

Trouble-makers in cytologic interpretation of the uterine cervix

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The development and standardization of cytologic screening of the uterine cervix has dramatically decreased the prevalence of squamous cell carcinoma of the uterine cervix. Advances in the understanding of biology of human papillomavirus have contributed to upgrading the histologic diagnosis of the uterine cervix; however, cytologic screening that should triage those that need further management still poses several difficulties in interpretation. Cytologic features of high grade intraepithelial squamous lesion (HSIL) mimics including atrophy, immature metaplasia, and transitional metaplasia, and glandular lesion masquerades including tubal metaplasia and HSIL with glandular involvement are described with accentuation mainly on the differential points. When the cytologic features lie in a gray zone between the differentials, the most important key to the more accurate interpretation is sticking to the very basics of cytology; screening the background and cellular architecture, and then scrutinizing the nuclear and cytoplasmic details.

Key Words: Cytology; Uterine cervix; Atrophy; Metaplasia; Glandular involvement; High grade intraepithelial squamous lesion

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Cytology is an important and well-established diagnostic modality in the screening of uterine cervical cancers. With the implication of the Bethesda System, the cytologic diagnosis of the uterine cervix has been standardized and steadily upgraded worldwide; however, it still poses several difficulties in interpretation due to the fact that the uterine cervix is affected by various indigenous factors, namely hormone, age, and infection. The major difficulties in the interpretation of cervical cytology lie in high grade intraepithelial squamous lesion (HSIL) mimics and glandular lesion masquerades. This review is mainly focused on detailed differential points in discriminating these troublesome entities.

HIGH GRADE INTRAEPITHELIAL SQUAMOUS LESION MIMICS

Cytologic features that are diagnostic of HSIL can be described in two aspects; cytologic features of discrete, singly scattered individual cells and those of tissue fragments. Cells diagnostic of HSIL are usually small and round, but with high nuclear:cytoplasmic (N:C) ratio. The nuclear features include rounded but sharp nu-

clear membrane, coarsely granular chromatin, and longitudinal nuclear groove with lack of nucleoli. The cytoplasm is scant in amount or almost indiscernible. Syncytial tissue fragments are a common architectural presentation of HSIL, and the above diagnostic nuclear details can be found within these syncytial tissue fragments by changing the plane of focus. However, not all HSIL cases consistently show these cytologic features clearcut and not all the diagnostic features are exclusively seen in HSIL. Discrete, singly scattered cells that mimic HSIL can be found in immature squamous metaplasia, intrauterine device associated changes, atrophic cervicitis, and endometrial stromal cells. Tissue fragments that mimic HSIL can be found in squamous metaplasia, tubal metaplasia, endocervical adenocarcinoma in situ (AIS), endometrial adenocarcinoma, and atrophic cervicitis. Acs et al. [1] have reported that when 130 cases with cervical cytologic diagnosis of HSIL or atypical squamous cells of uncertain significance - cannot exclude HSIL (ASC-H) that had corresponding biopsy were reviewed, 13 cases were histologically diagnosed as low grade squamous intraepithelial lesion (LSIL) or reactive. Re-examination of the cervical cytology slides of these 13 cases revealed repair changes, atypical squamous metaplasia, atrophy, tubal metaplasia,

lower uterine sampling, and histiocytes and lymphocytes [1]. Therefore, many conditions work as confounding factors in diagnosing HSIL, and these so-called HSIL mimics, namely atrophic cervicitis, immature or atypical squamous metaplasia, and transitional metaplasia are described more in detail.

Atrophic cervicitis (atrophy)

Abnormal results are reported more frequently in postmenopausal women than in pre-menopausal women, and Kaminski et al. [2] attributed this to the strong correlation between estrogen deficiency and squamous atypia, and concluded that estrogen therapy can revert this squamous atypia to normal cytology. Since atrophic cervicovaginal smears can exhibit various atypical patterns, they can easily mislead to overdiagnosis of squamous atypia or even carcinoma. On the contrary, due to the reduced number of exfoliated cells after menopause, a high false negative rate on cytologic screening is also problematic in postmenopausal women. Additional confounding factors are frequent drying artifacts and inflammation, resulting in low cellularity, nuclear hyperchromasia and poor nuclear preservation [3]. Therefore, it is very critical that cervicovaginal smears in postmenopausal women be examined with extra care to avoid both overdiagnosis and underestimation.

Cervical smears of atrophic cervicitis show tissue fragments composed of uniform cell population with a streaming pattern in the background of cellular and inflammatory debris. These tissue fragments are not true syncytial tissue fragments and they often show folding of the edges. The uniform cell population comprising the tissue fragments are mostly parabasal cells with nuclear enlargement or miniature squamous cells with orangeophilic cytoplasm and pyknotic nuclei. The nuclear details of the atrophic parabasal cells comprising tissue fragments can be highlighted by changing the plane of focus. The entire cell population in the tissue fragments is uniform and very similar to the squamous cells present in the background. The tissue fragments show more crowding of smaller nuclei that are densely stained and have scant cytoplasm with high N:C ratios, often misleading to the diagnosis of HSIL. Moreover, atrophic fragments are not truly syncytial as in HSIL fragments. One of the other helpful diagnostic features would be the similarity between the background cells, which lack the nuclear characteristics of HSIL cells. The singly scattered cells around these tissue fragments are often pleomorphic in shape, but when carefully examined, the nuclei are either smudged or too hyperchromatic (Fig. 1). In a study by Chivukula and Shidham [4], they subcategorized reactive cytomorphologic patterns into microglandular

hyperplasia-like, repair-like and atrophy-like patterns, and they described atrophy-like pattern as either single cells or hyperchromatic crowded groups of parabasal cells. In the single cell pattern, the individual cells had abundant blue cytoplasm and open chromatin with or without nucleoli. In the parabasal pattern, the cells showed small dark nuclei and variable cytoplasm, usually with a low N:C ratio. In constrast, they described HSIL-like pattern as single cells with nuclear hyperchromasia and coarse chromatin. In a study by Mokhtar et al. [5], the authors described a coarse chromatin pattern as a distinct predictive feature of HSIL in follow-up biopsies. An increase in nuclear size of at least twice that of an intermediate cell nucleus with significant hyperchromasia, irregular nuclear contours or chromatin distribution and marked cellular pleomorphism are features that can qualify for atypical squamous cells of uncertain significance in postmenopausal women. Additional feature is a variation in nuclear size [6]. In a study by Acs et al. [1], unequivocal cytologic features of those diagnosed in cytology as atypical squamous cells and later histologically confirmed as squamous intraepithelial lesion (SIL) were atypical parakeratotic/dyskeratotic cells showing irregular and hyperchromatic nuclei, orangeophilic cytoplasm with anisocytosis, and increased N:C ratio. Pseudokoilocytosis characterized by perinuclear halo with slightly increased size of nuclei can also be seen in atrophic smear and mislead to an overdiagnosis of LSIL, however, the nuclear enlargement is mild (1.5-2.5 intermediate cell nuclei), nuclear contours are mostly smooth, and chromatin pattern is evenly distributed and smooth [7]. Nuclear hyperchromasia and irregular nuclear contours are the most reliable cytomorphological criteria [8,9]. The nuclear membrane in HSIL is thickened twice that of non-HSIL cells in the background, and it appears as if the nuclear membrane has been drawn over. It should be noted that degenerated and dried small parabasal cells often appear orangeophilic in postmenopausal smears and it may be difficult to distinguish them from atypical parakeratosis or dyskeratotic cells of HSIL [10]. Nuovo et al. [11], has reported that parakeratosis was the only feature noted at a higher rate in the human papillomavirus-positive cases from postmenopausal women.

Another pseudo-alarming cytologic feature in atrophic smear is the blue blobs, which are round to oval, smudged, and densely cyanophilic bodies with ill-defined borders, mostly seen in postmenopausal smears (Fig. 2) [12]. They have been once thought to be inspissated mucus, but Abdulla et al. [13] have demonstrated positive immunoreactivity to cytokeratin and epithelial membrane antigen and cellular skeletons with residual tonofilaments on transmission electron microscopy, concluding that they are degenerated parabasal cells. Blue blobs appear in atrophic smear in postmenopausal women due to the lack of mucus and stagnation of exfoliated cells, which are then further degenerated. Disintegration of chromatin results in the characteristic dense cyanophilic appearance of blue blobs and they eventually become granular background material. Blue blobs should be differenti-



Fig. 1. Atrophic cervicitis in liquid based preparation. (A) A tissue fragment in atrophic cervicitis, showing small nuclei with scant cytoplasm and high nuclear:cytoplasmic ratio. The tissue fragment is not syncytial, with folding of the edge. (B) Inflammatory debris in the background is evident in liquid based preparation. (C) Atrophic parabasal cells showing apoptotic and inflammatory debris within the cell group. (D) The nuclei in atrophic cervicitis are often pyknotic.



Fig. 2. Atrophic cervicitis in conventional smear. (A) Atrophic cervicitis showing a tissue fragment composed of uniform cell population with a streaming pattern in the background of cellular and inflammatory debris. (B) A blue blob showing small round to oval, smudged, and densely cyanophilic body with an ill-defined border.

ated rightly because they can be mistaken for naked dyskeratotic or malignant cell nuclei. Lack of chromatin and lack of background inflammatory reaction or diathesis should help identify blue blobs from true dyskeratotic cells. The differential diagnostic points of atrophy from HSIL are summarized in Table 1.

Immature squamous metaplasia

Immature metaplastic cells with slight nuclear enlargement are often difficult to differentiate from SIL. A common cytologic presentation of HSIL is syncytial tissue fragments as in immature squamous metaplasia. However, tissue fragments in immature squamous metaplasia is basically monolayered, composed of metaplastic cells characterized by well-defined cell borders, appreciable cytoplasm, uniform nuclei with minimal nuclear enlargement. The cells show low N:C ratio with evenly dispersed chromatin. The singly scattered metaplastic cells also show distinct cytoplasmic border, smooth nuclear membrane and evenly distributed finely granular chromatin pattern. The nucleoli are often present, which is one of the important differential points from SIL. Cytoplasmic processes can also be present. Immature squamous metaplasia is associated with a fine chromatin pattern and dense cytoplasmic differentiation [14]. A fine chromatin pat-

Table 1. Differential diagnostic points between atrophy and HSIL

Cytologic features	Atrophy	HSIL
Cell border	Poorly defined	Distinct
Nuclear:cytoplasmic ratio	Low	High
Nucleoli	Often present	Absent
Cell population	Uniform	Heterogeneous
Polarity	Streaming	Haphazard loss of polarity
Background	Same cells	Singly scattered HSIL cells

HSIL, high grade intraepithelial squamous lesion.

tern along with dense cytoplasmic differentiation is a significant diagnostic feature of immature squamous metaplasia, and the presence of prominent nucleoli is highly predictive of reactive cell change (Fig. 3) [5], and nuclear crowding, overlapping and pleomorphism are not distinctive. The differential diagnostic points between HSIL and immature squamous metaplasia are summarized in Table 2.

Transitional metaplasia

Transitional metaplasia can be mistaken as HSIL because they appear as hyperchromatic crowded groups comprised of small hyperchromatic cells with increased N:C ratio. Differential points include no distinct cytoplasmic border, longitudinal nuclear grooves, and relatively bland chromatin pattern. HSIL cells can show longitudinal nuclear grooves, which can be one of the differential points distinguishing HSIL from glandular abnormality. Therefore, when differentiating tubal metaplasia from HSIL, longitudinal nuclear grooves should be taken into account with other nuclear features, such as presence of nucleoli, but with bland and even chromatin pattern, nearly inconspicuous nuclear membrane, and the presence of relatively ample cytoplasm. Characteristically, the cell groups show a monolayered streaming pattern of ovoid to spindle shaped nuclei [15]. Whirling and streaming pattern of the cells within the cellular cluster can be an additionally helpful point.

GLANDULAR LESION MASQUERADES

Tubal metaplasia

Tubal metaplasia indicates endocervical glandular epithelium replaced by cells resembling the lining epithelial cells of the fal-



Fig. 3. Cytologic (A) and histologic (B) pictures of immature squamous metaplasia showing fine chromatin pattern with dense cytoplasmic differentiation. The nuclear:cytoplasmic ratio is increased, but short of that in high grade intraepithelial squamous lesion, and the nuclear membrane is not irregular or thickened.

Cytology of the uterine cervix • 143

lopian tubes. It is a common diagnostic pitfall, especially in differential diagnosis of endocervical AIS, because the cells are alarming at first glance. Usually, they appear as flat monolayered sheets, pseudostratified strips, or cohesive clusters of cuboidal or columnar cells with basally oriented nuclei and cilia in the other end of the cytoplasm when the cells are arranged parallel to each other (Fig. 4) [16]. However, they can appear hyperchromatic with loss of polarity, and increased N:C ratio, especially when the cells are arranged en face on the slide and cilia cannot be ascertained. The nuclei show finely granular chromatin and nucleoli are usually not seen. Therefore, in order to overcome this diagnostic pitfall and avoid overdiagnosis, an extra care should be taken to locate other cellular clusters that reveal slender columnar cells with tapering in one end and cilia in the other end. In addition, cellular sheets of tubal metaplasia reveal rare or no mitotic figures, no apoptotic bodies, and clean background [16,17].

HSIL with glandular involvement

Benign mimics of glandular lesion are two dimensional with

 Table 2. Differential diagnostic points between HSIL and immature squamous metaplasia

Immature squamous metaplasia	HSIL
Evenly distributed finely granular	Clumped coarsely granular
Smooth	Sharp, undulating, grooving
Often present	Absent
Present	Absent
Appreciable	Scanty, often indiscernible
Low	High
	Immature squamous metaplasia Evenly distributed finely granular Smooth Often present Appreciable Low

HSIL, high grade intraepithelial squamous lesion; N:C, nuclear:cytoplasmic.

honeycomb pattern, showing cytoplasmic streaming, nuclear polarity, and cytoplasmic vacuoles. Architectural features that help to distinguish benign mimics from neoplastic glandular lesions are sheets with pseudostratification, maintenance of polarity, prominent nucleoli, and less hyperchromasia.

Pre-neoplastic or neoplastic glandular cells show poorly oriented architecture, irregular nuclear membranes, decreased cytoplasm, loss of honeycomb pattern, nuclear crowding and overlap, loss of nuclear polarity, atypical single cells, and coarsely granular chromatin. Tight clusters of stretched cells with a high N:C ratio, hyperchromatic nuclei with fine nuclear chromatin and a thin rim of finely vacuolated cytoplasm upon changing plane of focus point towards a glandular origin. Moreover, nuclear enlargement with scant cytoplasm resulting in high N:C ratio, nuclear size variation, cellular crowding and stratification, nuclear hyperchromasia with coarse chromatin pattern and small or absent nucleoli in clean background are diagnostic features of endocervical AIS [18]. Apoptosis and mitoses can also be frequently seen in AIS, but the most helpful diagnostic clue would be 'feathering' at the periphery of the abnormal cell clusters.

Glandular lesion of the uterine cervix accounts for 0.1%–0.8% of the cervical smears, and 17%–80% of the cytologic diagnoses have significant follow-up results, 40%–50% of which coexist with squamous lesion. Clinically, the diagnosis of atypical glandular cells (AGC) warrants direct colposcopic biopsy with endocervical sampling and additional endometrial sampling for women older than 45 years. It is reported that the most common histologic diagnosis following cytologic diagnosis of AGC is SIL. Upon histologic correlation of AGC, about 15% have been reported to be associated with SIL, 1% with AIS, and 0.5% with adenocarcinoma [19]. This is attributed to the fact that it is most difficult to differentiate glandular abnormality from SIL with glandular involvement [20].



Fig. 4. Cytologic (A) and histologic (B) pictures of tubal metaplasia, showing cuboidal or columnar cells with basally oriented nuclei and cilia at the other end of the cytoplasm.



Fig. 5. The most frequent and helpful cytological features of high grade intraepithelial squamous lesion (HSIL) with glandular extension that are indicative of squamous origin. (A, B) The long axis of the peripheral nuclei are parallel to the longitudinal axis of the cellular cluster, arranged circumferentially rather than radially, with one sided flattening. (C) The nuclei often show horizontal polarity around gland opening. (D) Nuclear grooves in HSIL cells. The differential points from transitional metaplasia are nuclear irregularity, slightly thickened nuclear membrane, loss of polarity (absence of a streaming pattern), and increased nuclear:cytoplasmic ratio.

The most frequent and helpful cytological features of HSIL with glandular extension that are indicative of squamous origin are as follows: Syncytial clusters, sheets with loss of central polarity, oval nuclei, inconspicuous nucleoli, peripheral nuclear flattening, and nuclear grooves. The chromocenters in HSIL nuclei can often be misinterpreted as nucleoli, which may mislead to AGC [19]. The longitudinal axis of the peripheral nuclei are parallel to the long axis of the cellular cluster with one sided flattening (Fig. 5). Occasionally, the cellular clusters show whirling of the cells in the center so that the cells may appear to be piling up (Table 3) [17]. Also, singly scattered dysplastic squamous cells should be searched for in the background when HSIL should be differentiated from glandular lesion.

The most frequent reasons for misclassification of SIL as AGC would be few dysplastic squamous cells masked by abundant benign or AGC and sheets of dysplastic squamous cells peripherally lined by glandular cells, which should rightly be interpreted as glandular involvement of squamous lesion rather than AGC per se.

CONCLUSION

Interpretation of uterine cervical cytology can pose diagnostic difficulties because the transformation zone of the uterine cervix is vulnerable to many indigenous and exogenous factors. When evaluating cervical smears, it is important to spot tissue fragments and singly scattered cells, and careful examination of both components is essential. In evaluation of tissue fragments, polarity of the composing cells should be noted first, followed by the examination of homogeneity of the cells in size and shape. Finally, comparing whether the cells comprising the tissue fragments and the cells scattered in the background are the same cells should follow. Upon completion of examining the tissue fragments, single cells scattered in the background of the tissue fragments should be evaluated, including the cytoplasmic border, the amount of cytoplasm, N:C ratio, nuclear shape, nuclear membrane, and chromatin pattern. All these aspects should be considered comprehensively to reach the cytologic diagnosis, avoiding potential pitfalls. Additionally, it should always be

 Table 3. Differential diagnostic points between HSIL with glandular involvement and glandular lesion

Cytologic feature	HSIL with glandular involvement	Glandular lesion
Architecture		
	Syncytial clusters	Loss of honeycomb pattern
	Peripheral nuclear flattening	Loss of nuclear polarity
	Whirling in the center	Nuclear crowding with overlapping
Nuclear features		
Chromatin pattern	Coarse	Fine
Nuclear grooves	Often present	Absent
Nucleoli	Absent	Often present
Cytoplasmic features		
Cytoplasmic processes	Present	Absent
Vacuolation	Absent	Present

HSIL, high grade intraepithelial squamous lesion.

kept in mind that when distinct nucleoli are seen, then the cytologic diagnosis of SIL is less likely. Rather, cells showing distinct nucleoli are either reactive, including various types of metaplasia, or overtly malignant cancer, either squamous or glandular in origin. Hyperchromatic crowded groups of cells showing nucleoli can be alarming at first, but careful evaluation of the architecture, nuclear membrane, and chromatin pattern can help avoid overdiagnosis. In summation, the most important key facilitating more accurate interpretation in spite of various diagnostic pitfalls would be sticking to the very basics of cytologic criteria of epithelial abnormality. Nuclear details such as chromatin pattern (fine or coarse), presence or absence of a prominent nucleolus, N:C ratio, and cytoplasmic differentiation (pale or dense) are important diagnostic features that may help distinguish those that are more likely in need of further management.

Ethics Statement

Not applicable.

Availability of Data and Material

All data generated or analyzed during the study are included in this published article (and its supplementary information files).

Code Availability

Not applicable.

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Conflicts of Interest

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146 • Shin E et al.

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