



Real-world data on the survival outcome of patients with newly diagnosed Waldenström macroglobulinemia

Jang Ho Cho^{1,2,*}, Joon-Ho Shim^{3,4,*}, Sang Eun Yoon², Hee-Jin Kim⁵, Sun-Hee Kim⁵, Young Hye Ko⁶, Seung-Tae Lee⁷, Kihyun Kim², Won Seog Kim², and Seok Jin Kim^{2,4}

¹Division of Oncology, Department of Internal Medicine, Incheon St. Mary's Hospital, College of Medicine, The Catholic University of Korea, Incheon; ²Division of Hematology-Oncology, Department of Medicine, ³Samsung Genome Institute, Samsung Medical Center, Sungkyunkwan University School of Medicine, Seoul; ⁴Department of Health Science and Technology, Samsung Advanced Institute of Health Science and Technology, Sungkyunkwan University, Seoul; Departments of ⁵Laboratory Medicine & Genetics and ⁶Pathology, Samsung Medical Center, Sungkyunkwan University School of Medicine, Seoul; ⁷Department of Laboratory Medicine, Yonsei University College of Medicine, Seoul, Korea

Received: November 2, 2019

Revised: January 13, 2020

Accepted: January 31, 2020

Correspondence to
Seok Jin Kim, M.D.

Division of Hematology-Oncology, Department of Medicine, Samsung Medical Center, Sungkyunkwan University School of Medicine, 81 Irwon-ro, Gangnam-gu, Seoul 06351, Korea
Tel: +82-2-3410-1766
Fax: +82-2-3410-1754
E-mail: kstwoh@skku.edu
https://orcid.org/0000-0002-2776-4401

*These authors contributed equally to this work.

Background/Aims: Waldenström macroglobulinemia (WM) is a rare lymphoproliferative disorder that usually follows an indolent clinical course. However, some patients show an aggressive clinical course leading to death. We explored the risk factors predicting poor prognosis in WM patients.

Methods: We retrospectively analyzed 47 patients diagnosed with WM between 2000 and 2018 to explore risk factors predicting poor prognosis using various clinical and laboratory parameters and risk models including the International Prognostic Staging System for WM (IPSS-WM).

Results: Over a median follow-up duration of 80.4 months, 29 patients died. The main causes of death were disease progression, organ failure related to amyloidosis, and infection. The median overall survival (OS) was 55.1 months, and 14 patients, including three with amyloidosis, died within 2 years. Serum β 2-microglobulin level higher than 4 mg/dL was significantly associated with poor OS. Accordingly, the IPSS-WM showed a significant association with poor prognosis compared with other risk models, and the low-risk group had better OS than intermediate- and high-risk groups. In the retrospective analysis using the results of targeted sequencing in two cases representing good and bad prognosis, different patterns of mutation profiles were observed, including mutations of *MYD88*, *TP53*, *ARID1A*, and *JAK2* in a refractory case.

Conclusions: Serum β 2-microglobulin could be a single biomarker strongly predictive of poor survival of WM patients, and the low-risk group of the IPSS-WM risk model including serum β 2-microglobulin has better prognostic value than other risk models. Mutation analysis also might provide additional information to predict high-risk patients.

Keywords: Waldenström macroglobulinemia; Amyloidosis; Survival; Rituximab

INTRODUCTION

Waldenström macroglobulinemia (WM) is a rare lymphoproliferative disorder, with a worldwide incidence of three to

five cases per million persons per year [1]. The diagnosis of WM requires immunoglobulin M (IgM) monoclonal gammopathy of any concentration and bone marrow infiltration by lymphoplasmacytic

lymphoma (LPL) cells [2]. WM generally occurs in elderly people and follows an indolent clinical course with median survival of 50 to 60 months [3]. Thus, many patients with WM may be asymptomatic at diagnosis, and urgent therapy might not be required in most cases. The Second International Workshop on WM recommended initiating therapy in WM patients with constitutional symptoms, symptomatic lymphadenopathy or splenomegaly, anemia (hemoglobin ≤ 10 g/dL) or thrombocytopenia (platelet count $< 100 \times 10^9/L$), and complications related to increased level of IgM such as neuropathy and amyloid light chain (AL) amyloidosis [4].

Various drugs have been used as primary treatment for newly diagnosed WM, from classical alkylating agents to monoclonal antibodies such as rituximab, and a recent meta-analysis showed that rituximab-based immunochemotherapy could be highly effective for WM, with tolerable toxicities [5]. Furthermore, the use of novel targeted agents such as the Bruton tyrosine-kinase inhibitor ibrutinib improves the outcome of WM patients, according to a recent phase III study comparing ibrutinib and rituximab with rituximab alone [6]. However, early disease progression and death may occur in some patients even though the recent Swedish Lymphoma Registry between 2000 and 2014 showed median overall survival of 96 months [7]. Although they might account for a small portion of WM patients, the identification of patients at high risk of early progression and death is important to prevent treatment failure.

For prognostication in WM patients, the International Prognostic Staging System for WM (IPSS-WM) based on disease parameters evaluated at the time of first-line treatment is the most widely accepted prognostic index, consisting of age > 65 years, hemoglobin ≤ 11.5 g/dL, platelet count $\leq 100 \times 10^9/L$, serum β_2 -microglobulin ≥ 3 mg/dL, and serum monoclonal protein > 7 g/dL [8]. Other prognostic models have been proposed consisting of parameters similar to that of IPSS-WM, such as age or hemoglobin and β_2 -microglobulin levels [9-11]. Furthermore, a recent study proposed a progression risk classification of asymptomatic WM (AWM risk) patients using bone marrow LPL cells greater than 70%, increased IgM level higher than 4.5g/dL, albumin less than 3.5 g/dL, and serum β_2 -microglobulin ≥ 4 mg/dL [12]. Thus, we analyzed the feasibility of those risk models to identify patients at high risk of progression and death and explored

parameters predicting poor prognosis in WM patients.

METHODS

We reviewed the electronic medical records of patients who were pathologically diagnosed with lymphoma and plasma cell neoplasm at Samsung Medical Center between 2000 and 2018 and searched for the term 'lymphoplasmacytic lymphoma' or 'Waldenström macroglobulinemia.' Among 72 patients diagnosed with LPL or WM, we identified 55 patients with WM after excluding LPL patients without IgM monoclonal gammopathy. As the purpose of this study was to explore parameters predicting poor prognosis based on baseline clinical and laboratory characteristics in WM patients, we selected only symptomatic WM patients requiring treatment. Thus, we excluded eight patients with asymptomatic WM who did not receive treatment after initial diagnosis. Ultimately, we analyzed 47 symptomatic WM patients and collected parameters at diagnosis known to be related to prognosis, including age at diagnosis, Eastern Cooperative Oncology Group (ECOG) performance status, percentage of bone marrow LPL cells, hemoglobin level, platelet count, serum albumin, β_2 -microglobulin, and serum lactate dehydrogenase levels. We further obtained information on presenting clinical manifestations including constitutional symptoms, lymphadenopathy, and hepatosplenomegaly, as well as the site of involvement and presence of AL amyloidosis. Clinical and laboratory characteristics were analyzed, and the best response to the first-line treatment was compared according to the response criteria recommended from the Third International Workshop on WM [13].

We also gathered the results of targeted sequencing from the data registry of our prospective cohort after written informed consent (ClinicalTrials.gov Identifier: NCT01877109). Targeted sequencing was performed with paraffin-embedded tissue samples using the HemaSCAN containing 425 genes related to hematological malignancies (Supplementary Table 1) [14]. Thus, we retrospectively analyzed the mutation profiles of two representative cases to compare the distribution of mutations between good and poor prognoses. Detailed methods have been described previously [14,15]. Briefly, genomic DNA was extracted using a QIAamp DNA Mini

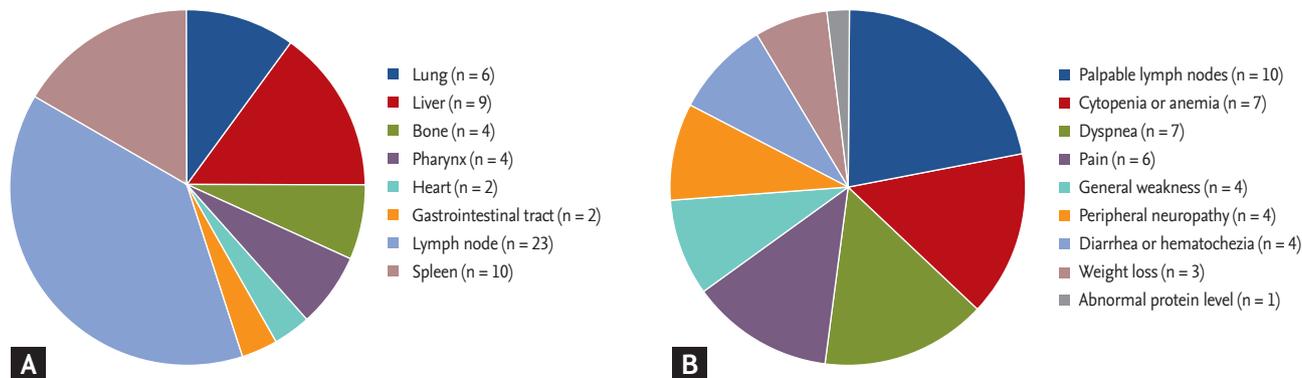


Figure 1. (A) Distribution of involved sites. (B) Frequency of clinical presentation.

kit (Qiagen, Valencia, CA, USA). The mean sequencing coverage was greater than 700x. Somatic alterations including mutations, copy number alteration, and structure variants were called using a previously described pipeline: MuTect version 1.1.6, Lowfreq version 0.6.1, Pindel version 0.2.5a4 software, and a custom-built in-house algorithm were used [15-17].

For statistical analysis, the chi-square test was used for comparison of characteristics, the Kaplan–Meier method was used for univariate analysis of survival outcomes, and the log-rank test was used for comparisons. Cox regression hazard analysis was also performed for multivariate analysis of overall survival. Overall survival was measured from the date of diagnosis to the date of death from any cause and was censored at the date of the last follow-up visit. Statistical associations were determined by the log-rank test. Two-sided *p* values < 0.05 were considered significant. All analyses were performed using SPSS version 23.0 (IBM SPSS Inc., Armonk, NY, USA) and R3.6.1 software. This study was approved by the Institutional Review Board of Samsung Medical Center, Seoul, Korea, and the requirement for informed consent was waived because of the retrospective nature of the study (No. 2018-06-149). All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

RESULTS

Characteristics of patients at diagnosis

The median age of the 47 patients was 68 years (range, 27 to 86) at diagnosis, and patients over 65 years old accounted for 62% (29/47) of patients. As all patients were referred from primary physicians or a secondary hospital to our center, a tertiary hospital, most patients had symptoms and/or signs associated with WM, including symptomatic lymphadenopathy, dyspnea, cytopenia, neuropathy, and constitutional symptoms such as weakness. However, the frequency of B symptoms was very low (6%, 3/47). Accordingly, most patients showed good performance status (ECOG PS 0/1, 85%, 40/47). Lymphadenopathy was observed in half of the patients (49%, 23/47), and 16 patients (34%) showed ≥ 2 involved extranodal sites. Hepatomegaly and/or splenomegaly were found in 38% of patients (18/47), and one other involved extranodal sites included the lung and gastrointestinal tract (Fig. 1A). Clinical manifestations at the time of initial visit to the clinic were variable and included lymph node enlargement, dyspnea, weakness, and peripheral neuropathy (Fig. 1B). The median percentage of tumor cells in bone marrow aspirates was 35% (range, 10% to 90%). More than half of the patients (57%, 27/47) had a hemoglobin level lower than 10 g/dL, while only nine patients had thrombocytopenia (platelet count < 100 × 10⁹/L, 19%, 9/47). The presence of cold agglutinin was not initially evaluated in most patients, and level of hemoglobin and thrombocytopenia was not significantly associated with percentage of tumor cells in the bone

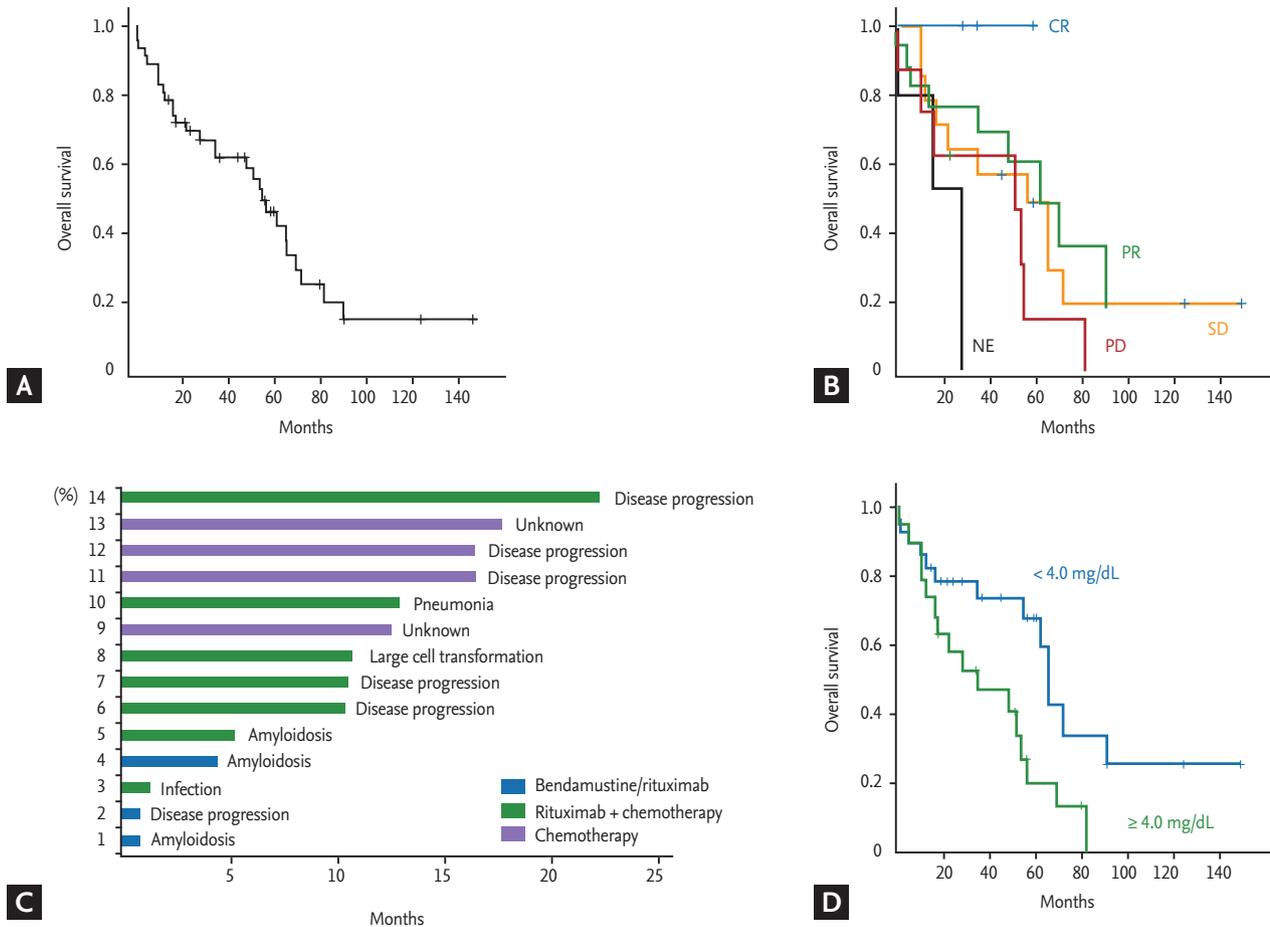


Figure 2. (A) Overall survival. (B) Comparison of overall survival by response to initial treatment. (C) Survival duration and cause of death in patients who died within 2 years of diagnosis. (D) Survival differences according to high and low serum β -microglobulin level. CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease; NE, not evaluated.

marrow (data not shown). All patients had IgM monoclonal gammopathy, and the level of IgM was variable (median, 3,614 mg/dL; range, 316 to 10,795). However, there were no cases with hyperviscosity symptoms such as headache. Decreased serum albumin (median, 3.6 g/dL; range, 2.3 to 4.4) and increased β 2-microglobulin levels (median, 3.6 mg/dL; range, 1.1 to 9.1) were also observed. Three patients with AL amyloidosis presenting with neuropathic pain or diarrhea were finally diagnosed with WM after bone marrow aspiration and immune phenotyping analysis. However, not all patients received a systemic evaluation sufficient to exclude the presence of AL amyloidosis including biopsy at the time of diagnosis based on the review of medical records. Thus, the exact frequency of AL amyloidosis in WM patients could not be determined by the data of this study.

Treatment and survival outcomes

Because use of rituximab was not approved by the Korean Health Insurance System before 2013, only 19 patients received rituximab-containing immunochemotherapy according to previously reported protocols [18,19]: R-CHOP (rituximab, cyclophosphamide, doxorubicin, vincristine, and prednisone, n = 6), R-CVP (rituximab, cyclophosphamide, vincristine, and prednisone, n = 1), R-CD (rituximab, cyclophosphamide, and dexamethasone, n = 2), or BR (bendamustine plus rituximab, n = 10). The remaining 28 patients who were diagnosed with WM before 2013 received alkylator chemotherapy such as chlorambucil (n = 16) or cyclophosphamide plus prednisolone (n = 12). Out of 10 patients receiving BR, nine responded (complete response [CR] 2, partial response [PR] 7), whereas five patients responded to other ritux-

Table 1. Clinical features and outcome of patients with presence of amyloid

Variable	Male/76 yr	Female/76 yr	Male/50 yr
Immunophenotype	IgM/kappa	IgM/lambda	IgM/kappa, lambda
Initial symptom	Diarrhea	Chest pain	Diarrhea
Paraproteinemia, mg/dL	IgM 1,831	IgM 2,348	IgM 5,630
Serum monoclonal protein, g/dL	0.19	1.2	3.3
Bone marrow involvement, %	60	70	70
Involved organ	Gastrointestinal tract, heart, nerve	Heart, nerve	Gastrointestinal tract, heart, liver, nerve
NT-proBNP, pg/mL	355.8	6,001	906.4
Troponin T, ng/mL	0.0027	0.084	0.014
First-line treatment	Bendamustine, rituximab	Bendamustine, rituximab	Rituximab, cyclophosphamide, dexamethasone
Hematologic response	Partial response	Partial response	Partial response
Organ response	None	None	None
Overall survival, mon	0.8	4.5	5.3
Survival	Dead	Dead	Dead
Cause of death	Sepsis and heart failure	Heart failure	Sepsis

IgM, immunoglobulin M; NT-proBNP, natriuretic peptide pro-brain natriuretic peptide.

imab-containing immunochemotherapy (CR₁ 1, PR 4). Among the 19 patients receiving rituximab-containing immunochemotherapy, there was no case showing laboratory findings suspicious of IgM flare. The response of alkylator chemotherapy was not satisfactory; only six patients showed PR, while the remaining patients showed stable disease (SD; n = 16) or progression (n = 6). With a median follow-up duration of 80.4 months (95% confidence interval [CI], 45.8 to 115.0), 29 patients died due to disease progression (n = 18), organ failure related to amyloidosis (n = 3), infection (n = 4), unknown cause (n = 3), and lung cancer (n = 1). The median OS was 55.1 months at the time of analysis (95% CI, 43.3 to 66.8) (Fig. 2A). Although the number of patients in each treatment group was too small for statistical significance, complete responders to the first-line treatment showed better overall survival (OS) than patients with PR and other responses (Fig. 2B). Among the 47 patients, 14 died within 2 years of the first diagnosis. Their cause of death was mainly associated with disease, including presence of amyloidosis regardless of first-line treatment regimen (Fig. 2C). Patients with amyloidosis who failed to show organ response and clinical symptoms such as pain, diarrhea, and heart failure did not improve, even though

serum level of immunoglobulin decreased after chemotherapy. They eventually died due to organ failure related to amyloidosis (Table 1).

Risk factor analysis

Clinical and laboratory characteristics at diagnosis were compared according to the final survival outcome (Table 2). Increased serum β 2-microglobulin level (> 4 mg/dL) was more frequently found in patients who died compared to surviving patients ($p = 0.014$). However, there were no other parameters significantly associated with occurrence of death even though we performed statistical analyses using various cutoff values for IgM level, hemoglobin, albumin, and percentage of bone marrow LPL cells. The cutoff of IgM (4.5 g/dL) and bone marrow LPL cells (70%) in the progression risk classification of asymptomatic WM was also not related to the occurrence of death (Table 2). Accordingly, serum β 2-microglobulin level higher than 4 mg/dL was significantly associated with OS ($p = 0.015$) (Fig. 2D). Among four risk models applied to our patients, IPSS-WM risk and Mayo risk models showed high incidence of death in patients designated as high-risk. However, as 75% of patients belonged to the high-risk group of the Mayo

Table 2. Characteristics of patients at diagnosis

Characteristic	All patients (n = 47)	Alive (n = 18)	Death (n = 29)	p value
Sex				0.108
Male	33 (70)	10 (30)	23 (70)	
Female	14 (30)	8 (57)	6 (43)	
Age, yr				0.229
≤ 65	18 (38)	9 (50)	9 (50)	
> 65	29 (62)	9 (31)	20 (69)	
ECOG PS				0.692
0/1	40 (85)	16 (40)	24 (60)	
≥ 2	7 (15)	2 (29)	5 (71)	
Serum LDH				0.219
Normal	36 (77)	16 (44)	20 (56)	
Increased	8 (17)	2 (25)	6 (75)	
Unknown	3 (6)	0	3 (100)	
Lymphadenopathy				0.556
Absence	24 (51)	8 (33)	16 (67)	
Presence	23 (49)	10 (44)	13 (56)	
Hepatosplenomegaly				0.356
Absence	29 (62)	13 (45)	16 (55)	
Presence	18 (38)	5 (28)	13 (72)	
Albumin				0.122
≥ 3.5 g/dL	29 (62)	14 (48)	15 (52)	
< 3.5 g/dL	18 (38)	4 (22)	14 (78)	
β2-microglobulin				0.014
≤ 4 mg/dL	28 (60)	15 (54)	13 (46)	
> 4 mg/dL	19 (40)	3 (16)	16 (84)	
Hemoglobin				0.226
> 10 g/dL	20 (43)	10 (50)	10 (50)	
≤ 10 g/dL	27 (57)	8 (30)	19 (70)	
Platelet				0.449
> 100,000/L	38 (81)	16 (42)	22 (58)	
≤ 100,000/L	9 (19)	2 (22)	7 (78)	
Albumin				0.726
≥ 4 g/dL	11 (23)	5 (46)	6 (54)	
< 4 g/dL	36 (77)	13 (36)	23 (64)	
IgM				0.111
< 4.5 g/dL	32 (68)	15 (47)	17 (53)	
≥ 4.5 g/dL	15 (32)	3 (20)	12 (80)	
B symptoms				0.276
Absence	44 (94)	18 (41)	26 (59)	
Presence	3 (6)	0	3 (100)	
Amyloidosis				0.276
Unknown	44 (94)	18 (41)	26 (59)	

Table 2. Continued

Characteristic	All patients (n = 47)	Alive (n = 18)	Death (n = 29)	p value
Presence	3 (6)	0	3 (100)	
Bone marrow tumor cell				0.716
< 70%	38 (81)	14 (37)	24 (63)	
≥ 70%	9 (19)	4 (44)	5 (56)	
IPSS-WM risk				0.003
Low	4 (8)	4 (100)	0	
Intermediate	23 (49)	11 (48)	12 (52)	
High	20 (43)	3 (15)	17 (85)	
French group risk				0.186
Low	6 (13)	4 (67)	2 (33)	
Intermediate	16 (34)	7 (44)	9 (56)	
High	25 (53)	7 (28)	18 (72)	
Mayo risk				0.024
Low	4 (16)	4 (100)	0	
Intermediate	5 (9)	1 (20)	4 (80)	
High	38 (75)	13 (34)	25 (66)	
SWOG risk				0.138
Low	7 (15)	5 (71)	2 (29)	
Medium	26 (55)	9 (35)	17 (65)	
High	14 (30)	4 (29)	10 (71)	
Treatment				0.065
BR	10 (21)	7 (70)	3 (30)	
R-CTx	9 (19)	3 (33)	6 (67)	
CTx	28 (60)	8 (28)	20 (71)	

Values are presented as number (%).

ECOG, Eastern Cooperative Oncology Group; PS, performance status; LDH, lactate dehydrogenase; IgM, immunoglobulin M; IPSS-WM, International Prognostic Staging System for Waldenström macroglobulinemia; SWOG, Southwest Oncology Group; BR, bendamustine, rituximab; R-CTx, rituximab-chemotherapy; CTx, chemotherapy.

risk model, its clinical relevance was lower than that of the IPSS-WM risk model, designating 43% of patients as high-risk (Table 2). However, the comparison of OS based on risk model showed that only low-risk patients had better OS than intermediate- and high-risk patients ($p < 0.05$), whereas there was no difference between intermediate- and high-risk patients in the IPSS-WM risk model (Fig. 3A). The association of other risk models with OS was not significant (Fig. 3B-3D).

Mutation analysis

Although evaluation of the MYD88 L265P mutation was not performed in all patients at diagnosis, our previous

analysis using the mutant enrichment 3'-modified oligonucleotide-polymerase chain reaction technique found 21 out of 28 LPL cases (75%) with the MYD88 L265P mutation in bone marrow aspirates [20]. In addition to the above-mentioned 21 cases, we performed targeted sequencing using paraffin-embedded tissue blocks from two representative cases from our study population. One case (male/68 years old with IgM/kappa) showed early death within 2 years after diagnosis. Although he was treated with rituximab-CHOP chemotherapy immediately after diagnosis, disease progression occurred after the fifth cycle and became refractory to subsequent salvage chemotherapies. The other case (female/69 years

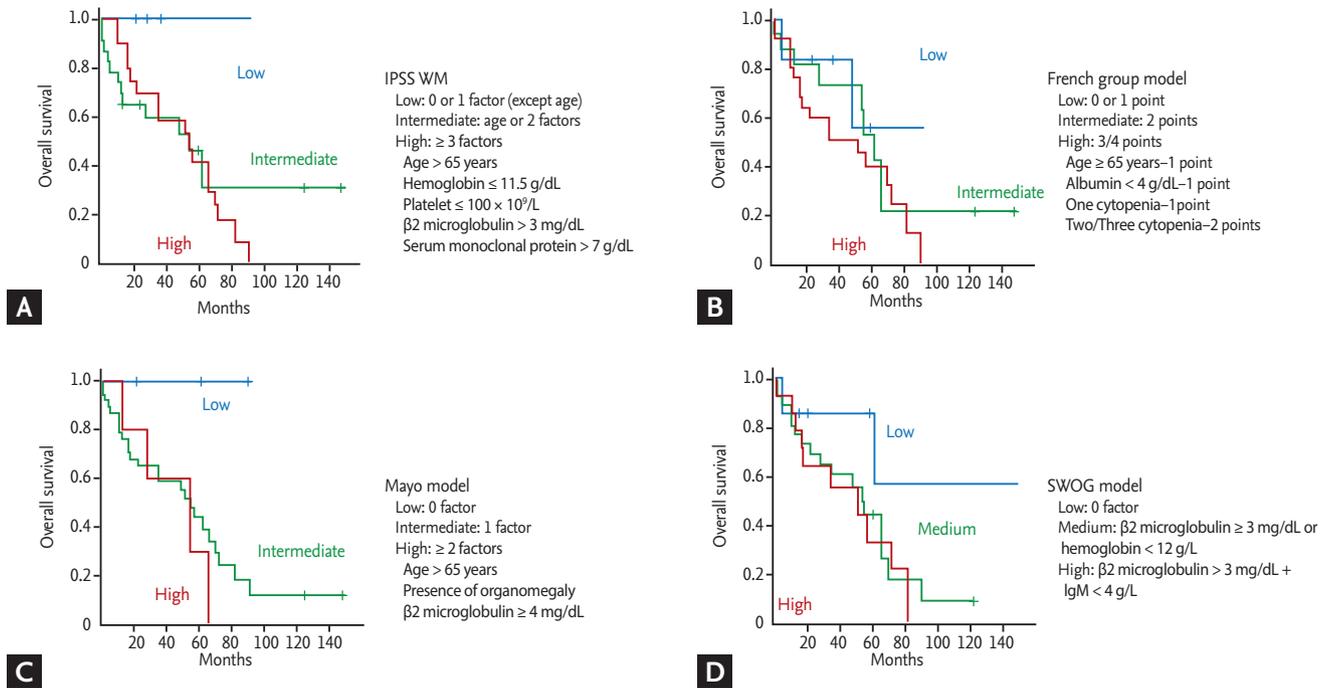


Figure 3. (A) Survival comparison by the International Prognostic Staging System for Waldenström macroglobulinemia (IPSS-WM), (B) French group model, (C) Mayo model, and (D) Southwest Oncology Group (SWOG) model. IgM, immunoglobulin M.

old with IgM/lambda) survived. Although she experienced relapse 3 years after completion of her first-line treatment (R-CHOP), she responded to the salvage chemotherapy including rituximab. Comparison of sequences revealed differences between the two cases, including mutations of *MYD88*, *TP53*, *ARID1A*, and *JAK2* in the ED case (Fig. 4A).

DISCUSSION

WM is an extremely rare disease in Asian countries, and most data are from Western patients. Indeed, a nationwide analysis of the incidence of malignant lymphoma according to the WHO classification between 2005 and 2006 reported an incidence rate of 0.3% in Korea [21]. The clinical course of WM is variable, ranging from asymptomatic cases with increased IgM to symptomatic cases with cytopenia and organomegaly. Thus, approximately 40% of WM patients have a mild form of anemia; other non-specific symptoms may include weakness, fatigue, and weight loss. One-third of patients may have lymph node enlargement and hepatosplenomegaly. As

a substantial number of patients with WM follow an indolent course without progression to an aggressive state for a long time, treatment initiation should not be based on serum IgM level. Instead, a ‘watch and wait’ strategy could be considered until patients develop symptoms requiring therapy. However, 29 patients had died at the time of analysis in our study, and the majority was due to disease progression. As 14 patients died within 2 years of diagnosis, the median OS was 55.1 months, which was lower than that of a recently published Swedish nationwide dataset reporting a median OS of 96 months [7]. This difference might be associated with the symptomatic aggressive WM in the majority of patients in our study, as mentioned above. Furthermore, most patients who were diagnosed with WM before 2013 received chemotherapy with alkylators due to reimbursement issues with rituximab-containing immunochemotherapy. Indeed, their response was poor (PR 6, SD 16, and progressive disease 6), which may have led to inferior outcomes for our patients. Currently, alkylators or nucleoside analogues are not recommended for patients younger than 65 years to avoid secondary malignancies and disease transformation, and rituximab-containing immu-

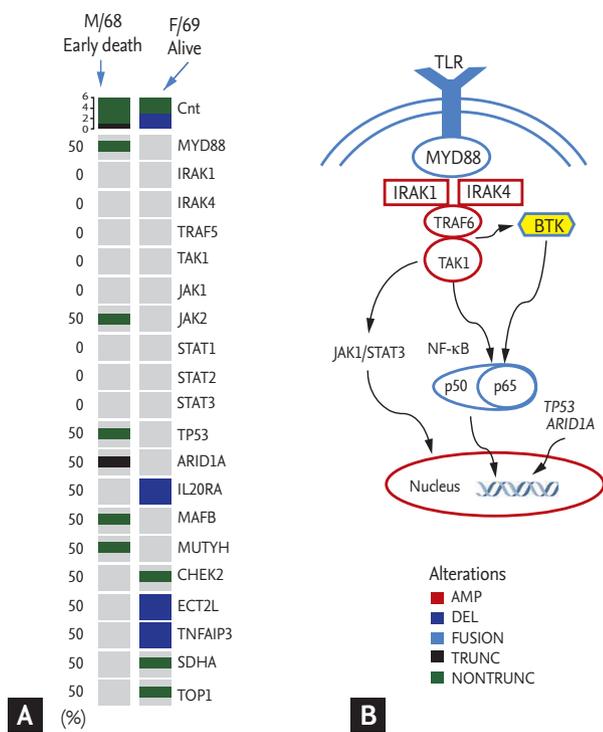


Figure 4. (A) Heatmap illustrating genetic alterations detected in the two representative cases. Mutations in *MYD88*, *TP53*, *ARID1A*, and *JAK2* were identified in the early death case (male/68 yr). (B) Signaling pathway related to *MYD88*, *TP53*, and *ARID1A*. TLR, Toll-like receptor; MYD88, myeloid differentiation primary response 88; IRAK, interleukin-1 receptor (IL-1R) associated kinase; TRAF6, tumor necrosis factor receptor associated factor 6; TAK1, transforming growth factor- β -activated kinase 1; JAK1, Janus kinase 1; STAT3, signal transducer and activator of transcription 3; NF- κ B, nuclear factor-kappa B; BTK, Bruton tyrosine kinase; TP53, tumor protein 53; ARID1A, AT-rich interactive domain-containing protein 1A; AMP, amplification; DEL, deletion; TRUNC, truncated mutation; NONTRUNC, non-truncated mutation.

nochemotherapy regimens have become the mainstay of treatment [22]. In particular, a phase III non-inferiority study comparing BR with R-CHOP as the first-line treatment reported that BR is associated with longer progression-free survival (69 months vs. 29 months) and better tolerance in WM patients [19]. Although we could not show significant difference of OS according to the type of treatment due to the small number of patients in each treatment group and the retrospective nature of our study, the BR regimen could be one treatment option for WM patients like the currently preferred R-CD regimen, considering its efficacy and tolerable toxicity

compared to R-CHOP [23].

In this study, we evaluated the predictive value of IPSS-WM and other prognostic models for predicting the poor prognosis in WM patients [8-11]. However, the comparison of OS based on risk model showed that only low-risk patients had better OS than intermediate- and high-risk patients, whereas there was no difference between intermediate- and high-risk patients in the IPSS-WM risk model (Fig. 3A). In addition, prognostic values of other risk models were less than we expected in Korean WM patients. When we performed univariate analysis using previously reported prognostic factors, including age more than 65 years, presence of cytopenia, serum IgM level, percentage of bone marrow tumor cells, and poor performance status, only serum β 2-microglobulin level higher than 4 mg/dL was significantly associated with OS. Given that serum β 2-microglobulin level is included as a component of three prognostic models (IPSS-WM, Mayo, and Southwest Oncology Group [SWOG]), measurement of serum β 2-microglobulin might be useful for predicting poor survival outcome of WM as a single biomarker. However, our study has several limitations. First, treatment regimens were heterogeneous, and the number of patients in each treatment was too small to draw a solid conclusion. Second, our results could be influenced by selection bias due to the retrospective nature of this single-institute study. Accordingly, multivariate analysis could not be performed. Further studies with a larger study population should be performed to evaluate the prognostic value of other parameters such as serum IgM level and bone marrow tumor cells considering their potential association with poor prognosis of WM. The increased level of IgM could induce amyloid deposits, resulting in light chain (AL) amyloidosis, and IgM-related amyloidosis is present in 5% to 7% of patients with AL amyloidosis [24,25]. In this study, three patients with AL amyloidosis died due to organ failure related to amyloidosis, even though they all showed a hematologic response to BR or R-CD (Table 1). However, systemic evaluation for the presence of AL amyloidosis was not performed in most patients of this study because amyloidosis is a relatively uncommon event. Thus, the prognostic value of AL amyloidosis in WM patients also should be confirmed in a further prospective study.

As data regarding genomic alterations of WM accu-

multate, genomics-based prognostication has been tried. Although the *MYD88* L265P mutation can be found to a lesser extent in other indolent or aggressive lymphomas such as marginal zone lymphoma and diffuse large B-cell lymphoma, whole-genome sequencing of bone marrow tumor cells reveals *MYD88* L265P as a frequent mutation in patients with WM [26]. Better OS has been reported in patients with the *MYD88* L265P mutation compared to the *MYD88* wild-type [27]. However, the impact of the *MYD88* L265P mutation on OS remains controversial, because no association of overall survival with the *MYD88* L265P mutation was reported in another study [28]. In our study, not all patients were evaluated for the *MYD88* L265P mutation; thus, we could not analyze the association of early death with the mutation. However, the one analyzed case of early death had the *MYD88* L265P mutation as well as mutations in *TP53* and *ARID1A*. The *TP53* mutation has been observed in 7.3% of WM patients who had shorter survival in a previous study [29]. Truncated mutations of *ARID1A* have also been reported in WM patients, including single-nucleotide variants leading to premature protein truncation [30]. Although the precise mechanisms by which these mutations influence the occurrence of early death remain to be elucidated, evaluation of mutation profiles at diagnosis might provide helpful information for predicting early death in WM patients, given their crucial role in the pathogenesis of WM (Fig. 4B).

In summary, we analyzed our experience of managing WM patients and evaluated the prognostic relevance of various risk models for WM. Although we analyzed a relatively small number of patients who were heterogeneously treated due to the retrospective nature of the study, our results suggest that serum β 2-microglobulin level and the IPSS-WM risk model can predict poor survival in WM patients. In addition, mutation analysis might provide additional information on risk models based on clinical and laboratory parameters.

KEY MESSAGE

1. Serum β 2-microglobulin level could be a single biomarker strongly predictive of poor survival of Waldenström macroglobulinemia (WM) patients.

2. The low-risk group of the International Prognostic Staging System for WM risk model has better prognostic value than other risk models, and mutation analysis might provide additional information to predict a high-risk group.

Conflict of interest

No potential conflict of interest relevant to this article was reported.

Acknowledgments

We would like to thank the patients, their families, and their caregivers who made this study possible. We also thank all the study investigators and study staff.

REFERENCES

1. Brandefors L, Kimby E, Lundqvist K, Melin B, Lindh J. Familial Waldenström's macroglobulinemia and relation to immune defects, autoimmune diseases, and haematological malignancies: a population-based study from northern Sweden. *Acta Oncol* 2016;55:91-98.
2. Owen RG. Developing diagnostic criteria in Waldenström's macroglobulinemia. *Semin Oncol* 2003;30:196-200.
3. Bufalino SB, Patel MM, Kruczek KR, et al. Disease characteristics, treatment patterns, and patient outcomes of lymphoplasmacytic lymphoma or Waldenström's macroglobulinemia: a single institution retrospective review. *Blood* 2016;128:5341.
4. Kyle RA, Treon SP, Alexanian R, et al. Prognostic markers and criteria to initiate therapy in Waldenström's macroglobulinemia: consensus panel recommendations from the Second International Workshop on Waldenström's Macroglobulinemia. *Semin Oncol* 2003;30:116-120.
5. Zheng YH, Xu L, Cao C, et al. Rituximab-based combination therapy in patients with Waldenström macroglobulinemia: a systematic review and meta-analysis. *Oncotargets Ther* 2019;12:2751-2766.
6. Dimopoulos MA, Tedeschi A, Trotman J, et al. Phase 3 trial of ibrutinib plus rituximab in Waldenström's macroglobulinemia. *N Engl J Med* 2018;378:2399-2410.
7. Brandefors L, Melin B, Lindh J, Lundqvist K, Kimby E. Prognostic factors and primary treatment for Walden-

- ström macroglobulinemia: a Swedish Lymphoma Registry study. *Br J Haematol* 2018;183:564-577.
8. Morel P, Duhamel A, Gobbi P, et al. International prognostic scoring system for Waldenstrom macroglobulinemia. *Blood* 2009;113:4163-4170.
 9. Dhodapkar MV, Hoering A, Gertz MA, et al. Long-term survival in Waldenstrom macroglobulinemia: 10-year follow-up of Southwest Oncology Group-directed intergroup trial S9003. *Blood* 2009;113:793-796.
 10. Ghobrial IM, Fonseca R, Gertz MA, et al. Prognostic model for disease-specific and overall mortality in newly diagnosed symptomatic patients with Waldenstrom macroglobulinaemia. *Br J Haematol* 2006;133:158-164.
 11. Morel P, Monconduit M, Jacomy D, et al. Patients with the description of a new scoring system and its validation on 253 other patients. *Blood* 2000;96:852-858.
 12. Bustoros M, Sklavenitis-Pistofidis R, Kapoor P, et al. Progression risk stratification of asymptomatic Waldenström macroglobulinemia. *J Clin Oncol* 2019;37:1403-1411.
 13. Treon SP, Gertz MA, Dimopoulos M, et al. Update on treatment recommendations from the Third International Workshop on Waldenstrom's macroglobulinemia. *Blood* 2006;107:3442-3446.
 14. Hyeon J, Lee B, Shin SH, et al. Targeted deep sequencing of gastric marginal zone lymphoma identified alterations of TRAF3 and TNFAIP3 that were mutually exclusive for MALT1 rearrangement. *Mod Pathol* 2018;31:1418-1428.
 15. Shin HT, Choi YL, Yun JW, et al. Prevalence and detection of low-allele-fraction variants in clinical cancer samples. *Nat Commun* 2017;8:1377.
 16. Wilm A, Aw PP, Bertrand D, et al. LoFreq: a sequence-quality aware, ultra-sensitive variant caller for uncovering cell-population heterogeneity from high-throughput sequencing datasets. *Nucleic Acids Res* 2012;40:11189-11201.
 17. Cibulskis K, Lawrence MS, Carter SL, et al. Sensitive detection of somatic point mutations in impure and heterogeneous cancer samples. *Nat Biotechnol* 2013;31:213-219.
 18. Buske C, Hoster E, Dreyling M, et al. The addition of rituximab to front-line therapy with CHOP (R-CHOP) results in a higher response rate and longer time to treatment failure in patients with lymphoplasmacytic lymphoma: results of a randomized trial of the German Low-Grade Lymphoma Study Group (GLSG). *Leukemia* 2009;23:153-161.
 19. Rummel MJ, Niederle N, Maschmeyer G, et al. Bendamustine plus rituximab versus CHOP plus rituximab as first-line treatment for patients with indolent and mantle-cell lymphomas: an open-label, multicentre, randomised, phase 3 non-inferiority trial. *Lancet* 2013;381:1203-1210.
 20. Shin SY, Lee ST, Kim HY, et al. Detection of MYD88 L265P in patients with lymphoplasmacytic lymphoma/Waldenstrom macroglobulinemia and other B-cell non-Hodgkin lymphomas. *Blood Res* 2016;51:181-186.
 21. Kim JM, Ko YH, Lee SS, et al. WHO classification of malignant lymphomas in Korea: report of the third nationwide study. *J Pathol Transl Med* 2011;45:254-260.
 22. Dimopoulos MA, Kastiris E, Owen RG, et al. Treatment recommendations for patients with Waldenström macroglobulinemia (WM) and related disorders: IWWM-7 consensus. *Blood* 2014;124:1404-1411.
 23. Treon SP. How I treat Waldenström macroglobulinemia. *Blood* 2015;126:721-732.
 24. Milani P, Merlini G. Monoclonal IgM-related AL amyloidosis. *Best Pract Res Clin Haematol* 2016;29:241-248.
 25. Kyle RA, Gertz MA. Primary systemic amyloidosis: clinical and laboratory features in 474 cases. *Semin Hematol* 1995;32:45-59.
 26. Treon SP, Xu L, Yang G, et al. MYD88 L265P somatic mutation in Waldenström's macroglobulinemia. *N Engl J Med* 2012;367:826-833.
 27. Treon SP, Gustine J, Xu L, et al. MYD88 wild-type Waldenstrom macroglobulinaemia: differential diagnosis, risk of histological transformation, and overall survival. *Br J Haematol* 2018;180:374-380.
 28. Abeykoon JP, Paludo J, King RL, et al. MYD88 mutation status does not impact overall survival in Waldenström macroglobulinemia. *Am J Hematol* 2018;93:187-194.
 29. Poulain S, Roumier C, Bertrand E, et al. TP53 mutation and its prognostic significance in Waldenstrom's macroglobulinemia. *Clin Cancer Res* 2017;23:6325-6335.
 30. Hunter ZR, Yang G, Xu L, Liu X, Castillo JJ, Treon SP. Genomics, signaling, and treatment of Waldenström macroglobulinemia. *J Clin Oncol* 2017;35:994-1001.

Supplementary Table 1. Gene list included in HemaSCAN

<i>ABL1</i>	<i>ACTB</i>	<i>ADGRA2</i>	<i>AKT1</i>	<i>AKT2</i>	<i>AKT3</i>	<i>ALK</i>
<i>AMER1</i>	<i>ANKRD11</i>	<i>APC</i>	<i>APH1A</i>	<i>AR</i>	<i>ARAF</i>	<i>ARFRP1</i>
<i>ARHGAP26</i>	<i>ARID1A</i>	<i>ARID2</i>	<i>ASXL1</i>	<i>ATM</i>	<i>ATR</i>	<i>ATRX</i>
<i>AURKA</i>	<i>AURKB</i>	<i>AXIN1</i>	<i>AXL</i>	<i>B2M</i>	<i>BAP1</i>	<i>BARD1</i>
<i>BCL10</i>	<i>BCL11B</i>	<i>BCL2</i>	<i>BCL2L2</i>	<i>BCL6</i>	<i>BCL7A</i>	<i>BCOR</i>
<i>BCORL1</i>	<i>BCR</i>	<i>BIRC3</i>	<i>BLM</i>	<i>BRAF</i>	<i>BRCA1</i>	<i>BRCA2</i>
<i>BRD4</i>	<i>BRIP1</i>	<i>BRSK1</i>	<i>BTG1</i>	<i>BTG2</i>	<i>BTK</i>	<i>BTLA</i>
<i>CAD</i>	<i>CARD11</i>	<i>CBFB</i>	<i>CBL</i>	<i>CCND1</i>	<i>CCND2</i>	<i>CCND3</i>
<i>CCNE1</i>	<i>CCT6B</i>	<i>CD22</i>	<i>CD274</i>	<i>CD28</i>	<i>CD36</i>	<i>CD58</i>
<i>CD70</i>	<i>CD79A</i>	<i>CD79B</i>	<i>CDC73</i>	<i>CDH1</i>	<i>CDK12</i>	<i>CDK4</i>
<i>CDK6</i>	<i>CDK8</i>	<i>CDKN1B</i>	<i>CDKN2A</i>	<i>CDKN2B</i>	<i>CDKN2C</i>	<i>CEBPA</i>
<i>CHD2</i>	<i>CHEK1</i>	<i>CHEK2</i>	<i>CIC</i>	<i>CIITA</i>	<i>CKS1B</i>	<i>CPS1</i>
<i>CREBBP</i>	<i>CRKL</i>	<i>CRLF2</i>	<i>CSF1R</i>	<i>CSF3R</i>	<i>CTCF</i>	<i>CTNNA1</i>
<i>CTNNB1</i>	<i>CUX1</i>	<i>CXCR4</i>	<i>DAXX</i>	<i>DDR2</i>	<i>DDX3X</i>	<i>DNM2</i>
<i>DNMT3A</i>	<i>DOT1L</i>	<i>DTX1</i>	<i>DUSP2</i>	<i>DUSP9</i>	<i>EBF1</i>	<i>ECT2L</i>
<i>EED</i>	<i>EGFR</i>	<i>ELP2</i>	<i>EMSY</i>	<i>EP300</i>	<i>EPHA3</i>	<i>EPHA5</i>
<i>EPHA7</i>	<i>EPHB1</i>	<i>EPOR</i>	<i>ERBB2</i>	<i>ERBB3</i>	<i>ERBB4</i>	<i>ERG</i>
<i>ESR1</i>	<i>ETS1</i>	<i>ETV1</i>	<i>ETV4</i>	<i>ETV5</i>	<i>ETV6</i>	<i>EWSR1</i>
<i>EXOSC6</i>	<i>EZH2</i>	<i>FAF1</i>	<i>FAM46C</i>	<i>FANCA</i>	<i>FANCC</i>	<i>FANCD2</i>
<i>FANCE</i>	<i>FANCF</i>	<i>FANCG</i>	<i>FANCL</i>	<i>FAS</i>	<i>FBXO11</i>	<i>FBXO31</i>
<i>FBXW7</i>	<i>FGF10</i>	<i>FGF14</i>	<i>FGF19</i>	<i>FGF23</i>	<i>FGF3</i>	<i>FGF4</i>
<i>FGF6</i>	<i>FGFR1</i>	<i>FGFR2</i>	<i>FGFR3</i>	<i>FGFR4</i>	<i>FHIT</i>	<i>FLCN</i>
<i>FLT1</i>	<i>FLT3</i>	<i>FLT4</i>	<i>FLYWCH1</i>	<i>FOXL2</i>	<i>FOXO1</i>	<i>FOXO3</i>
<i>FOXP1</i>	<i>FRS2</i>	<i>FYN</i>	<i>GADD45B</i>	<i>GATA1</i>	<i>GATA2</i>	<i>GATA3</i>
<i>GID4</i>	<i>GNA11</i>	<i>GNA12</i>	<i>GNA13</i>	<i>GNAQ</i>	<i>GNAS</i>	<i>GRIN2A</i>
<i>GSK3B</i>	<i>GTSE1</i>	<i>HDAC1</i>	<i>HDAC4</i>	<i>HDAC7</i>	<i>HGF</i>	<i>HIST1H1C</i>
<i>HIST1H1D</i>	<i>HIST1H1E</i>	<i>HIST1H2AC</i>	<i>HIST1H2AG</i>	<i>HIST1H2AL</i>	<i>HIST1H2AM</i>	<i>HIST1H2BC</i>
<i>HIST1H2BJ</i>	<i>HIST1H2BK</i>	<i>HIST1H2BO</i>	<i>HIST1H3B</i>	<i>HNF1A</i>	<i>HRAS</i>	<i>HSP90AA1</i>
<i>ICK</i>	<i>ID3</i>	<i>IDH1</i>	<i>IDH2</i>	<i>IGF1R</i>	<i>IKBKE</i>	<i>IKZF1</i>
<i>IKZF2</i>	<i>IKZF3</i>	<i>IL20RA</i>	<i>IL7R</i>	<i>INHBA</i>	<i>INPP4B</i>	<i>INPP5D</i>
<i>IRF1</i>	<i>IRF4</i>	<i>IRF8</i>	<i>IRS2</i>	<i>JAK1</i>	<i>JAK2</i>	<i>JAK3</i>
<i>JARID2</i>	<i>JUN</i>	<i>KAT6A</i>	<i>KDM2B</i>	<i>KDM4C</i>	<i>KDM5A</i>	<i>KDM5C</i>
<i>KDM6A</i>	<i>KDR</i>	<i>KEAP1</i>	<i>KIT</i>	<i>KLHL6</i>	<i>KRAS</i>	<i>LEF1</i>
<i>LILRB1</i>	<i>LRP1B</i>	<i>LRRK2</i>	<i>MAF</i>	<i>MAFB</i>	<i>MAGED1</i>	<i>MALT1</i>
<i>MAP2K1</i>	<i>MAP2K2</i>	<i>MAP2K4</i>	<i>MAP3K1</i>	<i>MAP3K14</i>	<i>MAP3K6</i>	<i>MAP3K7</i>
<i>MAPK1</i>	<i>MCL1</i>	<i>MDM2</i>	<i>MDM4</i>	<i>MED12</i>	<i>MEF2B</i>	<i>MEF2C</i>
<i>MEN1</i>	<i>MET</i>	<i>MIB1</i>	<i>MITF</i>	<i>MKI67</i>	<i>MLH1</i>	<i>MPL</i>
<i>MRE11A</i>	<i>MSH2</i>	<i>MSH3</i>	<i>MSH6</i>	<i>MTOR</i>	<i>MUC2</i>	<i>MUTYH</i>

Supplementary Table 1. Continued

MYC	MYCL	MYCN	MYD88	MYO18A	NCOR2	NCSTN
NF1	NF2	NFE2L2	NFKBIA	NKX2-1	NOD1	NOTCH1
NOTCH2	NPM1	NRAS	NT5C2	NTRK1	NTRK2	NTRK3
NUP93	NUP98	P2RY8	PAG1	PAK3	PALB2	PASK
PAX5	PBRM1	PC	PCBP1	PCLO	PDCD1	PDCD11
PDCD1LG2	PDGFRA	PDGFRB	PDK1	PHF6	PIK3CA	PIK3CG
PIK3R1	PIK3R2	PIM1	PLCG1	PLCG2	POT1	POU2F2
PPP2R1A	PRDM1	PRKAR1A	PRKDC	PRSS8	PTCH1	PTEN
PTPN11	PTPN2	PTPN6	PTPRO	RAD21	RAD50	RAD51
RAF1	RARA	RASGEF1A	RB1	RELN	RET	RHOA
RHOT2	RICTOR	RNF43	ROS1	RPTOR	RUNX1	S1PR2
SDHA	SDHB	SDHC	SDHD	SERP2	SETBP1	SETD2
SF3B1	SGK1	SMAD2	SMAD4	SMARCA1	SMARCA4	SMARCAL1
SMARCB1	SMARCD1	SMC1A	SMC3	SMO	SOCS1	SOCS2
SOCS3	SOX10	SOX2	SPEN	SPOP	SRC	SRSF2
STAG2	STAT1	STAT2	STAT3	STAT4	STAT5A	STAT5B
STAT6	STK11	SUFU	SUZ12	TAF1	TBL1XR1	TCF3
TCL1A	TET2	TET3	TGFBR2	TLL2	TMEM30A	TMPRSS2
TNFAIP3	TNFRSF11A	TNFRSF14	TNFRSF17	TOP1	TP53	TP63
TRAF2	TRAF3	TRAF5	TSC1	TSC2	TSHR	TUSC3
TYK2	U2AF1	U2AF2	VAV1	VHL	WDR90	WHSC1
WIF1	WISP3	WT1	WWOX	XBP1	XPO1	YY1AP1
ZMYM3	ZNF217	ZNF24	ZNF703	ZRSR2		