Chronological analysis of surgical and oncological outcomes after the treatment of perihilar cholangiocarcinoma

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Backgrounds/Aims: Despite advances in surgical techniques and perioperative supportive care, radical resection of hilar cholangiocarcinoma is the only modality that can achieve long-term survival. We chronologically investigated surgical and oncological outcomes of hilar cholangiocarcinoma and analyzed the factors affecting overall survival. Methods: We retrospectively enrolled 165 patients with hilar cholangiocarcinoma who underwent liver resection with a curative intent. The patients were divided into groups based on the period when the surgery was performed: period I (2005-2011) and period II (2012-2018). The clinicopathological characteristics, perioperative outcomes, and survival outcomes were analyzed. Results: The patients' age, serum CA19-9 levels, and serum bilirubin levels at diagnosis were significantly higher in the period I group. There were no differences in pathological characteristics such as tumor stage, histopathologic status, and resection status. However, perioperative outcomes, such as estimated blood loss (1528.8 vs. 1034.1 mL, p=0.020) and postoperative severe complication rate (51.3% vs. 26.4%, p=0.022), were significantly lower in the period II group. Regression analysis demonstrated that period I (hazard ratio [HR]=1.591; 95% confidence interval [CI]=1.049-2.414; p=0.029), preoperative serum bilirubin at diagnosis (HR=1.585; 95% CI=1.058-2.374; p=0.026), and tumor stage (III, IV) (HR=1.671; 95% CI: 1.133-2.464; p=0.010) were significantly associated with poor prognosis. The 5-year survival rate was better in the period II patients than in the period I patients (35.1% vs. 21.0%, p=0.0071). Conclusions: The surgical and oncological outcomes were better in period II. Preoperative serum bilirubin and advanced tumor stage were associated with poor prognosis in patients with hilar cholangiocarcinoma. (Ann Hepatobiliary Pancreat Surg 2021;25:62-70)

Key Words: Hilar cholangiocarcinoma; Klatskin tumor; Chronological analysis; Surgical outcome; Oncological outcome; Survival

INTRODUCTION

Surgical resection is the only treatment modality that can achieve long-term survival outcomes after the treatment of hilar cholangiocarcinoma, a malignancy of the biliary epithelium of the hilum.^{1,2} Despite advances in surgical techniques and perioperative supportive care, the treatment of hilar cholangiocarcinoma remains challenging. Due to its infiltrative nature by longitudinal extension and its proximity to vital vascular structures, surgical resection of the tumor is limited and has unfavorable oncological outcomes.^{3,4} Extended major hepatectomy with concomitant vascular and biliary resection and reconstruction is associated with high perioperative morbidity and mortality rates, and, as such, the evolution of surgical treatment for hilar cholangiocarcinoma is ongoing.

To date, the actual 5-year survival rate for hilar cholangiocarcinoma is 14%-45%.^{5,6} In addition, the prognostic factors affecting long-term survival include lymph node metastasis, tumor resection margin status, and histological differentiation.^{7,8} Multicenter studies have reported that the broad spectrum of oncological outcomes originates from the variation in follow-up periods, inclusion of palliative resection, and numerous surgical approaches. Furthermore, there have been limited reports on the chronological analysis of hilar cholangiocarcinoma.^{9,10}

Therefore, in the current study, we aimed to chronologically investigate the surgical and oncological outcomes

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of hilar cholangiocarcinoma using a single-center cohort and analyzed the factors affecting overall survival (OS).

MATERIALS AND METHODS

Patient population and classification of the chronological period

We retrospectively reviewed the medical records of 165 patients who underwent surgical treatment with a curative intent for hilar cholangiocarcinoma from January 2005 to March 2018 at our hospital. The patients were divided into two groups according to the period when they underwent surgery: period I (2005-2011; n=78) and period II (2012-2018; n=87). The surgical treatment comprised liver resection, including more than three segments, with caudate lobectomy and Roux-en-Y hepaticojejunostomy. The types of surgery were right hemihepatectomy and extended left hemihepatectomy, left hemihepatectomy.

The need for informed consent was waived due to the retrospective nature of the study and because anonymous clinical data were used for the analyses. The study was approved by the institutional review board of the hospital (approval number: 4-2020-0676).

Classification of hilar cholangiocarcinoma and perioperative management

The type of hilar cholangiocarcinoma was classified according to the Bismuth-Corlette classification.¹¹ The final pathology and stage were analyzed according to the American Joint Committee on Cancer, 8th edition. R0 resection indicates a microscopically margin-negative resection, in which there was no gross or microscopic tumor remaining at the primary tumor bed as described in the final pathologic report. R1 resection indicates the removal of all macroscopic diseases, but with microscopic margins positive for tumors. Postoperative complications were classified according to the Clavien-Dindo classification.¹² Postoperative liver failure was described in accordance with the classification criteria of the International Study Group of Liver Surgery.¹³

All patients underwent computed tomography (CT) and magnetic resonance imaging preoperatively. Portal vein embolization for remnant liver volume expansion was performed according to the remnant liver volume on CT scanbased liver volumetry before the planned surgery. The remnant liver volume was re-evaluated using CT scans obtained 2 weeks after porta vein embolization. If patients demonstrated severe obstructive jaundice with cholangitis, we considered preoperative biliary drainage, including percutaneous transhepatic biliary drainage, endoscopic retrograde biliary drainage, and endoscopic nasobiliary drainage, depending on the situation. The standard serum bilirubin level for performing radical resection is 3-4 mg/dl before surgery; however, this is based on the condition of the liver.

Surgical resection was performed by four surgeons in our institution. Major liver resections, including right hemihepatectomy, extended right hemihepatectomy, left hemihepatectomy, extended left hemihepatectomy, and central bisectionectomy, were performed using caudate lobectomy. For radical resection of the tumor, tumors that were visible by eye were removed, and examination of the proximal and distal margins was performed using frozen sections. For lymph node resection, the hepatic and duodenal ligament lymph nodes, including the right side of the celiac artery and the posterior pancreatic lymph nodes, were subjected to en bloc resection. The remaining lobe after resection was defined as the one with less bile duct invasion and no hepatic artery invasion and leaving the lobe through which healthy bile is drained. A total of 19 patients underwent a concomitant major vascular resection, including hepatic artery/portal vein resection and reconstruction.

 Table 1. Comparison of the adjuvant chemotherapy regimens

 between the two groups (period I and period II)

Variables	Period I (2005-2011)	Period II (2012-2018)	<i>p</i> -value	
	(n=78)	(n=87)		
Gemcitabine-based	regimen		0.871	
No	42 (53.8%)	49 (56.3%)		
Yes	36 (46.2%)	38 (43.7%)		
Capecitabine-based	regimen		0.882	
No	74 (94.9%)	81 (93.1%)		
Yes	4 (5.1%)	6 (6.9%)		
Fluorouracil-based 1	regimen		0.437	
No	53 (67.9%)	53 (60.9%)		
Yes	25 (32.1%)	34 (39.1%)		
Cisplatin-based regi	men		0.480	
No	36 (46.2%)	46 (52.9%)		
Yes	42 (53.8%)	41 (47.1%)		

Postoperative management of the patients was generally performed in the general ward. Pain was managed using patient-controlled epidural analgesia, and enteral feeding was started on postoperative day 3-5. All patients underwent CT on postoperative day 5. After discharge, routine follow-up imaging was performed at an outpatient clinic and adjuvant therapy was considered depending on the final pathology report.

Adjuvant treatment

According to the final pathologic report, patients with R1 resection or higher or T2 grade or higher or those who

Table	2.	Comparison	of	the	clinical	characteristics	between	the	two	groups	(period	I and	period 1	II)	
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Variables	Period I (2005-2011)	Period II (2012-2018)	<i>p</i> -value	
	(n=78)	(n=87)		
Sex			0.097	
Male	45 (57.7%)	62 (71.3%)		
Female	33 (42.3%)	25 (28.7%)		
Age (years)	62.2±10.0	65.6±8.6	0.021	
Serum albumin (g/dl)	3.5±0.4	3.4±0.5	0.144	
Serum bilirubin level at diagnosis (mg/dl)	7.6±6.8	5.0±5.6	0.008	
Serum bilirubin level 1 day before surgery (mg/dl)	1.8±1.3	1.6±1.2	0.322	
Serum AST (IU/L)	44.8±28.2	48.9±37.4	0.426	
Serum ALT (IU/L)	51.1±67.4	51.8±66.2	0.946	
Serum ALP(IU/L)	250.4±226.4	225.1±144.5	0.402	
Serum γGT (IU/L)	401.4±491.1	360.6±288.3	0.576	
CA 19-9 level at diagnosis (U/ml)	1526.6±4076.9	603.0±1807.6	0.069	
CA 19-9 1 day before surgery(U/ml)	1306.3±3856.3	362.1±884.9	0.039	
Preoperative cholangitis			0.636	
No	33 (42.3%)	36 (41.4%)		
Yes	45 (57.7%)	51 (58.6%)		
Decompression method		()	0.124	
None	15 (19.2%)	22 (25.3%)		
PTBD	41 (52.6%)	30 (34.5%)		
ERCP (ERBD or ENBD)	22(282%)	35 (40.2%)		
Bismuth-Corlette classification	(, .)		0.239	
I	2 (2.6%)	4 (4.6%)	0.200	
II	11 (141%)	7 (8.0%)		
IIIa	29 (37.2%)	35 (40.2%)		
IIIb	10(12.8%)	20(23.0%)		
IV	26(33.3%)	21 (24.1%)		
Preoperative portal vein embolization	20 (00.070)	=1 (=, 0)	0 174	
No	62 (79.5%)	60 (69 0%)	01171	
Yes	16 (20.5%)	27 (31.0%)		
Neoadiuvant chemotherapy	10 (20.070)	=/ (01.070)	0.709	
No	73 (93.6%)	79 (90.8%)		
Yes	5 (64%)	8 (9.2%)		
Adjuvant chemotherapy	0 (0.170)	0 ().=/0)	0 335	
No	26 (33.3%)	22 (25.3%)	0.000	
Yes	52 (66.7%)	65 (74.7%)		
Adjuvant radiotherapy	(00.17.0)		0.951	
No	48 (61.5%)	55 (63.2%)	0.201	
Yes	30 (38.5%)	32 (36.8%)		

Data are reported as mean±standard deviation or n (%)

AST, aspartate aminotransferase; ALT, alanine aminotransferase; ALP, alkaline phosphatase; γGT, gamma glutamyl transferase; CEA, carcinoembryonic antigen; CA 19-9, carbohydrate antigen; PTBD, percutaneous transhepatic biliary drainage; ERCP, endoscopic retrograde cholangiopancreatography; ERBD, endoscopic retrograde biliary drainage; ENBD, endoscopic nasobiliary drainage

were positive for retrieved lymph nodes underwent adjuvant chemotherapy. The regimen was selected according to the physician's preference and/or the patient's condition. The distribution of the main regimen according to period is summarized in Table 1.

Statistical analysis

Descriptive analyses of the clinical data were conducted using Student's t-test and Pearson's chi-square test. OS was analyzed using the Kaplan-Meier method, and statistical differences were calculated using the log-rank test. OS was calculated from the day of surgery to death or the last follow-up. Statistical significance was set at $p \le p$ 0.05. Cox proportional hazards regression models were used to determine the association between patient characteristics and OS. All results, except OS analysis, are presented as mean and standard deviation with percentages. The analysis of OS is presented with the median survival (month). To reduce selection bias and the effect of potential confounders, predictive factors were calculated using logistic regression based on age, sex, etiology, surgical procedure, and American Joint Committee on Cancer stage. All statistical analyses were performed using SPSS[®] for Windows version 22.0 (IBM Corp., Armonk, NY, USA).

RESULTS

Clinical characteristics according to the period

In both periods, the patients were predominantly male. The mean patient age was 62.2 and 65.6 years in period I and period II, respectively (p=0.021). There were no statistically significant differences in terms of liver profile laboratory findings, except serum bilirubin level at diagnosis (7.6±6.8 vs. 5.0±5.6 mg/dl, p=0.008). The mean serum CA19-9 level 1 day before surgery was significantly higher in period I than in period II (1306.3 vs. 362.1 U/ml, p=0.039).

Preoperative percutaneous transhepatic biliary drainage and endoscopic biliary drainage were performed in 63 patients (80.8%) and 65 patients (74.7%) in periods I and II, respectively. There were no significant differences in the type of hilar cholangiocarcinoma and the proportion of preoperative portal vein embolization between the two periods. Adjuvant chemotherapy (66.7% vs. 74.7%, p=0.335) and adjuvant radiotherapy (38.5% vs. 36.8%, p=0.951) were performed during period I and period II (Table 2).

Extent of surgery and concomitant resection

During period I, 43 patients (53.8%) underwent right hemihepatectomy, 35 patients (44.9%) underwent left hemihepatectomy, and 8 patients (10.3%) underwent extended left hemihepatectomy. Further, two patients underwent hepatic artery resection and six patients underwent portal vein resection. During period II, 53 patients (59.9%) underwent right hemihepatectomy, of whom, 4 patients (4.6%) underwent extended right hemihepatectomy. None of the patients underwent extended left hemihepatectomy. Central bisectionectomy was performed in two patients (2.3%), hepatic artery resection was performed in five patients (5.7%), and portal vein resection was performed in six patients (6.9%) (Table 3).

Pathologic characteristics

The final pathologic report for the entire study period was classified according to American Joint Committee on Cancer, 8th edition. Regarding T stage, T2b was the most common (53.8% vs. 50.6%), followed by T2a (38.5% vs. 31.0%) in period I and period II. During both periods, three patients with no residual tumor in the resected specimen received neoadjuvant chemoradiotherapy. There were

Table 3. Comparison of the type of surgery between the two

 groups (period I and period II)

Extent of resection	Period (2005-201	I Period II (2012-2018)	<i>p</i> -value	
	(n=78)	(n=87)		
Type of operation			0.015	
Right	42 (53.89	%) 49 (56.3%)		
hemihepatectomy				
Extended right	1 (1.3%) 4 (4.6%)		
hemihepatectomy				
Left	27 (34.6	%) 32 (36.8%)		
hemihepatectomy				
Extended left	8 (10.39	%) 0 (0.0%)		
hemihepatectomy				
Central	0 (0.0%) 2 (2.3%)		
bisectionectomy				
Hepatic artery resection	n		0.531	
No	76 (97.49	%) 82 (94.3%)		
Yes	2 (2.6%) 5 (5.7%)		
Portal vein resection			1.000	
No	72 (92.39	%) 81 (93.1%)		
Yes	6 (7.7%) 6 (6.9%)		

no significant differences in the number of positive lymph nodes and retrieved lymph nodes between the two periods. The proportion of node metastasis was 43.6% during period I and 34.4% during period II. Further, 27 (34.6%) and 26 (29.8%) patients had stage III cancer during period I and period II, respectively. R0 resection was performed in 60 patients (79.5%) in period I and 60 patients (69%)

Table 4. Comparison of the pathologic characteristics between the two groups (period I and period II)

Variables	Period I (2005-2011)	Period II (2012-2018)	<i>p</i> -value	
	(n=78)	(n=87)	.1	
T stage			0.333	
No residual tumor	0 (0.0%)	3 (3.4%)		
1	3 (3.8%)	6 (6.9%)		
2a	30 (38.5%)	27 (31.0%)		
2b	42 (53.8%)	44 (50.6%)		
3	1 (1.3%)	4 (4.6%)		
4	2 (2.6%)	3 (3.4%)		
Number of positive lymph nodes	1.0±1.7	0.8±1.5	0.437	
Number of retrieved	11.4±8.1	9.4±6.2	0.075	
lymph nodes				
N stage			0.471	
0	44 (56.4%)	57 (65.5%)		
1	27 (34.6%)	23 (26.4%)		
2	7 (9.0%)	7 (8.0%)		
AJCC stage			0.104	
No residual tumor	0 (0.0%)	3 (3.4%)		
Ι	2 (2.6%)	4 (4.6%)		
II	42 (53.8%)	47 (54.0%)		
IIIa	0 (0.0%)	5 (5.7%)		
IIIb	0 (0.0%)	1 (1.1%)		
IIIc	27 (34.6%)	20 (23.0%)		
IVa	7 (9.0%)	7 (8.0%)		
Cell differentiation			0.291	
No residual tumor	0 (0.0%)	3 (3.4%)		
Well differentiated	11 (14.1%)	9 (10.3%)		
Moderately differentiated	56 (71.8%)	66 (75.9%)		
Poorly differentiated	11 (14.1%)	9 (10.3%)		
Microvascular invasion			0.414	
No	30 (38.5%)	40 (46.0%)		
Yes	48 (61.5%)	47 (54.0%)		
Perineural invasion			1.000	
No	11 (14.1%)	13 (14.9%)		
Yes	67 (85.9%)	74 (85.1%)		
Resection status	. ,		0.174	
R_0	62 (79.5%)	60 (69.0%)		
R ₁	16 (20.5%)	27 (31.0%)		

Data are reported as mean±standard deviation or n (%) AJCC, american joint committee on cancer

in period II. There were no statistically significant differences between the two periods in terms of T stage, N stage, cell differentiation, and histopathologic characteristics (Table 4).

Perioperative outcomes

There was no significant difference in hospital stay between the two periods. The estimated blood loss was significantly lower during period II than during period I (1528.8 vs. 1034.1 ml, p=0.020). The proportion of patients who were transfused intraoperatively was also lower during period II than during period I (61.5% vs. 29.9%, p < 0.001). The postoperative complications were lower during period II than during period I (p=0.022). In both periods, Clavien-Dindo grade IIIa complication was the most common (33.3% vs. 16.1%). Post-hepatectomy liver failure was not significantly different between the two periods (p=0.594). Regarding postoperative 30-day mortality, six (7.7%) patients in period I and four (4.6%) patients in period II died

 Table 5. Comparison of the perioperative outcomes between the two groups (period I and period II)

VariablesPeriod I (2005-2011)Period II (2012-2018) p -valueHospital stay (days)29.6±19.827.8±46.50.748Estimated blood loss1528.8±1485.01034.1±1189.20.020 (ml)Transfusion<0.001No30(38.5%)61(70.1%) (70.1%)Yes48(61.5%)26(29.9%)Post hepatectomy0.594liver failure0.594None27(34.6%)36(41.4%)Grade A33(42.3%)35(40.2%)Grade B12(15.4%)13(14.9%)Grade C6(7.7%)3(3.4%)Postoperative complication0.022(Clavien-Dindo classification)0.022None23(29.5%)44(50.6%)Grade II9(11.5%)11(12.6%)Grade III2(2.6%)2(2.3%)Grade III2(2.6%)2(2.3%)Grade IVb1(1.3%)3(3.4%)Grade IVb1(1.3%)3(3.4%)Grade IVb1(1.3%)3(3.4%)Grade IVb1(1.3%)3(3.4%)Grade IVb1(1.3%)3(3.4%)Grade IVb1(1.3%)3(3.4%)Grade IVb1(1.3%)3(3.4%)Grade IVb1(1.3%)3(3.4%)Grade IVb1(1.3%)3(3.4%)Grad		-			
$\begin{tabular}{ c c c c c c } \hline \hline (n=78) & \hline (n=87) \\ \hline \hline (n=78) & \hline (n=87) \\ \hline \\ \hline \\ \hline \\ \hline \\ Hospital stay (days) & 29.6\pm19.8 & 27.8\pm46.5 & 0.748 \\ \hline \\ Estimated blood loss 1528.8\pm1485.0 & 1034.1\pm1189.2 & 0.020 \\ (ml) \\ \hline \\ \hline \\ Transfusion & <0.001 \\ \hline \\ No & 30 & (38.5\%) & 61 & (70.1\%) \\ \hline \\ Yes & 48 & (61.5\%) & 26 & (29.9\%) \\ \hline \\ Post hepatectomy & 0.594 \\ liver failure & & 0.594 \\ Grade A & 33 & (42.3\%) & 35 & (40.2\%) \\ Grade B & 12 & (15.4\%) & 13 & (14.9\%) \\ Grade C & 6 & (7.7\%) & 3 & (3.4\%) \\ \hline \\ Postoperative complication & 0.022 \\ (Clavien-Dindo classification) \\ None & 23 & (29.5\%) & 44 & (50.6\%) \\ Grade I & 9 & (11.5\%) & 11 & (12.6\%) \\ Grade II & 6 & (7.7\%) & 9 & (10.3\%) \\ Grade III & 26 & (33.3\%) & 14 & (16.1\%) \\ Grade IIIa & 26 & (33.3\%) & 14 & (16.1\%) \\ Grade IIIb & 2 & (2.6\%) & 2 & (2.3\%) \\ Grade IVa & 4 & (5.1\%) & 0 & (0.0\%) \\ Grade IVb & 1 & (1.3\%) & 3 & (3.4\%) \\ Grade V & 7 & (9.0\%) & 4 & (4.6\%) \\ 30-day mortality & 0.614 \\ No & 72 & (92.3\%) & 83 & (95.4\%) \\ Yes & 6 & (7.7\%) & 4 & (4.6\%) \\ \hline \end{cases}$	Variables	Period I (2005-2011)	Period II (2012-2018)	<i>p</i> -value	
Hospital stay (days) 29.6 ± 19.8 27.8 ± 46.5 0.748 Estimated blood loss 1528.8 ± 1485.0 1034.1 ± 1189.2 0.020 (ml)		(n=78)	(n=87)		
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$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	Grade A	33 (42.3%)	35 (40.2%)		
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	Grade B	12 (15.4%)	13 (14.9%)		
$\begin{array}{c c c c c c c c c c c c c c c c c c c $	Grade C	6 (7.7%)	3 (3.4%)		
$\begin{array}{c c} (Clavien-Dindo \ classification) \\ None & 23 \ (29.5\%) & 44 \ (50.6\%) \\ Grade \ I & 9 \ (11.5\%) & 11 \ (12.6\%) \\ Grade \ II & 6 \ (7.7\%) & 9 \ (10.3\%) \\ Grade \ IIIa & 26 \ (33.3\%) & 14 \ (16.1\%) \\ Grade \ IIIb & 2 \ (2.6\%) & 2 \ (2.3\%) \\ Grade \ IVa & 4 \ (5.1\%) & 0 \ (0.0\%) \\ Grade \ IVb & 1 \ (1.3\%) & 3 \ (3.4\%) \\ Grade \ V & 7 \ (9.0\%) & 4 \ (4.6\%) \\ \hline 30\mbox{-day mortality} & 0.614 \\ No & 72 \ (92.3\%) & 83 \ (95.4\%) \\ Yes & 6 \ (7.7\%) & 4 \ (4.6\%) \\ \end{array}$	Postoperative complic	cation		0.022	
$\begin{array}{llllllllllllllllllllllllllllllllllll$	(Clavien-Dindo class	sification)			
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	None	23 (29.5%)	44 (50.6%)		
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	Grade I	9 (11.5%)	11 (12.6%)		
$\begin{array}{cccccccccccccccccccccccccccccccccccc$	Grade II	6 (7.7%)	9 (10.3%)		
Grade IIIb 2 (2.6%) 2 (2.3%) Grade IVa 4 (5.1%) 0 (0.0%) Grade IVb 1 (1.3%) 3 (3.4%) Grade V 7 (9.0%) 4 (4.6%) 30-day mortality 0.614 No 72 (92.3%) 83 (95.4%) Yes 6 (7.7%) 4 (4.6%)	Grade IIIa	26 (33.3%)	14 (16.1%)		
$\begin{array}{cccccc} {\rm Grade \ IVa} & 4 \ (5.1\%) & 0 \ (0.0\%) \\ {\rm Grade \ IVb} & 1 \ (1.3\%) & 3 \ (3.4\%) \\ {\rm Grade \ V} & 7 \ (9.0\%) & 4 \ (4.6\%) \\ \end{array} \\ \begin{array}{c} {\rm 30-day \ mortality} & & & & & & & \\ {\rm No} & & 72 \ (92.3\%) & 83 \ (95.4\%) \\ {\rm Yes} & & 6 \ (7.7\%) & 4 \ (4.6\%) \end{array} \end{array}$	Grade IIIb	2 (2.6%)	2 (2.3%)		
$\begin{array}{cccccc} {\rm Grade \ IVb} & 1 & (1.3\%) & 3 & (3.4\%) \\ {\rm Grade \ V} & 7 & (9.0\%) & 4 & (4.6\%) \\ 30 \mbox{-day mortality} & & 0.614 \\ {\rm No} & 72 & (92.3\%) & 83 & (95.4\%) \\ {\rm Yes} & 6 & (7.7\%) & 4 & (4.6\%) \end{array}$	Grade IVa	4 (5.1%)	0 (0.0%)		
Grade V 7 (9.0%) 4 (4.6%) 30-day mortality 0.614 No 72 (92.3%) 83 (95.4%) Yes 6 (7.7%) 4 (4.6%)	Grade IVb	1 (1.3%)	3 (3.4%)		
30-day mortality 0.614 No 72 (92.3%) 83 (95.4%) Yes 6 (7.7%) 4 (4.6%)	Grade V	7 (9.0%)	4 (4.6%)		
No 72 (92.3%) 83 (95.4%) Yes 6 (7.7%) 4 (4.6%)	30-day mortality			0.614	
Yes 6 (7.7%) 4 (4.6%)	No	72 (92.3%)	83 (95.4%)		
	Yes	6 (7.7%)	4 (4.6%)		

(Table 5).

Survival analysis according to the period, and cox regression analysis of factors affecting OS

The median survival duration was 25 months (95% confidence interval [CI]=19.807-30.193) and 42 months (95% CI=27.540-56.460) in period I and period II, respectively. The 5-year survival rate was 21.0% and 35.1% in period I and period II, respectively. The difference in survival duration was statistically significant (p=0.0071) (Fig. 1).

The univariate and multivariate analyses of factors related to survival are summarized in Table 6. During period I (hazard ratio [HR]=1.591; 95% CI=1.049-2.414; p= 0.029), preoperative serum bilirubin level at diagnosis (HR= 1.585; 95% CI=1.058-2.374; p=0.026), and tumor stage (III and IV) (HR=1.671; 95% CI=1.133-2.464; p=0.010) were significantly associated with poor prognosis. Preoperative serum CA 19-9 level, lymph node metastasis, and adjuvant chemotherapy were significant in univariate analysis but not in multivariate analysis.

DISCUSSION

Despite the efforts to improve the oncological outcome of hilar cholangiocarcinoma, the actual 5-year survival rate has remained low at 14%-45%.¹⁴ In our series, the 5-year survival rate was 35.1% in the period II group and 21.0% in the period I group. Several studies have reported chronological improvement and evolution in the surgical



Fig. 1. Overall survival analysis according to period.

X 7	Univ	ariate	Multivariate analysis			
variables —	<i>p</i> -value	HR	<i>p</i> -value	HR	95% CI	
Period I	0.009	1.741	0.029	1.591	1.049-2.414	
Sex (male)	0.098	1.744				
Age (>60 years)	0.783	1.003				
Preoperative serum albumin $(< 3.5 \text{ g/dl})$	0.195	1.529				
Preoperative serum bilirubin at diagnosis (>3 mg/dl)	0.021	1.605	0.026	1.585	1.058-2.374	
Preoperative serum CA 19-9 at diagnosis (>400 U/ml)	0.009	2.590	0.182	1.322	0.877-1.991	
Preoperative cholangitis	0.263	0.800				
Right hemihepatectomy	0.815	0.955				
Estimated blood loss (>1000 ml)	0.284	1.234				
Transfusion	0.224	0.786				
Postoperative liver failure (PHLF B, C)	0.513	0.773				
R status (R1)	0.688	0.911				
MVI	0.142	0.746				
PNI	0.455	0.816				
Lymph node metastasis	0.033	1.522	0.591	1.788	0.330-1.882	
Adjuvant chemotherapy	0.083	1.447	0.092	1.059	0.452-1.062	
Adjuvant radiotherapy	0.294	0.810				
Tumor stage (III, IV)	0.006	1.724	0.010	1.671	1.133-2.464	

Table 6. Univariate and multivariate regression analyses of prognostic factors for overall survival

CA 19-9, carbohydrate antigen 19-9; MVI, microvascular invasion; PNI, perineural invasion; HR, hazard ratio; CI, confidence interval

and oncological outcomes of hilar cholangiocarcinoma.^{15,16} Significant improvements were observed as the period progressed; however, the gap between the two periods is >25 years. Since the investigated period is long, the analysis of contributing prognostic factors can be strongly influenced by various biases. Therefore, it is necessary to analyze the change over a relatively short period and investigate the changes caused by the differences. In this series, we set the analyzing and comparing period as 6 years.

We found that period I was a significant prognostic factor for OS. The significant difference in OS between periods I and II may have resulted from the operative factors and perioperative support. These chronological and oncological improvements in patients with surgically resected hilar cholangiocarcinoma have been shown in previous studies.^{9,17} Compared to patients in the period I group, those in the period II group had lower serum CA 19-9 levels immediately prior to the surgery. Although there was no statistically significant difference between the two groups, the higher proportion of preoperative cholangitis and neoadjuvant chemotherapy in the period II group may have affected the preoperative CA 19-9 levels. Three patients who received neoadjuvant chemotherapy reported no residual tumor in the final pathologic report. Regarding intraoperative factors, the number of extended right hemihepatectomies and central bisectionectomies in the period II patients was significantly higher than that in the period I patients, whereas extended left hemihepatectomy was performed more frequently in the period I patients. Nevertheless, there were no significant differences in terms of hospital stay, postoperative 30-day mortality, and postoperative liver failure rate; however, the period II group showed better outcomes in terms of estimated blood loss and the blood transfusion and postoperative complication rates. Previous studies have reported that operative morbidity and oncological outcomes of biliary-pancreatic malignancy are associated with intraoperative blood loss and blood transfusion.¹⁸⁻²⁰ The association between blood transfusion and long-term survival after resection for perihilar cholangiocarcinoma has been examined previously.9,21 The specific mechanism leading to the adverse effect of blood transfusion is unclear, but experimental and clinical studies have demonstrated that blood transfusion suppresses host immunity by reducing natural killer cell activity and cytotoxic T cell function.

Regarding radical resection status, the R0 resection rate of the period II group was lower than that of the period I group. Several previous studies that conducted a chronological analysis of the surgical outcomes following the treatment of perihilar cholangiocarcinoma reported that the R0 resection rate was 73%-79%.^{9,15-17} Since the previous studies included all R2 status, the ratio will be lower in the comparison between R0 and R1 only. However, the rate of R0 resection increased as the period progressed. In the current study, the spectrum of patients was clinically expanded with the results from increased proportion of portal vein embolization and adjuvant therapy. In addition, ratio of Bismuth type III-IV (83.3% vs. 87.3%) in the preoperative diagnosis was increased.

Preoperative serum bilirubin levels, which are known to reflect liver status and surgical extension,⁸ were also an important factor for OS in this study; however, there was no significant difference in bilirubin levels in the between-period comparison. The presence of lymph node metastasis is an important independent predictor of longterm survival,^{5,22} although it showed no statistical significance. However, among the TNM stages, which are extended concept including tumor extent and lymph node metastasis, advanced stage (III and IV) was an important prognostic factor.

In recent years, surgical treatment for hilar cholangiocarcinoma has been evolving steadily, with an expanded indication, decreased mortality, and increased survival. Previous studies have reported lymph node metastasis, histopathologic status, resection margin status, and adjuvant chemotherapy as important prognostic factors for resected hilar cholangiocarcinoma.²²⁻²⁵ Recently, studies on neoadjuvant therapy have been conducted as a bridge modality to improve the rate of radical resection of locally advanced hilar cholangiocarcinoma.²⁶⁻²⁸ In view of these trends, especially those from 2000, the impact of surgical skills and methods remains important; however, the perioperative support and management are also thought to contribute to the oncological outcomes in patients with hilar cholangiocarcinoma.

In conclusion, the surgical and oncological outcomes have improved in patients with hilar cholangiocarcinoma, and the survival rate is expected to improve in the coming years, including that of patients with radical and concomitant vascular resections. The liver status, predicted by preoperative serum bilirubin levels, and advanced tumor stage, including tumor extension, are associated with poor prognosis in patients with hilar cholangiocarcinoma. However, there is limited evidence to accurately predict the prognosis with the currently known factors, and it is important to select a surgical candidate in consideration of the preoperative liver status and tumor extension.

CONFLICT OF INTEREST

The authors have no conflicts of interest to disclose.

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Conceptualization: GHC, SYR. Data collection: SHL, GHC, DHH, KSK, JSC. Data analysis: SHL, SYR. Methodology: SHL, GHC. Writing: SHL. Review and finalization: SYR.

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