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Efficacy of radiomics predicting oncologic outcome of radiotherapy in locally advanced hepatocellular carcinoma

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Efficacy of radiomics predicting oncologic outcome of radiotherapy in locally advanced hepatocellular carcinoma

Directed by Professor Jinsil Seong

The Doctoral Dissertation submitted to the Department of Medicine, the Graduate School of Yonsei University in partial fulfillment of the requirements for the degree of Doctor of Philosophy in Medical Science

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December 2023



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"As you set out for Ithaka,
hope your road is a long one, full of adventure, full of discovery."

- Ithaka, by C. P. Cavafy

Achieving the title of Philosophiae Doctor may be regarded as a noteworthy accomplishment by some, though it may lack significant meaning for others. Nevertheless, it has come to symbolize the trajectory of my life up to this point. I express profound gratitude to my cherished family, who has been with me since the inception of this journey, and to Professor Jinsil Seong, whose guidance and steadfast dedication have steered me along this path for a considerable duration. I am deeply appreciative of her inspiration and indispensable support in this research. My gratitude also extends to Professor Helen Hong, whose encouragement and guidance played a pivotal role in completing this research with excellence and thoughtfulness. Furthermore, I commend the members of the thesis committee and acknowledge the support of friends and colleagues throughout.

Nevertheless, the odyssey is still in its nascent phase. Recognizing that this juncture does not signify the culmination of the expedition, it is imperative for me to continually cultivate and elevate my capabilities to forestall the emergence of any semblance of arrogance or complacency. Irrespective of the challenges that may manifest, my commitment remains unwavering in traversing my course with resolute determination and refined grace.

"Keep Ithaka always in your mind. Arriving there is what you're destined for. But, don't hurry the journey at all."

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ABSTRACT

Efficacy of radiomics predicting oncologic outcome of liver-directed combined radiotherapy in locally advanced hepatocellular carcinoma

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(Directed by Professor Jinsil Seong)

Purpose: We investigated whether radiomic features extracted from 3-phase dynamic contrast-enhanced computed tomography (CECT) can be used to predict clinical outcomes, including objective treatment response (OR) and in-field failure-free survival rate (IFFR), in patients with hepatocellular carcinoma (HCC) who received liver-directed combined radiotherapy (LD-CRT).

Methods: We included 409 patients with locally advanced HCC who underwent LD-CRT between November 2005 and December 2018. They were randomly divided into training (n = 307) and validation (n = 102) cohorts. The endpoints were the OR and IFFR. Significant prognostic factors were identified using binary logistic and Cox regression analyses. To predict OR and IFFR, we extracted 116 radiomic features from the region of interest (ROI) on the CECT images. The least absolute shrinkage and selection operator method was used to select the most useful predictive features from the ROIs. We developed prediction models using radiomics features alone (radiomics model) or in combination with clinical features (CCR model). We also developed and validated a prognostic nomogram based on CCR models.

Results: Among the radiomic models evaluated for OR, the OR-PVP-Peri-1cm model (considering a peritumoral area of 1cm on portal venous phase CT) showed favorable



predictive performance with an area under the curve (AUC) of 0.647. Clinical model showed the predictive performance of 0.729, whereas the CCR model showed better performance with an AUC of 0.759. For the IFFR, the IFFR-PVP-Peri-1cm model had an AUC of 0.673, clinical model had an AUC of 0.687, whereas the CCR model showed an AUC of 0.736.

Conclusion: In predicting the OR and IFFR in patients with HCC undergoing LD-CRT, radiomic models based on both tumoral and peritumoral areas using pre-radiotherapy 3-phase dynamic liver CT in patients with HCC undergoing LD-CRT have favorable predictive performance for OR and IFFR. Moreover, CCR models performed better than clinical and radiomics models, and they have potential use in clinical prediction. The constructed nomograms based on these models may provide valuable information on the OR and IFFR in patients with HCC undergoing LD-CRT.

Keywords: hepatocellular carcinoma, liver-directed combined radiotherapy, radiomics, treatment response, in-field failure-free survival rate



Efficacy of radiomics predicting oncologic outcome of liver-directed combined radiotherapy in locally advanced hepatocellular carcinoma

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I. INTRODUCTION

Hepatocellular carcinoma (HCC) is the most common primary cancer of the liver and the fourth leading cause of cancer-related deaths worldwide¹. Although treatment modalities have developed and reached a certain degree, the prognosis of HCC remains poor owing to tumor recurrence, and the 5-year overall survival is around 10-20% even after curative treatment options²⁻⁵ (surgical resection, ablation, or liver transplantation).

For the treatment of advanced HCC, systemic therapy has long been the preferred option, which usually involves sorafenib and, more recently, atezolizumab plus bevacizumab⁶⁻⁷. However, in cases of locally advanced HCC, liver-directed combined radiotherapy (LD-CRT) should receive more attention because of its effectiveness, which may enable curative resection⁸⁻¹⁰. LD-CRT effectively reduces the size of locally advanced HCC that is initially unsuitable for surgery, leading to improved patient survival rates⁹⁻¹⁰. Additionally, recent studies have shown that selected patients treated with LD-CRT can convert tumors beyond the Milan criteria to those within the Milan criteria, indicating the potential for conversion therapy to curative surgery⁸.

Predicting the treatment response is clinically important for cancer treatment. In HCC, the clinical predictive factors for tumor markers are well-known¹¹⁻¹⁴. Although these factors are recognized as essential, recent attempts have been made to predict treatment outcomes using radiomics based on imaging markers. Radiomics has emerged as a new approach to extracting quantitative radiological data from medical images (radiomics data). This involves extracting complex information about the tumor and surrounding



tissue characteristics, such as density, texture, shape, borders, and blood flow, to understand the nature of the tumor and explore its correlation with clinical outcomes, such as survival, therapeutic response, and pathology. By building appropriate models with advanced features, radiomics analysis has already proven to be helpful in various types of cancer diagnosis and prognostic prediction and is expected to become increasingly crucial in predicting cancer treatment outcomes in the future, particularly in the fields of radiology and oncology.

We aimed to investigate whether radiomics features extracted from contrast-enhanced dynamic liver computed tomography (CT) scans can correlate with prognostic factors and predict clinical outcomes such as objective response (OR) and in-field failure-free survival rate (IFFR) in patients with HCC undergoing LD-CRT. The predictive accuracy of the model was assessed using an independent validation group. To the best of our knowledge, this is the largest and novel study to evaluate prognostic factors and clinical outcomes in patients with HCC undergoing LD-CRT to develop a clinico-radiomics model.

II. MATERIALS AND METHODS

1. Patients

This retrospective study was conducted by searching electronic medical records. We identified 409 patients with inoperable HCC who underwent LD-CRT between November 2005 and December 2018. The inclusion criteria were as follows: (1) HCC patients who had received LD-CRT; (2) pre-radiation contrast-enhanced 3-phase CT performed within two months before radiotherapy; (3) Child-Pugh class A or B disease; and (4) Eastern Cooperative Oncology Group (ECOG) performance status of no more than 2. We excluded patients meeting the following criteria: (1) presence of distant metastasis at the beginning of radiotherapy, (2) previous or concurrent other malignancies, (3) history of radiation to the abdominal area, and (4) incomplete radiotherapy (biologically effective dose [BED] < 40 Gy) owing to patient refusal or poor



general condition. The entire cohort was randomly divided into training and validation datasets in a ratio of 7:3. The training dataset was used to construct the models evaluated using the validation dataset. Baseline clinicopathological data, including age, sex, Eastern Cooperative Oncology Group (ECOG) performance status, Child-Pugh score, HCC etiology (hepatitis B, hepatitis C, or neither), diagnosis date, serum alpha-fetoprotein (AFP), serum Protein Induced Vitamin K Absence or Antagonist-II (PIVKA-II), Incyanin green (ICG) R15, tumor size, clinical stage, portal vein tumor thrombosis (PVTT), radiation dose, and treatment volume, were obtained from medical records.

Patients were consistently followed up every three months after radiotherapy based on AFP, PIVKA-II, and imaging examinations, and the time of disease-specific progression (in-field failure, out-field failure, nodal failure, or distant metastasis) or death was recorded. Abdominal 3-phase contrast-enhanced CT (CECT) was performed every three months. Treatment response was evaluated using the modified Response Evaluation Criteria in Solid Tumors Group (mRECIST) at the 3-month visit after completing radiotherapy. Complete response (CR) and partial response (PR) were considered objective responses (OR), whereas stable disease (SD) and progressive disease (PD) were considered non-ORs.

This study was approved by the Institutional Review Board of our institution. The patient records/information were anonymized and de-identified prior to analysis, and informed consent was not obtained from each participant owing to the retrospective nature of this study.

2. Treatment Protocols

Five-mm margins around the gross tumor volume (GTV) and clinical target volume (CTV) were defined as the CTV and planning target volume (PTV), respectively. Prior to 2010, tumor movement was included in the PTV by adding a generous margin in the craniocaudal direction. Four-dimensional computed tomography-based planning was adopted in 2010, and the internal target volume (ITV) was delineated considering the



tumor movement for every respiratory phase. Additional 5-mm margins around the ITV and CTV were defined as the CTV and PTV, respectively.

The radiotherapy doses were customized to maximize the dose delivered to the tumor while satisfying normal organ dose constraints. For 3-dimensional conformal radiotherapy, 45 Gy in 25 fractions is typically prescribed for the PTV. As IMRT was implemented in more patients, our practice pattern shifted towards delivering higher doses of radiation. The GTV or ITV received a radiation dose of 50–75 Gy in 20–25 fractions using the central simultaneous integrated boost (SIB) technique, whereas the surrounding PTV received a lower radiation dose of 45–60 Gy in 20–25 fractions. The GTV minus 1cm was treated with an SIB of 100 Gy in 25 fractions for selected tumors with sufficient distance from the luminal organs. For equal comparisons of dose effects of various fractionations, the maximum prescribed dose to the tumor was calculated as BED ($\alpha/\beta=10$).

In cases with multiple tumors, the primary and adjacent tumors were irradiated, and lesions outside the target volume were treated with transarterial chemoembolization (TACE) at the time of arterial port insertion. If portal vein tumor thrombosis or regional nodal metastases were present, they were treated in the radiotherapy field.

Continuous hepatic arterial infusion chemotherapy with 5-fluorouracil (500 mg/m²/day) during the first and last weeks of radiotherapy was administered using a percutaneous hepatic arterial catheter inserted via hepatic arterial angiography. At 1 month after radiotherapy, hepatic arterial infusion chemotherapy using 5-fluorouracil (500 mg/m² on days 1–3) and cisplatin (60 mg/m² on day 2) was administered every 4 weeks for 1–14 cycles in accordance with the treatment response after radiotherapy and liver function.

3. CT Scan Protocols

Three-phase CECT was performed at our institute with one of the following machines: a 64-detector row (Aquilion CXL, Toshiba Medical System, Tokyo, Japan) or a 320-detector row CT machine (Aquilion One, Toshiba Medical System, Tokyo, Japan). The



same scanning parameters were used for both machines: tube voltage, 120 kV; tube current, 250 mA; and slice thickness, 3 mm, and Br40d for the kernel. All images were reconstructed using filtered back projection (FBP) algorithms. After a routine unenhanced scan, 1.5 mL/kg of contrast medium was injected into the antecubital vein at a rate of 3.0 mL/s via a pump injector. Hepatic arterial phase CT images were obtained at 20-25 seconds, and portal venous phase CT images were obtained at 35-40 seconds after injection.

4. Radiomics Feature Extraction

The workflow of radiomics analysis are depicted in Figure 1. A radiation oncology expert performed three-dimensional segmentation of the HCC using MIM Software Version 6.5.8 (MIM Software Inc., Cleveland, OH). Regions of interest (ROI) were manually delineated on 3 mm arterial and portal venous-phase CT images to encompass the entire tumor (ROI tumor). Based on the initial ROI, ROI were reconstructed at 1 cm and 2 cm from the tumor surface, resulting in the assignment of ROI1cm and ROI2cm, respectively.

Radiomics features were extracted from the contour images of each ROI, including ROItumor, ROItem, and ROItem, using MATLAB. In the feature extraction process, we utilized three 2D slice images from one image volume, which comprised the central slice with the largest cross-section area of the tumor and its adjacent slices. During the hand-crafted feature (HCF) extraction process (including original texture, shape, and peritumoral texture), we included 116 texture features for each ROIs, such as histogram characteristics (such as mean, skewness, kurtosis), histogram percentile intensities, gray level co-occurrence matrices (GLCM) features (such as contrast, entropy), gray level run length matrix (GLRLM) features (such as short and long run emphasis), and local binary pattern (LBP) features. In Addition, we included shape features, such as area/perimeter ratio and eccentricity. The hand-crafted radiomics features are listed in the Table 1.



5. Feature Selection, Model Building, and Model Evaluation

The least absolute shrinkage and selection operator (LASSO) method was used to select useful predictive features from the ROIs and construct a combined clinico-radiomics (CCR) model using multiscale clinical and radiomics features. The discrimination performance of the model was evaluated using the area under the receiver operating characteristic (ROC) curve (AUC) in the primary training and validation groups, with a value of 1 indicating perfect discrimination and 0.5 representing randomness.

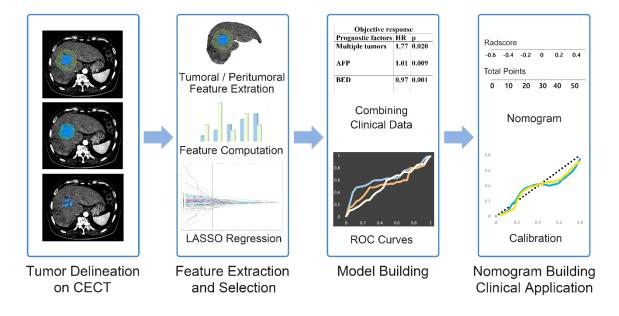


Figure 1. Workflow of radiomics analysis.

The radiomics workflow started with three-dimensional segmentation of tumor in 3-phase CECT images. After segmentation, handcrafted radiomic features including shape, intensity and texture were extracted. Least absolute shrinkage and selection operator (LASSO) were used for the radiomic feature selection and model building. Combining radiomics model with clinical features, we obtained CCR model. Nomogram building and calibration was done.



The Hosmer–Lemeshow test was applied to the prediction model. We further built a nomogram for the model to provide a more direct method to determine the OR and IFFR. A calibration curve was plotted to analyze the prognostic performance of the nomogram on both the training and validation datasets. The "rms" R package was used for Cox proportional hazards regression, nomograms, and calibration curves. By filling in the CheckList for EvaluAtion of Radiomics Research (CLEAR) checklist, we tried to improve the quality, reliability, and in turn, reproducibility of this study.

Table 1. List of hand-crafted radiomics features

Categories (Number of features):					
Features (feature numbers)					
Texture – Histogram features (7): Histogram mean (1), standard deviation (2), minimum (3) and maximum (4) intensities, skewness (5), kurtosis (6), and entropy (7) Texture – Percentile intensities at (5): 5% (8), 25% (9), 50% (10), 75% (11), 95% (12)	Texture – GLRLM features (22): Four direction mean and standard deviation of short run emphasis (27,28), long run emphasis (29,30), gray-level non-uniformity (31,32), run length non-uniformity (33,34), run percentage – (35,36), low gray-level run emphasis (37,38), high gray-level run emphasis (39,40), short run low gray-level emphasis (41,42), short run high gray-level emphasis (43,44), long run low gray-level emphasis (45,46), long run high				
Taytuwa CI CM faatuwas (14):	gray-level emphasis (47,48)				
Texture – GLCM features (14): Four direction mean and standard deviation of	Texture – LBP features (59): 10 uniform patterns in LBP histogram (49-107)				
angular second moment (13,14), contrast (15,16), sum average (17,18), sum variance (19,290), sum entropy (21,22), entropy (23,24), and difference entropy (25,26)	Shape features (9): Area/perimeter ratio (108), convex area (109), eccentricity (110), major axis length (111), minor axis length (112), perimeter (113), solidity (114), Min curvature (115), Mean curvature (116)				

GLCM, Gray-Level Co-occurrence Matrix; GLRLM, Gray Level Run Length Matrix; LBP, Local Binary Pattern



5. Statistical Analysis

Multivariate binary logistic regression was used to identify significant predictive factors of treatment response. For the IFFR, we used the Kaplan–Meier method to calculate the actuarial curves. The Cox proportional hazards model was used for the univariate and multivariate analyses of independent prognostic clinical factors for each survival rate. Variables significantly associated with survival rates on univariate analysis were selected as candidates for multivariate analysis. The candidate clinical variables included age, sex, ECOG performance status, Child-Pugh score, HCC viral etiology (hepatitis B, hepatitis C, or neither), serum alpha-fetoprotein (AFP), serum PIVKA-II, tumor size, clinical stage, portal vein tumor thrombosis (PVTT), and radiation dose.

We used SPSS ver. 25 (IBM, Armonk, NY, USA) for statistical analyses, and p-values < 0.05 were considered statistically significant.

III. RESULTS

1. Clinical Characteristics

The patient characteristics in the training (n = 307) and validation (n = 102) groups are summarized in Table 2. No significant difference was found in median age (p = 0.076), gender (p = 0.527), viral etiology (p = 0.166), Child-Pugh class (p = 0.775), serum albumin level (p = 0.187), serum bilirubin level (p = 0.516), INR (p = 0.401), serum AFP level (p = 0.441), serum protein induced by vitamin K absence-II (PIVKA-II) level (p = 0.566), tumor size (p = 0.737), number of tumors (p = 0.550), portal vein thrombosis (p = 0.096), and surgery after radiotherapy (p = 0.872) between the training and validation groups, meaning the two sets are similarly sampled, which justified their use as training and validation cohorts.



Table 2. Patient and tumor characteristics in training and validation sets

Characteristics	Training set (n=307)	Validation set (n=102)	р	
Age (years)	56 (ranges, 33–83)	60 (ranges, 28–85)	0.076	
Sex				
Male	260 (84.7)	89 (87.3)	_ 0.527	
Female	47 (15.3)	13 (12.7)		
ECOG PS				
0, 1	293 (95.4)	91 (89.2)	0.122	
2	14 (4.6)	11 (10.8)	- 0.133	
Viral etiology				
HBV	254 (82.7)	79 (77.5)		
HCV	19 (6.2)	5 (4.9)	0.166	
nonB, nonC	34 (11.1)	18 (17.6)		
Child-Pugh class				
A	252 (82.1)	85 (83.3)	- 0.775	
В	55 (17.9)	17 (16.7)	- 0.//3	
Serum albumin (g/dL)	3.5 (ranges, 2.1–4.8)	3.7 (ranges, 2.0–4.9)	0.187	
Serum bilirubin (mg/dL)	0.70 (ranges, 0.20–5.5)	0.70 (ranges, 0.30–4.5)	0.516	
INR	1.1 (ranges, 0.80–1.7)	1.1 (ranges, 0.80–1.6)		
AFP (ng/mL)	280 (ranges, 1.70–12,000)	500 (ranges, 1.20–12,000)	0.441	
PIVKA-II (mAU/mL)	2000 (ranges, 10–75,000)	1400 (ranges, 11–75,000)	0.566	
Tumor size (cm)	9.2 (ranges, 2.0–21)	8.9 (ranges, 2.0–20)	0.737	
Number of tumors				
Solitary	161 (52.4)	50 (49.0)	- 0.550	
Multiple	146 (47.6)	52 (51.0)	- 0.550	
PVTT				
Vp0	92 (30.0)	40 (39.3)		
Vp1-2	70 (22.8)	18 (17.6)	- 0.096	
Vp3	81 (26.4)	24 (23.5)	_	
Vp4	64 (20.8)	20 (19.6)		
Surgery after RT	55 (17.9)	19 (18.6)	0.872	

ECOG PS, Eastern Cooperative Oncology Group performance score; HBV, hepatitis B virus; HCV, hepatitis C virus; AFP, alpha-fetoprotein; PIVKA-II, protein induced by vitamin K absence-II; PVTT, portal vein tumor thrombosis; RT, radiation therapy



2. Clinical Outcomes and Prognostic Factors

Treatment response using the mRECIST showed that 126~(30.8%) patients had CR, 187 (45.7%) had PR, 65 (15.9%) had SD, and 31 (7.6%) had PD. OR rates were 76.5%, whereas local control rates were 92.4%. Using binary logistic regression, tumor multiplicity (p = 0.020), AFP level (p = 0.009), and BED dose (p = 0.001) were considered significant for the OR rate (Table 3). Tumor size (p = 0.028), tumor multiplicity (p = 0.019), and BED (p = 0.001) were significant prognostic factors in multivariate Cox regression analysis (Table 3). These prognostic factors in each clinical outcome were used as clinical features to construct the CCR model for each clinical outcome.

Table 3. Significant prognostic factors of multivariate analysis on objective response rates and in-field failure-free survival rates

Objective response rates					
Prognostic factors	HR	95% CI	p		
Multiple tumors	1.77	1.09-2.86	0.020		
AFP	1.01	0.98-1.03	0.009		
BED	0.97	0.95-0.99	0.001		
In-field failure-free survival rates					
Prognostic factors	HR	95% CI	p		
Tumor size ≥ 10 cm	1.57	1.05-2.36	0.028		
Multiple tumors	1.58	1.08-2.31	0.019		
BED \geq 62.5 Gy	0.51	0.35-0.76	0.001		

OR, odds ratio; HR, hazard ratio; AFP, alpha-fetoprotein; BED, biologically effective dose



3. Performance of Radiomics and Combined Clinico-Radiomics Models

The LASSO method was used to select the most useful predictive features from 116 hand-crafted features (HCFs) extracted from the arterial phase (AP) CT or portal venous phase (PVP) CT images of the ROI tumor, ROI1cm, and ROI2cm (Figure 2). Among the OR-associated models, the OR-PVP-Peri-1cm model, built using the HCFs in ROI1cm on portal-venous phase CT, had the largest AUC of 0.647 (95% CI, 0.536-0.749) in the validation set. The OR-PVP-Peri-1cm radiomics model was constructed using eight selected HCFs: entropy, Gray.level.non.uniformity.stdv (GLN.stdv), LBP19, LBP31,

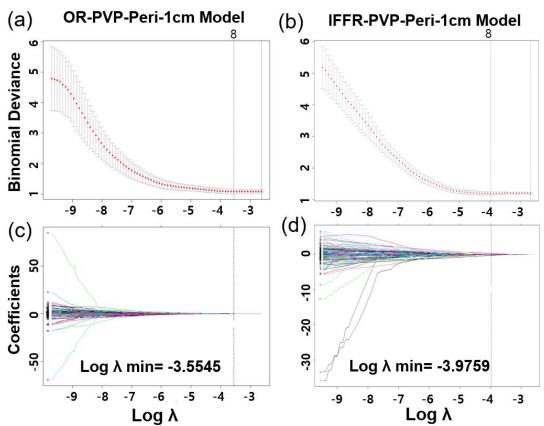


Figure 2. Radiomics feature selection using the LASSO regression

Tuning parameter (λ) selection in the LASSO logistic model for portal venous phase peritumor 1-cm model predicting (a) objective response (OR–PVP–Peri–1cm) and (b) in-field failure-free survival rate (IFFR–PVP–Peri–1cm). Coefficient profile plots generated by violating the log (λ) sequence for (c) OR-PVP–Peri–1cm (8 radiomics features) and (d) IFFR–PVP–Peri–1cm (8 features).



Long.run.high.gray.level.emphasis.stdv (LRHGLE.stdv), min, Run.length.non. uniformity.mean (RLN.mean), and Sum.Average.stdv. The clinical model had an AUC value of 0.729 (95% CI, 0.628-0.830) in the validation set, and the combination of the two models (i.e., the CCR model of OR-PVP-Peri-1cm) had a larger AUC of 0.759 (95% CI, 0.665-0.853) than both the radiomic and clinical models. Among the IFFR-associated models, the clinical model had an AUC of 0.687 (95% CI, 0.581-0.793), and the IFFR-PVP-Peri-1cm model had the largest AUC of 0.673 (95% CI, 0.566-0.781) in the validation set. The IFFR-PVP-Peri-1cm model was built using eight selected HCFs: GLN.stdv, Kurtosis, LBP 32, LBP50, LBP 52, LBP9, LRHGLE.mean, and Max. Finally, the CCR model for IFFR-PVP-Peri-1cm had a larger AUC of 0.736 (95% CI, 0.636-0.836) than the clinical and radiomics models. Table 4 shows the AUC of each model with different ROIs, and the ROC curves of the radiomics and CCR models for the objective response and in-field failure-free survival are shown in Figure 3.

Table 4. Performance of radiomics, clinical, and CCR model on OR and IFFR

	Radiomics Model		Radiomics Model Clinical Model	Clinical Model		CCR Model	
Models	A	UC AUC AUC		AUC		UC	
	Training	Validation	Training	Validation	Training	Validation	
OR							
AP-Tumor	0.500	0.500		0.622 0.729 -	0.622	0.729	
AP-Peri-1cm	0.615	0.614	•		0.668	0.743	
AP-Peri-2cm	0.608	0.600	0.622		0.665	0.742	
PVP-Tumor	0.748	0.495	0.022		0.761	0.710	
PVP-Peri-1cm	0.684	0.647	•		0.704	0.759	
PVP-Peri-2cm	0.653	0.610	•		0.686	0.739	
IFFR							
AP-Tumor	0.581	0.625	- 0.626 0.687		0.643	0.659	
AP-Peri-1cm	0.500	0.500			0.626	0.687	
AP-Peri-2cm	0.601	0.506		0.697	0.666	0.681	
PVP-Tumor	0.500	0.500		0.626	0.687		
PVP-Peri-1cm	0.691	0.673		0.718	0.736		
PVP-Peri-2cm	0.613	0.560			0.671	0.714	

CCR model, combined clinico-radiomic model; OR, objective response rates; IFFR, in-field failure-free survival rates; AP, arterial phase; PVP, portal venous phase



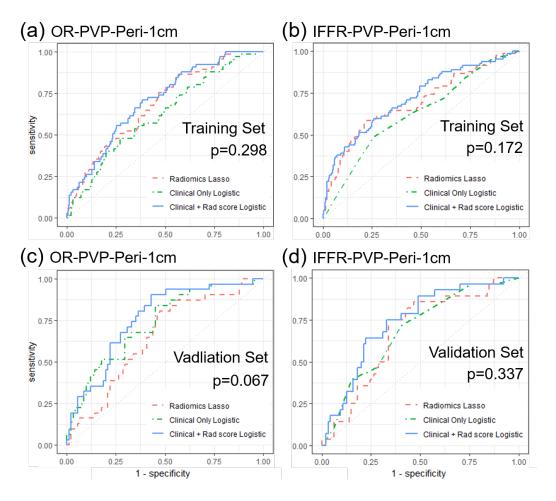


Figure 3. Receiver operating curves (ROC) of the radiomics, clinical, and combined clinico-radiomics model

Portal venous phase peritumor 1 cm model predicting (a) objective response (OR-PVP-Peri-1cm) and (b) in-field failure-free survival rate (IFFR-PVP-Peri-1cm) in training sets, as well as (c) OR-PVP-Peri-1cm, and (d) IFFR-PVP-Peri-1cm in validation sets.



4. Nomogram Construction and Evaluation

A nomogram was used to provide clinicians with a quantitative tool to predict the individual probabilities of OR and IFFR. As the combined model incorporating the PVP-Peri-1cm radiomics model and clinicopathological factors had the best predictive performance for OR and IFFR, we built a nomogram based on this final model (Figure 4 a, b). Calibration curves of the combined nomograms were plotted for the training and validation datasets (Figure 4 c, d). The Hosmer-Lemeshow test of the OR-PVP-Peri-1cm and IFFR-PVP-Peri-1cm models showed non-significant differences (p = 0.322 and p = 0.242, respectively) in the validation sets, which demonstrated satisfactory agreement.

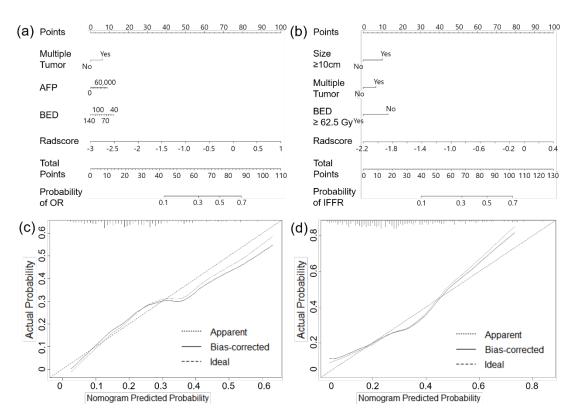


Figure 4. Nomograms and calibration curves for combined clinico-radiomics models Nomogram for portal venous phase peritumor 1cm model predicting (a) objective response (OR-PVP-Peri-1cm) and (b) in-field failure-free survival rate (IFFR-PVP-Peri-1cm). Calibration curves for (c) OR-PVP-Peri-1cm and (d) IFFR-PVP-Peri-1cm are displayed.



IV. DISCUSSION

In this study, we divided patients with HCC undergoing LD-CRT into training and validation groups. Using 3-phase dynamic liver CT, we built radiomic models for both tumoral and peritumoral areas to predict clinical outcomes such as OR and IFFR. The OR-PVP-Peri-1cm and IFFR-PVP-Peri-1cm models showed the best performance in predicting the OR and IFFR, respectively. By combining these radiomics models with clinical outcome-predicting prognostic factors obtained from statistical analyses, we developed two CCR models that provide more accurate predictions of clinical outcomes. Two nomograms based on the CCR models were built as a quantitative tool.

With the increasing number of studies on the application of radiomics in HCC, researchers have been progressively investigating the strong predictive capabilities of radiomics. Radiomics, based on various imaging technologies, has broad applications in the diagnosis, treatment, and prognosis of HCC. These include the prognostic prediction, identification, and classification of different HCC types based on disease risk, preoperative diagnosis, treatment response prediction, postoperative recurrence prediction, and many other aspects. Kloth et al.[15] suggested that significant correlations exist between CT texture analysis parameters and those derived from liver perfusion CT computed tomography texture analysis (CTTA). CTTA can aid in the prediction of response and treatment monitoring following DEB-TACE treatment of HCC, complementary to perfusion CT. They also suggested that the correlation between perfusion CT and CTTA parameters may be best in the arterial phase. Park et al.[16] concluded that pre-therapeutic dynamic CT texture analysis can be valuable in predicting complete response (CR) to TACE in patients with HCC, and higher arterial enhancement and gray-level co-occurrence matrix(GLCM) moments, lower homogeneity, and smaller tumor size are significant predictors of CR after TACE. In a study by Zhang et al.[17], texture analysis based on preoperative MRI was a potential quantitative predictor of early recurrence in patients with HCC after hepatectomy. Furthermore, combining the radiomic features of CT and the clinical characteristics of HCC can be used to assess



individualized preoperative prediction of OS in patients with HCC portal vein tumor thrombosis undergoing stereotactic body radiotherapy [18]. Several studies have shown the potential utility of a separate peritumoral ROI in the liver parenchyma to improve the diagnostic performance of radiomics for HCC[19]. The radiomics nomogram is a valuable preoperative biomarker that can predict early recurrence of HCC without invasive procedures. [20]. Even in patients with small HCC tumors who have undergone surgery or RFA, a radiomic nomogram can be used to predict early recurrence[21]. Survival prediction is another important application in radiomics. Novel deep radiological analysis can be employed to predict the overall survival of patients with HCC undergoing stereotactic body radiotherapy[22]. By combining radiomics features, the radiomics nomogram can deliver a more precise prediction of overall survival compared to the clinicopathological nomogram for patients with HCC following hepatectomy[23].

To construct the radiomics signature, we reduced the 116 candidate radiomics features to a smaller number of potential predictors using the LASSO method. This method considers the predictor-outcome association and shrinks the regression coefficients to select the most relevant factors. It is superior to selecting predictors based solely on their univariate association with the outcome and allows the selected features to be combined into a radiomic signature. However, given the large number of features assessed in radiomics, overfitting poses a considerable risk to the development of radiomic models[24]. To mitigate this risk, a minimum of 10-15 patients per assessed feature is recommended for radiomic studies[25].

In our OR-PVP-Peri-1cm and IFFR-PVP-Peri-1cm models, we selected eight HCFs from the total number of HCFs. For the OR-PVP-Peri-1cm radiomics model, we selected Entropy, GLN.stdv, LBP19, LBP31, LRHGLE.stdv, Min, RLN.mean, and Sum.Average.stdv. For the IFFR-PVP-Peri-1cm radiomics model, we selected GLN.stdv, kurtosis, LBP 32, LBP50, LBP 52, LBP9, LRHGLE.mean, and Max. Entropy specifies the uncertainty/randomness in the image values, measures the average amount of information required to encode the image values, and GLN measures the variability of the



gray-level intensity values in the image, with a lower value indicating greater homogeneity in the intensity values. LRHGLE measures the joint distribution of long-run lengths with higher gray-level values, whereas RLN measures the similarity of run lengths throughout the image, with a lower value indicating greater homogeneity among the run lengths in the image. Sum. Average measures the relationship between the occurrence of pairs with lower intensity values and occurrences of pairs with higher intensity values. LBP is a simple grayscale-invariant texture descriptor measure for classification. Max/Min is the maximum/minimum gray level intensity within the ROI, and Kurtosis is a measure of the 'peakedness' of the distribution of values in the image ROI. Entropy, GLN, LRHGLE, RLN, and Sum.average are texture features that can be used to describe the spatial variation in intensity within an image and have been used in various applications, such as image segmentation and classification. These features are often calculated using a GLCM, which is a matrix that describes the relationship between the intensity of a pixel and its surrounding pixels. These features are associated with inhomogeneity. The selection of these features implies that radiologic inhomogeneity, which encompasses various aspects of the tumor, such as tumor necrosis, portal vein thrombosis, irregular tumor characteristics and borders, and dilation of the biliary duct by the tumor, may predict the treatment response to radiotherapy and IFFR.

We assessed the relationship between extracted features and clinical outcomes using LASSO regression. Only features with significant diagnostic performance in assessing the prediction target were selected for further analysis. Yuan et al.[26] reported that combining clinicopathological factors with radiomics models resulted in the best predictive power for recurrent-free survival in a validation dataset, with the combined model consisting of portal venous phase radiomics signatures yielding the best results. In our study, combining portal-venous phase radiomics with clinical features yielded the best predictive power for OR and IFFR. The AUC of radiomics models, clinical models, and CCR models were 0.647 / 0.729 / 0.759 for OR, and 0.673 / 0.687 / 0.736 for IFFR, respectively. Combining radiomics features with clinical factors can provide additional



information that may improve the accuracy of predicting treatment response or prognosis. While radiomic features can provide information about the tumor's radiologic properties, clinical factors such as serum AFP level (implying the overall tumor burden) and higher radiation dose (tumor cells are better eradicated) can provide information about the patient's overall disease status. By integrating these two types of information with CCR model, we can predict outcomes and treatment responses more accurately.

Several studies have shown the potential utility of a separate peritumoral ROI in the liver parenchyma to improve the diagnostic performance of radiomics for HCC [19, 27, 28]. Shan et al.[19] developed a peritumoral (2 cm) radiomic model in which the prediction accuracy in the validation cohort was fair (AUC 0.80 in the training set vs. 0.79 in the validation set, p = 0.47) and significantly improved the accuracy of the preoperative model for predicting early recurrence compared to the tumoral radiomic model. They used a peritumoral ROI delineated with a 2 cm expansion from the lesion, which was based on the current standard for resection margins for HCC. A randomized controlled trial also reported that a margin of 2 cm could decrease the postoperative recurrence rate and improve survival outcomes, indicating that there may be important information within a 2 cm margin[29]. There are available studies[30, 31] based on radiomics within the tumoral area. However, these two studies lacked validation based on independent datasets, which may lead to a risk of overfitting the analyses. In our study, the peritumoral radiomic model with a 1-cm margin showed better performance for the OR, and the peritumoral model with a 1-cm margin showed better performance for the IFFR. These results suggest that microscopic disease within a 1-cm margin, which may not be visible, could provide valuable information on tumor response and prognosis.

Despite its potential, the use of radiomics as a clinical biomarker requires further improvements. Clear evidence and greater integration of radiomics and other data are required to confidently accept the role of radiomics in patient management. The prediction of various features using imaging remains challenging, and a more effective evaluation should focus on both the radiomic features of the tumor and its periphery.



This study had several limitations. First, this was a retrospective, single-center study with one radiation oncologist involved in segmentation, which could have introduced bias or affected the analysis. Both inter-observer, and intra-observer agreement were not assessed. Second, there was a class imbalance, with the number of patients in the OR group being much higher than that in the non-OR group (3:1). This could have biased the model towards the majority class (i.e., OR group). Third, we used internal rather than external validity, which makes it difficult to generalize our results to other institutions. Fourth, because liver-directed combined radiotherapy was performed using CT, and tumors were delineated based on CT images at our institution, more information from other imaging devices (e.g., MRI) could not be included in the radiomic evaluation of HCC patients undergoing liver-directed combined RT. Therefore, although this study provides initial evidence that the CCR model can be valuable in predicting OR and IFFR in patients with HCC undergoing liver-directed combined RT, further prospective studies are required to validate these results.

V. CONCLUSION

In conclusion, our findings suggested that radiomic models based on both tumoral and peritumoral areas using pre-radiotherapy 3-phase dynamic liver CT in patients with HCC undergoing LD-CRT have favorable predictive performance for OR and IFFR. Furthermore, CCR models were better predictors than radiomic or clinical models alone in predicting treatment outcomes. We constructed radiomic nomograms based on CCR models to predict OR and IFFR, which can potentially aid in clinical decision-making for the pretreatment of HCC patients undergoing liver-directed combined radiotherapy.



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ABSTRACT (IN KOREAN)

국소 진행성 간세포암에서 간 지향성 복합방사선요법의 종양학적 결과 예측에 대한 라디오믹스의 효용성

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박 종 원

목적: 본 연구에서는 간 지향성 복합방사선요법(liver-directed combined radiotherapy, LD-CRT)을 받은 간세포암종 환자들의 3상 동적 대조 증강단층 촬영(3-phase contrast-enhanced computed tomograpy, 3-phase CECT)에서 추출된 radiomics feature들이 객관적 치료 반응(objective response, OR) 및 방사선 조사야 내 무실패 생존율(in-field failure free-survival rate, IFFR)을 포함한 임상적 결과를 예측하는 데 사용될 수 있는지에 대해 연구하였다.

연구 방법: 2005년 11월부터 2018년 12월까지 LD-CRT를 받은 국소 진행성 간세포암종 환자 409명을 포함하였다. 이들을 무작위로 훈련 (n=307) 및 검증(n=102) 코호트로 나누었으며, radiomics model로 예측하려는 임상적 결과는 OR 및 IFFR이었다. 이항 로지스틱 및 콕스 회귀 분석을 사용하여 중요한 예후 인자를 확인하였다. OR과 IFFR을 예측하기위해 CECT 이미지의 regions of interest에서 116개의 radiomics feature들을 추출했다. The least absolute shrinkage and selection operator method를 이용하



여 ROI에서 가장 유의미한 radiomics feature를 선택하였다. Radiomics feature만으로 예측 모델(radiomics model)을 만들고, 임상적 요소들로 이루어진 임상적 모델(clinical model)과, 그 둘을 결합한 모델도 개발하였다 (CCR model). 또한 CCR 모델을 기반으로 한 예후 예측 노모그램도 개발하고 검증하였다.

연구 결과: OR에 대한 radiomics model 중, OR-PVP-Peri-1cm model이 0.647의 곡선하면적(area under curve, AUC)를 보여 유리한 예측능을 보여 주었다. Clinical model은 0.729의 예측능을 보였으며, CCR model은 0.759의 AUC로 더 나은 성능을 보였다. IFFR에 대해서는 IFFR-PVP-Peri-1cm radiomics model이 0.673의 AUC를, clinical model은 0.687의 AUC를 보였으며, CCR model은 0.736의 더 나은 AUC를 나타냈다.

결론: 간세포암종 환자 중 LD-CRT를 받는 환자들의 OR과 IFFR을 예측 시, 3-phase CECT에서 추출한 종양 및 주변 종양 영역의 radiomics feature로 만든 radiomics model은 적절한 예측능을 보여주었고, 이를 기반으로 임상적 요소들과 결합한 CCR model이 clinical model 및 radiomics model보다 더 나은 성능을 보였다. 따라서 CCR model은 임상 결과 예측에 있어 잠재적으로 활용될 수 있을 것으로 생각되며, 뿐만 아니라 이러한 모델을 기반으로 구축한 노모그램을 통해 LD-CRT를 받는 간세포 암종 환자들의 OR과 IFFR 예측에 관하여 값진 정보를 제공할 수 있게된다.

핵심되는 말: 간세포암, 간 지향성 복합방사선요법, 라디오믹스, 치료반응, 방사선조사야 내 무실패 생존율



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