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DOCOSAHEXAENOIC ACID INHIBITS ETHANOL/PALMITOLEIC ACID-INDUCED NECROPTOSIS IN AR42J CELLS

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Fatty acid ethyl esters (FAEEs), non-oxidative metabolites of ethanol, are the main causative agents of severe acute pancreatitis resulting from alcohol abuse. Pancreatic acinar cells exposed to ethanol in combination with the fatty acid palmitoleic acid (EtOH/POA) display increased levels of palmitoleic acid ethyl ester and cell death. Oxidative stress and acinar cell necroptosis are implicated in the pathology of severe acute pancreatitis. Docosahexaenoic acid (DHA) serves as a powerful anti-oxidant that reduces pancreatic inflammation and improves the outcomes of patients with acute pancreatitis. We investigated whether treatment of EtOH/POA, as an in vitro model of alcoholic pancreatitis, increases reactive oxygen species (ROS), necroptosis-regulating proteins, and cell death by increasing nicotinamide adenine dinucleotide phosphate (NADPH) oxidase activity and intracellular calcium. Also, we investigated whether DHA inhibits EtOH/POA-induced alterations in pancreatic acinar AR42J cells. As a result, EtOH/POA increased intracellular and mitochondrial ROS levels, NADPH oxidase activity, necroptosis-regulating proteins, and cell death, which was inhibited by NADPH oxidase inhibitor apocynin, the Ca2+ chelator BAPTA, and DHA. However, DHA did not reduce EtOH/POA-induced increases in Ca2+ oscillation or levels in AR42J cells. Furthermore, EtOH/POA induced mitochondrial dysfunction by reducing mitochondrial membrane polarization and hence, adenosine triphosphate (ATP) production. DHA treatment attenuated EtOH/POA-induced mitochondrial dysfunction. In conclusion, DHA inhibits EtOH/POA-induced necroptosis by suppressing NADPH oxidase activity, reducing ROS levels, preventing mitochondrial dysfunction, and inhibiting activation of necroptosis-regulating proteins in AR42J cells.

Key words: docosahexaenoic acid, ethanol, necroptosis, fatty acid ethyl esters, palmitoleic acid, pancreatitis, reactive oxygen species, mitochondrial dysfunction

INTRODUCTION

Acute pancreatitis (AP) is a sudden onset, necroinflammatory disease of the exocrine pancreas. Although conservative management usually results in clinical improvement for most patients with AP, 20% of all cases develop extensive disease involving pancreatic necrosis and severe inflammation, which can result in multiple organ failure and death (1, 2). Currently, there is no chemotherapeutic drug available for the prevention or treatment of AP.

AP is characterized by aberrant zymogen activation, inflammatory cell infiltration and pancreatic acinar cell death (3). Whereas abnormal trypsinogen activation contributes to the early stages of the disease, activation of the oxidant-sensitive transcription factor nuclear factor-kappaB (NF- κ B) in acinar cells is largely responsible for the severe systemic inflammatory response and organ damage (4).

High alcohol intake (> 40 g/day) is a major risk factor for AP (5). Alcoholic pancreatitis is the second leading cause of AP, and the most common cause of chronic pancreatitis (5, 6). Although the mechanism by which chronic alcohol abuse promotes AP is not fully understood, it is generally believed that an intracellular

Ca²⁺ overload, as well as the generation of reactive oxygen species (ROS), are the elements responsible for the initiation of the inflammatory process in the gland (7-12). In addition, ethanol enhances cholecystokinin octapeptide (CCK-8)-induced Ca²⁺ overload and ROS generation in pancreatic acinar cells (13-15).

In the pancreas, ethanol is either oxidized to acetaldehyde or esterified with free fatty acids to form free fatty acid ethyl esters (FAEEs). Ethanol oxidation is catalyzed by alcohol dehydrogenase or by cytochrome P450 2E1 (16). The oxidative metabolites of alcohol, notably acetaldehyde, have been suggested as mediators of alcohol-induced organ damage. Because oxidative metabolites are primarily generated in the liver and appear only in extremely low concentrations in the circulation (17, 18), organ damage from acetaldehyde in the pancreas, which shows minimal oxidative ethanol metabolism (19, 20), is considered unlikely. Nonoxidative metabolism of alcohol by esterification with fatty acids has been shown in the pancreas and implicated in the development of pancreatic acinar cell injury (21-23). Some evidences show that ethanol metabolism in the pancreas mainly occurs via the nonoxidative pathway and produces FAEEs (24-27). Doyle et al. (24) determined the concentration of FAEEs in the blood of 7 healthy human subjects after ethanol intake for a period of up to 24 hours. They found that 7 of 7 samples equivocal for ethanol were positive for FAEEs, suggesting the fatty acid ethyl esters in the blood as markers for ethanol intake. Laposata *et al.* (25, 26) demonstrated that alcohol-intoxicated humans have high levels of FAEEs, in blood, pancreas, and liver, causing pancreatic injury as well as liver damage. Werner *et al.* (27) found that FAEEs at concentrations found in human plasma produce a pancreatitis-like injury in rats, providing direct evidence that FAEEs can produce organ-specific toxicity. Thus, FAEEs may contribute to acute alcohol-induced damage to the pancreas.

The pathogenic mechanism studies for FAEE showed that FAEEs are mainly synthesized and accumulated in pancreatic acinar cells (28) and induce the release of Ca²⁺ from the endoplasmic reticulum (ER), and from zymogen granules by activating inositol triphosphate receptors (29, 30). Ca²⁺ release results in cytoplasmic Ca²⁺ overload and consequently, the activation of digestive enzymes such as trypsinogen, and the initiation of AP. Furthermore, prolonged elevated levels of cytoplasmic Ca²⁺ lead to mitochondrial dysfunction and cell necroptosis (31). The resulting loss of ATP production by damaged mitochondria precludes the restoration of normal Ca²⁺ levels in the ER and cytoplasm by ATP-fueled Ca²⁺ pumps. The formation of free fatty acids *via* inner mitochondrial membrane FAEE hydrolases further limits ATP production by uncoupling oxidative phosphorylation) (30).

Specifically, Ca²⁺ activates NADPH oxidase to produce ROS in pancreatic acinar cells (32), which up-regulate the expression of inflammatory cytokines that contribute to AP (33). Ca²⁺ levels in cultured pancreatic acinar cells are transiently increased by cellular exposure to ethanol in combination with the fatty acid palmitoleic acid, and mice treated with an ethanol and palmitoleic acid cocktail (hereafter referred to as EtOH/POA display increased levels of palmitoleic acid ethyl ester, extensive edema, neutrophil infiltration and acinar cell necrosis (31).

In this study, we used EtOH/POA-treated AR42J cells to examine the inhibition of EtOH/POA-induced Ca2+ increases, NADPH oxidase activation, ROS production, mitochondrial function and cell death produced by docosahexaenoic acid (DHA) treatment. Used as a dietary supplement, DHA serves as a powerful anti-oxidant that reduces inflammation (34) and improves the outcomes of patients with AP (35). Necroptosis appears to be necrotic cell death, but finely regulated by a set of intracellular signal transduction pathways (36). Necroptosis is the predominant mode of acinar cell death in severe experimental pancreatitis (37). In our study, activation of necroptosis-regulating proteins such as receptor interacting protein (RIP) and mixed lineage kinase domain-like pseudokinase (MLKL), as necroptosis indices, were measured in AR42J cells treated with EtOH/POA in the presence or absence of DHA. The protective effects of DHA have crucial implications in the prevention or delay of oxidative stressassociated acinar cell necroptosis following exposure to EtOH/POA.

MATERIALS AND METHODS

Reagents

DHA (D2534, \geq 98%), POA (P9417, \geq 98.5%), apocynin (PHL83252, \geq 95%), Nec-1 (480065, \geq 95%), GSK-872 (5.30389, \geq 98%), and diclorofluorescein diacetate (DCF-DA, 35845, \geq 95%) were purchased from Sigma-Aldrich (St. Louis, MO, USA). BAPTA (ab120503, > 97%) was purchased from Abcam (Cambridge, UK). Stock solutions of DHA (1-2 μ M) and POA (50 μ M) in ethanol were prepared for storage at -20° C. Stock

solutions of apocynin (10 $\mu M),$ Nec-1 (25 $\mu M),$ BAPTA (5 $\mu M),$ and GSK-872 (5 $\mu M),$ were prepared with DMSO.

Cell line and culture conditions

Rat pancreatic acinar AR42J cells (pancreatoma, ATCC CRL 1492) were obtained from the American Type Culture Collection (Manassas, VA, USA) and cultured in Dulbecco's modified Eagle's medium (Sigma, St. Louis, MO, USA) supplemented with 10% fetal bovine serum (GIBCO-BRL, Grand Island, NY, USA) and antibiotics (100 U/mL penicillin and 100 $\mu g/mL$ streptomycin). The cells were cultured at 37°C in a humidified atmosphere of 95% air and 5% CO_2 .

Experimental protocol

To investigate the effect of DHA, the cells $(1 \times 10^5 / 2 \text{ mL})$ were pre-treated with DHA (1 or 2 µM) for 1 h prior to treatment with EtOH (150 mM) and POA (50 µM) and incubated for 6 h (for cell viability, lactate dehydrogenase (LDH) release, and caspase-3 activity), 15 min (for RIP1, p-RIP1, MLKL, and p-MLKL protein levels), or 10 min (for ROS and adenosine triphosphate (ATP) levels, NADPH oxidase activity, and mitochondrial membrane potential). To determine the involvement of NADPH oxidase in necroptosis, the cells were pre-treated with a NADPH oxidase inhibitor apocynin (10 µM) for 1 h before EtOH/POA stimulation. To determine the role of calcium in necroptosis, cells were treated with the Ca²⁺ chelator BAPTA-AM (5 µM) for 1 h before EtOH/POA stimulation. To detect necroptosis, the cells were pre-treated with the necroptosis inhibitor Nec-1 (25 µM) or the RIP3 inhibitor GSK-872 (5 µM) for 1 h before EtOH/POA stimulation. Control experiments where cells received no treatment ('None') or treatment with EtOH/POA but not DHA ('Control') were performed in parallel.

Prior to the experiments with DHA, apocynin, BAPTA-AM, Nec-1, or GSK-872, time-dependent experiments on intracellular and mitochondrial ROS (for 20 min), cell viability (for 8 h), and levels of necroptosis-regulating proteins such as RIP1, p-RIP1, RIP3, MLKL, and p-MLKL (for 30 min) were performed. In other sets of experiments to determine the effect of ethanol alone and POA alone on intracellular ROS and cell viability, the cells were treated with EtOH (150 mM) alone, POA (50 µM) alone, or EtOH (150 mM) with POA (50 µM) for 10 min (for ROS levels) and 6 h (for cell viability and caspase-3 activity).

To determine the concentration-dependent effects of DHA on EtOH/POA-induced cell death, the cells (1 \times 10 5 /2 mL) were pre-treated with DHA (0.5, 1, or 2 μM) for 1 h prior to treatment with EtOH (150 mM) and POA (50 μM) and incubated for 6 h. Cell viability was determined using the trypan blue exclusion assay.

Preparation of cell extracts

Cell extracts were prepared using a method described by Jeong *et al.* (38). The cells were harvested by scraping with phosphate buffered saline (PBS), and pelleted by centrifugation at 5,000 rpm for 5 min. The cell pellets were resuspended in lysis buffer containing 10 mM Tris (pH 7.4), 1% Nonidet P-40 (NP-40) and a commercial protease inhibitor complex (Complete; Roche, Mannheim, Germany), and lysed by drawing the cells through a 1-mL syringe with several rapid strokes. The mixture was then incubated on ice for 30 min and centrifuged at 13,000 rpm for 15 min. The supernatants were collected and used as whole cell extracts. To prepare cytosolic and membrane extracts, the cells were extracted in homogenization buffer containing 10

mM Tris-HCl (pH 7.4), 50 mM NaCl, 1 mM ethylene diamine tetra-acetic acid (EDTA), and a protease inhibitor complex (Complete; Roche, Mannheim, Germany) and centrifuged at $100,000 \times g$ for 1 hour. The pellets were resuspended on ice in lysis buffer containing 50 mM HEPES (pH 7.4), 150 mM NaCl, 1 mM EDTA, and 10% glycerol and used as membrane extracts. The supernatants were used as cytosolic extracts. The protein concentration was determined by the Bradford assay (Bio-Rad Laboratories, Hercules, CA, USA).

Measurement of intracellular and mitochondrial reactive oxygen species levels

Intracellular and mitochondrial ROS levels were measured according to the method described by Kyung et al. (39). To measure intracellular ROS levels, the cells were incubated with EtOH/POA and 10 μM DCF-DA (Sigma-Aldrich, St. Louis, MO, USA) for 30 min. Next, the cells were washed and scraped into phosphate-buffered saline (PBS). DCF fluorescence was measured with a Victor5 multi-label counter (PerkinElmer Life and Analytical Sciences, Boston, MA, USA) at excitation and emission wavelengths of 495 nm and 535 nm, respectively. To measure mitochondrial ROS levels, the cells were incubated with EtOH/POA and 10 µM MitoSOX red (M36008, Life Technologies, Grand Island, NY, US) for 30 min. MitoSOX fluorescence was measured with a Victor5 multi-label counter at excitation and emission wavelengths of 514 nm and 585 nm, respectively. ROS levels are expressed as the percentage of the ROS measured in untreated cells ('None').

Determination of cell viability

The cells were plated in a 24-well plate (3×10^4 cells/well) and then cultured overnight. Following the addition of DHA and/or EtOH/POA to the culture, and incubation for a specified period, the number of viable cells remaining was determined using the trypan blue exclusion test (0.2%, trypan blue; Sigma, St. Louis, MO, USA).

Measurement of lactate dehydrogenase release

LDH release was quantified using the LDH Assay kit (ab102526; Abcam, Cambridge, UK). The cells were lysed with lysis buffer containing 0.1M Tris (pH7.4), 10% Triton X-100, and then centrifuged at $10,000 \times g$. LDH activity was measured in culture medium as well as in the cells according to Lopez *et al.* (40). The LDH release is quantified as a percentage compared to the total LDH content (LDH in the supernatant + LDH inside the cells).

Western blot analysis

Western blot analysis was performed using a previously describe method (41). Whole cell extracts (60 – 80 μg protein /lane) were separated using sodium dodecyl sulfate polyacrylamide gel electrophoresis on 10 – 12% acrylamide gels. The proteins were transferred onto nitrocellulose membranes (Amersham, Inc., Arlington Heights, IL, USA) by electroblotting. The transfer of proteins was verified by reversible staining with Ponceau S. Membranes were blocked with 3% non-fat dry milk in Tris-buffered saline and 0.2% Tween 20 (TBS-T) (1 h at room temperature) and then incubated overnight at 4°C with antibodies against receptor-interacting protein (RIP1) (#3493S, Cell Signaling Technology), p-RIP1 (#65746, Cell Signaling Technology), RIP3 (ab62344, Abcam), mixed lineage kinase domain-like pseudokinase (MLKL) (ab183770, Abcam), p-MLKL

(ab196436, Abcam), and actin (sc-47778, Santa Cruz Biotechnology, Dallas, TX, USA) in TBS-T containing 3% dry milk. After washing with TBS-T, the primary antibodies were detected using horseradish peroxidase-conjugated secondary antibodies (anti-mouse, anti-rabbit) and an enhanced chemiluminescence detection system (Santa Cruz Biotechnology, Dallas, TX, USA) with exposure to BioMax MR film (Kodak, Rochester, NY, USA).

Measurement of intracellular Ca2+

Intracellular Ca2+ was determined using a method described by Zhao et al. (42). To measure intracellular Ca²⁺ levels, the cells were seeded on 22 mm × 22 mm glass slides in 35-mm culture dishes and incubated at 37°C in a humidified atmosphere of 95% air and 5% CO₂ overnight. Physiological salt solution containing DHA (2 μM) and fura-2 AM (2 μM) (F1221: Thermo Fisher Scientific) was then added, and following 30 min incubation at room temperature, the cells were washed and incubated with 2 µM DHA in physiological salt solution for 30 min. The cells were then mounted on an inverted microscope (Nikon, Tokyo, Japan). Fluorescence measurements were determined using an imaging system (Molecular Devices, Sunnyvale, CA, USA) and recorded using a charge-couple device camera (CoolSNAP, Tucson, AZ, USA). Fluorescence emission was monitored at 510 nm and reported as the ratio of the respective emission intensity (F340/F380) resulting from 340 nm and 380 nm excitation wavelengths.

In addition, intracellular Ca^{2^+} levels were measured using fluo-4 AM, cell permeant (F14201; Thermo Fisher Scientific) (43). The cells were plated in a 96-well plate (4 × 10³ cells/well) and then cultured overnight. The cells were loaded with fluo-4 by incubation with HEPES buffer (pH 7.4), containing 1 mM probenecid, 4 μ M fluo-4 AM for 1 h at 37°C. Then the cells were treated with or without 2 μ M DHA and incubated 1 h at 37°C. The fluorescence was measured using a microplate reader (Molecular Devices, Sunnyvale, CA, USA), at an excitation wavelength of 494 nm and an emission wavelength of 525 nm. Ca^{2+} levels were expressed as $\Delta F/F_0$. F_0 is the resting background fluorescence, ΔF is the fluorescence change over time after treatment with or without EtOH/POA in the presence or the absence of DHA.

Measurement of nicotinamide adenine dinucleotide phosphate oxidase activity

NADPH oxidase activity was measured by using the lucigenin assay (44). Membrane and cytosolic extracts were prepared as described before (38). The assay was performed in 50 mM Tris-MES buffer (pH 7.0) containing 2 mM KCN, 10 μM lucigenin and 100 μM NADPH. The reaction was initiated with the addition of 10 μg of membrane-extract protein. Photon emission was measured using a microplate reader (Molecular Devices, Sunnyvale, CA, USA). For control experiments, cytosolic-extract protein was used in place of membrane-extract protein.

Measurement of caspase-3 activity and adenosine triphosphate level

Caspase-3 activity was quantified using a Caspase-3 Assay Kit according to manufacturer's protocol (ab39383; Abcam). Whole cell extracts were prepared as described earlier (38) and mixed with buffer containing a colorimetric substrate for caspase-3 (N-acetyl-Asp-Glu-Val-Asp p-nitroanilide). The mixtures were incubated for 1 h at 37°C before measuring the optical density at 405 nm with a microplate reader. ATP levels in

whole cell extracts were measured using a Luminescent ATP Detection Assay Kit according to the manufacture's protocol (ab113849; Abcam).

Measurement of mitochondrial membrane potential (MMP)

Mitochondrial depolarization was monitored by treating cells with the fluorescent dye 5,5',6,6'-tetrachloro-1,1',3,3'-tetraethyl benzimidazolyl carbocyanine iodide (JC-1) and measuring the intensity of red emission relative to the intensity of green emission (45). Mitochondrial depolarization is indicated by a decrease in the red/green fluorescence intensity ratio. To determine changes in MMP, cells cultured on glass coverslips were treated with DHA for 2 h and then with EtOH/POA for 10 min, before incubating them with JC-1 reagent (1:100 dilution; 10009908, Cayman Chemical Company, Ann Arbor, MI, USA) for 20 min. After removing the medium, the cells were dried for 15 min at room temperature and washed twice with PBS for 5 min. The cells were then mounted with mounting solution (M-7534, Sigma Aldrich). JC-1 fluorescence (red; excitation at 590 nm and emission at 610 nm, green; excitation at 485 nm and emission at 535 nm) was measured with a laser-scanning confocal microscope (LSM 880, Carl Zeiss Inc, Oberkochen, Germany). Fluorescent images were used in conjunction with NIH Image J 5.0 software (National Institutes of Health, Bethesda, MD, USA) to determine the percentage ratio of red and green fluorescence intensities. The average intensity per cell was calculated for each experimental group comprised of more than 50 cells.

Statistical analysis

All experimental values are expressed as the mean \pm standard error (SE) of three different experiments. Analysis of variance (ANOVA), followed by the Newman-Keul's *post hoc* test was used for the statistical analysis. A P-value of 0.05 or less was considered statistically significant.

RESULTS

EtOH/POA increases reactive oxygen species levels and induces RIP1-dependent cell death

To determine the effect of EtOH/POA on ROS production in AR42J cells, intracellular and mitochondrial ROS levels were measured following 5-20 min-incubation periods. As shown in Fig. 1A and 1C, the maximum increases in intracellular (~1.5-fold) and mitochondrial ROS (~3-fold) levels occur within 10 min of exposure of the cells to EtOH/POA. However, treatment of EtOH alone or POA alone had no effect on ROS levels in

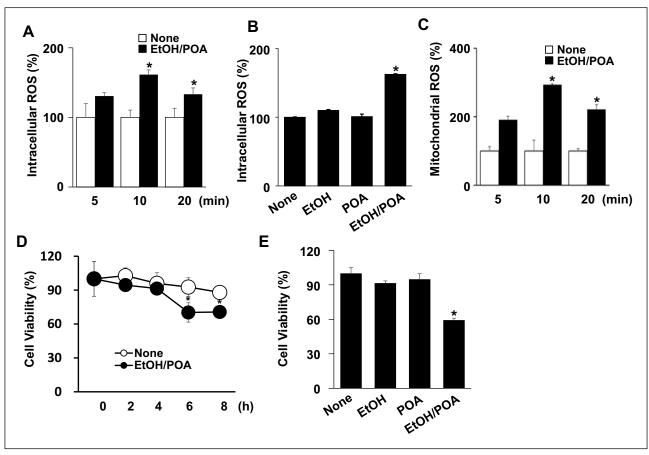


Fig. 1. The effect of EtOH/POA on ROS production and cell viability in AR42J cells. (A, B, C): Comparison of the levels of intracellular and mitochondrial ROS measured for untreated cells ('None') and for cells incubated with 150 mM EtOH and 50 μM POA for the indicated time periods ('EtOH/POA'). *P < 0.05 versus the corresponsding 'None'. (D): Comparison of the cell viability, accessed periodically over an 8 h period, for cell cultures incubated with and without 150 mM EtOH and 50 μM POA. *P < 0.05 versus the corresponsding 'None'. (E): Comparison of the cell viability at 6 h for cell cultures incubated with 150 mM EtOH alone, 50 μM POA alone or 150 mM EtOH/50 μM POA. *P < 0.05 versus the corresponsding 'None'.

AR42J cells after 10 min of culturing (*Fig. 1B*). This result indicates that FAEE produced by EtOH and POA may stimulate ROS production.

To examine the effect of EtOH/POA on AR42J cell viability, cell cultures were treated with EtOH/POA for up to 8 hours. The viable cell number was measured periodically using the trypan blue exclusion test. Fig. 1D shows that at 6 h, cell viability decreased by ~25%. However, EtOH alone and POA alone had no effects on cell viability at 6-h (Fig. 1E). To investigate if the decreased number of viable cells is the result of EtOH/POA-induced necroptosis, we first determined the impact of EtOH/POA on cellular levels of the necroptosissignaling pathway proteins RIP1, RIP3, and MLKL. Western blot analysis (Fig. 2A) shows that exposure of the AR42J cells to EtOH/POA for 15 min results in a significant increase in the phospho-specific forms of RIP1 and MLKL. Moreover, RIP3 increased following treatment with EtOH/POA in a timedependent manner. However, EtOH/POA did not increase caspase-3 activity in AR42J cells (Fig. 2B). Next, we tested whether the necroptosis inhibitor necrostatin (Nec-1) and RIP3 inhibitor GSK-872 reduces the magnitude of the EtOH/POA-induced decreases in cell viability. Cultures treated with Nec-1 and GSK-872 retained more cells following incubation with EtOH/POA than did the control (EtOH/POA alone) (Fig. 2C and 2D). In comparison, the increased cell retention of cultures treated with the apoptosis inhibitor Z-VAD-fmk before incubation with EtOH/POA was found to be considerably smaller (Fig. 2C). Taken together, EtOH/POA induces AR42J cell death primarily via the necroptotic pathway.

Apocynin and BAPTA inhibit EtOH/POA-induced increases in reactive oxygen species and necroptotic pathway proteins RIP1 and MLKL

Because NADPH oxidase and Ca²⁺-signaling are known to play key roles in ROS production, our next step was to measure the impact of the NADPH oxidase inhibitor apocynin and Ca²⁺ chelator BAPTA on EtOH/POA-induced increases in ROS and cell death. For this purpose, we first measured intracellular and mitochondrial ROS production in AR42J cells treated with EtOH/POA in the presence or absence of these inhibitors. The results in *Fig. 3A* and *3B* show that apocynin and BAPTA reduce intracellular and mitochondrial ROS levels in the EtOH/POA-treated cells.

Next, we tested the effect of 10 µM of the NADPH oxidase inhibitor apocynin or 5 μM of the Ca²⁺ chelator BAPTA on the EtOH/POA-induced increase in NADPH oxidase activity in membrane extracts from AR42J cells. As shown in Fig. 3C, both apocynin and BAPTA inhibited EtOH/POA-induced increases in NADPH oxidase activity in AR42J cells. We also found that the observed EtOH/POA-induced increases in the levels of phosphophorylated forms of RIP1 and MLK are suppressed by pre-treatment of the cells with apocynin or BAPTA (Fig. 3D). Moreover, by measuring cell viability in cultures treated with EtOH/POA in the presence and absence of the respective inhibitors, we discovered that EtOH/POAinduced cell death is also reduced (Fig. 3E). These results indicate that EtOH/POA increases ROS levels and necroptotic AR42J cell death by promoting Ca2+ overload and NADPH oxidase activation.

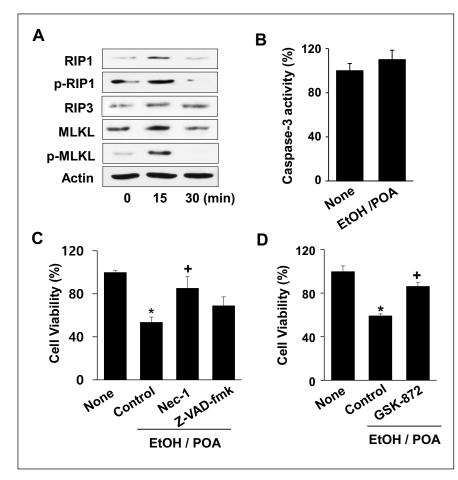


Fig. 2. The effect of Nec-1, z-VAD-fmk and GSJ-872 on EtOH/POA-induecd cell death in AR42J cells. (A): Western blot analysis of phospho-specific and total forms of R1P1 and MLKL in untreated AR42J cells ('0' min) and cells treated with 150 mM EtOH and 50 µM POA for 15 and 30 min. Actin was used as the loading control. (B): A comparison of caspase-3 acvitity for untreated cells ('None') and for cells incubated with 150 mM EtOH and 50 µM POA for 6 h. (C): A comparison of the cell viability measured for untreated cell cultures ('None') and for cell cultures incubated with (or without, 'Control') 25 μM necroptosis inhibitor Nec-1 or 10 μM apoptosis inhibitor Z-VAD-fmk for 1 h, and then incubated for 6 h with 150 mM EtOH and 50 μM POA. (D): Comparison of the cell viability measured for untreated cell cultures ('None') and for cell cultures incubated with (or without, 'Control') 5 μM RIP3 inhibitor GSK-872 for 1 h, and then incubated for 6 h with 150 mM EtOH and 50 µM POA. *P < 0.05 versus None; +P < 0.05 versus Control.

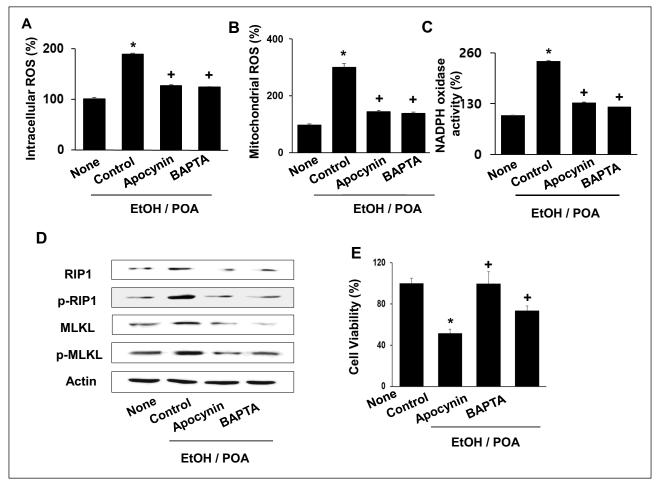


Fig. 3. Determination of the effect of apocynin and BAPTA on EtOH/POA-induced alteration of ROS production, NADPH oxidase activity, necroptotic signal transduction pathway proteins and cell viability in AR42J cells. (A, B): Comparison of the levels of intracellular and mitochondrial ROS measured for untreated cells ('None') and for cells incubated without ('Control') or with 10 μM NADPH oxidase inhibitor apocynin or 5 μM Ca²+ chelator BAPTA for 1 h and then with 150 mM EtOH and 50 μM POA for 10 min. *P < 0.05 versus None; +P < 0.05 versus Control. (C): NADPH oxidase activity in untreated cells ('None') and in cells incubated without ('Control') or with 10 μM apocynin or 5 μM BAPTA for 1 h and then incubated with 150 mM EtOH and 50 μM POA for 10 min. *P < 0.05 versus None; +P < 0.05 versus Control. (D): Western blot analysis of phospho-specific and total forms of R1P1 and MLKL in cells treated as reported in (C) except that a 15 min EtOH/POA incubation period was used. Actin was used as the loading control. (E): Comparison of the cell viability measured for untreated cells ('None') and for cells incubated without ('Control') or with 10 μM apocynin or 5 μM BAPTA for 1 h and then with 150 mM EtOH and 50 μM POA for 6 h. *P < 0.05 versus None; +P < 0.05 versus None; +P < 0.05 versus Control.

Docosahexaenoic acid inhibits EtOH/POA-induced increases in reactive oxygen species levels, nicotinamide adenine dinucleotide phosphate oxidase activity, and necroptosis

To determine if DHA protects AR42J cells from EtOH/POA-induced oxidative stress, the effect of DHA on the levels of ROS and NADPH oxidase in EtOH/POA-treated cells was measured. At a concentration of 2 μ M, DHA almost fully suppresses the EtOH/POA-induced increases in intracellular (*Fig. 4A*) and mitochondrial (*Fig. 4B*) ROS levels and NADPH oxidase activity (*Fig. 4C*). We also found that DHA suppresses EtOH/POA-induced increases in phosphor-specific forms of RIP1 and MLKL (*Fig. 5A*) and the loss of cell viability (*Fig. 5B*) in a concentration-dependent manner.

The major feature of necrotic cells is plasma membrane permeabilization. This event can be observed by measuring LDH release. LDH is a cytoplasmic enzyme that is released into the extracellular space when the plasma membrane is damaged (46). As shown in Fig. 5C, EtOH/POA increased LDH release. DHA inhibited EtOH/POA-induced leakage of LDH. This result indicates that DHA suppressed EtOH/POA-induced necrotic cell death. Conversely, the effect of EtOH/POA (with or without DHA) on caspase-3 is comparatively small (Fig. 5D). Because increased caspase-3 activity is a marker for apoptosis, this result suggests that EtOH/POA-induced cell death appears to occur primarily via the necroptosis pathway, consistent with the observation of the greater restorative effect of Nec-1 and GSK-872 on cell viability compared to that of Z-VAD-fmk (Fig. 2C and 2D).

Docosahexaenoic acid does not inhibit EtOH/POA-induced increases in Ca^{2+} oscillation and levels in AR42J cells

We found that the calcium Ca^{2+} chelator BAPTA inhibited EtOH/POA-induced increases in NADPH oxidase activity in AR42J cells (*Fig. 3C*). These results indicate that Ca^{2+} may

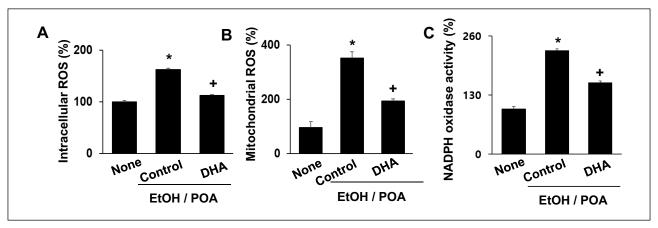


Fig. 4. Determination of the effect of DHA on EtOH/POA-induced alteration of ROS production and NADPH oxidase activity in AR42J cells. (A, B): Comparison of the levels of intracellular and mitochondrial ROS measured for untreated cells ('None') and for cells incubated without ('Control') or with 2 μ M DHA for 1 h and then with 150 mM EtOH and 50 μ M POA for 10 min. *P < 0.05 versus None; +P < 0.05 versus Control. (C): Comparison of NADPH oxidase activity in cells treated as reported in (A, B). *P < 0.05 versus None; +P < 0.05 versus Control.

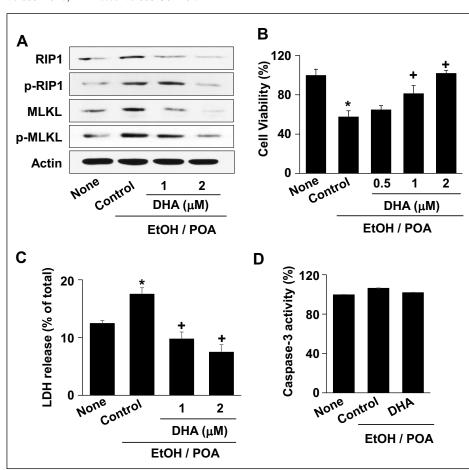


Fig. 5. Determination of the effect of DHA on EtOH/POA-induced alteration of necroptotic signal transduction pathway proteins, cell viability, LDH release and caspase-3 activity in AR42J cells. (A): Western blot analysis of phospho-specific and total forms of R1P1 and MLKL in untreated cells ('None') and for cells incubated without ('Control') or with 1 or 2 µM DHA for 1 h, and then with 150 mM EtOH and 50 μM POA for 15 min (B, C): Comparison of the cell viability and LDH release measured for untreated cells ('None') and for incubated without cells ('Control') or with the indicated concentration of DHA for 1 h and then with 150 mM EtOH and 50 μ M POA for 6 h. *P < 0.05 versus None; +P < 0.05 versus Control. (D): Comparison of caspase-3 activity measured for cells treated as is reported in (A, B) except that the EtOH/POA incubation was carried out for 6 h. *P < 0.05versus None; +P < 0.05 versus Control.

mediate activation of NADPH oxidase in EtOH/POA-treated cells. DHA suppressed EtOH/POA-induced activation of NADPH oxidase in AR42J cells (*Fig. 4C*). Thus, our next step was to examine whether EtOH/POA increases intracellular Ca²⁺ oscillation and levels and whether DHA inhibits EtOH/POA-induced increases in intracellular Ca²⁺ oscillation (*Fig. 6A*) and levels (*Fig. 6B*) in AR42J cells.

Accordingly, Ca²⁺ oscillation in AR42J cells treated with EtOH/POA in the presence and absence of DHA was

monitored by fluorescence imaging with the intracellular Ca²⁺ indicator fura-2 AM. As shown in *Fig. 6A*, EtOH/POA increased Ca²⁺ oscillation in the cells. Ca²⁺ oscillation consisted of an initial increase followed by a decrease of intracellular Ca²⁺ towards a value close to the pre-stimulation level. Our results were supported by the study of Fernandez-Sanchez *et al.* (13) showing that acute ethanol exposure on CCK-8-evoked intracellular Ca²⁺ signals in mouse pancreatic acinar cells, determined using fura-2 AM. As shown in *Fig.*

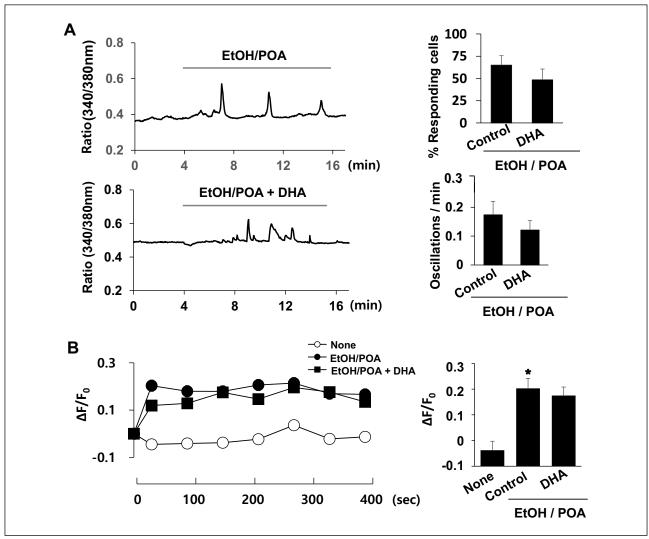


Fig. 6. Determination of the effects of EtOH/POA and DHA on intracellular Ca^{2+} oscillation and levels in AR42J cells using the intracellular Ca^{2+} indicators fura-2 AM and fluo-4 AM fluorescent dyes. (A): The changes in intracellular Ca^{2+} levels in response to cell incubation with 150 mM EtOH and 50 μM POA in the absence (top panel) or presence (bottom panel) of DHA (2 μM). Ca^{2+} level was reported as the ratio fura-2-derived fluorescence emission intensities measured at 510 nm and resulting from excitation at 340 nm and 380 nm (F340/380). Right panels: The percentage of responding cells (top panel) and the Ca^{2+} oscillation frequency (oscillations/min) (bottom panel). (B): The fluorescence transient changes in response to cell incubation with 150 mM EtOH and 50 μM POA in the absence or presence of DHA (2 μM). Ca^{2+} level was reported as the fluorescence changes measuring fluoro-4-derived fluorescence using excitation wavelength of 494 nm and emission wavelength of 525 nm. Ca^{2+} levels were expressed as $\Delta F/F_0$. F_0 is the resting background fluorescence, ΔF is fluorescence change with time after treatment with or without EtOH/POA in the presence or the absence of DHA. Fluorescence transient changes (obtained within 1 – 3 min) were plotted (left panel). (Right panels): Ca^{2+} levels, expressed as $\Delta F/F_0$, of the cells. *P < 0.05 versus None.

5A, EtOH/POA increased Ca^{2+} oscillation in the cells. EtOH/POA treatment with DHA (2 μ M) showed a similar Ca^{2+} oscillation to that observed for cells without DHA treatment.

Ca²⁺ levels in AR42J cells treated with EtOH/POA in the presence and absence of DHA (2 μM) was monitored by transient fluorescence changes using the intracellular Ca²⁺ indicator fluo-4 AM. Transient fluorescence changes (obtained within 1-3 min) were plotted. Ca²⁺ levels, expressed as $\Delta F/F_0$, were increased by EtOH/POA. However, DHA did not reduce EtOH/POA-induced increases in Ca²⁺ levels in AR42J cells (*Fig. 6B*). Taken together, DHA did not reduce EtOH/POA-induced increases in Ca²⁺ oscillation and levels in AR42J cells.

Docosahexaenoic acid inhibits EtOH/POA-induced mitochondrial dysfunction in AR42J cells

Because elevated ROS production such as that observed for EtOH/POA-treated AR42J cells (*Fig. 1A* and *IC*) can potentially damage mitochondria, our next step was to determine the effect of EtOH/POA (with and without DHA) on mitochondrial membrane potential (MMP) and ATP production. *Fig. 7A* and *7B* show that EtOH/POA treatment reduces both MMP and ATP production, and that DHA pretreatment boosts ATP levels and reduces loss of MPP in EtOH/POA-treated cells. These results indicate that DHA protects against EtOH/POA-induced mitochondrial dysfunction, which may occur *via* DHA-mediated reduction in ROS.

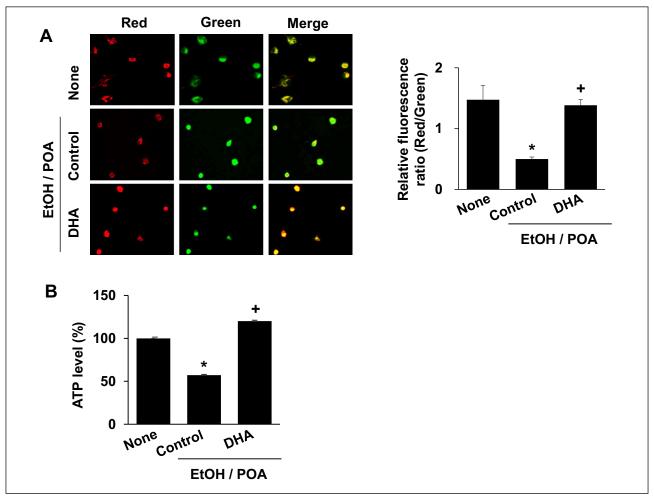


Fig. 7. DHA inhibition of EtOH/POA-induced mitochondrial dysfunction in AR42J cells. Cells were incubated with 2 μM DHA or vehicle ('Control') for 1 h and then with 150 mM EtOH and 50 μM POA for 10 min. 'None' refers to untreated cells. (A): Determination of mitochondrial membrane potential. Left panel: Photomicrographs of JC-1-stained cells showing green and red emissions. Right panel: The ratio of red to green fluorescence emission intensities measured for treated and untreated cells. *P < 0.05 versus None; +P < 0.05 versus Control. (B): The relative levels of intracellular ATP measured with the luciferase-based assay. *P < 0.05 versus None; +P < 0.05 versus Control.

DISCUSSION

This study was performed to gain insight into the molecular mechanism by which the omega-3 fatty acid DHA administered to patients suffering from AP improves disease outcomes. Because acinar cells perform the exocrine functions of the pancreas and are key players in AP, they are used for *in vitro* studies of the disease. Recent studies have validated the use of rodent pancreatic acinar cells in place of human pancreatic acinar cells (47) and thus, our studies were performed using rat pancreatic acinar AR42J cells as the experimental platform. Given that alcohol abuse is a major cause of AP (48), and that FAEEs derived from the esterification of ethanol by endogenous free fatty acids are the mediators (31, 49), we used a cocktail (viz. EtOH/POA) of ethanol and palmitoleic acid to simulate the *in vitro* effects of ethanol abuse in AR42J cell cultures.

Inflammation and the associated overproduction of ROS are key traits of alcoholic pancreatitis (50). Experimentally, pancreatic acinar cells subjected to chemically induced stress respond by increasing ROS production (51-55). To examine the effect of EtOH/POA on AR42J cells, we measured the levels of intracellular and mitochondrial ROS and observed that

EtOH/POA increases ROS production while it decreases cell viability (*Fig. 1A-1C*). Importantly, these effects are attenuated in cells pre-treated with DHA (*Fig. 4A*, 4B and 4E). Thus, DHA is effective in blocking the formation of toxic levels of ROS induced by the EtOH/POA.

Necrosis is recognized as the major form of pancreatic cell death that occurs during AP. Necroptosis, which is the most wellunderstood form of necrosis (37), is initiated by proinflammatory cytokine tumor necrosis factor-alpha (TNF- α) and is mediated by the signaling kinases RIP and MLKL. RIP1 activation via autophosphorylation leads to activation of RIP3 and hence, MLKL activation by phosphorylation (56-58). MLKL activation triggers necroptotic cell death. To test whether EtOH/POA-induced cell death is mediated via the necroptosis signal transduction pathway, we measured the levels of phosphorylated and total RIP1 and MLKL. EtOH/POA treatment increased the phosphorylated forms of RIP1 and MLKL (Fig. 2A). Furthermore, by employing the necroptosis inhibitor necrostatin-1 (Nec-1) to inhibit necroptosis-promoting RIP1 kinase activity and Z-VAD-fmk to inhibit apoptosispromoting caspase activity, we showed that EtOH/POA-induced cell death occurs primarily by necroptosis (Fig. 2C). This

conclusion is further supported by the observation that the apoptotic marker caspase-3 is not impacted by cell treatment with EtOH/POA (Fig. 4F).

ROS formation is catalyzed by the membrane-bound enzyme complex NADPH oxidase. NADPH oxidase is believed to play a central role in the pathogenesis of pancreatitis (59). We observed that AR42J cells responded to EtOH/POA by increasing the level of active NADPH oxidase (*Fig. 3C*), consistent with the EtOH/POA-induced increase observed in intracellular and mitochondrial ROS. Pre-treatment of AR42J cells with the NADPH oxidase inhibitor apocynin reduced EtOH/POA-induced increases in NADPH oxidase activity, ROS formation, phosphorylation of RIP1 and MLKL, and cell death (*Fig. 3*). These findings suggest that EtOH/POA-induced cell death results from increased NADPH oxidase activity.

Previous studies have revealed the interplay between NADPH oxidase activity and intracellular Ca²⁺ overload (60). ER-stored Ca²⁺ is transiently released into the cytoplasm through the activation of ER membrane Ca2+ channels. In our study we used the Ca2+-specific chelator BAPTA to reveal that the EtOH/POA-induced increase in NADPH oxidase activity is Ca²⁺-mediated (Fig. 3C). Moreover, BAPTA blocked the effects of EtOH/POA on intracellular and mitochondrial ROS production (Fig. 3A and 3C), phosphorylation of RIP1 and MLKL (Fig. 3D) and cell death (Fig. 3E) as well. Importantly, pre-treatment of AR42J cells with DHA attenuated the effects of EtOH/POA on NADPH oxidase activity, and downstream processes. However, EtOH/POA-induced, intracellular Ca2+oscillation was not affected by DHA (Fig. 5). Even though DHA had no effect on Ca2+-oscillation, it inhibits NADPH oxidase activity which induces ROS-mediated necroptosis in AR42J cells exposed to the EtOH/POA.

Lastly, we examined the effects of EtOH/POA and DHA on mitochondrial function. Mitochondria are the major source of ROS. When ROS levels exceed antioxidant enzyme capacity they are damaged and undergo loss of membrane polarization and the ability to supply the cell with ATP (61, 62). Moreover, FAEEs bind to and accumulate within the inner mitochondrial membrane, uncoupling oxidative phosphorylation causing a loss of membrane polarization and ATP synthesis (63). The observed EtOH/POA-induced increase in intracellular and mitochondrial ROS (*Fig. 1A* and *1B*) is accompanied by a significant loss in MPP and ATP level (*Fig.* 6). AR42J cells pre-treated with DHA displayed significantly less mitochondrial dysfunction (*Fig.* 6), thus underscoring the protective effect of DHA.

Regarding FAEE toxicity, several studies reported that nonoxidative metabolites of ethanol such as FAEE accumulate in higher concentrations in the pancreas than in other organs after ethanol consumption in human (26) and rats (64, 65). Administration of FAEEs to rats causes pancreatic damage in experimental models of pancreatitis (27). However, ethanol alone and the oxidative metabolite acetaldehyde have minimal or no effects on damage of pancreatic acinar cells, whereas the FAEE induces in acinar cell necrosis (65, 66). Criddle et al. (66) demonstrated that freshly isolated pancreatic acinar cells, from the pancreas of adult CD1 mice by using collagenase, exposed to ethanol (up to 850 mM) showed little or no increase in intracellular Ca2+. The oxidative metabolite acetaldehyde (up to 5 mM) had no effect, whereas the nonoxidative unsaturated metabolite palmitoleic acid ethyl ester ($10 - 100 \mu M$, added on top of 850 mM ethanol) induced sustained, concentrationdependent increases in intracellular Ca2+ that were acutely dependent on external Ca2+ and caused cell death. They concluded that nonoxidative fatty acid metabolites, rather than ethanol itself, are responsible for the marked elevations of intracellular Ca2+ that mediate toxicity in the pancreatic acinar cells and that these compounds act primarily by releasing Ca²⁺

from the endoplasmic reticulum. Siech and Letko (67) showed that 180 mM ethanol alone had no statistically significant effect on cell survival at 4 h-incubation periods using freshly isolated pancreatic acinar cells from female albino rats. In this study, 150 mM ethanol alone did not affect cell viability (*Fig. 1B*), which was in agreement of the studies by Criddle *et al* (66) and Sieh and Letko (67).

Criddle *et al.* (66) also demonstrated that 50 μ M POA induces sustained Ca²⁺ release and increased cell death with treatment of ethanol from 50 – 850 mM. They found that ethanol/POA-induced cell death is Ca²⁺-dependent necrosis. This study supports the present results showing that 150 mM ethanol/50 μ M POA increased Ca²⁺ release and induced necroptosis in AR42J cells.

Other studies using cancer cell lines, macrophage, and primary hepatocytes, the concentrations of ethanol ranging from 2.5% to 0.15% concentration were well-tolerated by cells with respect to proliferation. Ethanol is a good choice for solvent since it has low toxicity on human liver cancer *cell* line HepG2, human breast cancer cell lines (MDA-MB-231, MCF-7) and Vietnamese breast cancer stem cell (VNBRCA1) (68). 24-h treatment of ethanol (0.5%) had little or no toxicity in MCF-7, murine macrophage RAW-264.7 and human umbilical vein endothelial cells (HUVEC) (69). In freshly isolated hepatocytes from male Wistar rat liver, 5% ethanol did not induce cytotoxicity while 10% ethanol showed cytotoxic effect at 1 h-culture (70).

For the determination of FAEE, Werner et al. (64) evaluated whether ethanol-induced pancreatic injury is related to the level of FAEE generated. The animals were allocated to four groups that received ethanol (varying concentrations: 2.5% (0.4 g/kg), 5% (0.8 g/kg), 10% (1.6 g/kg), and 20% (3.2 g/kg)). Two hours after a 2-ml bolus and 6-ml infusion of 2.5% (0.4 g/kg) ethanol did not induce pancreatic edema or trypsinogen activation in pancreatic tissues. However, both parameters increased with doses of 5% ethanol (0.8 g/kg) or greater. FAEE concentration in pancreas was evaluated by gas chromatography-mass spectroscopy (GC-MS) after the start of ethanol infusion (2-ml bolus at 0.8 g/kg; and 6-ml infusion over 2 h at 1.2 g/kg/h). FAEE concentration of pancreatic tissue was about 150 nmol/g tissue. FAEE concentration of rat pancreatic homogenates incubated with 50 mM ethanol was 200 nmol/g tissue at 1 hincubation (65). Since FAEE produced by ethanol treatment was relatively low, FAEE concentration can be determined using GC-MS in lipid extracts of the cells. FAEE was isolated from the organic phase by solid phase and concentrated by drying the samples under nitrogen. FAEE were then quantitated by GC-MS analysis on a GC coupled to MS (64, 65). Since determination of the exact concentration of FAEE generated from treatment of EtOH/POA is important, it is necessary to determine FAEE concentration in this system for the further study with collaboration of the specialists in GC-MS analysis.

In regard to the concentration of DHA, treatment with DHA at 0.1 and 1 μM significantly inhibited the decrease in cell viability induced by H_2O_2 in retinal ganglion cells (71). 1 μM DHA inhibited hydrogen peroxide-induced cell death in neural progenitor cells (72). Previously, we showed that DHA (5 μM) inhibited hydrogen peroxide-induced cell death and DNA fragmentation and increases in Bax and p53 in AR42J cells (73). Therefore, we used DHA (1 or 2 μM for inhibitory mechanism of DHA in ethanol (150 mM)/POA (50 μM)-induced cell death using AR42J cells.

In the present study, we used AR42J cells which derive initially from a transplantable tumour of a rat exocrine pancreas (74). This is the only cell line currently available that, in culture, maintains many characteristics of normal pancreatic acinar cells, such as Ca²⁺ signalling, the synthesis and secretion of digestive

enzymes, protein expression, growth and proliferation (75, 76). AR42J cell receptor expression and signal transduction mechanisms parallel those of pancreatic acinar cells. Thus, this cell line has been widely used as an 'in vitro' model to study acinar cell function (77).

Logsdon et al. (78) demonstrated that glucocorticoids increased the volume density of secretory granule and the synthesis, cell content, and mRNA levels of amylase in AR42J cells. They also found that dexamethasone increased cholecystokinin receptors and amylase secretion in AR42J cells (79). Rajasekaran et al. (80) demonstrated that treatment with 10 nM dexamethasone resulted in a 4.6-fold increase in the secreted amylase activity by a reorganization of the RER from a tubulovesicular (TV-RER) to a stacked cisternal (SC-RER) configuration in AR42J cells. They suggested that SC-RER is a biosynthetically more efficient form of the RER, which is found predominantly in actively secreting cells. In the present study, we did not determine exocrine function of AR42J cells and determined the EtOH/POA-mediated cell death. Since EtOH/POA induces intracellular Ca²⁺ which activates amylase release, AR42J cells treated with dexamethasome might be useful for determining the effect of DHA on EtOH/POA-induced alterations in exocrine function in relation to alcoholic

Human pancreatic acinar cells were isolated from pancreatic tissues obtained from aborted foetus (C35 weeks) by autopsy (81), human pancreatic tissue devoid of islets of Langerhans, from dead organ donors without morphological or histological evidence of pancreatic disease (47, 82), or specimens of normal human pancreas obtained from the patients undergoing resection of pancreatic tumors (83). At present, human primary pancreatic acinar cells are not commercially available. Therefore, freshly isolated pancreatic acinar cells from mice or rats may be useful to determine the inhibitory effect of DHA on EtOH/POA-induced pancreatic damage for the further study.

It have been well known that NADPH oxidase and ROS participate in the regulation of necroptosis and the function of ROS in necroptosis is to enhance necrosome formation (84-89). However, some studies reported that activated RIP1 or RIP3 can promote ROS production (90, 91). In present study, ROS production was followed by activation of RIP1 in EtOH/POAstimulated cells. Inhibition of NADPH oxidase using apocynin suppressed activation of RIP1 in EtOH/POA-stimulated cells. These results indicate that ROS mediate RIP1 activation and necroptosis. Since DHA inhibit ETOH/POA-induced activation of NADPH oxidase, DHA may recue ROS and subsequently suppress activation of necroptosis-regulating proteins (RIP, MLK) in AR42J cells. However, it may be possible that DHA may directly inhibit necroptosis in ROS-independent manner. Further study should be performed to determine whether DHA inhibits necroptosis in ROS-independent way in AR42J cells exposed to EtOH/POA.

Moreover, melatonin metabolite, N1-acetyl-N1-formyl-5-methoxykynuramine (92), renin-angiotensin system inhibitors (93), and overexpression of pancreatitis-associated protein-1 (94) have been suggested as the potential therapeutic candidates for alcoholic pancreatitis patients by reducing inflammatory and oxidative injury and pancreatic acinar cell death.

In conclusion, DHA inhibits NADPH oxidase activation, increases in ROS levels, and activation of necroptosis-regulating proteins, and prevents mitochondrial dysfunction and thus, suppressing necroptosis of EtOH/POA-treated AR42J cells.

Abbreviations: DCF-DA, dichlorofluorescein diacetate; DHA, docosahexaenoic acid; EtOH, ethanol; FAEEs, fatty acid ethyl esters; MLKL, mixed lineage kinase domain like

pseudokinase; MMP, mitochondrial membrane potential; NADPH, nicotinamide adenine dinucleotide phosphate; POA, palmitoleic acid; RIP, receptor interacting protein; ROS, reactive oxygen species.

Authors' contribution: H. Kim conceived of and designed the experiments; J.W. Lim assisted in experimental design; L. Ku, J. Lee, and L. Jin performed the experiments; J.W. Lim and J.T. Seo analyzed the data; L. Ku wrote the paper; H. Kim reviewed and edited the paper. All authors agree with the edited version.

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Conflict of interest: None declared.

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