

췌장암의 항암치료와 방사선 치료 최신 지견

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Updates of Chemotherapy and Radiotherapy for Pancreatic Cancer

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Pancreatic cancer is still one of the most aggressive malignancy, showing 10% of 5-year survival. Among the several reasons of the grave prognosis, the poor response to chemotherapeutic agents and the absence of effective tool for early detection are the most important. Regarding treatments, surgical resection is still positioned as the only one for expecting the cure of pancreatic cancer. However, the rate of recurrence after surgery is still high as more than 50%. And the portion of patients who are diagnosed at the resectable stage is still less than 15% of all cases. So, chemotherapy and radiotherapy are the main players for combating with pancreatic cancer. After the introduction of outcomes of FOLFIRINOX, and gemcitabine/nab-paclitaxel for metastatic pancreatic cancer, two-digit overall survival can be expected. And, neoadjuvant treatments including concurrent chemoradiation therapy for borderline resectable pancreatic cancer and/or resectable pancreatic cancer are reported as superior to upfront surgery. More recently, several target agents including polyadenosine diphosphate-ribose polymerase inhibitors and immunologic drugs are under evaluation for pancreatic cancer. So, herein, current status of chemotherapy and radiation therapy for pancreatic cancer will be addressed.

Korean J Pancreas Biliary Tract 2020;25(2):72-82

Received Dec. 30, 2019
Revised Mar. 8, 2020
Accepted Mar. 8, 2020

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Keywords: Pancreatic cancer, Pancreatic adenocarcinoma, Chemotherapy, Radiotherapy

INTRODUCTION

Pancreatic cancer is still one of the most aggressive malignancies, showing 10% of 5-year survival.^{1,2} The poor response to chemotherapeutic agents and the absence of effective tool for early detection are the most important reasons of the grave prognosis. Even though surgical resection is the only way to cure

the disease, the number of patient suitable for surgery at initial diagnosis is less than 15% of all cases.¹⁻⁴ And furthermore, more than 50% of the patients who received curative resection should enface recurrence of the pancreatic cancer.⁵⁻⁸ However, introduction of neoadjuvant therapy including chemotherapy and/or radiation therapy, surgical outcomes become better than before. And more effective chemotherapeutic regimens like

FOLFIRINOX and nab-paclitaxel with gemcitabine can elongate the survival of advanced, metastatic conditions.^{9,10} More recently, several target agents including polyadenosine diphosphate-ribose polymerase (PARP) inhibitors and immunologic drugs are under evaluation for pancreatic cancer.

MAIN BODY

1. The role of chemotherapy

1) Adjuvant chemotherapy

Even with microscopically complete (R0) resections, recurrence rates are very high in pancreatic cancer. Therefore, additional adjuvant therapy is required for all patients with resected pancreatic adenocarcinoma. From early 1980s, there are several milestone studies for adjuvant chemotherapy of resected pancreatic cancer (Table 1).¹¹⁻¹⁹ Especially, the European Study Group for Pancreatic Cancer (ESPAC-1) and CONKO (Charité Onkologie)-001 trial proved the benefit of adjuvant chemotherapy with gemcitabine or 5-fluorouracil (5-FU) plus leucovorin after curative surgery.^{13,14} In 2004, final data of ESPAC-1 was reported.¹³ They used 2×2 factorial design to randomize 289 patients to either chemotherapy with 5-FU/leucovorin or no chemotherapy, and chemoradiotherapy with 20 Gy dose in 10 daily fractions plus 5-FU or no chemoradiation. The overall survival of chemotherapy with 5-FU/leucovorin group was significantly better than no chemotherapy group (HR 0.71; 95% CI 0.55–0.92; $p=0.009$). With

this study, adjuvant chemotherapy was turned out to be effective and beneficial. In 2007, Oettle et al.¹⁴ reported a randomized controlled trial-CONKO-001 with gemcitabine monotherapy versus observation after curative surgery. In this study, disease free survival was significantly longer in gemcitabine monotherapy group compared to observation group (13.4 vs. 6.9 months). However, median overall survival was comparable in both group (22.1 vs. 20.2 months). Based on this study, gemcitabine monotherapy has been regarded as one of standard adjuvant chemotherapy.

With the above data, adjuvant chemotherapy for pancreatic cancer was justified. There are still debates for what is the best regimen or a drug as adjuvant setting. In 2016, adjuvant S-1, an oral fluorouracil prodrug was evaluated for adjuvant chemotherapy with Japanese patients.¹⁶ In this study, S-1 showed remarkable superiority to gemcitabine monotherapy in overall survival (46.5 vs. 25.5 months, HR 0.57; 95% CI 0.44–0.72; $p<0.001$). Even though the authors concluded that S-1 rather than gemcitabine should be the standard adjuvant chemotherapy after surgery of pancreatic cancer, it should be validated for ethnic difference to S-1 in future. In 2017, the final data of ESPAC-04 trial was published. In this study, a total of 730 patients were randomized to adjuvant chemotherapy with gemcitabine ± capecitabine.^{17,18} The overall survival of gemcitabine/capecitabine group was 28.0 months and 25.5 months in gemcitabine monotherapy group (HR 0.82; 95% CI 0.68–0.98; $p=0.032$). More recently, the results from the multi-center, randomized PRODIGE24/CCTGPA.6 French-Canadian trial was reported. At a median follow-up of 34

Table 1. Summary of clinical trials of adjuvant chemotherapy for pancreatic cancer

Trial	Patients	Control arm	Experimental arm	Median survival (months)	<i>p</i> -value
GITSG ^{11,12}	43	Observation	5-FU/RT + 5-FU	10.9 vs. 21.0	0.03
ESPAC-1 ¹³	289	Observation	5-FU/LV	15.58 vs. 20.1	0.003
CONKO-001 ¹⁴	368	Observation	Gemcitabine	20.2 vs. 22.1	0.06
ESPAC-3 ¹⁵	1,149	5-FU/LV	Gemcitabine	23.0 vs. 23.6	ns
JASPAC 01 ¹⁶	385	Gemcitabine	S-1	25.5 vs. 46.5	<0.0001
ESPAC-4 ^{17,18}	732	Gemcitabine	Gemcitabine/ Capecitabine	25.5 vs. 28.0	0.035
PRODIGE/CCTGPA.6 ¹⁹	493	Gemcitabine	mFOLFIRINOX	35.0 vs. 54.4	0.003

months, disease free survival was significantly better with mFOLFIRINOX (21.6 vs. 12.8 months, HR 0.58; 95% CI 0.46–0.73; $p < 0.001$), as was overall survival (54.4 vs. 35 months, HR 0.64; 95% CI 0.48–0.86; $p = 0.003$).¹⁹

Based upon currently available data, gemcitabine ± capecitabine or mFOLFIRINOX can be considered as the first choice of adjuvant chemotherapy for the patients of resected pancreatic cancer. However, there is still a large proportion of patients with poor response to the above chemotherapy. So, pretreatment response prediction models for personalized treatment such as patient derived tumor organoids or conditionally reprogrammed cell culture should be more investigated.²⁰

2) Neoadjuvant chemotherapy

As already mentioned, pancreatic cancer is notorious for high risk of recurrence after surgery even in cases of very early staged cancer. Furthermore, the potential risk of complications with relatively aggressive surgery such as Whipple's operation frequently prevent the patient from receiving adjuvant chemotherapy. These situations are the reason why neoadjuvant therapy should be considered in specific situations of pancreatic cancer. However, because powered randomized trials are insufficient, long-term outcome of neoadjuvant therapy was found through phase II trials and retrospective database analyses (Table 2).

In resectable disease, it is examined, an observational retrospective study analyzed by propensity score matching in 15,237 patients with resected pancreatic cancer. It showed that those

who received neoadjuvant therapy had better overall survival than those who received upfront resection (median survival 26 months vs. 21 months, respectively; HR, 0.72; 95% CI 0.68–0.78; $p < 0.01$).²¹ Recently, SWOG S1505 trial is under way, which is a randomized phase II study intended to choose the most promising perioperative regimen (mFOLFIRINOX vs. gemcitabine/nab-paclitaxel [GnP]) for resectable pancreatic cancer.²² From 2015 to 2018, 147 patients were enrolled, but 42/147 (29%) were ineligible at central radiology review. Follow up for overall survival is ongoing.

In borderline resectable disease, whether neoadjuvant therapy is better than upfront surgery plus adjuvant chemotherapy, and what is the best regimens to use in the borderline neoadjuvant setting are debated topics. But several studies suggest that neoadjuvant therapy with FOLFIRINOX are an auspicious approach in patients with borderline resectable disease.^{23–25}

3) Palliative chemotherapy

About more than half of the pancreatic cancer patients are diagnosed with metastatic disease. Consider unresectable status of locally advanced pancreatic cancer, more than two third of all pancreatic cancer patients should be treated with systemic anti-cancer therapies with palliative aims. But pancreatic cancer is one of the most resistant cancers to chemotherapy. It makes most novel drugs ineffective in so many clinical trials for pancreatic cancer. In real world, there are some auspicious signs for advanced pancreatic cancer such as introduction of relatively effective chemotherapeutic regimens or drug.

Table 2. Summary of clinical trials on neoadjuvant therapy with resectable pancreatic cancer

Author	Patients	Therapy	Resection rate (%)	R0 rate (%)	Median survival (months)
Palmer et al. ⁶⁰ (2007)	24	Gemcitabine	9/24 (38)	6/8 (75)	9.9
	26	Gemcitabine + Cisplatin	18/26 (70)	12/16 (75)	15.6
O'Reilly et al. ⁶¹ (2014)	38	Gemcitabine + Oxaliplatin	27/38 (71)	20/27 (74)	27.2
Golcher et al. ⁶² (2015)	33	Surgery	23/33 (70)	16/33 (48)	14.4
	33	Gemcitabine/Cisplatin + Radiation	19/33 (58)	17/33 (52)	17.4
Casadei et al. ⁶³ (2015)	20	Surgery	15/20 (75)	5/20 (25)	19.5
	18	Gemcitabine + Radiation	11/18 (61)	7/18 (39)	22.4

(1) First line chemotherapy

Since the report by Burris et al.²⁶ in 1997, chemotherapy for advanced pancreatic cancer had the first turning point. In their study, gemcitabine monotherapy showed a modest survival gain over the treatment with 5-FU and clinical benefit in terms of pain relief and weight gain. The success of gemcitabine for advanced pancreatic cancer facilitated so many clinical trial based on combination therapy with gemcitabine. However, during the last 20 years, very few phase III trials showed positive data. NCIC CTG PA.3 trial showed that erlotinib (inhibitor of EGFR tyrosine kinase) plus gemcitabine was superior to gemcitabine alone, statistically significant improvements in overall survival (6.24 vs. 5.91 months; HR, 0.82; 95% CI 0.69–0.99; $p=0.038$), which is phase III, double-blind, placebo-controlled trial for 569 patients with advanced or metastatic pancreatic.²⁷ Even though the survival gain is so marginal, this trial was the first study showing positive data with combination of gemcitabine and target agent.

In 2010s, two important studies provided another turning point in chemotherapy for advanced pancreatic cancer. In 2011, Conroy et al.⁹ reported results of the randomized phase III PRODIGE trial evaluating FOLFIRINOX vs. gemcitabine in patients with metastatic pancreatic cancer. The overall survival was 11.1 months in the FOLFIRINOX group and 6.8 months in the gemcitabine group (HR 0.57; 95% CI 0.45–0.73; $p<0.001$). Though, because of the higher rate of toxicity, it remains a treatment indicated for fit patients with good performance status. More recently, in 2013, Von Hoff et al.¹⁰ reported the data of phase III randomized clinical trial with GnP versus gemcitabine monotherapy for metastatic pancreatic cancer patients. They recruited 861 chemo-naïve patients with metastatic pancreatic cancer. The randomized trial showed that GnP was superior to gemcitabine alone in overall survival (8.7 months vs. 6.6 months; $p<0.0001$; HR, 0.72).¹⁰ In 2017, our group also performed retrospective cohort study to evaluate this combination for Korean patients because the MPACT trial included on 2% of Asian ethnic group.²⁸ In our data, the median overall survival was 12.1 months and 8.4 months of progression free survival.

In terms of which is better between FOLFIRINOX and GnP,

there is no direct comparative prospective data. However, recently, Cho et al.²⁹ reported that there was no difference in survival gain (overall survival 10.7 in FOLFIRINOX vs. 12.1 months in GnP; $p=0.157$). The choice of first line treatment between both regimen should be based on not only the patient's performance status but also the plan for the 2nd line or rescue therapy after failure of first line therapy.

(2) Second line or rescue chemotherapy

Although the advance in the first line chemotherapy for advanced pancreatic cancer, most of patients receiving the first line chemotherapy will be en faced with cancer progression. So, rescue or 2nd line chemotherapy should be considered.³⁰ However, there are very limited data for 2nd line chemotherapy for advanced pancreatic cancer. Before introduction of NAPOLI-1 trial, numerous small sized clinical trials were published. In 2014, the CONKO-003 phase III trial presented the OFF regimen including oxaliplatin, folic acid and 5-FU, as an effective 2nd line chemotherapy after gemcitabine refractory treatment, demonstrating significant improvement in overall survival when compared with 5-FU/leucovorin (5.9 vs. 2.9 months; HR 0.66; 95% CI 0.48–0.91; $p=0.01$).³¹ In 2018, our group also reported a single arm phase II study with modified FOLFIRINOX regimen for 2nd line chemotherapy.³² This study showed an acceptable toxicity profile and promising efficacy as a second-line treatment for gemcitabine-refractory unresectable pancreatic cancer. Total 48 patients were enrolled in this study, and the median PFS was 5.8 months (95% CI 3.7–7.9) and median overall survival was 9.0 months (95% CI 6.4–11.6).

In 2016, the NAPOLI-1 phase III randomized trial with patients with metastatic pancreatic cancer who previously received gemcitabine-based therapy was reported. In this study, a total of 417 patients were randomized to receive the nano-liposomal irinotecan monotherapy, 5-FU/leucovorin, or both. Both of progression free survival and overall survival of nano-liposomal irinotecan with 5-FU/leucovorin group were significantly improved (progression free survival, 3.1 vs. 1.5 months; HR 0.56; 95% CI 0.41–0.75; $p<0.001$, overall survival, 6.2 vs. 4.2 months; HR 0.75; $p=0.042$).

2. Future's perspective of chemotherapy for pancreatic cancer

1) Targeted therapies

Because of the heterogeneous environment of pancreatic cancer and complexity of stromal interactions, few targeted therapies succeed in clinical trials compared to standard treatment. As already mentioned, erlotinib plus gemcitabine was the only exception that showed statistically significant (2 weeks) improvement in overall survival.²⁷ Although, most of the studies on targeted therapies failed during phase II/III trials, numerous phase I/Ib studies are still ongoing.

(1) PARP inhibitors

Up to 4% to 7% of pancreatic cancers arise in the setting of an inherited mutation in the breast cancer susceptibility (BRCA) 1 or 2 genes.³³ In the POLO trial, 154 patients with germline BRCA-mutated metastatic pancreatic cancer that had not progressed during at least 16 weeks of first-line platinum-based chemotherapy were randomly assigned to olaparib

(PARP inhibitors) or placebo.³⁴ Maintenance olaparib was associated with a significant improvement in PFS (7.4 vs. 3.8 months; HR 0.53; 95% CI 0.35–0.82; $p=0.004$) than placebo. Based on these results, we now can consider olaparib as maintenance therapy for those with advanced BRCA or PALB2 germline-mutated pancreatic cancer who did not experience progression after initial platinum-containing therapy.

2) Immunotherapy including cell therapy, immune check point inhibitor

Immune-checkpoint-inhibitor antibodies is a new treatment option, which inhibit the interactions between immune cells and antigen presenting cells, including tumor cells.³⁵ One of immune-checkpoint-inhibitor antibodies, pembrolizumab, which blockades PD-1, may be susceptible in tumors with mismatch repair deficiency.³⁶ Pembrolizumab, anti-PD-1 receptor antibody, blocks the interaction with its ligands, PD-L1 and PD-L2.³⁶ And then, pembrolizumab improves antitumor immune response.³⁶ It is showed that ORR was 62% among 6 pancreatic cancer patients in a phase II study in

Table 3. Select immunotherapy trials in pancreatic cancer⁶⁴

Category	Targets	ClinicalTrials.gov Identifier
PARP inhibitor + immunotherapy	PARP, PD-1, CTLA-4	NCT03404960
Chemotherapy + immune agonists and antagonists	Chemotherapy, CD40 agonist, anti-PD-1	NCT03214250
Anti-stromal drugs + immunotherapy	FAK, PD-1	NCT02758587
	FAK, PD-1, Gemcitabine	NCT02546531
Matrix-targeted drugs + immunotherapy	PEGPH20*, PD-1	NCT03481920
		NCT03193190
		NCT03634332
Myeloid inhibitors + immunotherapy	PD-1, CSF1R*	NCT02526017
	PDLA, CFS1R*	NCT02777710
	Cyclophosphamide, GVAX, PD-1, CSF1R*	NCT03153410
	Nab-paclitaxel, gemcitabine, BTK	NCT02436668
	Nab-paclitaxel, gemcitabine, CCR2/5, PD-1	NCT03496662
Vaccines + immune checkpoint inhibitors	CRS-207*, PD-1, CTLA-4, GVAX	NCT03190265
	Cyclophosphamide, GVAX, PD-1	NCT02451982
	Cyclophosphamide, GVAX, PD-1, CSF1R*	NCT03153410
	Cyclophosphamide, GVAX, CRS-207*, PD-1, IDO*	NCT03006302
Radiation + immunotherapy	PD-1, radiotherapy	NCT03245541
	PD-1, CTLA-4, radiotherapy	NCT02639026
	Cyclophosphamide, PD-1, GVAX, radiotherapy	NCT02648282
		NCT0316379

*PEGPH20, pegvorhialuronidase alfa; CSF-1R, colony-stimulating factor 1 receptor; CRS-207, liver attenuated listeria-encoding human mesothelin vaccine; IDO, indoleamine 2,3-dioxygenase.

patients with 12 different mismatch repair deficiency advanced cancers, including pancreatic cancer.³⁷ Even, 2 had complete response. Two major approaches affect to increase the impact of immunotherapy in pancreatic cancer, which are usually combined with chemotherapy. First, multitargeted strategies to stimulate antitumor T-cell responses are being studied. For example, in an ongoing clinical trial it is studied, a multi-drug regimen consisting of chemotherapy (e.g., GnP), CD40 agonist and anti-PD-1 (Table 3). In other strategies, the focus is on combining PD-1/PDL1 blockade with drugs that inhibit immunosuppressive mechanisms mediated by fibroblasts (e.g., FAK), matrix proteins (e.g., hyaluronidase), and myeloid cells (e.g., CSF1R, BTK CCR2, CXCR2) (Table 3). Second, immune based strategies are focused to enhanced responsiveness to chemotherapy. For example, CCR2 inhibitor which interrupts the immune-cell recruitment to tumors in the situation of cytotoxic stress, has shown effective activity in patients with locally advanced pancreatic cancer.³⁸

As an immunostimulatory strategy for cancer therapy, radiation is combined with immunotherapy in pancreatic cancer (Table 3). Radiation has also affect increased expression of MHC class I on tumor cells and synergy with anti-CD40, anti-PD-1, and anti-CTLA-4.^{39,40}

3. The role of radiation therapy for pancreatic cancer

In pancreatic cancer, radiation is usually used, concurrently combined with chemotherapy, gemcitabine- or fluoropyrimidine-based.⁴¹ Chemotherapy is used to increase the toxicity of radiation to tumor cells, as a radiosensitizer.^{41,42} To decrease local recurrence, radiation or chemoradiation are sometimes used for pancreatic cancer after resection. Radiation therapy (RT) in adjuvant or neoadjuvant settings has a goal to decrease local recurrence and increase the rate of a margin-negative resection, while minimizing the RT exposure to surrounding organs at risk.

1) Adjuvant chemoradiation

After resection, adjuvant RT may be considered in patients with a high likelihood of local recurrence (e.g., positive resection margins, lymph nodes).^{41,43} The role of radiation has not yet been clarified, and remains at studies.⁴¹ Updated 2020 guidelines from the NCCN suggest chemotherapy alone (FOLFIRINOX, Gemcitabine + nab-paclitaxel) as the preferred regimen for adjuvant therapy, but they include induction chemotherapy followed by chemoradiotherapy as an option for

Table 4. Randomized clinical trial of adjuvant chemoradiation therapy

Clinical trial	Group	Patients	Median survival time (months)	Survival rate (%)
GITSG ^{11,12}	Chemoradiation (5-FU)	21	21	14 (5 years)
	Observation	22	10.9	4 (5 years)
	Chemoradiation (5-FU) (additional)	30	18	46 (2 years)
EORTC ⁶⁵	Chemoradiation (5-FU)	110	24.5	51 (2 years)
	Observation	108	19	41 (2 years)
ESPAC-1 (pooled data) ⁶⁶	Chemoradiation (5-FU)	175	15.5	-
	Chemoradiation (-)	178	16.1	-
	Chemotherapy (5-FU)	238	19.7	-
	Chemotherapy (-)	235	14	-
ESPAC-1 (2×2) ¹³	Observation	69	16.9	11 (5 years)
	Chemotherapy (5-FU)	75	21.6	29 (5 years)
	Chemoradiation (5-FU)	73	13.9	7 (5 years)
	Chemoradiation + chemotherapy (5-FU)	72	19.9	13 (5 years)
RTOG 9704 ⁴⁴	5-FU chemoradiation	230	17.1	18 (5 years)
	Gemcitabine chemoradiation	221	20.5	22 (5 years)

adjuvant therapy.⁴¹ The Gastrointestinal Tumor Study Group has shown an advantage to adjuvant chemoradiation over observation after resection, but European Organization for Research and Treatment of Cancer reported no statistically significant differences between adjuvant RT and 5-FU versus observation, at median follow-up of 11.7 years.⁴⁴ ESPAC-1 trial showed that adding radiation to adjuvant 5-FU chemotherapy may be rather harmful (Table 4).^{13,41}

2) Neoadjuvant chemoradiation

Retrospective analyses found that neoadjuvant chemoradiation is better than neoadjuvant chemotherapy in local control, but not in survival.⁴⁵ In resectable disease, although there is an evidence that neoadjuvant therapy may make a better chance of margin-negative resection,⁴⁶ there are still few randomized trials. So, some randomized trials (SWOG 1505 trial [NCT02562716], or [NCT01389440]) are ongoing. Only patients, who have poor prognostic factors (e.g., significantly elevated CA 19-9; huge primary tumors; large regional lymph nodes; excessive weight loss; extreme pain) but appear resectable, can consider neoadjuvant therapy after biopsy confirmation.⁴¹

Recently, various kinds of radiation therapy were introduced. In RT modalities, there are stereotactic body radiation therapy (SBRT), intensity-modulated radiation therapy (IMRT), proton beam radiation therapy, charged particle therapy, and so on. First, SBRT, deriving from Gamma-knife, is advanced technique that increase dose to target while reducing exposure to surrounding healthy tissue.⁴⁷⁻⁵⁴ SBRT uses a variety of motion management techniques to account for tumor and normal tissue motion, permitting higher doses than conventional RT to the tumor while minimizing the risk of injury to adjacent organs. Retrospective study in the patients with locally advanced pancreatic cancer (n=998) represented that patients with SBRT compared to patients with conventionally fractionated RT had better median overall survival (13.9 vs. 11.6 months, respectively; $p < 0.001$) and 2-year overall survival (21.7% vs. 16.5%, respectively; $p = 0.001$).⁵⁵ Also, IMRT, developed from 3-dimensional conformal radiotherapy (3D-CRT), is increasingly applied for treatment of locally advanced pancreatic cancer. In recent systematic review, IMRT

was not superior to 3D-CRT at survival outcomes,⁵⁶ but in IMRT, toxicities grade 3 or greater were fewer than in 3D-CRT ($p = 0.017$). Besides, Proton beam radiation therapy is one of external beam radiation therapy, using not X-rays but proton beams. Proton radiotherapy can reach the optimal dose to targets while significantly normal-tissue sparing.⁵⁷ Charged particle therapy is one of the most advanced technologies in radiation therapy.⁵⁸ Charged particle therapy deposits more energy selectively, maximizing the effect on cancer and minimizing the damage from surrounding healthy tissue. And then, it can reduce complications and improve recovery rapidly after treatment.⁵⁹

CONCLUSION

Although innumerable treatments have been developed, not many have been effective in pancreatic cancer. Since 1990, only 5 of over 30 phase III clinical trials involving 16,000 patients showed clinical benefit in terms of survival elongation. Chemotherapy is still the main therapeutic tool for pancreatic cancer, and in metastatic setting, FOLFIRINOX and Gem/nab-paclitaxel are the standard. As adjuvant chemotherapy, gemcitabine based treatment can be chosen as universally, and mFOLFIRINOX can be considered for patients with good performance status as adjuvant setting. In neoadjuvant setting, there are many things to be settled down including appropriate drugs or other modalities and definitions of the conditions. We look forward to a breakthrough in pancreatic cancer. Not limited to one treatment, precision medicine with different combinations of treatments should be more investigated in pancreatic cancer.

요약

췌장암은 현재 가장 위협적인 악성종양 중 하나로, 5년 생존율이 10%밖에 되지 않는다. 이렇게 췌장암의 예후가 불량한 데에는, 항암화학요법에 반응이 저조한 것과 조기 발견을 위한 효과적인 방법의 부재가 주요한 이유로 생각된다. 여러 치료 방법 중에서 수술적 절제만이 췌장암의

완치를 기대할 수 있다. 그러나 수술 후 재발률은 여전히 50% 이상으로 높고, 절제 가능한 단계로 진단되는 환자의 비율은 췌장암 환자 중 15% 미만으로 현저히 낮다. 그래서 항암화학요법과 방사선 치료는 췌장암 치료에서 중요한 역할을 하게 된다. 췌장암 치료 중에서, 전이성 췌장암에 폴피리녹스 (FOLFIRINOX)와 쯔몹시타빈/냅-파클리탁셀 (Gemcitabine/nab-paclitaxel)을 도입한 후에야 두 자릿수 생존율을 기대할 수 있게 되었다. 또한 경계 절제 가능 췌장암과 절제 가능 췌장암에서 동시 항암화학요법방사선요법을 포함한 선행 항암치료법이 수술을 먼저 시행하는 치료 방법보다 우수하다고 보고되었다. 최근에는 폴리아데노신 디프인산-리보오스 중합효소(PARP) 억제제, 면역항암제 등 여러 표적제들이 췌장암에 시도되고 있다. 이제 췌장암 치료에서 중요한 위치에 있는 항암화학요법과 방사선 치료의 현황에 대하여 설명하고자 한다.

국문 색인: 췌장암, 췌장선암, 항암화학요법, 방사선요법

Conflicts of Interest

The authors have no conflicts to disclose.

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