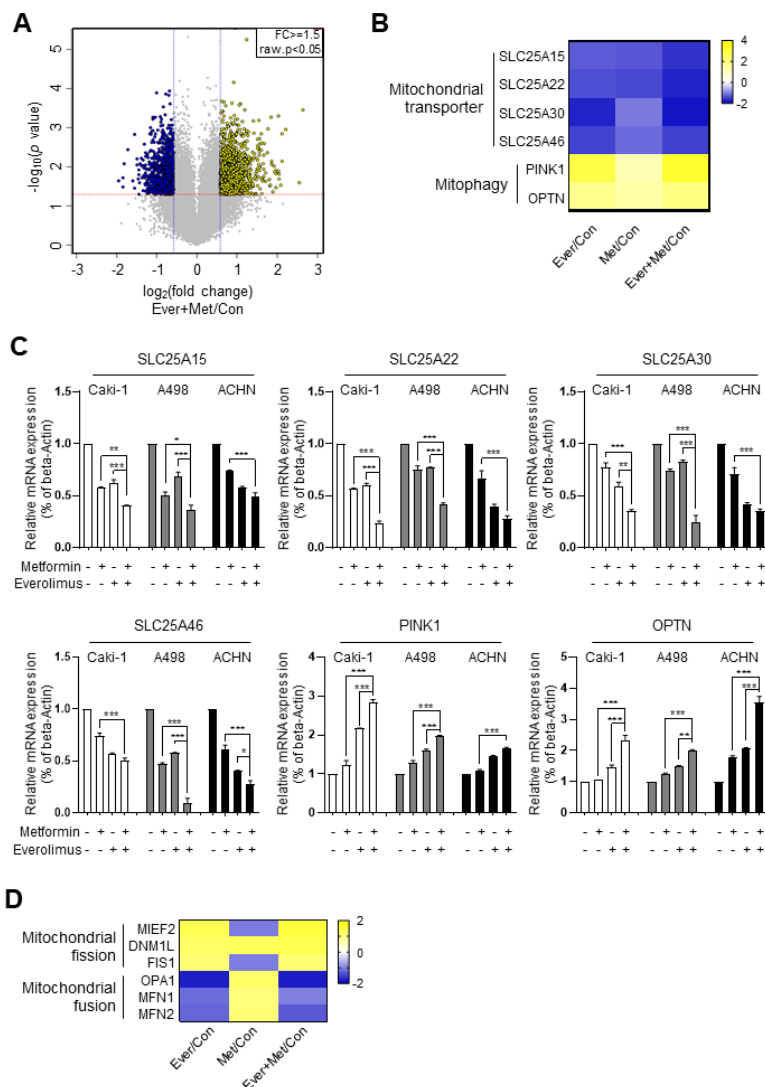


Figure 3. Synergistic effects of the combination treatment of metformin and everolimus induced mitochondrial dysfunction: (A) Volcano plot illustration of differentially expressed genes under the combination treatment; (B) Heat map visualization of six differentially regulated genes related to mitochondrial transporters and mitophagy; (C) qRT-PCR for *SLC25A15*, *SLC25A22*, *SLC25A30*, *SLC25A46*, *PINK1*, and *OPTN* treated with the control, metformin, everolimus, and combination of the drugs in Caki-1, A498, and ACHN cells. Data are presented as the mean \pm standard error of the mean. * $p < 0.05$; ** $p < 0.01$; and *** $p < 0.001$ vs. combination treatment group of metformin and everolimus; (D) Heat map visualization of six differentially regulated genes related to mitochondrial fusion-fission.

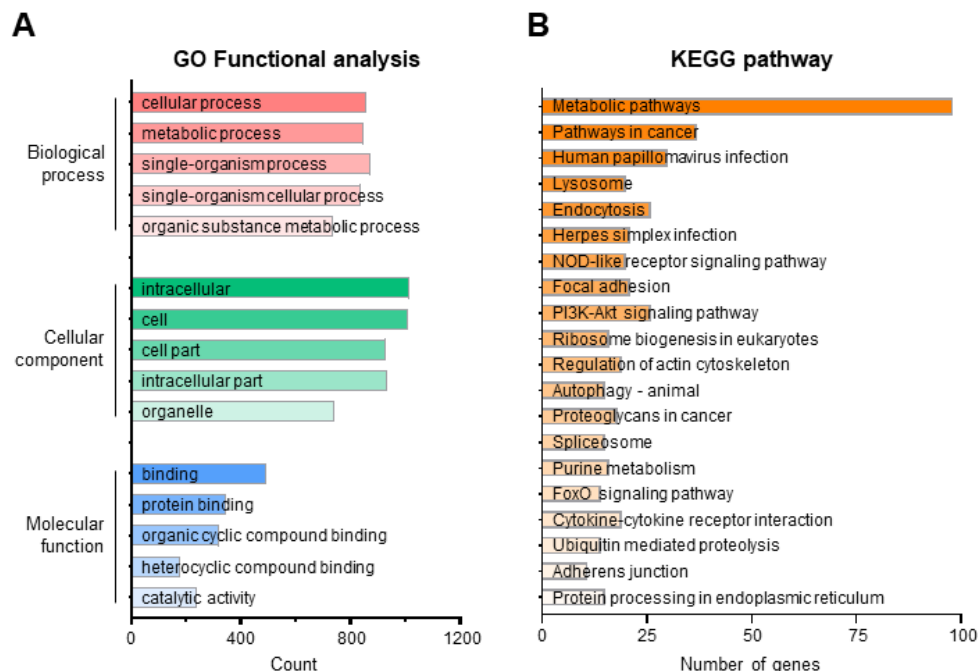


Figure 4. Functional enrichment analysis of six differentially regulated genes related to mitochondrial transporters and mitophagy in RCC: (A) GO analysis showing that six genes were closely corrected with the biological process, cellular component, and molecular function categories; (B) Bar chart showing the enriched pathways from the KEGG analysis. The enrichment in the metabolic pathways, pathways in cancer, and lysosome pathway suggested an optimal correlation with the six differentially regulated genes related to mitochondrial transporters and mitophagy.

3.4. Combination treatment modulates the mitochondria fusion-fission cycle

Because mitophagy occurs after mitochondrial fission, we hypothesized that the combination treatment might also affect mitochondrial dynamics. To identify the effect of the combination treatment on mitochondrial dynamics, we examined mitochondrial fusion-fission cycle-related genes via microarray analysis. Representative mitochondrial fusion-fission-related genes (fission: MIEF2, DNM1L, and FIS1; fusion: OPA1, MFN1, and MFN2) were selected. By the combination treatment, the mRNA levels of the fission genes were significantly increased, and those of the fusion genes were decreased (Figure 3D).

Disruptions to mitochondrial dynamics have a complicated impact on resistance to various types of stress³⁷. Inhibition of stress resistance originating from the disruption of mitochondrial fusion genes has been suggested as a target for therapy in diverse tumor types³⁸. We hypothesized that RCC could be resistant to conventional treatment via a mutation in mitochondrial dynamics-related genes. To prove our hypothesis, we analyzed the genetic mutations of six mitochondrial fusion-fission-related genes from The Cancer Genome Atlas Kidney Renal Clear Cell Carcinoma (TCGA-KIRC) database for clear cell RCC. Of these genes, the fusion marker genes (OPA1 and MFN1) showed a higher level of gene amplification than other genes (Figure 5A). Additionally, we examined the mRNA levels of mitochondrial biosynthesis-related genes (NRF1 and TFAM), fusion marker genes (OPA1, MFN1, and MFN2), and fission marker genes (MIEF2, DRP1, and FIS1) by the drug treatment. Mitochondrial biosynthesis-related genes and fission marker genes were downregulated, and fusion marker genes were upregulated, in the combination treatment, compared to the control and separate drug treatments in all cell lines (Figure 5B–D). For the reference, we have measured the baseline levels of NRF1, TFAM, MFN1, MFN2, and MIEF2 and compared between cell lines. There were no significant differences between baseline levels of mitochondrial biosynthesis-related genes, fission marker genes, and fusion marker genes. These results showed that the combination treatment enhanced drug therapeutic effects by decreasing mitochondrial fusion and increasing mitochondrial fission, suggesting that the mitochondrial morphology shifted toward a fragmented network.

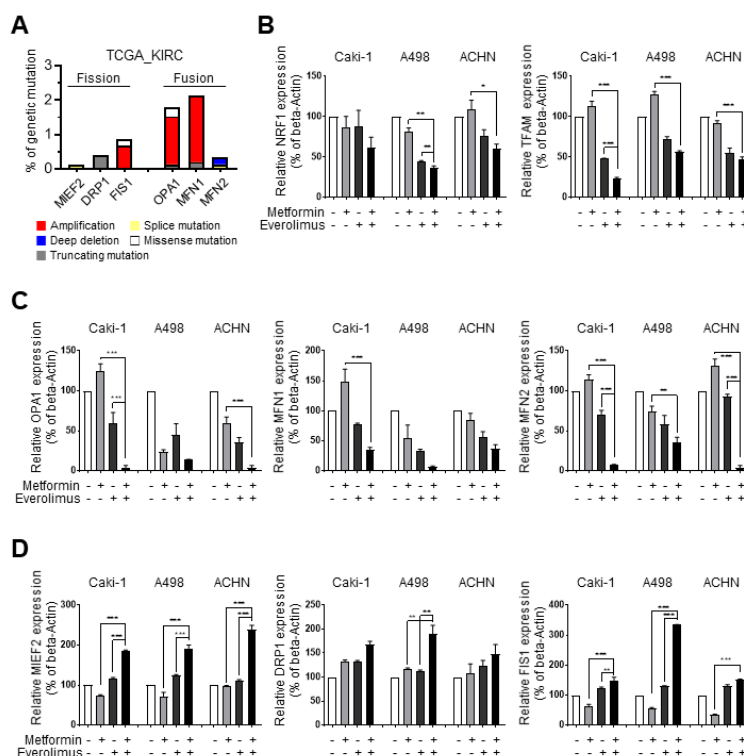


Figure 5. Combination treatment regulates mitochondrial dynamics : (A) Several mitochondrial fusion-fission-related genes presented the amplification mutation based on the TCGA-KIRC data; (B–D) qRT-PCR for (B) mitochondrial biosynthesis-related genes, (C) fusion marker genes, and (D) fission marker genes in the Caki-1, A498, and ACHN cells treated with the control, metformin, everolimus, and drug combination; Data are presented as the mean \pm standard error of the mean. * $p < 0.05$; ** $p < 0.01$; and *** $p < 0.001$ vs. combination treatment group of metformin and everolimus.

3.5. Impact of the combination treatment on mitochondrial dynamics

To confirm whether the treatments applied to the Caki-1, A498, and ACHN cell lines activated the mitophagy, we examined the levels of autophagy-related markers, including p62 and LC3B, by immunocytochemistry. In an assessment of the molecular markers of mitochondrial dynamics in A498, many more foci with higher enrichment of LC3B were found in cells treated with the drug combination compared to those treated with metformin alone or everolimus alone (Figure 6A).

Compared with the LC3B results, fewer foci with lower enrichment of p62 were found in cells treated with the combination treatment. Additionally, we examined whether the damaged mitochondria were degraded by fusion with lysosomes using LysoTracker and LysoSensor staining since mitochondrial dysfunction is associated with lysosomal alterations³⁹. LysoTracker intensity suggests the integrity, or quantity of lysosomal function where LysoSensor exhibits a pH-dependent increase in fluorescence intensity upon acidification⁴⁰. Lysosomes can produce ROS (reactive oxygen species), contributing to intracellular oxidative stress. Studies using fluorescent probes such as PF-H₂TMRos have shown that ROS generation within lysosomes can be visualized via co-localization with LysoTracker. This highlights changes in lysosomal oxidative states.

Higher enrichment was found in the combination treatment compared to metformin or everolimus alone (Figure 6B). To identify the effects of damaged mitochondria in which mitochondrial transporter-related genes were downregulated, a fluorometric analysis, after staining with the fluorescent dye JC-1, was performed (Figure 6C). Everolimus alone significantly increased the green fluorescence of the JC-1 monomers. The greatest number of damaged mitochondria and the highest green fluorescence intensity were observed in the combination treatment group. The immunocytochemistry, LysoTracker, LysoSensor, and JC-1 staining results for Caki-1 and ACHN were similar to the results for A498 (Figure 7A–C).

To demonstrate the occurrence of mitophagy induced by the combination therapy of metformin and everolimus, A498 cells were treated with the control, metformin, everolimus, and drug combination. After the induction of mitophagy, damaged mitochondria were observed to fuse with lysosomes and release high fluorescent sub-molecules in the mitochondrial autophagy cell imaging experiment (Figure 8).

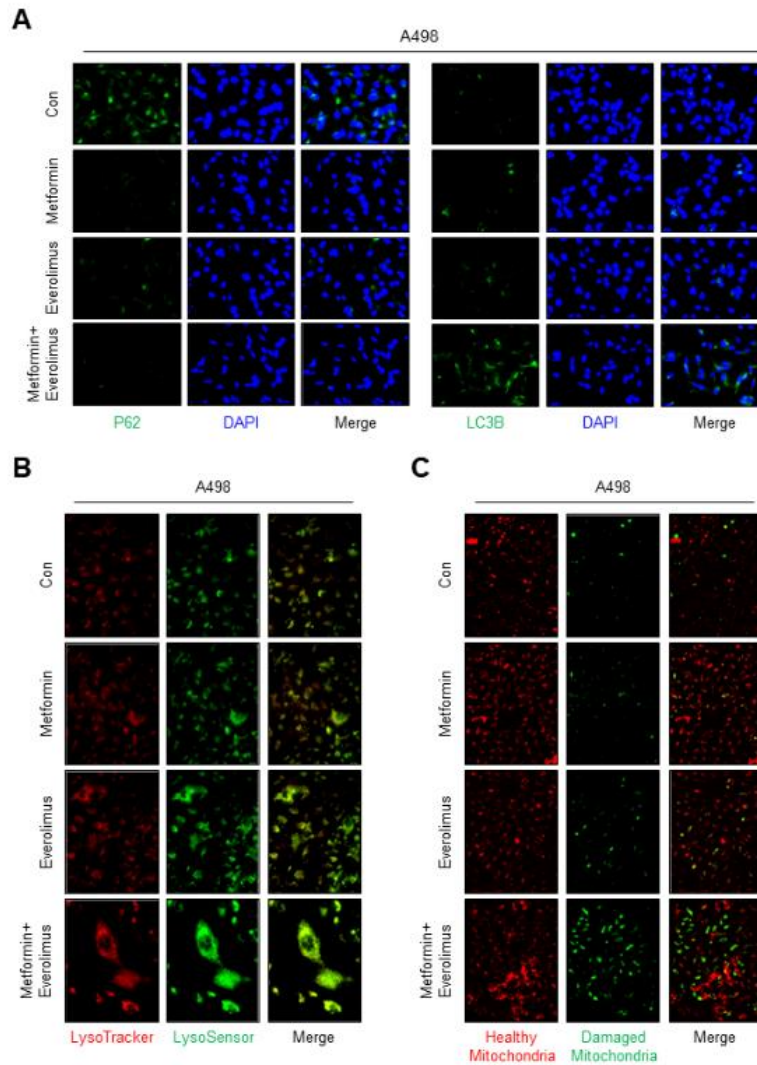


Figure 6. Combination treatment of metformin and everolimus has synergic effects that lead to mitophagy following mitochondrial damage (1): (A) Representative images of immunocytochemistry analysis with anti-P62 (green), anti-LC3B (green), and DAPI (blue); (B) Cells were incubated with the drug for 24 h, followed by staining with LysoSensor (green) and LysoTracker (red); (C) Fluorescence images of cells stained with JC-1 after treatment according to the drug options (red; healthy mitochondria and green; damaged mitochondria).

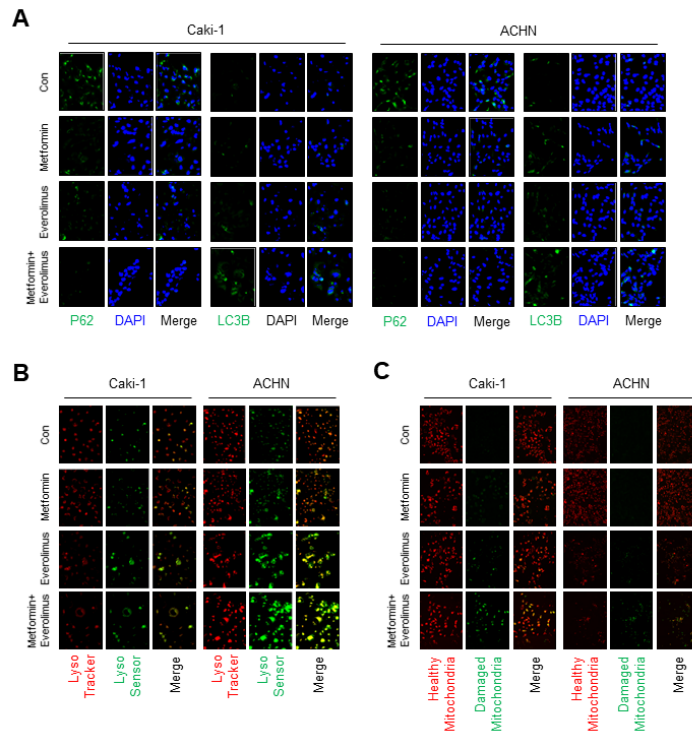


Figure 7. Combination treatment of metformin and everolimus has synergic effects that lead to mitophagy following mitochondrial damage (2): (A) Representative images of immunocytochemistry analysis with anti-P62 (green), anti-LC3B (green), and DAPI (blue); (B) Cells were incubated with the drug for 24 h, followed by staining with LysoSensor (green) and Lysotracker (red); (C) Fluorescence images of cells stained with JC-1 after treatment according to the drug options (red; healthy mitochondria and green; damaged mitochondria).

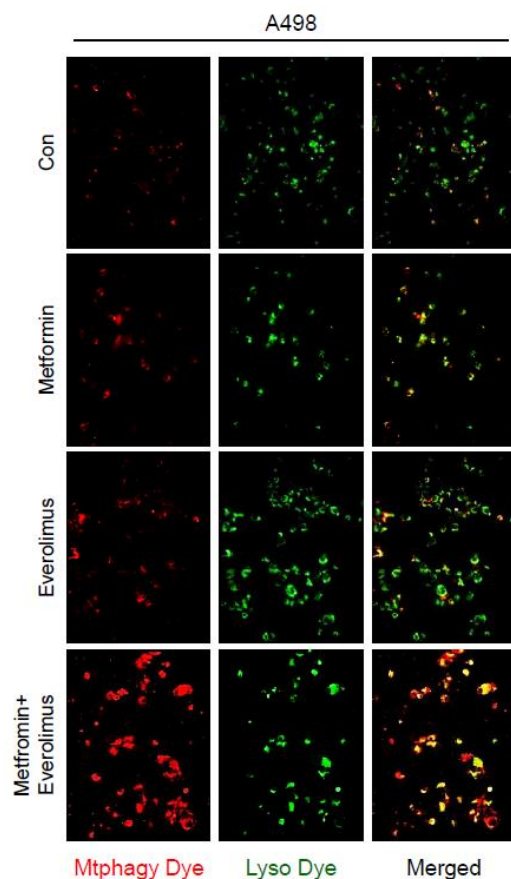


Figure 8. The mitochondrial damage with combination treatment of metformin and everolimus has synergic effects that lead to mitophagy occurrence: A498 Cells were incubated with the drug for 24 h, followed by staining with Mtphagy Dye (red) and Lyso Dye (green).

3.6. Synergic effect of the combination treatment on the mitochondrial fusion-fission cycle in RCC

To reveal the drug-induced damage to mitochondria, which are known as the hubs of energy production, we measured the intracellular ATP concentration. The relative ATP concentration in the combination treatment was significantly lower than that in the everolimus treatment in the Caki-1, A498, and ACHN cell lines, indicating an overall worsening of mitochondrial function (metformin, everolimus, and metformin + everolimus: 84.7%, 51.0%, and 28.6% in Caki-1; 76.7%, 52.7%, and

25.1% in A498; and 87.9%, 60.0%, and 42.9% in ACHN, respectively) (Figure 9A). Based on our results, showing that the combination treatment synergistically enhanced anti-cancer effects in vitro, we conducted a histological evaluation in vivo. We measured the mRNA levels of four mitochondrial transporter-related genes (SLC25A15, SLC25A22, SLC25A30, and SLC25A46) and two mitophagy-related genes (PINK1 and OPTN) in xenograft tissue using qRT-PCR, which confirmed the results in vitro (Figure 9B).

To evaluate the disruption of mitochondrial dynamics in vitro, we examined the levels of autophagy-related markers, including p62 and LC3B, using immunocytochemistry. In xenografts with A498, higher expression of LC3B and lower expression of p62 were found with the combination treatment, compared to the other treatment options (Figure 9C). KEGG analysis was performed to identify potential pathways and reveal their function in RCC, with respect to the treatment options (Figure 9D); calcium signaling, apelin signaling, cGMP-PKG signaling, MAPK signaling, and Hippo signaling have been indicated. As shown in the bar chart, the combination treatment can control the calcium signaling pathway, which regulates mitochondrial effectors.

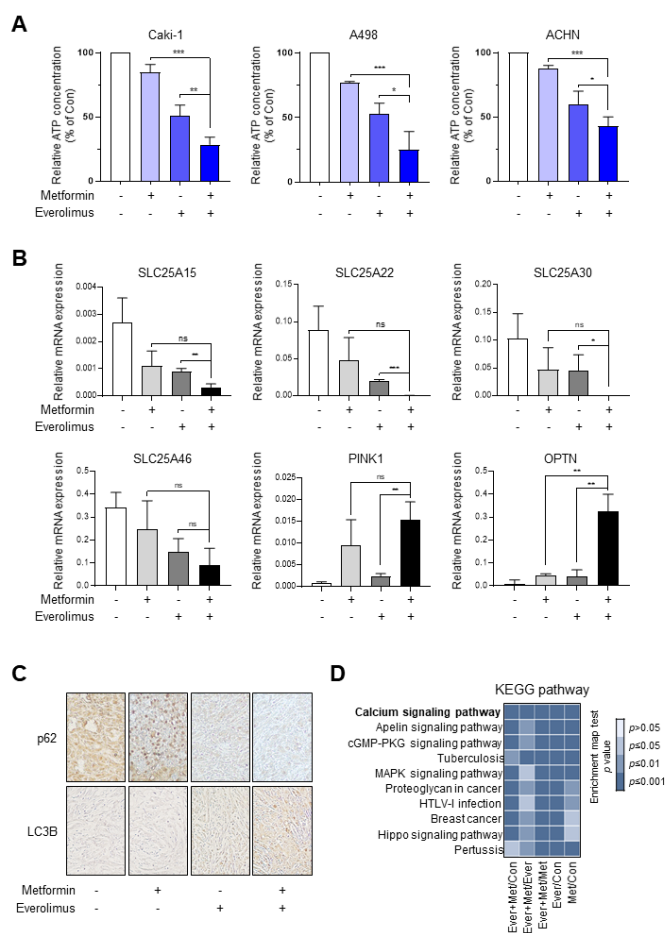


Figure 9. Combination treatment of metformin and everolimus synergistically reduces RCC growth by disrupting mitochondrial function: (A) Relative ATP concentration in Caki-1, A498, and ACHN xenografts treated with the control, metformin, everolimus, and combination of the drugs; (B) qRT-PCR for mitochondrial transporter and mitophagy-related genes in the tissue of xenografts treated with the control, metformin, everolimus, and combination of drugs; (C) Immunohistochemistry images of p62 and LC3B in the tissue of xenografts treated with the control, metformin, everolimus, and combination of drugs; (D) Bar chart showing the KEGG enrichment pathways in the mitochondrial dynamics marker genes. Data are presented as the mean \pm standard error of the mean. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$; and ns $p > 0.05$ vs. combination treatment group of metformin and everolimus.

4. DISCUSSION

In this study, we investigated the underlying mechanisms for the synergic effect of the combination treatment with metformin and everolimus. Through microarray analysis, we revealed that the combination treatment modulated mitochondrial dynamics, and ultimately caused a massive mitophagy, and this was confirmed by xenograft tissues (Figure 10). Our results demonstrated that the combination treatment can synergistically enhance the anti-cancer effect on RCC by inducing mitochondrial dysfunction.

Although mitophagy is defined as an autophagic procedure that specifically clears damaged mitochondria and maintains its homeostasis, recent studies suggest that mitophagy is involved in many physiological processes, including cellular homeostasis, cellular differentiation and nerve protection^{41,42}. Mitophagy not only promotes cell survival by adapting to stress, but it also lead to cell death due to excessive mitochondrial clearance⁴³. Therefore, mitophagy inducers and inhibitors may be equally effective in anticancer treatment.

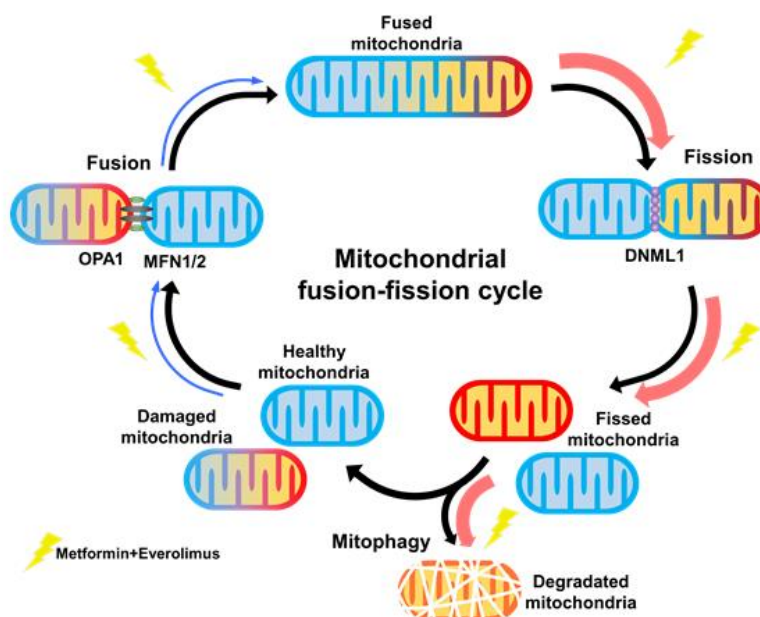


Figure 10. Graphical abstract.

Metformin inhibits the *in vitro* proliferation, distant invasion, and migration of RCC. In the Caki-1, A498, and ACHN cells, metformin had an inhibitory effect on proliferation in a concentration-dependent manner at values up to 10 mM, which was similar to the results of previous studies with Caki-1, Caki-2, or 786-O cells^{20,44}. Additionally, our showed that metformin decreased the migration and wound-healing ability of A498, Caki-1, and ACHN cells. These results suggest that metformin has important potential effects on tumor suppression, and could inhibit distant invasion and migration of RCC. Furthermore, metformin induced apoptosis of Caki-1, A498, and ACHN cells. The combination treatment with metformin and everolimus showed a synergic effect on the proliferation, migration, invasion, and apoptosis of Caki-1, A498, and ACHN cells compared to each treatment alone. Therefore, these results suggest that metformin might help enhance the lethal effects of traditional chemotherapy drugs toward RCC.

In the synergic effect of the combination treatment *in vitro*, differences in the treatment response were observed among the Caki-1, A498, and ACHN cells (Figure 1). Concentration dependent responses to metformin alone were well observed in the A498 cells, followed by the ACHN and Caki-1 cells. Caki-1 was less sensitive, indicating a difference in sensitivity toward the action of metformin among the cell lines, as explained by the results of previous studies^{20,42}. Among the concentration-dependent responses to everolimus alone, the relative cell viability showed greater differences in the A498 cells than the Caki-1 and ACHN cells. These results indicate the differential sensitivity of the three cell lines toward metformin, everolimus, or the combination treatment.

Based on the results of the effects of the combination treatment on the mTOR pathway, we aimed to identify the direct target genes related to treatment responses. Based on the results of the microarray analysis, we found that the combination treatment regulated mitochondrial transporter-related genes (SLC25A15, SLC25A22, SLC25A30, and SLC25A46) and mitophagy marker genes (PINK1 and OPTN), which is consistent with the results of the qRT-PCR analysis. Of the six genes, SLC25 is the largest solute transporter family in the human mitochondrial carrier family⁴⁵. The main role of SLC25 is to transport solutes across the impermeable inner membrane of mitochondria for important cellular processes, such as iron sulfur cluster and heme synthesis, heat production, amino acid catabolism and interconversion, macromolecular synthesis, and fat and sugar oxidative phosphorylation^{46,47}. Some mutations in the SLC25A15 gene were related to human hyperornithinemia, hyperammonemia, and homocitrullinuria syndrome because the ornithine cycle was disrupted. SLC25A25 plays a role in the net uptake or efflux of adenine nucleotides into or from the mitochondria as an ATP-Mg/Pi carrier that mediates Mg-ATP transport in exchange for phosphate⁴⁸.

To accurately identify the mechanisms underlying the effects of the combination treatment on mitochondria damage following the regulation of mitochondrial transporter genes and mitophagy genes, we investigated mitochondrial dynamics genes. In two fusion genes among six mitochondrial fusion-fission-related genes selected from microarray analysis, the presence of genetic mutations was identified using TCGA-KIRC data. The results indicated that the combination treatment

enhanced the treatment response by decreasing mitochondrial fusion and increasing mitochondrial fission and mitophagy.

Cheng et al. and Keimen et al. reported better disease-free survival (DFS) and cancer-specific survival (CSS) in diabetics with localized RCC, who were using metformin as compared to those using other antidiabetic medication^{15,49}. Furthermore, the largest study focusing on the role of metformin in metastatic RCC in association with targeted therapy reported that metformin use was associated with an improvement in overall survival (OS) compared with users of other antidiabetic agents¹⁴. Although these studies have not restricted the targeted therapy as mTOR inhibitor, we believe that our study further supports the synergistic effects of metformin with targeted therapy in RCC patients and warrants future use of metformin in clinical settings.

4. CONCLUSION

We demonstrated that the combination of metformin and everolimus inhibits the mitochondrial functions by inducing mitochondrial damage and activating excessive mitochondrial fission and mitophagy in RCC. Our study suggests that increasing sensitivity to conventional drugs will facilitate the development of novel therapeutic strategies for refractory cancers with frequent metastases, such as RCC.

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Abstract in Korean

신장세포암종의 미토콘드리아 역학에 대한 에버로리무스와 메트포르민의 복합 치료 상승효과

신장세포암종(Renal cell carcinoma, RCC)은 수술적 절제 이후 재발 또는 전이가 빈번하게 발생한다. 에버로리무스(everolimus)는 mTOR 억제제로, 신장세포암종의 2차 항암치료제로 권고되지만, 치료 반응은 좋지않다. 메트포르민은 당뇨병 치료제로, 최근의 연구에서 여러 암종에 항암 효과가 보여주고 있고, 더욱이 다른 항암약물과의 상승효과를 보인다고 보고하고 있다. 본 연구는 에버로리무스와 메트포르민을 상승효과가 신장세포암종 에도 효과적인 치료 효과를 보이는지 확인하고자 하였다. 두 약물을 병용 처리한 신장세포암종 세포는 각각의 단독 투여군에 비해 세포 생존율, 세포 이동 및 침투가 유의하게 억제되었으며, 세포사멸에 유의미한 효과를 보였다. 종양이식 모델에서도 항암의 상승효과를 확인되었다. 병용 치료의 기저 메커니즘을 확인하기 위한 전사체 분석에서는 병용 치료로 미토콘드리아 융합 유전자의 억제 및 미토콘드리아 분열 유전자의 상향 조절이 확인되었다. 병용 치료 이후의 미토콘드리아 역학(mitochondrial dynamics) 변화는 LysoTracker, LysoSensor 및 JC-1 염색을 사용하여 관찰하였다. 결론적으로, 에버로리무스와 메트포르민의 병용투여는 미토콘드리아 역학을 교란시켜 신장세포암종 성장을 억제함을 실험적으로 확인하였다. 따라서, 에버로리무스와 메트포르민의 병용 치료는 신장세포암종의 미토콘드리아 역학을 교란시키는 혁신적인 치료 전략일 수 있다.

핵심되는 말 : 에버로리무스(everolimus); 메트포르민; 미토콘드리아 역학; 신장세포암종