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The role of glycogen synthase kinase-3 β in
transforming growth factor β - mediated
myofibroblast transdifferentiation of
subconjunctival tenon fibroblasts

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Directed by Professor Chan Yun Kim

The Doctoral Dissertation
submitted to the Department of Medicine,
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Doctor of Philosophy

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This certifies that the Doctoral Dissertation of
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ABSTRACT

The role of glycogen synthase kinase-3 β in transforming growth factor β - mediated myofibroblast transdifferentiation of subconjunctival tenon fibroblasts

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(Directed by Professor Chan Yun Kim)

PURPOSE: This study investigated the effect of glycogen synthase kinase-3 β (GSK-3 β) inhibition on the fibrosis of human Tenon's fibroblasts (HTFs) induced by transforming growth factor- β (TGF- β).

METHODS: Quantitative real-time PCR and Western blot analyses were performed to determine the expression levels of molecules associated with the fibrosis of HTFs by TGF- β (fibronectin, collagen I α , and α -smooth muscle actin) and GSK-3 β . The levels of phosphorylated Smad2 and Smad3 were also analyzed in the presence of the GSK-3 β inhibitor CHIR 99021. The wound healing assay was performed to determine the effect of CHIR 99021 on the migration of HTFs. All experiments were conducted using primary cultured HTFs or human tenon tissues obtained from normal subjects and patients with glaucoma.

RESULTS: Treatment with TGF- β resulted in an increase in the levels of molecules associated with the fibrosis of HTFs. The expression levels of these molecules were higher in the tenon tissues obtained from patients with glaucoma than those from normal subjects.

When the HTFs were treated with TGF- β , a significant increase in the active form of GSK-3 β (Y216) was observed. A significant decrease in the active form of GSK-3 β and molecules associated with fibrosis by TGF- β was noted in HTFs treated with CHIR 99021.

CHIR 99021 treatment reduced the phosphorylated Smad2/Smad2 and phosphorylated Smad3/Smad3 ratios in HTFs and attenuated HTF migration.

CONCLUSIONS: The results of this study demonstrated the effect of GSK-3 β inhibition on the regulation of TGF- β -mediated fibrosis of HTFs, suggesting GSK-3 β to be a potential target for maintaining bleb function after glaucoma filtration surgery.

Key words : human tenon fibroblast, glycogen synthase kinase-3 β , transforming growth factor β , CHIR 99021, bleb fibrosis

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I. INTRODUCTION

Glaucoma is a progressive optic neuropathy characterized by the loss of retinal ganglion cells (RGCs), resulting in morphological changes in the optic nerve head and associated visual field defects.¹ Because intraocular pressure (IOP) is the only known modifiable risk factor in glaucoma, its treatment focuses on the decrease of IOP.² Glaucoma filtration surgery, which provides an alternative route for the outflow of aqueous humor from the anterior chamber, is a widely used surgical method for the effective decrease of IOP. The success of a glaucoma filtration surgery depends on the maintenance of a functioning bleb, which is the area underneath the conjunctiva and Tenon's capsule, because it plays a role in controlling the efflux of aqueous humor from the anterior chamber.³ However, there is always a risk of excessive bleb fibrosis, which interrupts the flow of aqueous humor during postoperative healing.

Myofibroblast transdifferentiation of human Tenon's fibroblasts (HTFs) induces subconjunctival fibrosis by triggering the production of extracellular matrix proteins and enhancing contractile activity, with subsequent hypertrophic scarring.^{3,4} Hence, appropriate control of this process would increase the success rate of glaucoma filtration surgery by preventing excessive bleb fibrosis. Transforming growth factor β (TGF- β) plays an important role in myofibroblast transdifferentiation.^{5,6} Therefore, inhibition of

the TGF- β signaling pathway could help prevent HTF activation. Clinical studies have investigated the preventive effect of CAT-152 (lerdelimumab), a monoclonal antibody of TGF- β 2, or ISTH0036, an antisense oligodeoxynucleotide targeting TGF- β 2 on bleb fibrosis.⁷⁻⁹ In the case of CAT-152, a phase III study was conducted, but compared with the placebo, there was no significant difference in the prevention of trabeculectomy failure.⁸ The following factors are thought to be related to the failure of phase III clinical trials. First, CAT-152 was not administered at a sufficient dose or for a sufficient period of time owing to differences in TGF- β levels among individuals. Next, non-standardization of postsurgical intervention in the participating institutions possibly led to the high success rate of the placebo group. In addition, the effect of other TGF- β isoforms on scar formation was not considered in that study. A clinical study using ISTH0036 obtained positive results,⁹ but additional clinical studies are needed. Given that activation of the TGF- β signaling pathway is necessary for the maintenance of a non-pathologic status,¹⁰ the corresponding risk of blockade should be considered while regulating this pathway. Hence, it would be more advantageous to control the downstream signaling pathway of TGF- β , while maintaining the role of TGF- β in normal healing.

Glycogen synthase kinase-3 (GSK-3) is a protein-serine kinase that lies downstream of multiple signaling pathways.¹¹ Previous studies have demonstrated the crosstalk between GSK-3 and TGF- β during multiple organ fibrosis, with controversial results. The inhibition of GSK-3 β attenuates the process of pulmonary fibrosis^{12,13} or renal fibrosis,^{14,15} while increasing myocardial fibrosis.^{16,17} These results indicate that GSK-3 β likely plays an important role in the regulation of fibrosis. However, the role of GSK-3 in the process of bleb fibrosis in glaucoma filtration has not been explored. Hence, in the present study, we investigated the role of GSK-3 β in TGF- β -related fibrosis of HTFs using the GSK-3 β inhibitor CHIR 99021.

II. MATERIALS AND METHODS

1. Reagents

CHIR 99021 was obtained from Tocris Bioscience (Minneapolis, MN, USA). The 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium (MTT) assay kit was purchased from Sigma-Aldrich (St. Louis, MO, USA). Fetal bovine serum, Dulbecco's modified Eagle's medium (DMEM), penicillin, and streptomycin were purchased from Hyclone Laboratories, Inc. (Logan, UT, USA). The antibodies for phosphorylated GSK-3 β (S9), GSK-3 β , β -catenin, non-phosphorylated β -catenin, Smad2, phosphorylated Smad2 (Ser465/467), Smad3 (Ser423/425), and phosphorylated Smad3 were purchased from Cell Signaling Technology (Beverly, MA, USA). The antibodies for phosphorylated GSK-3 β (Y216) and fibronectin were purchased from BD Bioscience (San Jose, CA, USA). Collagen I α and β -actin antibodies were purchased from Santa Cruz Biotechnology (Santa Cruz, CA, USA). The antibody for α -smooth muscle actin (α -SMA) was purchased from Sigma-Aldrich.

2. Subjects and Preparation of Tissues and Cells

The human subconjunctival Tenon's capsules were obtained with written informed consent from subjects undergoing cataract or glaucoma filtration surgery during the process of sub-Tenon anesthesia or detachment of the subconjunctival space, at the glaucoma clinic of Yonsei University Severance Hospital, Seoul, Korea. The subjects were five patients without glaucoma undergoing cataract surgery (one man and four women; mean age, 62.4 ± 5 years) and five patients with glaucoma undergoing cataract surgery or cataract and Ahmed valve insertion combined surgery (one man and four women; mean age, 70.2 ± 9.6 years). The study protocol was reviewed and approved by

the Institutional Review Board of Severance Hospital (4-2020-0637). The study adhered to the tenets of the Declaration of Helsinki. Written informed consent was obtained from all participants.

Table 1. Characteristics of patients

	Age	Sex	Surgery	Systemic disease	Pre-operative ophthalmic medication	Ophthalmic medication duration (months)
Non-glaucoma						
	62	M	Cataract	None	None	N/A
	57	F	Cataract	HTN	None	N/A
	59	F	Cataract	None	None	N/A
	70	F	Cataract	None	None	N/A
	64	F	Cataract	None	None	N/A
Glaucoma (type)						
OAG	60	M	Cataract	HTN	Latanoprost	31
ACG	72	F	Cataract	HTN	Betaxolol Latanoprost	15
OAG	86	F	Cataract	None	Tafluprost	42
OAG	68	F	Cataract	HTN	Latanoprost	75
OAG	67	F	Cataract + Ahmed	None	Tafluprost Timolol Dorzolamide Brimonidine	132

OAG: open-angle glaucoma, ACG: angle-closure glaucoma, HTN: hypertension

HTFs were isolated as previously described.¹⁸ The characteristics of the patients included in the study are detailed in Table 1. The tissues were cut into 1 to 2 mm pieces under sterile conditions using a stereo microscope. The sample was minced and placed in DMEM/F12 (1:1 ratio) medium supplemented with 10 % fetal bovine serum, 100

U/mL penicillin, and 100 µg/mL streptomycin at 37 °C and 5 % CO₂. When the growth of the fibroblasts was well-established, the cells were treated with trypsin/EDTA and passaged in monolayer. We used only those cells that were between the third and fifth passages for experiments. Except for the comparison of mRNA levels for molecules associated with TGF-β-induced fibrosis and GSK-3β expression levels between subjects with and without glaucoma, all experiments were conducted using fibroblasts obtained from subjects without glaucoma (n=5).

3. Cell Viability Assay

The MTT assay was performed to assess the effect of CHIR 99021 on cell viability. As per the manufacturer's protocol (Sigma-Aldrich), HTFs were seeded into 24-well culture plates (1 x 10⁵ cells/well) and treated with different concentrations of CHIR 99021 (1, 2.5, 5, 10, and 20 µM) and dimethylsulfoxide (DMSO) for 24, 48, and 72 hours. Then, cells were washed and incubated in 5 mg/mL MTT solution for 3 hours at 37 °C. After solubilization following the addition of ice-cold isopropanol, the absorbance of the converted dye was measured using a microplate reader (EL 340 Microplate Bio Kinetics Reader; Bio-Tek Instrument, Winooski, VT, USA) at 560 nm, with background subtraction at 630 nm.

4. Quantitative Real-Time PCR

For a quantitative evaluation of the level of gene transcription, quantitative real-time PCR was performed following the manufacturer's protocol. The RNA was extracted from cells using TRIzol (Thermo Fisher Scientific, Waltham, MA, USA). The extract was reverse transcribed into cDNA (Qiagen, Hilden, Germany). Thereafter, cDNA was amplified with SYBR Green Real-Time PCR Master Mix in a StepOne Plus real-time PCR thermocycler (Applied Biosystems, Carlsbad, CA, USA). The sequences of PCR

primers used in the experiment are presented in Table 2. The amount for each type of mRNA normalized to the glyceraldehyde-3-phosphate dehydrogenase was calculated and expressed as fold change in the threshold cycle (Ct) value relative to the control group using the $2^{-\Delta\Delta C_t}$ method.¹⁹

Table 2. Primer sequences for real-time PCR.

Primer	Sequence (5'-3')	Direction
GAPDH	ATG GGG AAG GTG AAG GTC G	Forward
	GGG GTC ATT GAT GGC AAC AAT A	Reverse
GSK-3 β	TCA AGG CAC ATC CTT GGA CAA	Forward
	TGC ACA AGC TTC CAG TGG TGT	Reverse
Fibronectin	TCG AGG AGG AAA TTC CAA TG	Forward
	ACA CAC GTG CAC CTC ATC AT	Reverse
Collagen I α	CGC ATG AGC GGA CGC TAA CC	Forward
	TTC CTC TTG GCC GTG CGT CA	Reverse
α -SMA	GAC CCT GAA GTA CCC GAT AGA AC	Forward
	GGG CAA CAC GAA GCT CAT TG	Reverse

GAPDH: glyceraldehyde-3-phosphate dehydrogenase, GSK-3 β : glycogen synthase kinase-3 β , α -SMA: α -smooth muscle actin

5. Western Blotting

After washing with PBS, HTFs were lysed with cell lysis buffer on ice. The lysates were centrifuged at 15,000 \times g for 10 min at 4 °C. The supernatants were resolved via 10 % sodium dodecyl sulphate-polyacrylamide gel electrophoresis and the separated proteins were transferred onto polyvinylidene fluoride membranes (Immobilon; Millipore Corp., Billerica, MA, USA). The membranes were probed with primary antibodies in Tris-buffered saline containing Tween 20, 0.001 % sodium azide, and 1 % BSA. Subsequently, horseradish peroxidase-conjugated secondary antibody with chemiluminescence (Cell Signaling Technology) was used for probing these membranes. The bands were detected on x-ray films (Agfa-Gevaert, Mortsels, Belgium). β -Actin was

used as the loading control and to normalize the intensity of the band detected for each sample.

6. Wound healing Assay

HTFs were seeded in 6-well plates and grown to 100 % confluence. The surface of the single layer of cells was scratched using a 200- μ L pipette tip to create a vertical wound. The cells were then washed with PBS, after which fresh DMEM/F12 containing DMSO or different concentrations of CHIR 99021 (1 μ M, 5 μ M, and 10 μ M) was added. The plates were incubated for 24 hours and 48 hours, and the distance of cell migration was measured using a phase-contrast microscope (\times 1.5 magnification).

7. Statistical Analyses

All the experiments were conducted in triplicate, and data were expressed as mean \pm standard deviation. Independent t-test and analysis of variance were used for comparisons between groups. Post hoc tests were conducted using Bonferroni analysis. SPSS for Windows, version 25 (SPSS, Inc., Chicago, IL, USA) was used. A *P* value of less than 0.05 was considered to be statistically significant.

III. RESULTS

1. Viability of human Tenon's fibroblasts

HTFs were treated with various doses of CHIR 99021 for 24, 48, and 72 hours. The number of live cells were determined using the MTT assay. The cell viability was close to 100 % at all exposure times, except at a concentration of 20 μ M CHIR 99021 (Figure

1). Based on this experiment, we decided on using of CHIR 99021 at a concentration of 5 or 10 μM in subsequent experiments.

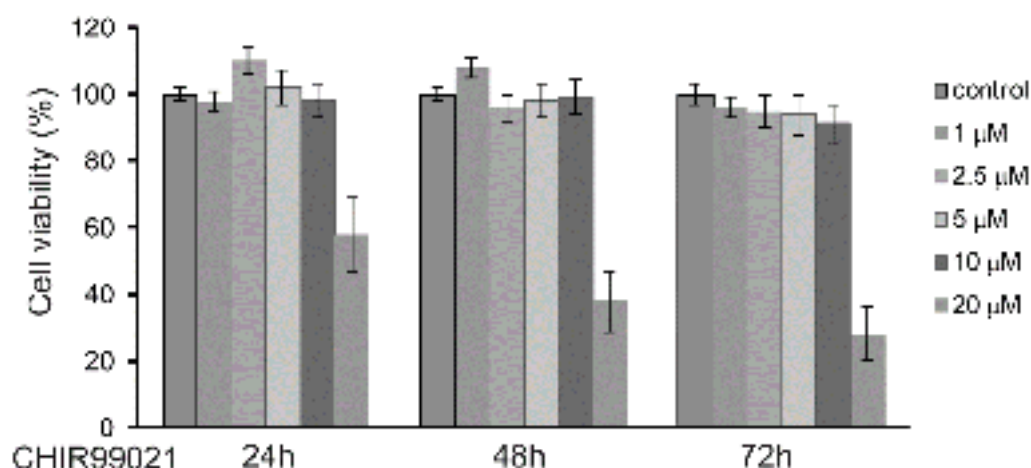


Figure 1. Effect of CHIR 99021 on the viability of human Tenon's fibroblasts. Human Tenon's fibroblasts were seeded in 24-well culture plates (1×10^5 cells/well). Different concentrations of CHIR 99021 (ranging from 1 μM to 20 μM) were applied to the wells for 24, 48, and 72 hours. An MTT assay was used for determining cell viability. The results are presented as the mean \pm standard deviation of three experiments.

2. Increased expression of GSK-3 β in human Tenon's fibroblasts activated by TGF- β

HTFs were incubated with various concentrations (0, 1, 2.5, 5, 10, and 20 ng/mL) of TGF- β for 24 hours. As fibrosis is characterized by the upregulation of fibronectin, collagen I α , and α -SMA expression, the changes in the mRNA and protein expression levels for these molecules were evaluated using real-time PCR and western blotting (Figure 2). In real-time PCR, the transcription of α -SMA showed a marked increase at all concentrations of TGF- β , compared with the control, whereas that of fibronectin and

collagen I α showed a significant increase at TGF- β concentrations of 1.0 and 2.5 ng/mL (Figure 2A). As per Western blotting results (Figure 2B and 2C), with an increase in the concentration of TGF- β , there was a significant increase in the expression levels of fibronectin and collagen I α proteins. The expression of α -SMA protein also increased significantly at 5 and 10 mg/mL of TGF- β .

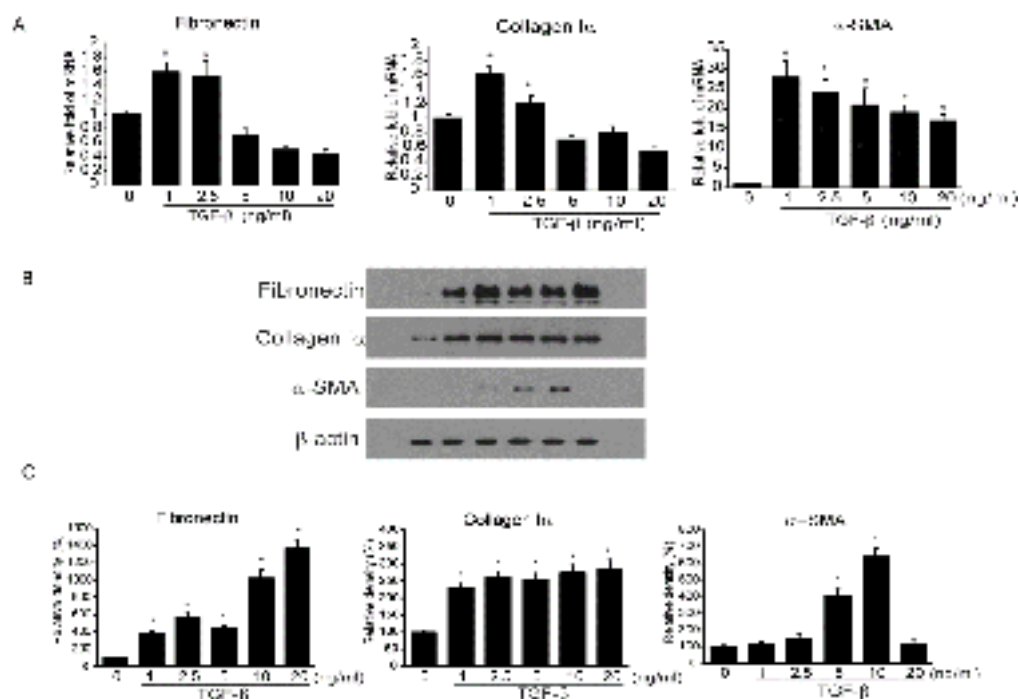


Figure 2. Human Tenon's fibroblasts were treated with various concentrations of TGF- β (1, 2.5, 5, 10, and 20 ng/mL) for 24 hours. The mRNA (A) and protein (B and C) levels of fibronectin, collagen I α , and α -SMA were analyzed via quantitative reverse transcription PCR and Western blotting, respectively. The results are presented as the mean \pm standard deviation of three separate experiments (* $p < 0.05$ compared with control determined by an analysis of variance followed by a Bonferroni analysis). N=5

as biological replicate per group.

We compared the levels of fibronectin, collagen I α , α -SMA, and GSK-3 β between tenon tissues in normal subjects and patients with glaucoma (Figure 3). All molecules capable of activating human Tenon's fibroblasts (fibronectin, collagen I α , and α -SMA) showed significantly higher levels of mRNA expression in glaucoma patients compared with normal subjects. Although not statistically significant, the mRNA expression of GSK-3 β was also elevated in patients with glaucoma.

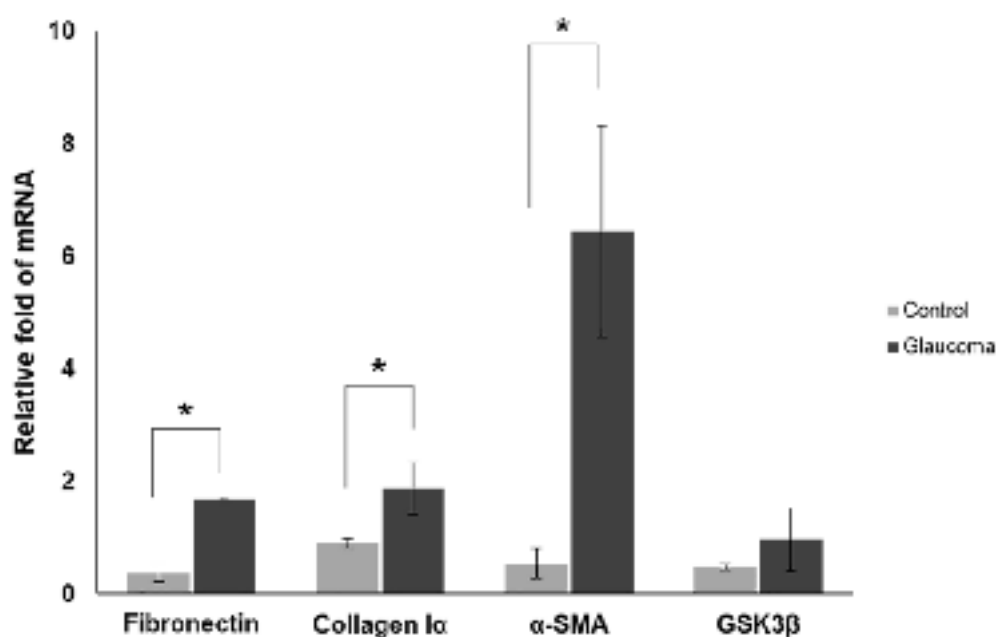


Figure 3. Comparison of mRNA expression for the molecules related with TGF- β -induced fibrosis and GSK-3 β between non glaucoma (n=5) and glaucoma (n=5) human tenon tissues using real-time PCR. Differences between non glaucoma tissues and

glaucoma tissues are indicated (* $p < 0.05$).

The treatment of HTFs with TGF- β (5 ng/mL) led to a significant increase in the production of the active form of GSK-3 β (phosphorylation of Y216 residue) and a decrease in the production of the inactive form of GSK-3 β (phosphorylation of S9 residue) for increasing lengths of time (0 to 24 hours), as identified by western blotting (Figure 4). The levels of β -catenin and nonphosphorylated β -catenin were also found to increase upon treatment with TGF- β .

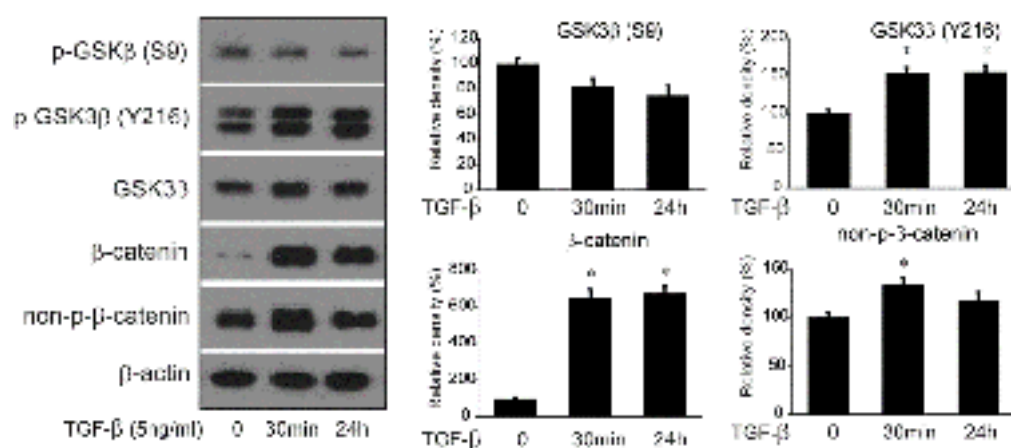


Figure 4. TGF- β increases levels of active form of GSK-3 β (phosphorylation of Y216 residue) and activates β -catenin signaling pathway in human Tenon's fibroblasts. When TGF- β was applied to human Tenon's fibroblasts at different time points (0 minutes, 30 minutes, and 24 hours), the level of the active form of phosphorylated GSK-3 β (Y216) increased, significantly. However, the level of inactive form of GSK-3 β (S9) decreased. Increasing durations of TGF- β treatment resulted in increased level of total β -catenin and non-phosphorylated β -catenin (active form of β -catenin). Data in the columns indicate the mean relative density ratio \pm standard deviation of three separate experiments,

normalized to the level of β -actin in the same sample. Differences between untreated and treated cells are indicated (* $p < 0.05$ determined by an analysis of variance followed by a Bonferroni analysis). N=5 as biological replicate per group.

3. CHIR 99021 inhibits GSK-3 β production in human Tenon's fibroblasts activated by TGF- β

When HTFs were treated with 5 μ M of CHIR 99021, with or without the addition of 5 ng/mL of TGF- β , there was a significant decrease in the production of the active form of GSK-3 β (Figure 5A). Although the production of the inactive form of GSK-3 β also decreased upon treatment with both 5 μ M of CHIR 99021 and 5 ng/mL of TGF- β , it was not significant (Figure 5A). To investigate the effect of CHIR 99021 on the molecules related to TGF- β -induced fibrosis, HTFs were pretreated with 5 μ M and 10 μ M of CHIR 99021 for 48 hours, followed by treatment with 5 ng/mL of TGF- β for 30 minutes. Real time PCR elucidated a significant decrease in the mRNA expression of fibronectin, collagen I α , and α -SMA (Figure 5B). To further examine the effect of the GSK-3 β inhibitor on TGF- β pathway, we evaluated the activation of Smad2 and Smad3 upon treatment with TGF- β and CHIR 99021 (Figure 6). The phosphorylated Smad2/Smad2 and phosphorylated Smad3/Smad3 ratios were elevated after treatment with 5 ng/mL of TGF- β . However, CHIR 99021 treatment attenuated the effects of TGF- β treatment, which had led to a significant increase in the phosphorylated Smad2/Smad2 and phosphorylated Smad3/Smad3 ratios.

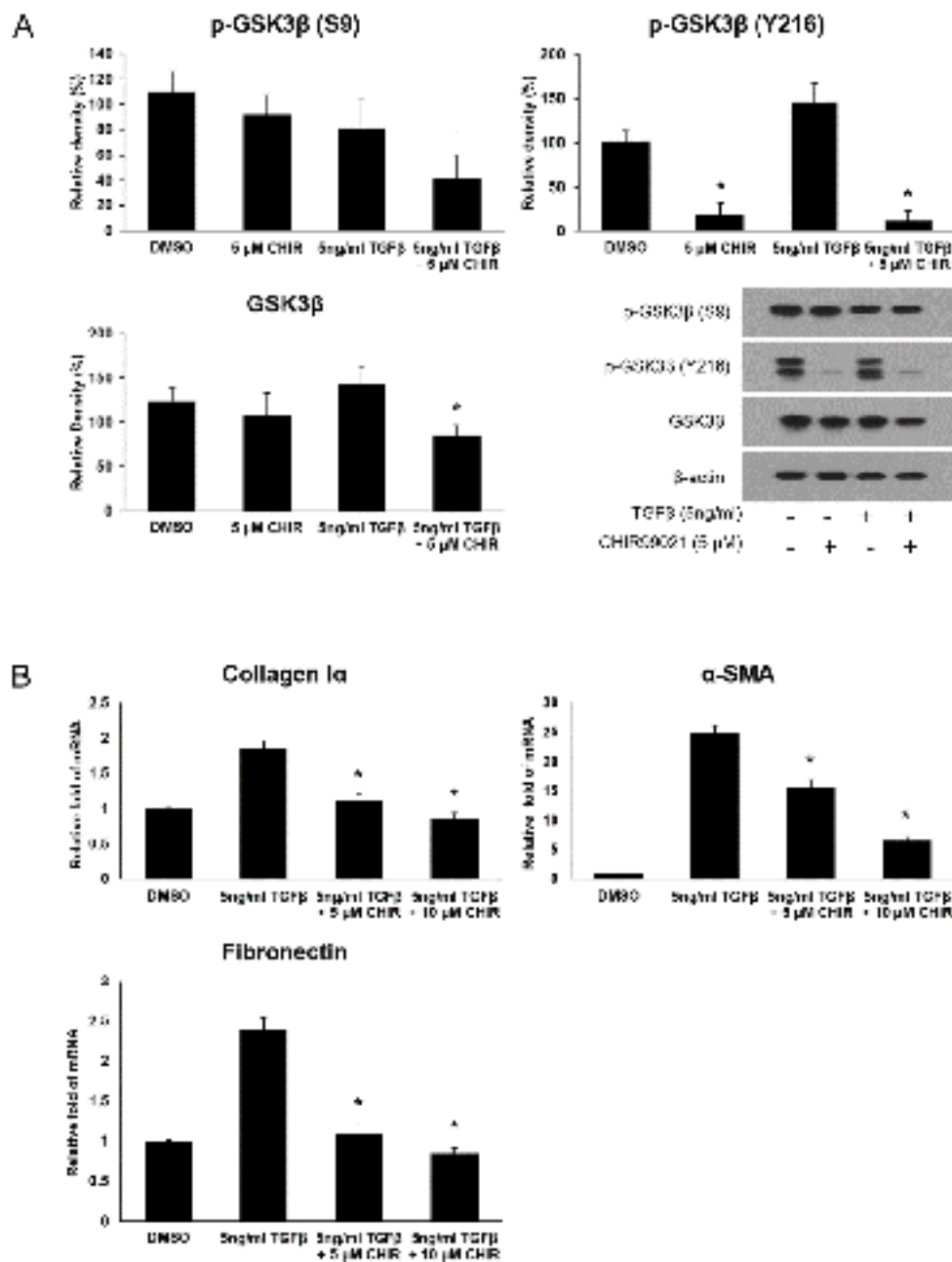


Figure 5. CHIR 99021 suppresses GSK-3 β activation and mRNA expression of

molecules associated with TGF- β -induced fibrosis in human Tenon's fibroblasts. **(A)** Human Tenon's fibroblasts were treated with DMSO, 5 μ M of CHIR 99021, 5 ng/mL of TGF- β , and 5 μ M of CHIR 99021; then, after pretreatment with 5 ng/mL of CHIR 99021 for 48 hours, human Tenon's fibroblasts were incubated with 5 ng/mL of TGF- β for 24 hours. To evaluate the levels of the inactive form of GSK-3 β [p-GSK-3 β (S9)], the active form of GSK-3 β [p-GSK-3 β (Y216)], and total GSK-3 β , Western blot analyses were performed. Treatment with CHIR 99021 resulted in a decrease in p-GSK-3 β (Y216) levels, which showed an increase after treatment of TGF- β . **(B)** To investigate the effect of CHIR 99021 on the proteins associated with TGF- β -induced fibrosis, human Tenon's fibroblasts were pretreated with 5 μ M and 10 μ M of CHIR 99021 for 48 hours, followed by treatment with 5 ng/mL of TGF- β for 30 minutes. The increased mRNA levels of collagen I α , α -SMA, and fibronectin, which were induced by pretreatment with TGF- β , were significantly reduced upon treatment with CHIR 99021. The extracted RNA sample was reverse transcribed and then amplified using real-time PCR, after which mRNA level was quantified. Data in the columns indicate the mean relative density ratio or mean relative RNA fold \pm standard deviation of three experiments. Differences between untreated and treated cells are indicated using an analysis of variance followed by a Bonferroni analysis (A, * $p < 0.05$). Differences between cells treated with TGF- β alone and both TGF- β and CHIR 99021 are indicated using an analysis of variance followed by a Bonferroni analysis (B, * $p < 0.05$). N=5 as biological replicate per group.

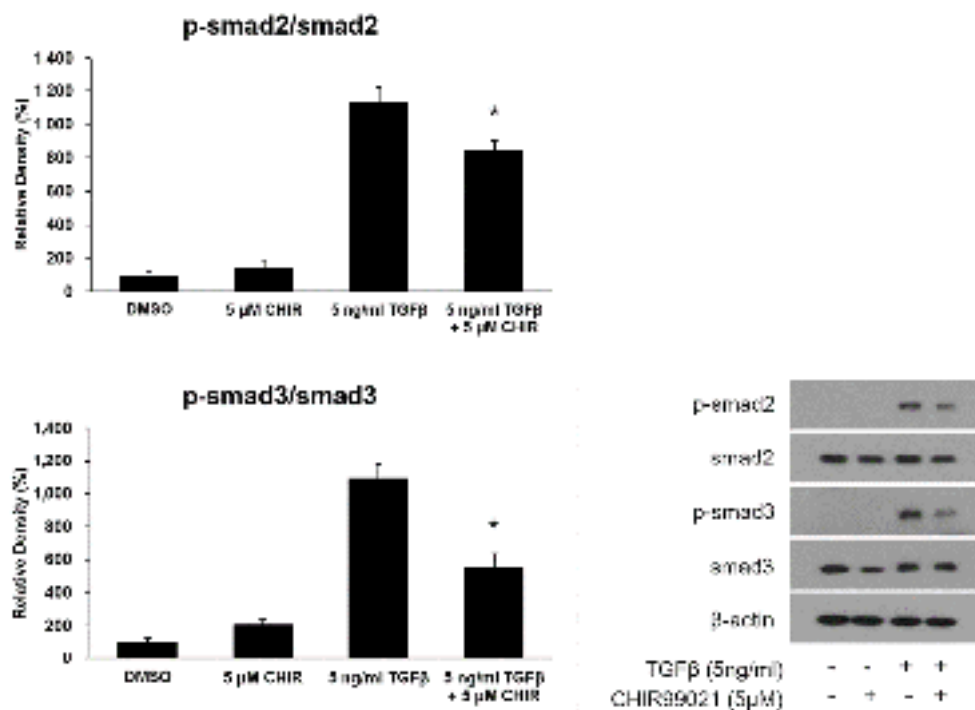


Figure 6. The effect of GSK-3β inhibitor on phosphorylation of Smad2 (Ser465/467) and Smad3 (Ser423/425). TGF-β caused elevated relative band densities for phosphorylated Smad2/Smad2 and phosphorylated Smad3/Smad3 ratios, which were significantly decreased on treatment with CHIR 99021. Human Tenon's fibroblasts were incubated with 5 ng/mL of TGF-β for 30 minutes after pretreatment with 5 μM of CHIR 99021 for 48 hours. The data in the columns are the mean relative density ratio ± standard deviation of three experiments. Differences between cells treated with TGF-β alone and both TGF-β and CHIR 99021 are indicated (*p < 0.05). N=5 as biological replicate per group.

4. CHIR 99021 suppresses migration of human Tenon's fibroblasts

The effect of CHIR 99021 on the migration of HTFs was evaluated via wound healing assay (Figure 7). The attenuation of cell migration was evaluated in proportion to the concentration of CHIR 99021. Relative wound closure ratios of 24-hour CHIR 99021 treatment were $85 \pm 8.1 \%$, $60 \pm 7.3 \%$, and $42 \pm 5.2 \%$ for CHIR 99021 concentrations of $1 \mu\text{M}$, $5 \mu\text{M}$, and $10 \mu\text{M}$, respectively. After 48 hours of treatment with CHIR 99021, the relative wound closure ratios with $1 \mu\text{M}$, $5 \mu\text{M}$, and $10 \mu\text{M}$ of CHIR 99021 were $83 \pm 7.2 \%$, $58 \pm 8.5 \%$, and $43 \pm 6.4 \%$, respectively.

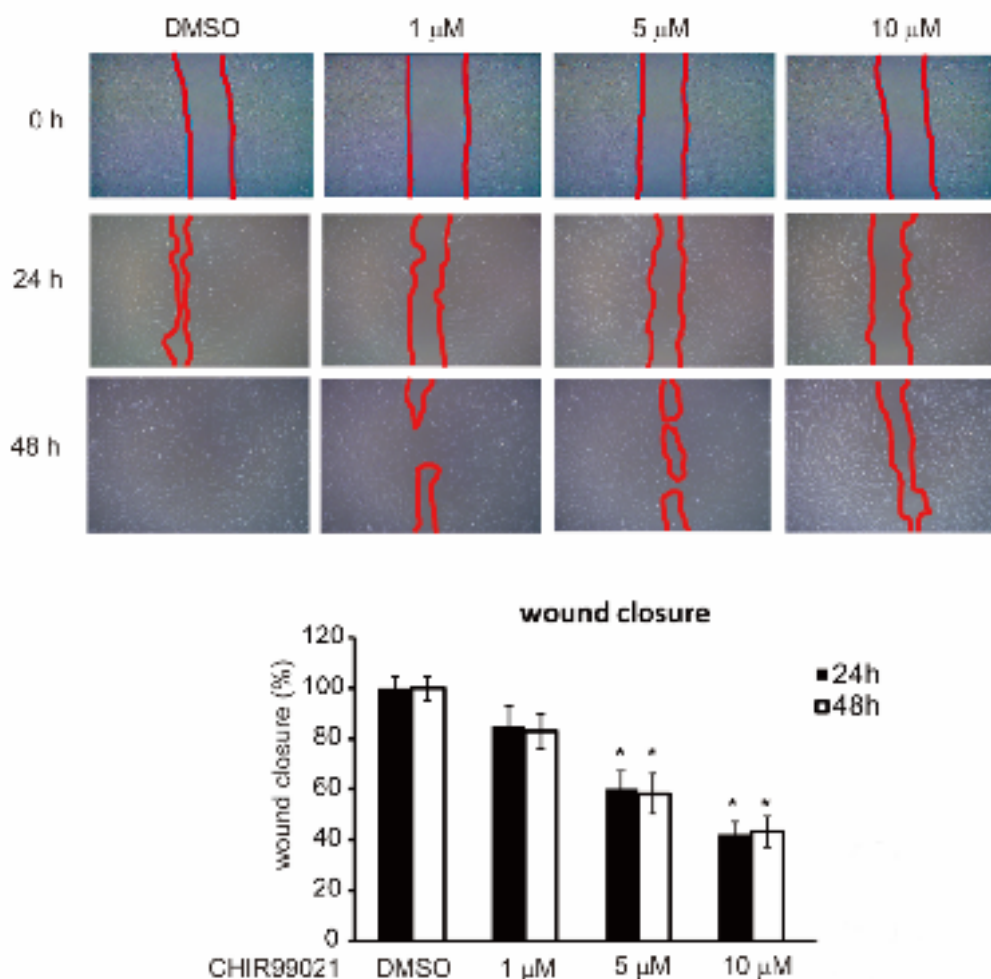


Figure 7. CHIR 99021 inhibits migration of the human Tenon's fibroblasts. Human Tenon's fibroblasts were treated with different concentrations of CHIR 99021 (1, 5, and 10 μM) for 24 hours and 48 hours. Wound healing assay was used to evaluate cell migration. The mean wound closure ratio \pm standard deviation of data from three independent repeats is presented. The lines indicate the boundaries of the wound area. Differences between control and CHIR 99021-treated cells are indicated (* $p < 0.05$

determined by an analysis of variance followed by a Bonferroni analysis). N=5 as biological replicate per group.

IV. DISCUSSION

In this study, we investigated the role of GSK-3 β in the TGF- β -related fibrosis of HTFs using CHIR 99021, a GSK-3 β inhibitor. TGF- β treatment led to a significant increase in tyrosine phosphorylation of GSK-3 β (active form of GSK-3 β). Treatment with CHIR 99021 significantly decreased the expression of fibronectin, collagen I α , and α -SMA, which are characteristic molecules associated with TGF- β -related fibrosis. In addition, the results of wound healing assay showed that CHIR 99021 prevented the migration of HTFs. These results indicate that GSK-3 β plays an important role in TGF- β -related fibrosis of HTFs, and inhibition of GSK-3 β activation could prevent the development of excessive fibrosis in the subconjunctival space. When we compared the levels of mRNA expression of molecules associated with TGF- β -related fibrosis between normal subjects and patients with glaucoma, significantly elevated of these molecules were observed in the tenon tissue of patients with glaucoma. In addition, the GSK-3 β level in the tenon tissue of patients with glaucoma also showed an increase, although it was not statistically significant. These findings demonstrate the importance of appropriately controlling bleb fibrosis after glaucoma filtration surgery. At the same time, it is postulated that GSK-3 β inhibitors such as CHIR 99021 would be effective in regulating bleb fibrosis, taking into account the elevated level of GSK-3 β in patients with glaucoma.

The prevention of excessive bleb fibrosis is a crucial factor for successful glaucoma filtration surgery. Steroids or nonsteroidal anti-inflammatory drugs are used for preoperative or postoperative modulation of inflammation.^{20,21} The risk of steroid-induced increase in IOP should be always considered while using steroids. Mitomycin C

and 5-fluorouracil are widely used for the post-operative maintenance of bleb function.²²⁻²⁴ As an antimetabolite, Mitomycin C, which inhibits cell proliferation by intercalating DNA during cell cycle, is often applied only once during operation. 5-fluorouracil is injected locally during post-operative follow-up periods, and it only affects cells in the S-phase. Regulating the proliferation of HTFs using antimetabolites is an effective method for the control of fibrosis, because it is an essential step in the wound healing process. Therefore, the use of antimetabolites during glaucoma filtration surgery has gained widespread popularity. However, there is always a risk of serious late onset postoperative complications, such as chronic hypotonia with maculopathy or an increased risk of endophthalmitis owing to the development of a thin wall of bleb. Hence, further improvements are needed for dependable regulation of bleb fibrosis.

TGF- β is involved in many cellular processes, including growth inhibition, cell migration, invasion, epithelial-mesenchymal transition, extracellular matrix remodeling, and immune suppression.²⁵ It is often chronically overexpressed in conditions of cancer, fibrosis, and inflammation, and its overexpression results in the progression of the disease via modulation of cell growth, migration, or phenotype.²⁶ Therefore, the TGF- β signaling pathway has become a frequent target for the treatment of pathologic conditions. GSK-3, which consists of α and β isoforms, is activated under basal conditions and requires extracellular signaling to be inactivated, unlike most kinases.^{11,27} The activity of GSK-3 is regulated through the phosphorylation of different sites. Serine phosphorylation (S9) of GSK-3 is involved in its inactivation, whereas tyrosine phosphorylation (Y216) leads to its activation.^{11,28} A crosstalk between GSK-3 and TGF- β has been observed during the process of fibrosis in various organs. However, the function of GSK-3 in TGF- β -induced fibrosis is organ dependent. In cardiac fibroblasts, the deletion of GSK-3 β led to fibrosis.¹⁷ In addition, excessive scarring was observed in GSK-3 β knockout mouse models with ischemic heart condition.¹⁷ In contrast, the pharmacological inhibition of GSK-3 β attenuated TGF- β -induced expression of fibronectin and α -SMA in pulmonary fibroblasts. In a mouse model of renal fibrosis,

there was an increase in the expression and activity of GSK-3 β .^{12,13} In addition, pharmacological inhibition of GSK-3 β abolished the transdifferentiation of renal fibroblasts in vivo and in vitro.¹⁴ Therefore, it is important to investigate whether GSK-3 β is involved in the activation or inhibition of TGF- β -induced fibrosis in HTFs. As reported in the present study, the GSK-3 β inhibitor CHIR 99021 effectively inhibited the expression of markers associated with TGF- β -related fibrosis of HTFs. This result suggests the possibility that GSK-3 β plays a role in the process of activation of TGF- β -related fibrosis in HTFs.

It is known that Smad, in the canonical pathway of TGF- β signaling, plays an important role in fibrosis.⁶ As intermediates of TGF- β signaling, Smads are activated by serine/threonine kinases of the TGF- β receptor. Smads are classified into three types: receptor-activated, mediator, and inhibitory. Of these, two receptor-activated Smads (Smad2 and Smad3) are activated in the early phase of TGF- β canonical pathway via phosphorylation of their serine residues at the C-terminus. In our study, there was a significant decrease in the phosphorylated Smad2/Smad2 and phosphorylated Smad3/Smad3 ratios when we treated CHIR 99021 with TGF- β in HTFs. Because the phosphorylated residues of Smad2 and Smad3 are Ser465/467 and Ser423/425 in C-terminus, respectively, our result might be crucial evidence for the TGF- β pathway in HTFs being directly affected by GSK-3 β inhibition. However, as suggested in a previous study on pulmonary fibrosis,¹² there is a possibility that the TGF- β -induced cellular response in HTFs is regulated by GSK-3 β -induced phosphorylation of cAMP-responsive element-binding protein. Another possible mechanism for the crosstalk between TGF- β and GSK-3 β in HTFs is through phosphorylation in the linker region. Recently, the linker region, which is located between the amino- and carboxyl-terminal Mad homology 1 (MH1) and (MH2) domains of Smad2 and Smad3, has been extensively studied because of the presence of several phosphorylation sites. These phosphorylation sites enable the crosstalk of receptor-activated Smads with other signal pathways, including GSK-3 β . Several studies have reported that the phosphorylation of linker

region of Smad3 by GSK-3 β is related to the inhibition of Smad3 transcription activity.^{29,30} This negative feedback can also serve as an inhibition mechanism for TGF- β -related fibrosis. Further research is needed to elucidate the exact mechanism underlying the regulation of TGF- β -related fibrosis of HTFs by GSK-3.

GSK-3 serves as a ubiquitous regulator of multiple signal pathways that are associated with the pathogenesis of various diseases, making it a promising drug target.^{11,31} The efficacy and safety of GSK-3 inhibitors have been evaluated in clinical trials for neurological diseases such as Alzheimer's disease and cognitive disorder.^{32,33} For the treatment of solid tumor or leukemia, clinical trials using GSK-3 inhibitors have been conducted or are currently in progress.^{34,35} Recently, GSK-3 inhibitor has also been used in the field of regenerative medicine for regulating the differentiation of embryonic stem cells or induced pluripotent stem cells.³⁶⁻³⁹ Several studies have shown that modulation of GSK-3 induced a neuroprotective effect in retinal neurodegenerative conditions such as retinitis pigmentosa and retinal neovascularization.^{40,41} Additionally, suppression of GSK-3 β using translationally relevant small interfering RNAs can enhance the survival of retinal ganglion cells.⁴² Among the various types of GSK-3 inhibitors, CHIR 99021 showed a synergistic effect with paclitaxel in the treatment of human lung cancer.³³ In addition, a previous study has noted the possibility of using CHIR 99021 for anti-adipogenic and anti-inflammatory treatment in Graves' orbitopathy.⁴³ Although there are issues regarding the selectivity for specific pathologic conditions or chronic toxicity, the scope and potential of clinical use of GSK-3 inhibitors in the medical field is increasing. However, to the best of our knowledge, no study targeting GSK-3 β has been performed in the context of preventing excessive bleb fibrosis after glaucoma filtration surgery. It is clear that further studies are needed to verify our findings under different conditions, including in vivo studies, and to find the appropriate drug delivery methods necessary to sustain the effect. Even taking these limitations into account, our study may provide a foundation for further in vitro or in vivo studies to evaluate the effect of GSK-3 β inhibition on prevention of excessive bleb fibrosis. In addition, considering previous

studies describing the neuroprotective effect of GSK-3 modulation in retinal ganglion cells,^{41,42} the usefulness of GSK-3 inhibitors in glaucoma treatment is expected to be very high

V. CONCLUSION

In conclusion, the present study demonstrated that inhibition of GSK-3 β activation by CHIR 99021 effectively downregulates the expression of proteins associated with TGF- β -induced fibrosis in primary cultured HTFs. Our study elucidates the critical role of GSK-3 β in regulating TGF- β -mediated fibrosis in HTFs. The present work is a basic research showing that GSK-3 β is a potential novel therapeutic target for maintaining the function of bleb after glaucoma filtration surgery. Further studies are needed to assess the potential of a GSK-3 β inhibitor as a new treatment tool for increasing the success rate of glaucoma surgery.

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ABSTRACT(IN KOREAN)

결막하 테논 섬유 아세포의 TGF- β 매개 근섬유 아세포 전환
분화에서의 GSK-3 β 의 역할

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목적: 본 연구는 결막하 테논 섬유 아세포의 형질전환 성장인자 베타 (transforming growth factor- β , TGF- β) 매개 섬유화 과정에서 글리코겐 생성효소 인산화 효소 3 베타 (glycogen synthase kinase-3 β , GSK-3 β)의 역할을 알아보기 위해 진행되었다.

방법: TGF- β 에 의한 결막하 테논 섬유 아세포의 섬유화 과정과 관련된 인자들 (fibronectin, collagen Ia, α -smooth muscle actin)과 GSK-3 β 의 발현을 확인하기 위해 Quantitative real-time PCR과 Western blot analyses를 사용하였다. 또한 GSK-3 β 억제제인 CHIR 99021를 처리했을 경우 인산화 된 Smad2와 Smad3의 발현 정도도 분석하였다. CHIR 99021이 결막하 테논 섬유 아세포의 이동에 미치는 영향을 확인하기 위해 wound healing assay가 사용되었다. 모든 연구는 정상 안과 녹내장 안에서 채취한 결막하 테논 섬유 조직과 그 조직에서 배양한 결막하 테논 섬유 아세포를 이용하여 진행되었다.

결과: 결막하 테논 섬유 아세포의 섬유화 과정에서 확인할 수 있는 fibronectin, collagen Ia, α -smooth muscle actin의 발현은 TGF- β 처리 시 증가하였다. 이 인자들은 정상 안에서 채취한 조직과 비교하여 녹내장 안에서 채취한 조직에서 발현이 유의하게 증가하였다. 결막하 테논 섬유 아세포에 TGF- β 를 처리한 경우 active form의 GSK-3 β 의 발현이 증가됨을 확인하였는데, CHIR 99021 처리를 하는 경우 이 active form의 GSK-3 β 뿐 아니라 TGF- β 매개 섬유화 과정에서 확인할 수 있는 인자들의 발현 역시 감소함을 확인할 수 있었다.

결막하 테논 섬유 아세포에 CHIR 99021 처리를 하는 경우 인산화 된 Smad2/Smad2와 인산화 된 Smad3/Smad3의 비율이 감소하였으며, 결막하 테논 섬유 아세포의 이동 역시 억제되었다.

결론: 본 연구 결과는 TGF- β 매개 결막하 테논 섬유 아세포의 섬유화가 GSK-3 β 의 억제를 통해 조절된다는 것을 보여준다 이는 임상에서 녹내장 여과 수술 후 성공률을 높이기 위한 방법으로 GSK-3 β 억제제를 활용해 볼 수 있음을 시사한다.

핵심되는 말: 결막하 섬유 아세포, 글리코젠 생성효소 인산화 효소 3 베타, 형질전환 생장인자 베타, 여과포 섬유화, CHIR 99021

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1. Lee SY, Chae MK, Yoon JS, Kim CY. The Effect of CHIR 99021, a Glycogen Synthase Kinase-3 β Inhibitor, on Transforming Growth Factor β -Induced Tenon Fibrosis. Invest Ophthalmol Vis Sci 2021;62:25.