Regional and annual patterns in respiratory virus co-infection etiologies and antibiotic prescriptions for pediatric mycoplasma pneumoniae pneumonia

M. SUNG¹, H.-J. CHOI¹, M.-H. LEE², J.-Y. LEE³, H.-B. KIM⁴, Y.-M. AHN⁵, J.-K. KIM⁶, H.-Y. KIM⁷, S.-S. JUNG⁷, M. KIM⁸, E.-K. KANG⁹, E.-A. YANG¹⁰, S.-J. LEE¹¹, Y. PARK¹², J.-H. SEO¹³, E. LEE¹⁴, E.-S. YANG¹⁵, K.-S. PARK¹⁶, M. SHIN¹⁷, H.-L. CHUNG¹⁸, Y.-Y. JANG¹⁸, B.-S. CHOI¹⁹, H. KIM¹⁹, J.-A. JUNG²⁰, S.-T. YU²¹, E.-J. ROH²², E.-S. LEE²², J.-T. KIM²³, B.-S. KIM²⁴, Y.-H. HWANG²⁵, I.-S. SOL²⁶, H.-J. YANG²⁷, M.-Y. HAN²⁸, H.-Y. YEW²⁹, H.-M. CHO³⁰, H.-Y. KIM³¹, Y.-H. HN³², D.-H. IM³³, K. HWANG³³, J. YOO³³, S.-O. JUNG³³, Y.-H. JEON³⁴, J.-Y. SHIM³⁵, E.-H. CHUNG²²

¹Department of Pediatrics, Soonchunhyang University Gumi Hospital, Gumi, Republic of Korea ²Department of Pediatrics, Incheon Medical Center, Incheon, Republic of Korea ³Department of Pediatrics, Hallym University Chuncheon Sacred Heart Hospital, Chuncheon, Republic of Korea ⁴Department of Pediatrics, Inje University Sanggye Paik Hospital, Seoul, Republic of Korea

⁵Department of Pediatrics, Eulji University Hospital, Seoul, Republic of Korea

⁶Department of Pediatrics, Kangwon National University School of Medicine, Chuncheon, Republic of Korea

⁷Department of Pediatrics, Pusan National University Children's Hospital, Yangsan, Republic of Korea ⁸Department of Pediatrics, Chungnam National University Sejong Hospital, Chungnam National University College of Medicine, Sejong, Republic of Korea

⁹Department of Pediatrics, Dongguk University Ilsan Hospital, Goyang, Republic of Korea
 ¹⁰Department of Pediatrics, College of Medicine, The Catholic University of Korea, Seoul, Republic of Korea

¹¹Department of Pediatrics, School of Medicine, Eulji University, Daejeon, Republic of Korea

¹²Department of Pediatrics, Wonkwang University Sanbon Hospital, Wonkwang University College of Medicine, Gunpo, Republic of Korea

¹³Department of Pediatrics, Dankook University College of Medicine, Cheonan, Republic of Korea.

¹⁴Department of Pediatrics, Chonnam National University Hospital, Chonnam National University Medical School, Gwangju, Republic of Korea

¹⁵Department of Pediatrics, College of Medicine, Chosun University, Chosun University Hospital, Gwangju, Republic of Korea

¹⁶Department of Pediatrics, Presbyterian Medical Center, Jeonju, Republic of Korea

¹⁷Department of Pediatrics, Soonchunhyang University Bucheon Hospital, Soonchunhyang University College of Medicine, Bucheon, Republic of Korea

¹⁸Department of Pediatrics, Catholic University of Daegu School of Medicine, Daegu, Republic of Korea
¹⁹Department of Pediatrics, School of Medicine, Kyungpook National University, Daegu, Republic of Korea

²⁰Department of Pediatrics, Dong-A University College of Medicine, Busan, Republic of Korea ²¹Department of Pediatrics, Wonkwang University School of Medicine, Iksan, Republic of Korea

²²Department of Pediatrics, Workwang Oniversity School of Medicine, itsan, Republic of Korea

²³Department of Pediatrics, College of Medicine, The Catholic University of Korea, Uijeongbu

St. Mary's Hospital, Uijeongbu, Republic of Korea

²⁴Department of Pediatrics, University of Ulsan College of Medicine, Gangneung Asan Hospital, Gangneung, Republic of Korea

²⁵Department of Pediatrics, Busan St. Mary's Hospital, Busan, Republic of Korea

Corresponding Authors: Eun Hee Chung, MD; e-mail: ehchung@cnu.ac.kr Jung Yeon Shim, MD; e-mail: jy7.shim@samsung.com ²⁶Department of Pediatrics, Severance Hospital, Yonsei University College of Medicine, Seoul, Republic of Korea

²⁷Department of Pediatrics, Soonchunhyang University Seoul Hospital, Soonchunhyang University College of Medicine, Seoul, Republic of Korea

²⁸Department of Pediatrics, CHA Bundang Medical Center, CHA University School of Medicine, Seongnam, Republic of Korea

²⁹Department of Pediatrics, Kogel Hospital, Daejeon, Republic of Korea

³⁰Department of Pediatrics, Kwangju Christian Hospital, Kwangju, Republic of Korea

³¹Department of Pediatrics, Pusan National University School of Medicine, Pusan, Republic of Korea

³²Department of Pediatrics, Bundang Jesaeng Hospital, Seongnam, Republic of Korea

³³Divison of Bacterial Diseases, Bureau of Infectious Disease Diagnosis Control, Korea Disease Control and Prevention Agency (KDCA), Sejong, Republic of Korea

 ³⁴Department of Pediatrics, Hallym University Dongtan Sacred Heart Hospital, Hwasung, Korea
 ³⁵Department of Pediatrics, Sungkyunkwan University School of Medicine, Kangbuk Samsung Hospital, Seoul, Republic of Korea

Eun Hee Chung and Jung Yeon Shim contributed equally to this work

Abstract. – OBJECTIVE: *Mycoplasma pneumoniae (M. pneumoniae)* pneumonia is the second-most common cause of community-acquired pneumonia (CAP). This study aimed at investigating into the prevalence of macrolide-resistant *M. pneumoniae* (MRMP) with respiratory virus co-infection and the antibiotic prescriptions in children with CAP in four provinces in Korea, and to assess the variations in the findings across regions and throughout the year.

PATIENTS AND METHODS: This prospective study was conducted in 29 hospitals in Korea between July 2018 and June 2020. Among the enrolled 1,063 children with CAP, all 451 patients with *M. pneumoniae* underwent PCR assays of M. pneumoniae and respiratory viruses, and the presence of point mutations of residues 2063 and 2064 was evaluated.

RESULTS: Gwangju-Honam (88.6%) showed the highest prevalence of MRMP pneumonia, while Daejeon-Chungcheong (71.3%) showed the lowest, although the differences in prevalence were not significant (p=0.074). Co-infection of *M. pneumoniae pneumonia* and respiratory virus was observed in 206 patients (45.4%), and rhinovirus co-infection (101 children; 22.2%) was the most frequent. The prevalence of MRMP pneumonia with respiratory virus co-infection and the antibiotic prescriptions differed significantly among the four provinces (p < 0.05). The monthly rate of MRMP pneumonia cases among all cases of M. pneumoniae pneumonia and tetracycline or quinolone prescriptions did not differ significantly among the four regions (trend p > 0.05) during the study period.

CONCLUSIONS: The prevalence of *M. pneumoniae pneumonia* with virus co-infection and antibiotic prescriptions could differ according to region, although the MRMP pneumonia rate showed no difference within Korea. Key Words:

Mycoplasma pneumoniae, Macrolide-resistant *My-coplasma pneumoniae*, Macrolide-sensitive *Mycoplasma pneumoniae*, Children.

Abbreviation

CAP: community-acquired pneumonia; *M. pneumoniae*: *Mycoplasma pneumoniae*; MRMP: macrolide-resistant *M. pneumoniae*; PCR: polymerase chain reaction;RSV: Respiratory syncytial virus.

Introduction

The most common causes of pediatric community-acquired pneumonia (CAP) in high-income countries are *Mycoplasma pneumoniae* (*M. pneumoniae*) and respiratory viruses¹. Epidemics of *M. pneumoniae* infections follow a 3-7-year cycle, and the most recent outbreaks in Korea occurred in 2015 and 2019^{2.3}. *M. pneumoniae* infection is mild or self-limiting in almost all cases, but approximately 10% of *M. pneumoniae* infections develop clinical signs of pneumonia with an "atypical" radiographic finding⁴. Macrolides are primarily used for treating *M. pneumoniae* infection because they show low minimum inhibitory concentrations, toxicity, and contraindications in the pediatric population⁵.

However, since 2003, macrolide-resistant *M. pneumoniae* (MRMP) pneumonia has become prevalent globally^{6,7}. The overuse of macrolide antibiotics in East Asia has increased the proportion of MRMP pneumonia cases to > 97% of the CAP cases in China⁸, while in Japan the proportion of MRMP pneumonia cases in children was

reported to be 43.6% in 2015⁹. Additionally, the MRMP pneumonia rate in 2011 was over 50%^{10,11}, but over 60% of children were reported to have the A2063G mutation during 2018-2020 in Korea¹². While 30% of MRMP pneumonia cases may improve without secondary treatment¹³, prolonged fever and lobar MRMP pneumonia can endanger the patient's life¹⁴. Therefore, the treatment regimen for MRMP pneumonia for children in Korea has been revised to include secondary antibiotics or steroid administration¹⁴⁻¹⁶.

Because of the increasing prevalence of MRMP pneumonia in Korea, the Korean Academy of Pediatric Allergy and Respiratory Disease and the Korean Society of Pediatric Infectious Diseases proposed new guidelines for the treatment of MRMP pneumonia in the pediatric population in 2019^{17,18}. According to the latest Korean guidelines^{17,18}, the pediatrician may choose alternative antibiotics, such as tetracycline and quinolone or additional immune modulators, potentially introducing regional differences in the choice of antibiotic medications within Korea. However, almost all studies of pediatric populations in Korea were performed at single centers based in one region and were conducted before 2019. Moreover, while coinfection of *M. pneumoniae* with other respiratory pathogens occurs routinely, potential regional trends for coinfections in Korea remain unknown¹⁹.

Because of these limitations of the previous studies, the prevalence of *M. pneumoniae*, including MRMP and MSSP, and viral infection in children with CAP within various provinces in Korea has not been ascertained since 2019. Therefore, this study aimed at investigating the prevalence of *M. pneumoniae*, including MRMP and MSMP pneumonia, and respiratory virus co-infections in children with CAP in four provinces (Seoul-Gyeongin-Kangwon, Daejeon-Chungcheong, Gwangju-Honam, and Daegu-Busan-Yeungnam) by using the medical records obtained from 29 hospitals in 2018-2020. Additionally, the purpose of our study was to shed light on the relationship between four provinces and antibiotic treatment among residential regions.

Patients and Methods

Study Design

A prospective, multi-center study was conducted on children younger than 18 years from July 2018 to June 2020. A cooperative hospital monitoring network (Seoul-Gyeongin-Kangwon; Daejeon-Chungcheong; Gwangju-Honam; Daegu-Busan-Yeungnam) was established in Korea: 13 hospitals from Seoul-Gyeongin-Kangwon, 5 hospitals from Daejeon-Chungcheong, 5 hospitals from Gwangju-Honam, and 6 hospitals from Daegu-Busan-Yeungnam (Figure 1).



Figure 1. Study population.

| | Seoul-Gyeongin -Kangwon | Daejeon- Chungcheong | Gwangju- Honam | Daegu-Busan- Yeungnam | <i>p</i> -value |
|--|----------------------------|-------------------------|-------------------|--------------------------|-----------------|
| Number (%) | 173 (100) | 94 (100) | 44 (100) | 143 (100) | 0.074 |
| MRMP | 141 (81.5) | 67 (71.3) | 39 (88.6) | 109 (76.2) | |
| MSMP | 32 (18.5) | 27 (28.7) | 5 (11.4) | 34 (23.8) | |
| Sex (male/ female) | 89/84 | 49/45 | 19/25 | 64/79 | 0.495 |
| Mean age (years) | 7.16±3.53 | 6.54±3.73 | 6.25±2.80 | 7.00±4.30 | 0.489 |
| Age (years) | | | | | 0.009 |
| ≤ 2 | 13 (7.5) | 19 (20.2) | 4 (9.1) | 26 (18.2) | |
| 3-5 | 47 (27.2) | 16 (17.0) | 13 (29.5) | 29 (20.3) | |
| 6-11 | 92 (53.2) | 52 (55.3) | 26 (59.1) | 67 (46.9) | |
| ≤12 | 21 (12.14) | 7 (7.4) | 1 (2.3) | 21 (14.7) | |
| Incident season | | | | | 0.009 |
| Spring (Mar, Apr, May) | 13 (7.5) | 19 (20.2) | 4 (9.1) | 26 (18.2) | |
| Summer (Jun, Jul, Aug) | 47 (27.2) | 16 (17.0) | 13 (29.5) | 29 (20.3) | |
| Autumn (Sep, Oct, Nov) | 92 (53.2) | 52 (55.3) | 26 (59.1) | 67 (46.9) | |
| Winter (Dec, Jan, Feb) | 21 (12.14) | 7 (7.4) | 1 (2.3) | 21 (14.7) | |
| Total febrile duration before visiting | 5.25±2.99 | 5.02±3.61 | 4.77±2.46 | 4.64±3.20 | 0.221 |
| (days) | | | | | |
| Daily center or kindergarten, n (%) | 144 (83.2) | 76 (80.9) | 32 (72.7) | 97 (67.8) | 0.008 |
| Sibling, n (%) | 111 (64.2) | 55 (58.5) | 26 (59.1) | 92 (64.3) | 0.737 |
| Pulmonary infiltration, n (%) | | . , | . , | | 0.242 |
| Bronchopneumonia | 59 (34.1) | 22 (23.4) | 14 (31.8) | 50 (35.0) | |
| Segmental/lobar pneumonia | 113 (65.3) | 67 (71.3) | 35 (79.5) | 86 (60.1) | |
| Pleural effusion | 10 (5.8) | 8 (8.5) | 6 (13.6) | 9 (6.3) | |
| Respiratory virus co-infection, n (%) | 73 (42.2) | 54 (57.4) | 15 (34.1) | 64 (44.8) | 0.036 |
| Rhinovirus | 35 (20.2) | 32 (34.0) | 7 (15.9) | 27 (18.9) | |
| Adenovirus | 17 (9.8) | 10 (10.6) | 6 (13.6) | 6 (4.2) | |
| Respiratory syncytial virus | 14 (8.1) | 17 (18.1) | 1 (2.3) | 19 (13.3) | |
| Prescribed antibiotics | | | | | |
| Initial antibiotics, n (%) | 162 (93.6) | 88 (93.6) | 44 (100) | 132 (92.3) | 0.323 |
| Macrolide, n (%) | 149 (86.1) | 56 (59.6) | 41 (93.2) | 77 (53.8) | < 0.001 |
| Macrolide alone | 83 (48.0) | 28 (29.8) | 5 (11.4) | 13 (9.1) | < 0.001 |
| Macrolide + cephalosporin | 23 (13.3) | 8 (8.5) | 13 (29.5) | 53 (37.1) | < 0.001 |
| Macrolide + β -lactams | 24 (13.9) | 15 (16.0) | 15 (34.1) | 10 (7.0) | < 0.001 |
| Tetracycline or quinolone, n (%) | 17 (9.8) | 21 (22.3) | 3 (6.8) | 42 (24.3) | < 0.001 |

Table I. Demographic characteristics of children with M. pneumoniae pneumonia in four provinces of Korea (n=454).

Values are presented as numbers (%) and mean \pm standard deviation. Numbers in bold indicate significant differences (p < 0.05). Abbreviations: MRMP, macrolide-resistant *M. pneumoniae*; MSMP, macrolide-susceptible *M. pneumoniae*; MRMP*, macrolide-resistant *M. pneumoniae* with admission; MSMP*, macrolide-susceptible *M. pneumoniae* with admission; NA, not evaluated.

Scale variables were analyzed using the Chi-squared test or Fisher exact test, and continuous variables were analyzed using Student's *t*-test or Mann-Whitney U test.

The diagnosis of pneumonia was based on the findings of both physical examination and radiologic assessments performed in each hospital by respiratory and allergy specialists. Among 1,063 children with CAP, 454 eligible patients showed positive results for *M. pneumonia* in a polymerase chain reaction (PCR) assay. In the present study, we identified MRMP by a positive PCR result with mutations at residues 2063 or 2064 (n = 356) and MSMP by a positive PCR result with no mutations at residues 2063 or 2064 (n = 98). Respiratory and allergy specialists from 29 hospitals reviewed the medical records at each hospital to collect general information about the children, including their sex, birth date, height, weight, family history of allergic disease, clinical and demographic characteristics, and chest radiograph findings.

Collection of Samples and Detection of Pathogens

Sputum, bronchoalveolar lavage, nasopharyngeal aspiration, or nasopharyngeal swab samples were obtained within 24 hours after enrollment. The AllplexTMPneumoBacter Assay (Seegene, Seoul, Korea) was performed according to the manufacturer's instructions to detect *M. pneumoniae*. Respiratory syncytial virus (RSV) A and B, influenza virus A and B, parainfluenza virus 1, 2, 3, and 4, adenovirus, human rhinovirus, human metapneumovirus, coronavirus 229E, NL63, and OC43, and bocavirus were examined using multiplex PCR method. The detailed method had been described in a previous study²⁰.

Statistical Analysis

Statistical analysis was performed using IBM SPSS Statistics (version 23.0, IBM Corp., Armonk, NY, USA) and R version 2.8.134 (Vienna, Austria). The experimental results are presented as mean \pm standard deviation values, while categorical data are reported as numbers (percentages). Inter-group comparisons were performed using the Mann-Whitney test or Kruskal-Wallis' test for continuous variables and the Chi-squared test or Fisher's exact test for categorical variables. Seasonal Mann-Kendall tests, a type of non-parametric statistical analyses, were used to detect mono-tonic trends in monthly data with an annual seasonal pattern. Statistical significance was defined as a *p*-value below 0.05.

Results

Characteristics of the Children with M. Pneumoniae Pneumonia in the Four Provinces

All participating children (n = 454 [100%]; mean age = 6.89 ± 3.77 years) with positive *M. pneumoniae* PCR results were divided into two groups: MRMP (n = 356, 78.4%) and MSSP (n = 98, 21.6%) pneumonia. All isolates in the MRMP pneumonia group (n = 356) had A2063G point mutations. Of the 454 children, females (233, 51.3%) were more likely to have MRMP pneumonia than males (221, 48.37%).

The characteristics of children with M. pneumoniae pneumonia categorized by region are shown in Table I. The 454 children with M. pneumoniae included 173 from Seoul-Gyeongin-Kangwon, 94 from Daejeon-Chungcheong, 44 from Gwangju-Honam, and 143 from Daegu-Busan-Yeungnam. A total of 356 children had MRMP pneumonia, including 141 from Seoul-Gyeongin-Kangwon, 67 from Daejeon-Chungcheong, 39 from Gwangju-Honam, and 109 from Daegu-Busan-Yeungnam. Gwangju-Honam exhibited the highest prevalence of MRMP pneumonia among the four provinces, whereas Daejeon-Chungcheong exhibited the lowest. However, there was no significant difference in the prevalence of MRMP and MSMP

pneumonia among the four provinces (p = 0.074) (Table I). The four provinces showed statistically significant differences in the age distribution, incident season, and attendance for daily center or kindergarten (p < 0.05). However, no significant differences were observed in sex, mean age, and total febrile duration before visiting the hospital among the four provinces (p > 0.05) (Table I).

The prevalence of *M. pneumoniae* pneumonia with respiratory virus co-infection was the highest in Daejeon-Chungcheong (57.4%) and the lowest in Gwangju-Honam (34.1%), and the four provinces showed statistically significant differences in the prevalence of respiratory virus co-infection (p = 0.036). Rhinovirus co-infections were observed in 101 children (22.2%) and were the most frequent respiratory virus co-infections in the four provinces (15.0-34.0%). RSV infections were the second-most common respiratory virus co-infections and occurred in 51 children (11.2%), with the co-infection rates in the four provinces ranging between 2.3-18.1% (Table I).

No regional differences were observed in the initial antibiotic treatment regimens (p = 0.323). However, the rate of macrolide treatment was the highest in Gwangju-Honam (93.2%) and the lowest in Daegu-Busan-Yeungnam (53.8%), with statistically significant differences among the four provinces (p < 0.001). Additionally, the rate of tetracycline or quinolone treatment was the lowest in Gwangju-Honam (6.8%) and the highest in Daegu-Busan-Yeungnam (53.8%), with statistically significant differences among the four growinces (p < 0.001) (Table I).

Annual Patterns of M. Pneumoniae Pneumonia and Respiratory Viruses in Four Regions

Two epidemics of *M. pneumoniae* pneumonia occurred during the study period (November 2018 and from October 2019 to February 2020). The number of children with *M. pneumoniae* pneumonia was the highest between November and December 2019 (Figure 2A). In analyses based on the regions, the highest number of children with *M. pneumoniae* pneumonia in three regions (Seoul-Gyeongin-Kangwon; Gwangju-Honam; Daegu-Busan-Yeungnam) was reported in November 2019, and the highest number in the fourth region (Daejeon-Chungcheong) was reported in January 2020 (Figure 2B).

Concurrently, the number of children with MRMP pneumonia in three regions (Seoul-Gyeongin-Kangwon; Gwangju-Honam; Daegu-Busan-Yeungnam)



Figure 2. Number of *M. pneumoniae* pneumonia from July 2018 to June 2020. **A**, Children with MRMP and MSMP pneumonia; **B**, *M. pneumoniae* pneumonia in four provinces (Seoul-Gyeongin-Kangwon, Daejeon-Chungcheong, Gwangju-Honam, Daegu-Busan-Yeungnam).

was the highest in November 2019 and that in the fourth region (Daejeon-Chungcheong) was the highest in January 2020 (Figure 3A). The number of children with MRMP pneumonia and viral co-infection showed the same region-wise trends (Figure 3C). Meanwhile, the number of children with MSMP pneumonia in two regions (Seoul-Gyeongin-Kangwon; Daegu-Busan-Yeungnam) was the highest in November 2019, and the corresponding number in the other two regions (Daejeon-Chungcheong; Gwangju-Honam) was the highest in December 2019 (Figure 3B). The number of children with MSMP pneumonia and virus co-infection was the highest in one region (Daegu-Busan-Yeungnam) in November 2019 and in three regions (Seoul-Gyeongin-Kangwon; Daejeon Chungcheong; Gwangju-Honam) in December 2019 (Figure 3D).

Time-Dependent Changes in the Rate of MRMP/Total M. Pneumoniae Pneumonia and the Tetracycline or Ouinolone Antibiotic Prescriptions in the Four Regions

The seasonal Mann-Kendall tests showed that the monthly rate of MRMP/total *M. pneumoniae* pneumonia was 0.0-100.0%, and it changed dramatically during the study period. However, the region-wise mean monthly rates of MRMP/ total *M. pneumoniae* pneumonia were as follows: Seoul-Gyeongin-Kangwon, 66.94%; Daejeon Chungcheong, 75.37%; Gwangju-Honam, 51.26%; and Daegu-Busan-Yeungnam, 54.14%, with statistically significant differences among regions (p = 0.001) (Figure 4A, 4B, 4C, and 4D).

The monthly rates of MRMP/total *M. pneumoniae* pneumonia cases showed an increasing trend in three regions (Seoul-Gyeongin-Kangwon, slope = 0.680; Daegu-Busan-Yeungnam, slope = 0.119; Gwangju-Honam, slope = 2.09) and a decreasing trend in one region (Daejeon Chungcheong, Sen's slope = -1.979). However, no significant differences were observed among the monthly rates in the four regions: Seoul-Gyeongin-Kangwon, trend p = 0.977; Daejeon Chungcheong, trend p = 0.094; Daegu-Busan-Yeungnam, trend p = 0.906; Gwangju-Honam, trend p = 0.231, respectively (Figure 4A, 4B, 4C, and 4D).

Meanwhile, during the study period, the mean monthly rate of tetracycline or quinolone prescriptions was the highest in Daejeon-Chungcheong (23.81%) and the lowest in Gwangju-Honam (3.54%): Seoul-Gyeongin-Kangwon, 6.14%; Dae-



M. Sung, H.-J. Choi, M.-H. Lee, J.-Y. Lee, H.-B. Kim, Y.-M. Ahn, J.-K. Kim, H.-Y. Kim, et al

Figure 3. The number of children with MRMP or MSMP pneumonia and respiratory virus co-infection between 2018 and 2020 in four provinces (Seoul- Gyeongin-Kangwon, Daejeon-Chungcheong, Gwangju-Honam, Daegu-Busan- Yeungnam) in Korea. **A**, MRMP; **B**, MSMP; **C**, MRMP with co-respiratory virus infection; **D**, MSMP with co-respiratory virus infection.

Abbreviations: MRMP, macrolide-resistant M. pneumoniae; MSMP, macrolide-susceptible M. pneumoniae.



Figure 4. Time-dependent changes in the ratios of MRMP pneumonia/total *M. pneumoniae* pneumonia in the four provinces in Korea. **A**, Seoul- Gyeongin-Kangwon; **B**, Daejeon-Chungcheong; **C**, Gwangju-Honam; **D**, Daegu-Busan- Yeungnam. *Abbreviations:* M. pneumoniae, Mycoplasma pneumoniae; MRMP, macrolide-resistant M. pneumoniae; ratio1, MRMP pneumonia/total cases of M. pneumoniae pneumonia.

5851

jeon Chungcheong, 23.81%; Gwangju-Honam, 3.54%; and Daegu-Busan-Yeungnam, 12.46%. The prescription rates showed statistically significant differences among regions (p < 0.001) (Figure 5A, 5B, 5C, and 5D).

The monthly rate of tetracycline or quinolone prescriptions increased in all four regions (Seoul-Gyeongin-Kangwon, slope = 0.129; Daejeon Chungcheong, slope = 0.074; Daegu-Busan-Yeungnam, slope = 0.060; and Gwangju-Honam, slope = 0.502, respectively). However, the results for the four regions did not show significant differences: Seoul-Gyeongin-Kangwon, trend p = 0.129; Daejeon Chungcheong, trend p = 0.074; Daegu-Busan-Yeungnam, trend p = 0.060; Gwangju-Honam, trend p = 0.139 (Figure 5A, 5B, 5C, and 5D).

Discussion

This multicenter and prospective study characterized the annual and regional patterns of respiratory etiologies of pediatric M. pneumoniae pneumonia between July 2018 and June 2020 in Korea. Among the children with *M. pneumoniae* pneumonia during 2018-2020 in Korea in the present study, 78.4% had the A2063G mutation in domain V of 23S rRNA, consistent with the findings of a previous study¹² conducted between 2018-2020. The number of children with M. pneumoniae pneumonia was the highest from October 2019 to February 2020 during this study period and then dropped dramatically since the first outbreak of COVID-19 in February 2020. Specifically, the prevalence of MRMP pneumonia peaked in November 2019 in three regions (Seoul-Gyeongin-Kangwon, Daegu-Busan-Yeungnam, and Gwangju-Honam), but Daejeon-Chungcheong showed a regional difference in the peak time.

Nevertheless, this nationwide study demonstrated that the MRMP/MSMP pneumonia rates showed no regional differences among the four provinces within Korea. The monthly rates of MRMP pneumonia showed no increasing trends in the four regions during the study period because the study period of 24 months was not sufficiently long to show the trend of MRMP pneumonia and the COVID-19 epidemic. On the basis of these results, we assumed that the peak time of *M. pneumoniae* pneumonia could differ among different regions within the same country. Moreover, we recognized that respiratory co-infections of M. pneumoniae and virus showed a strong association with the high level of mask-wearing and social distancing in Korea.

Viral coinfection is known to be common in the pediatric population with M. pneumoniae pneumonia, especially in children under 5 years of age^{21,22}. The present study identified viral co-infections in 45.4% of the patients with M. pneumoniae pneumonia, and rhinovirus infections (22.2%) were the most commonly identified co-infections. In another Korean study, 32.4% of the patients showed M. pneumoniae and respiratory virus co-infections and rhinovirus (44.4%) was the most common virus²¹, consistent with the results of the present study. However, in another Korean study²², the most common causes of respiratory virus co-infections were RSV (20.3%) and rhinovirus (15.5%), and RSV was the most common cause of CAP requiring hospitalization in children aged under two years. In comparison with that study²², our study had a higher average patient age $(6.89 \pm 3.77 \text{ years})$.

Our findings also showed regional differences in the incidence of M. pneumoniae pneumonia with respiratory virus co-infection. We found that respiratory virus co-infection in children with M. pneumoniae pneumonia was higher in cases of MSMP pneumonia, in agreement with the results of previous studies^{16,20,21}. To the best of our knowledge, this study may be the first investigation of regional differences in the prevalence of pediatric cases of M. pneumoniae pneumonia in Korea from 2018 to 2020. Most of the previous studies^{15,16,21} had been conducted at single centers and included fewer participants than in our study, which was conducted across 29 centers from four provinces and included 456 participants with M. pneumoniae pneumonia across Korea.

One interesting result from this study is that the initial antibiotic regimens showed no regional differences among the four provinces in Korea. However, the usage of macrolide antibiotics and tetracycline or quinolone showed regional differences. The monthly rates of prescription of tetracycline or quinolone also showed regional differences. We postulated that the new guidelines for the treatment of MRMP pneumonia in the pediatric population in 2019 may have dramatically changed the antibiotic prescription patterns. However, the monthly rates of antibiotic prescriptions showed no significant increasing trends in the four regions during the study period, which could be attributed to the fact that a 24-month period is insufficient to show such trends and that only 67 children received tetracycline or quinolone. According to a previous Korean report¹², only 3.9% of the children admitted for *M. pneumoniae* pneu-



Figure 5. Time-dependent changes in the ratios of tetracycline or quinolone/ total antibiotic prescriptions in four provinces in Korea. **A**, Seoul- Gyeongin-Kang-won; **B**, Daejeon-Chungcheong; **C**, Gwangju-Honam; **D**, Daegu-Busan-Yeungnam. *Abbreviations*: Ratio2, tetracycline or quinolone/ total antibiotic prescriptions.

5853

monia received tetracycline and fluoroquinolone, which was lower than the corresponding prescription rates in the present study since macrolide-insensitive pneumonia was reported in only 37.8% of the participants in that study¹², while it was observed in 78.4% of the participants in the present study. Tetracycline has been shown to be more effective than fluoroquinolones in some recent studies²³⁻²⁵, but the number of patients receiving tetracycline or quinolones in this study was insufficient to analyze this aspect. Meanwhile, systemic corticosteroid treatment is one of the most commonly administered regimens for M. pneumoniae pneumonia in Korea^{12,15,16,22} and corticosteroids are preferred to secondary antibiotics as a front-line treatment for pediatric M. pneumoniae pneumonia¹⁸. However, unfortunately, we could not obtain medical records for steroid prescriptions. Therefore, these results should be generalized carefully, and additional data are required to obtain more definitive findings.

Limitations

This study had a few limitations. First, the investigation period was from July 2018 to June 2020; the number of samples decreased dramatically from February 2020, the beginning of the COVID-19 epidemic. Second, some regional differences were observed in the number of participants among the four provinces within Korea. Thus, further studies in other provinces and hospitals after the end of the COVID-19 epidemic will be necessary to address these limitations. Nevertheless, the strengths of the present study are that we analyzed data from 454 children after obtaining PCR results following viral tests and a medical review including radiological findings and prescribed antibiotics in four provinces within Korea over 24 months. Unlike previous literature on this topic, we were able to analyze the regional and annual differences in M. pneumoniae pneumonia and virus co-infections and prescribed antibiotics in children.

Conclusions

We found that the prevalence of *M. pneumoniae* and virus co-infection and the prescribed antibiotics may differ according to region, although the overall prevalence of MRMP showed no differences within Korea.

Conflicts of Interest

The authors declare no conflicts of interest.

Data Availability

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request for clinical research purposes.

Informed Consent

Written informed consent was obtained from the parents or guardians of all participants following a detailed explanation of the study.

Ethics Approval

The study protocol was approved by the Institutional Review Board and Ethics Committee of Chungnam National University Hospital (IRB No. 2019-07-037) and all participating medical centers.

Funding

This study was supported by a grant from the Korea Disease Control and Prevention Agency, Republic of Korea (Grant Number: 4800-4821-304).

Authors' Contributions

M.S and H.-J.C gave a substantial contribution to the clinical assessment of children, the analysis of data and the drafting of the paper. All the authors selected and recruited children and were also in charge of the traditional clinical follow-up. J.-Y. S and E.-H. C are responsible for the study design and the approval of the submitted version of the paper. All the authors had complete access to the study data of this work. The authors read and approved the final manuscript.

ORCID ID

Myongsoon Sung: 0000-0002-6329-286X; Eui jeong Roh: 0000-0001-5431-5866; Mi-Hee Lee: 0000-0002-8012-3347; Ji Young Lee: 0000-0002-2260-9939; Ja Kyoung Kim: 0000-0001-6724-3400; Minji Kim: 0000-0001-5588-5414; Eun Kyeong Kang: 0000-0003-4226-0700; Ju-Hee Seo: 0000-0001-6783-2942; Eun Lee: 0000-0002-0145-7067; Eun Seok Yang: 0000-0003-1919-5429; Hyeong-Jong Yang: 0000-0002-7287-4300; Man Yong Han: 0000-0002-9077-5779; Jung Yeon Shim: 0000-0001-9367-2233; Eun hee Chung: 0000-0001-9380-0151.

References

- Jain S, Williams DJ, Arnold SR, Ampofo K, Bramley AM, Reed C, StockmannC, Anderson EJ, Grijalva CG, Self WH, Zhu Y, Patel A, Hymas W, Chappell JD, Kaufman RA, Kan JH, Dansie D, Lenny N, Hillyard DR, Haynes LM, Levine M, Lindstrom S, Winchell JM, Katz JM, Erdman D, Schneider E, Hicks LA, Wunderink RG, Edwards KM, Pavia AT, McCullers JA, Finelli L, CDC EPIC Study Team. Community-acquired pneumonia requiring hospitalization among U.S. children. N Engl J Med 2015; 372: 835-845.
- Kim JH, Kim JY, Yoo CH, Seo WH, Yoo Y, Song DJ, Choung JT. Macrolide resistance and its impacts on M. pneumoniae pneumonia in children: comparison of two recent epidemics in Korea. Allergy, Asthma Immunol Res 2017; 9: 340-346.
- Lee JK. Persistent high macrolide resistance rate and increase of macrolide-resistant ST14 strains among Mycoplasma pneumoniae in South Korea, 2019e2020.
- 4) Mirijello A, La Marca A, D'Errico MM, Curci S, Vendemiale G, Grandone E, De Cosmo S. Venous thromboembolism during mycoplasma pneumoniae infection: case report and review of the literature. Eur Rev Med Pharmacol Sci 2020; 24: 10061-10068.
- Pereyre S, Goret J, Bébéar C. Mycoplasma pneumoniae: current knowledge on macrolide resistance and treatment. Front Microbiol 2018; 7: 97.
- Dumke R, Ziegler T. Long-Term Low Rate of Macrolide-Resistant Mycoplasma pneumoniae Strains in Germany. Antimicrob Agents Chemother 2019; 63: e00455-19.
- Hong KB, Choi EH, Lee HJ, Lee SY, Cho EY, Choi JH, Kang HM, Lee J, Ahn YM, Kang YH, Lee JH. Macrolide resistance of Mycoplasma pneumoniae, South Korea, 2000-2011. Emerg Infect Dis 2013; 19: 1281-1284.
- Meyer Sauteur PM, Unger WW J, Nadal D, Berger C, Vink C, MC van Rossum Annemarie. Infection with and carriage of mycoplasma pneumoniae in children. Front Microbiol 2016: 23; 7: 329.
- 9) Tanaka T, Oishi T, Miyata I, Wakabayashi S, Kono M, Ono S, Kato A, Fukuda Y, Saito A, Kondo E, Teranishi H, Tanaka Y, Wakabayashi T, Akaike H, Ogita S, Ohno N, Nakano T, Terada K, Ouchi K. Macrolide-resistant mycoplasma pneumoniae infection, Japan 2008-2015. Emerg Infect Dis 2017; 23: 1703-1706.
- Lee JK, Seong MW, Yun KW, Choi EH. Association of tandem repeat number variabilities in subunit S of the type I restriction-modification system with macrolide resistance in mycoplasma pneumoniae. J Clin Med 2022; 11: 715.
- Seo YH, Kim JS, Seo SC, Seo WH, Yoo Y, Song DJ, Choung JT. Predictive value of C-reactive protein in response to macrolides in children with macrolide-resistant mycoplasma pneumoniae pneumonia. Korean J Pediatr 2014; 57: 186-192.
- 12) Lee YJ, Ahn YM, Jang GC, Chung HL, Chung EH, Hwang YH, Shim JY. Real-world treatment

pattern of mycoplasma pneumonia in hospitalized children: a multicenter retrospective study. Allergy Asthma Respir Dis 2020; 8: 66-72.

- Suzuki S, Yamazaki T, Narita M, Okazaki N, Suzuki I, Andoh T, Matsuoka M, Kenri T, Arakawa Y, Sasaki T. Clinical evaluation of macrolide-resistant mycoplasma pneumoniae. Antimicrob Agents Chemother 2006; 50: 709-712.
- Chen YC, Hsu WY, Chang TH. Macrolide-resistant mycoplasma pneumoniae infections in pediatric community-acquired pneumonia. Emerg Infect Dis 2020; 26: 1382-1391.
- Yang EA, Kang HM, Rhim JW, Kang JH, Lee KY. Early Corticosteroid therapy for mycoplasma pneumoniae pneumonia irrespective of used antibiotics in children. J Clin Med. 2019; 8: 726.
- 16) Han HY, Park KC, Yang EA, Lee KY. Macrolide-resistant and macrolide-sensitive mycoplasma pneumoniae pneumonia in children treated using early corticosteroids. J Clin Med 2021; 10: 1309.
- 17) The Korean Academy of Pediatric Allergy and Respiratory Disease, The Korean Society of Pediatric Infectious Diseases. Guidelines for treating macrolide refractory severe mycoplasma pneumonia in children -2019-. Seoul (Korea): The Korean Academy of Pediatric Allergy and Respiratory Disease, The Korean Society of Pediatric Infectious Diseases; 2020.
- Yang HJ. How can we treat childhood mycoplasma pneumonia in real practice? Allergy Asthma Respir Dis 2020; 8: 51-52.
- Mandell LA. Community-acquired pneumonia: an overview. Postgrad Med 2015; 127: 607-615.
- 20) Roh EJ, Lee MH, Lee JY, Kim HB, Ahn YM, Kim JK, Kim HY, Jung SS, Kim M, Kang EK, Yang EA, Lee SJ, Park Y, Seo JH, Lee E, Yang ES, Park KS, Shin M, Chung HL, Jang YY, Choi BS, Jung JA, Yu ST, Sung M, Kim JT, Kim BS, Hwang YH, Sol IS, Yang HJ, Han MY, Yew HY, Cho HM, Kim HY, Ahn YH, Lee ES, Kim DH, Hwang K, Jung SO, SY, Chung EH. Analysis of national surveillance of respiratory pathogen for children and adolescents' community acquired pneumonia. BMC Infect Dis 2022; 22: 330.
- Kim JH, Kim EJ, Kwon JH, Seo WH, Yoo Y, Choung JT, Song DJ. Clinical characteristics of respiratory viral coinfection in pediatric mycoplasma pneumoniae pneumonia. Allergy Asthma Respir Dis 2017; 5: 15-20.
- 22) Lee E, Kim CH, Lee YJ, Kim HB, Kim BS, Kim HY, Kim YS, Park C, Seo JH, Sol IS, Sung M, Song MS, Song DJi, Ahn YM, Oh HL, Yu J, Jung S, Lee KS, Lee JS, Jang GC, Jang YY, Chung EH, Chung HL, Choi SM, Choi YJ, Han MY, Shim JY, Kim JT, Kim CK, Yang HJ, Pneumonia and Respiratory Disease Study Group of Korean Academy of Pediatric Allergy and Respiratory Disease. Annual and seasonal patterns in etiologies of pediatric community-acquired pneumonia due to respiratory viruses and mycoplasma pneumoniae requiring hospitalization in South Korea. BMC Infect Dis 2020; 20: 132.

- 23) Lee H, Yun KW, Lee HJ, Choi EH. Antimicrobial therapy of macrolide-resistant mycoplasma pneumoniae pneumonia in children. Expert Rev Anti Infect Ther 2018; 16: 23-34.
- 24) Morozumi M, Okada T, Tajima T, Ubukata K, Iwata S. Killing kinetics of minocycline, doxycycline and tosufloxacin against macrolide-resistant Mycoplasma pneumoniae. Int J Antimicrob Agents 2017; 50: 255-257.
- Ishiguro N, Koseki N, Kaiho M, Ariga T, Kikuta H, Togashi T, Oba K, Morita K, Nagano N,

Nakanishi M, Hara K, Hazama K, Watanabe T, Yamanaka T, Sasaki S, Furuyama H, Shibata M, Shida S, Ishizaka A, Tabata Y, Aoyagi H, Naito H, Yoshioka M, Horino A, Kenri T, Hokkaido Pediatric Respiratory Infection Study Group. Therapeutic efficacy of azithromycin, clarithromycin, minocycline and tosufloxacin against macrolide-resistant and macrolide-sensitive mycoplasma pneumoniae pneumonia in pediatric patients. PLoS One 2017; 12: e017365.