



Oncologic safety of laparoscopic radical cholecystectomy in pT2 gallbladder cancer

A propensity score matching analysis compared to open approach

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Abstract

The role of laparoscopic radical cholecystectomy (LRC) in the surgical management of T2 gallbladder carcinoma (GBC) is still controversial.

The medical records of patients with T2 GBC treated with radical cholecystectomy were retrospectively reviewed. In this study, we compare the short- and long-term oncologic outcomes, using propensity score matching analysis, of patients with T2 GBC who underwent LRC and open radical cholecystectomy (ORC).

Among 183 patients, 86 were selected by propensity score matching (LRC = 43 and ORC = 43). The ORC group underwent more extensive surgery (liver resections and extended lymph node dissections [ELND]) than the LRC group. The LRC group had less operative blood loss, shorter length of hospital stay, fewer complications, and had the earlier start of adjuvant chemotherapy. There was no significant difference between the laparoscopic and open surgery groups in terms of 5-year overall survival rate (64.6% vs 80.4%, P=.214) and disease-free survival rate (77.1% vs 82.2%, P=.641). A subgroup analyses showed that liver resection and ELND had no survival advantage compared to no liver resection and regional lymph node dissection, respectively.

Our LRC approach is safe and effective, with long-term survival comparable to that of ORC.

Abbreviations: AJCC = American joint committee on cancer, ASA = American Society of Anesthesiologists, BMI = body mass index, CA = cancer antigen, CEA = carcinoembryonic antigen, CT = computed tomography, DFS = disease-free survival, ELND = extended lymph node dissection, EUS = endoscopic ultrasound, GBC = gallbladder cancer, LRC = laparoscopic radical cholecystectomy, MRI = magnetic resonance imaging, ORC = open radical cholecystectomy, OS = overall survival, RLND = regional lymph node dissection.

Keywords: gallbladder cancer, laparoscopy, propensity score matching, radical cholecystectomy, survival

1. Introduction

Complete surgical resection remains the optimal treatment for gallbladder cancer (GBC). Simple cholecystectomy, either

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through an open or laparoscopic approach, for early T1a tumors is an adequate treatment as long as proper tissue handling is observed in order to avoid tumor spillage. ^[1,2] For a patient with a T1b or more advanced tumor, open radical cholecystectomy (ORC) remains the recommended curative treatment. ^[3,4]

The role of laparoscopic radical cholecystectomy (LRC) in the surgical management of gallbladder cancer remains controversial. In the era of minimally invasive surgery, the laparoscopic surgical approach is now widely adopted in different gastrointestinal malignancies. [5–7] However, most surgeons remain skeptical about adopting the laparoscopic approach in the surgical management of GBC. Some of the possible reasons include the risk of tumor spillage and dissemination, [8,9] port-site recurrences, [10] and complexity of lymphadenectomy and liver resection

Several studies have suggested the oncologic feasibility of the laparoscopic approach in the treatment of T2 GBC. [11] As long as the oncologic principles of open surgery are followed, LRC can be potentially applied to achieve a comparable oncologic outcome to that of the open approach for T2 GBC.

In this study, patients with T2 GBC who underwent LRC and patients with T2 GBC who underwent ORC were compared after a propensity score matching (PSM) analyses. The primary aim was to compare the long-term outcomes (overall survival [OS] and disease-free survival [DFS]) of patients with GBC and ORC. The secondary aim was to compare the short-term outcomes (intraoperative and post-operative).

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2. Materials and methods

2.1. Study design

The medical records of patients with GBC who underwent surgical procedures at the Yonsei University Health System in Seoul, Korea, between 2005 and 2017 were retrospectively reviewed using the electronic medical records database. We identified 183 patients with pathologically confirmed T2 GBC who underwent radical cholecystectomy. Exclusion criteria were incomplete clinical and histologic data, patients who underwent combined common bile resection, and grossly involved aortocaval lymph nodes on preoperative Computed Tomography scan. The study protocol was approved by the Yonsei Institutional Review Board and the need for written informed consent was waived.

2.2. Data collection

Demographic data such as age, sex, and clinical presentation including the presence of symptoms were recorded. The preoperative serum cancer antigen 19-9 (CA 19-9) and carcinoembryonic antigen (CEA) levels and pathologic data, such as tumor location, size, grade, lymph node status, and lymphovascular and perineural invasions, were reviewed. The 8th edition of the American Joint Committee on Cancer Staging Manual (AJCC) was used for cancer staging. In this cohort, regional lymph node dissection (RLND) includes dissection along the cystic duct, pericholedochal, posterosuperior pancreaticoduodenal, retroportal, and hepatic artery node groups, whereas extended lymph node dissection (ELND) includes RLND plus aortocaval (16A and B) lymph node dissection.

2.3. Indication and for LRC

The indication for surgery and the type of approach were discussed for every patient during weekly hepatobiliary and pancreas conference. Patients with suspected GBC in preoperative imaging, either with transabdominal ultrasonography or computed tomography scan, underwent further imaging evaluations such as endoscopic ultrasonography, magnetic resonance imaging, and positron emission tomography scan for proper clinical staging prior to surgery. Likewise, patients with an incidental finding of GBC after a laparoscopic cholecystectomy subsequently underwent further imaging evaluations such as magnetic resonance imaging and positron emission tomography scan before the re-operation.

2.4. Surgical technique

LRC was performed through 5 abdominal ports, with the patient in a reverse Trendelenburg position and tilted to the lateral left. A 12-mm trocar was placed at the umbilicus, and pneumoperitoneum was established. Staging laparoscopy was performed; if there was no sign of distant metastasis, the additional 4 trocars were inserted (Fig. 1). Full kocherization was performed, and aortocaval fatty tissue was sampled and sent for frozen section analysis. If the frozen section was negative for tumor, radical resection was continued. Simple cholecystectomy was performed if no evidence tumor invasion on the liver bed, otherwise wedge liver resection with at least a 1-cm margin from the gallbladder bed. However, whether to perform wedge liver resection and aortocaval lymph node dissection or not was at the discretion of

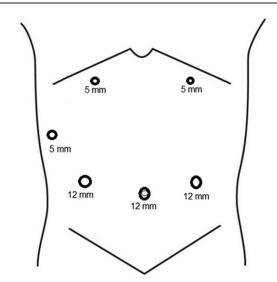


Figure 1. Placement of trocars in laparoscopic radical cholecystectomy.

the surgeon and was not routinely performed in our institution. Cystic duct margin was sent for frozen section, and if positive for tumor, common bile duct resection was indicated. Lymphadenectomy was performed to include all lymph nodes from the common hepatic artery up to the right and left hepatic arteries, skeletonizing the structures in the hepatoduodenal ligament and all nodes in the retropancreatic area. Specimens were collected using an endo-pouch.

For ORC, a J-shaped right subcostal incision was performed. Also, liver resection (wedge resection or segment 4b/5) was not routinely performed for gallbladder cancer with no liver bed invasion by frozen section. Likewise, the extent of lymphadenectomy depended on the preference and intraoperative decision of the surgeons. Some surgeons performed the ELND in patients without intraoperative evidence (by frozen section) of metastasis, and liver resection in patients without evidence of liver invasion (T2 GBC in frozen section).

2.5. Primary endpoints

The primary endpoints of this study were the long-term survival and short-term outcomes of patients with T2 GBC treated with LRC or ORC. OS was calculated from the date of surgery to the date of death or last follow-up. Patients were also followed up regularly for serum CA 19-9 and CEA level determination and computed tomography scan, to detect tumor recurrence. DFS was calculated from the date of surgery to the date of recurrence or last follow-up. Short-term outcomes were determined on the basis of postoperative complications and classified according to the Clavien-Dindo classification, lengths of hospital stay, and early start of adjuvant chemotherapy.

2.6. Literature review

A detailed searched in PubMed, Web of Science and Cochrane Library for studies of LRC for T2 gallbladder cancer to compare to our result in terms of 5-years survival rate. Search terms were titled to Title or Abstract: "gallbladder cancer" or "T2 gallbladder cancer" and "laparoscopic" OR "laparoscopy".

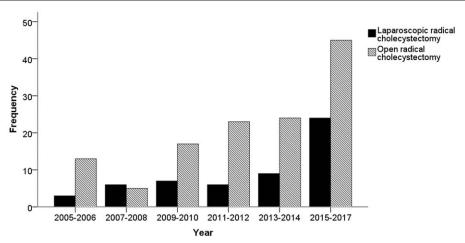


Figure 2. Proportion of patients with T2 gallbladder cancer who underwent laparoscopic radical cholecystectomy and open cholecystectomy from 2005 to 2007.

2.7. Statistical analysis

To decrease the risk of confounding bias in this cohort, patients in the LRC and ORC group were matched using PMS using the NCSS 12 Statistical Software (NCSS, LLC. Kaysville, UT).

Propensity scores were estimated by logistic regression analysis, with treatment strategy group (LRC vs ORC) as dependent variable and age, sex, ASA score, BMI score, preoperative CEA and CA 19-9 level, and tumor location as independent variables. Matching was performed according to the "nearest neighbour" method using a 0.2-width caliper, and at a1:1 ratio.

Further statistical analysis was performed using IBM SPSS Statistics, version 22 (SPSS Inc., Chicago, IL). Categorical variables were expressed as frequencies (%), whereas continuous variables were presented as means with their range or \pm standard deviation. The means of continuous variables were compared using an independent sample t test. Categorical variables were compared using the Pearson χ^2 test. OS was calculated on the basis of the time from surgery to death or last follow-up. OS and DFS were estimated using the Kaplan–Meier method and compared using a log-rank test.

3. Results

3.1. Patients' characteristics

A total of 183 patients with T2 GBC underwent radical cholecystectomy from 2005 to 2017, comprising 128 (69.9%) ORC and 55 (30.1%) LRC. Figure 2 shows the number of cases of LRC performed from 2005 to 2017. The choice of LRC over ORC has been steadily increasing according to time period.

Figure 3 summarizes the process of PMS. Among 183 patients, 142 were included in the analysis. Baseline characteristics of the pre-matched and post-matched groups are detailed in Table 1. Although not statistically significant, patient on the ORC group had more elevated CEA and CA 19-9 level compared to LRC group. After PMS, 86 matched patients were observed (n=43 for both LRC and ORC group). There were no significant group differences in the baseline clinicopathologic characteristics such as age, ASA score, BMI, tumor location, tumor size, grade, and lymphovascular and perineural invasion were similar between the groups. In particular, the CEA and CA 19-9 showed a very similar level between the two groups after matching (P=.345 to P=.707,

respectively). Likewise, both groups had received similar adjuvant chemotherapy. Notably, the surgical approach (liver resection and extent of lymph node dissection) was significantly different between the two groups. Although majority of the patients (n=61, 70.9%) underwent simple cholecystectomy, patients in the LRC group mostly received simple cholecystectomy only compared to the ORC group (84% vs 53%, respectively). Moreover, patients in the ORC group mostly underwent ELND compared to LRC group (65.1% vs 19.4%, respectively).

3.2. Primary endpoint: long-term oncologic outcomes 3.2.1. LRC vs ORC. At a median follow-up of 32 months (2–125 months), there was no difference between the LRC and ORC groups in terms of 5-year OS and 5-year DFS. The 1-, 3-, and 5-year OS was 97.6%, 72.6%, and 64.0% for the LRC group and 97.3%, 87.0%, and 80.4% for the ORC group, respectively (*P*=.214) (Fig. 4A). Similarly, the 1-, 3-, and 5-year DFS rate after a curative-intent resection was 92.3%, 82.6%, and 77.1% for LRC and 89.7%, 87.0%, and 82.2% for the ORC group, respectively (*P*=.641) (Fig. 4B). There was no reported trocar site tumor recurrence or tumor dissemination among the LRC group.

3.2.2. Liver resection vs no liver resection. Since most patients in this cohort underwent simple cholecystectomy only, particularly those patients in the LRC, we investigated the oncologic long-term benefit of liver resection in patients with T2 GBC. Figure 5 illustrates the long-term oncologic outcomes between patients who underwent liver resection and no liver resection. There was no 5-year OS advantage in liver resection and no liver resection (51.8 vs 57.2 months, P = .154). Similarly, there was no 5-year DFS advantage between patients who underwent liver resection and no liver resection (51.3 vs 52.2 months, P = .730). Among patients who underwent no liver resection, there was no evidence of residual tumor on the liver bed and on final pathology report. In addition, no evidence of tumor recurrence on the gallbladder bed on patients who had no liver resection. In fact, the 2 liver recurrences in this cohort were observed on 2 patients who had wedge resection and segment 4b/5 resection in segment 8 and 3, respectively. The presence of micro metastasis was also not observed on the final pathology of the resected liver.

Moreover, among 58 (67.4%) patients with tumor located in the liver side, 16 (27.8%) underwent liver resection while 42

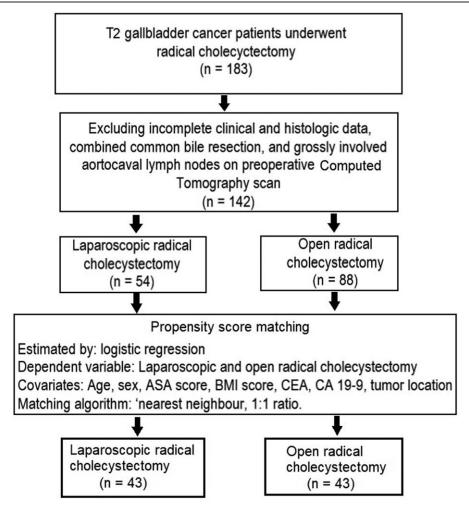


Figure 3. Flowchart of patients with T2 gallbladder cancer included in the study and propensity score matching process.

(72.4%) patients did not undergo liver resection. However, liver resection was not associated with improved 5-year DFS (50.4 vs 48.2 months, P=.865) and 5-year OS (51.8 vs 55.4 months, P=.254) (Fig. 5C and D), respectively.

3.2.3. *RLND vs ELND.* We also evaluated the long-term survival advantage of ELND compared to RLND. Among 86 patients, 31 (40.7%) underwent ELND in this cohort. The mean 5-year DFS of patients with RLND is comparable to those patients with ELND (50.8 vs 53.0 months, P = .665) (Fig. 6A). Likewise, there was no 5-year OS advantage between ELND and RLND (52.1 vs 54.6 months, P = .951) (Fig. 6B). The incidence of tumor recurrence in the aortocaval area (station 16A and B lymph nodes) was also not statistically different in patients with only RLND (2/6, 25%) and in those with ELND (3/3, 50%) (P = .334). As such, ELND has no survival advantaged compared to RLND alone.

3.3. Secondary endpoints: short-term outcomes

3.3.1. Pathologic outcome. According to the AJCC 8th edition, there were no significant differences between the laparoscopic and open surgery groups according to pN0, pN1, and pN2 status in the final pathology report (P=.518). Although significantly more lymph nodes were harvested during ORC than during LRC group (6.12 ± 5.78 vs 11.93 ± 7.03 , P=.0001), the metastatic

lymph node to retrieved lymph node ratio was not statistically significantly different between the LRC group and ORC group (15.7% vs 8.13%, P=.208). Notably, among 35 (40.7%) patients (7 in the LRC, and 28 in the ORC) who underwent ELND, none of them had tumor metastasis on the aortocaval lymph nodes (station 16A and 16B). Moreover, the presence of microscopic residual disease (R1 resection) was not significantly different between the 2 groups (ORC, 3 vs LRC, 2, P=1.000). All the microscopic residual disease was noted at the resection margin of the cystic duct on the final pathology.

3.3.2. *Perioperative outcome.* The mean operative time was significantly shorter, blood loss was less, the length of hospital stay was shorter, and adjuvant therapy was started earlier in the LRC group than in the ORC group (P = <.05). There were also more complications, on the basis of the Clavien-Dindo classification, in the ORC group, including chyle leak and intra-abdominal infections, than in the laparoscopic surgery group (P = .050) (Table 2). There was no reported 30 days mortality.

3.4. Literature review about LRC in T2 GBC

Table 3 summarizes the long-term outcome of patients with GBC treated with LRC from single-institution experienced. Although different methods were used to achieve a negative liver bed

Table 1
Clinicopathologic characteristics between the laparoscopic surgery and open surgery groups before propensity score matching.

		Pre-matched		Post-matched		
Clinicopathologic characteristics	LRC (n=54)	ORC (n=88)	Р	LRC (n=43)	ORC (n=43)	P
	66.5 ± 10.5	64.7 ± 8.08	.253	66.7 ± 10.3	65.4 ± 7.6	.669
Gender						
Male	30	51	.799	25	28	.506
Female	24	37		18	15	
Incidental						
No	44	63	.184	37	32	.279
Yes	10	25		6	11	
ASA score						
1	15	25	.292	14	16	.804
2	32	46		25	22	
3	5	17		4	5	
BMI, kg/m ² (mean)						
<18	3	4	.063	2	3	.898
18–25	40	54		34	33	
25–30	11	24		7	7	
>30	0	6		0	0	
CA 19-9, U/mL (mean)	19.6 ± 22.8	27.2 ± 51.9	.345	20.3 ± 23.5	22.9±37.7	.707
CEA, ng/mL (mean)	2.2±1.2	3.4 ± 11.9	.211	2.2 ± 1.2	1.9 ± 1.0	.212
Tumor location	2.2 _ 1.2	0.1 ± 11.0	.211	2.2 - 1.2	1.0 ± 1.0	.2.12
Hepatic side	33	63	.195	27	31	.357
Peritoneal side	21	25	.100	16	12	.001
Tumor size, cm (mean)	4.5 ± 3.1	4.5 ± 2.9	.940	4.8±3.1	4.9 ± 2.9	.801
PNI	4.0 1 0.1	4.0 1 2.0	.040	4.0 1 0.1	4.0 1 2.0	.001
No	35	56	.443	28	25	1.000
Yes	6	6	.110	3	2	1.000
LVI	O	O		O	_	
No	31	55	.303	27	22	.286
Yes	11	12	.505	5	8	.200
Grade	11	12		J	O	
Well/moderately differentiated	48	74	.652	38	34	.675
Poorly/undifferentiated	5	10	.002	4	6	.073
Residual disease	J	10		4	U	
No	50	85	.293	40	41	1.000
Yes	4	3	.293	3	2	1.000
	4	S		S	2	
Adjuvant chemotherapy	2E	66	157	27	20	40.4
No	35	66	.157		30	.494
Yes	19	21		16	13	
Surgical approach						
Liver resection	47	4.4	0004	0.0	00	004
No Martina	47	41	.0001	38	23	.001
Wedge	7	32		5	12	
4b/5	0	15		0	8	
Extent of LND					, -	= : -
Regional	44	26	.0001	36	15	.000
Aortocaval	10	62		7	28	

AJCC=American Joint Committee on Cancer, ASA=American Society of Anesthesiologists, BMI=body mass index, CA=cancer antigen, CEA=carcinoembryonic antigen, LND=lymph node dissection, LRC=laparoscopic radical cholecystectomy, ORC=open radical cholecystectomy.

margin, the reported 5-year OS rates for T2 gallbladder cancer ranged from 50% to 90%. [13–18] Our laparoscopic approach (either simple cholecystectomy or liver resection and regional lymphadenectomy), however, had comparable long-term outcomes with other studies.

4. Discussion

The standard of care for the treatment of T2 GBC is still ORC, which includes en bloc liver resection (wedge or segment 4b and 5), and regional lymphadenectomy. However, with increasing expertise and advances in instrumentation in minimally invasive

surgery, surgeons have now been exploring the efficacy and safety of the laparoscopic approach in the treatment of GBC. [19–21] Nevertheless, because of the innate complexity of the procedure and the concern for potential tumor dissemination during the procedure, [22] LRC was only performed in high volume centers with expert hepatobiliary surgeons. [23]

In our center, we employ laparoscopic approach in suspected T1 and T2 GBC. A proper preoperative imaging, including CT scan, magnetic resonance imaging (MRI), and endoscopic ultrasound (EUS) to assess the extent of the tumor invasion is of paramount importance in the decision making whether or not to do extended cholecystectomy. Notably, 61 (71%) patients in

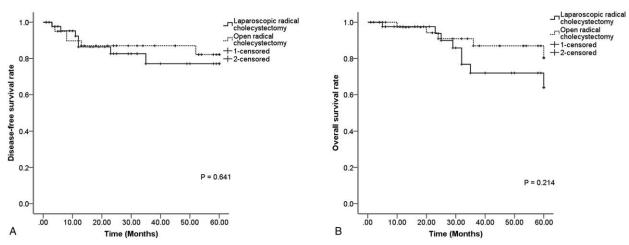


Figure 4. Kaplan-Meier survival curves of patients with T2 gallbladder carcinoma after curative-intent radical resection. (A) Comparison of 5-year disease-free survival between laparoscopic and open radical cholecystectomy group. (B) Comparison of overall 5-year survival between laparoscopic and open radical cholecystectomy group.

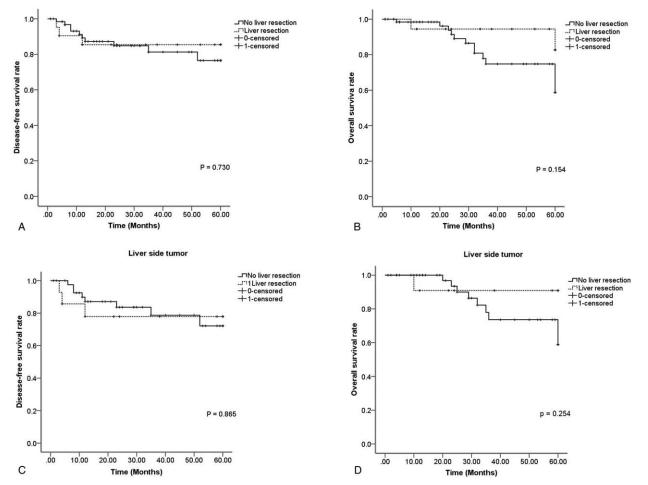


Figure 5. Comparison between liver resection and no liver resection in T2 gallbladder carcinoma according to tumor location. (A) 5-year disease-free survival between liver resection and no liver resection in patients with liver-side tumors. (B) 5-year overall survival between liver resection and no liver resection in patients with liver-side tumor. (C) Disease-free survival between liver resection and no liver resection in patients with liver-side tumor. (D) 5-year overall survival between liver resection and no liver resection in patients with liver-side tumor.

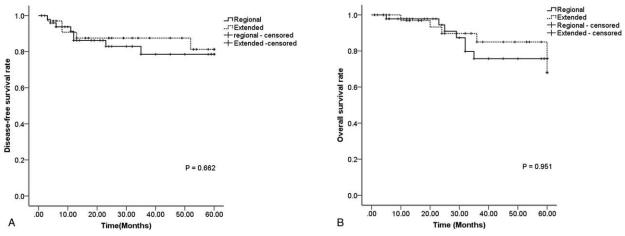


Figure 6. Kaplan-Meier survival curves of patients with T2 gallbladder carcinoma according to extent of lymph node dissection. (A) Comparison of 5-year disease-free survival between regional and extended lymph node dissection. (B) Comparison of 5-year overall survival between regional extended lymph node dissection.

this cohort underwent only cholecystectomy with lymph node dissection, and only 25 of 47 patients (29%) underwent liver wedge resection with at least a 1-cm margin. Previously, Kim et al^[24] reported that reported that simple cholecystectomy and lymph node dissection without liver resection in patients with T2

GBC had the same OS as well as recurrence pattern compared to extended cholecystectomy (wedge or segment 4b/5 resection). There were several reports of various laparoscopic approaches in establishing a negative margin on the liver bed with acceptable oncologic outcomes. These included simple cholecystectomy

Table 2

Operative, postoperative, and pathologic outcomes in patients with T2 gallbladder cancer after laparoscopic or open radical cholecystectomy.

	Laparoscopic radical	Open radical	P
Clinicopathologic characteristics	cholecystectomy ($n=43$)	cholecystectomy ($n=43$)	
Operative outcome			
Operative time, minutes (mean)	139.05 ± 97.09	211.16 ± 91.36	.001
Blood loss, mL (mean)	71.63 ± 178.77	208.14 ± 242.165	.004
Blood transfusion			
No	43	40	.039
Yes	0	3	
Post-operative outcome			
Length of hospital stay, days (mean)	6.05 ± 9.846	12.58 ± 5.504	.0001
Days from operation to start the start of	25.28 ± 71.14	38.58 ± 15.57	.014
adjuvant chemotherapy, days (mean)			
Complications (Clavien-Dindo classification)			
No	41	38	.050
1	2	1	
	0	4	
III	0		
Pathologic outcome			
Retrieved lymph nodes (mean)	6.12±5.78	11.93 ± 7.03	.0001
Lymph node ratio (%)	15.7%	8.13%	.208
AJCC 8th pN			
0	32	29	.518
1	11	13	
2	0	1	
AJCC 8th TNM stage			
IIA	17	19	.682
IIB	14	11	
IIIB	11	12	
IVB	0	1	
Residual disease			
No	40	41	1.000
Yes	3	2	

AJCC = American Joint Committee on Cancer.

Table 3

Overall survival after laparoscopic radical cholecystectomy.

Author	Studies	Patients (n)	Operation	Liver resection	Lymph node dissection	T stages (n)	5-year OS (%)
Shirobe and Maruyama ^[13]	Retrospective	11	LRC	Yes (n=6)	Regional	T2 (8)	83
Siliobe and Maruyama	Heliospective	11	LITO	163 (11—0)	riegionai	T1b (3)	100
Castro et al ^[14]	Retrospective	18	LRC	Yes	Regional	T1b (7)	80
	·				0	T2 (10)	
						T3 (1)	
Palanisamy et al ^[15]	Retrospective	12	LRC	Yes	Regional	T2 (11)	68.75
						T3 (1)	
Yoon et al ^[16]	Prospective	32	LRC	Yes	Regional	T1(7)	100
						T2(25)	90.2
Susuki et al ^[17]	Retrospective	20	ORC	Yes	Regional	T1b (15)	77
						T2 (5)	
Choi et al ^[17]	Retrospective	32*	ORC	Not specify	Regional	T2	51.8
Our study	Retrospective	183	LRC	No	Regional	T2 (43)	64.0
			ORC			T2 (43)	80.4

LRC=laparoscopic radical cholecystectomy, ORC=open radical cholecystectomy, OS=overall survival.

only, whole-layer cholecystectomy, [25] 2-mm thickness liver resection margin, [18] >1 cm liver bed margin, [26] and segment 4b/5 resections. [27] Until recently, there remains no consensus about the extent of liver resection (wedge resection vs segment 4b/5 resection). [28]

Interestingly, our results showed that there was no significant difference in the DFS and OS between patients with liver resection and those with no liver resection. In addition, patients with a liver-side tumor who underwent liver resection (wedge or segment 4b/5) either through a laparoscopic approach or open surgery had no survival advantage over patients who did not undergo liver resection. This is contrary to the findings of other recent studies demonstrating that liver-side tumors portend worse survival compared with peritoneal-side tumors [29,30] and may benefit from liver resection. [30] However, the present study may suggests that a simple cholecystectomy with lymphadenectomy can be oncologically safe and effective in well-selected patients, as survival may not be affected by the tumor location. [31]

Although the optimal extent of lymphadenectomy for radical cholecystectomy is still controversial, [28] several studies had suggested that an adequate lymphadenectomy includes a RLND, which includes the cystic duct, pericholedochal, posterosuperior pancreaticoduodenal, retroportal, right celiac, and hepatic artery node groups. [32–35] It was observed in our study that ELND was commonly performed among those who underwent ORC. Thus, more lymph nodes were harvested in the open group than in the laparoscopic group. Nevertheless, the mean number of lymph nodes harvested in the laparoscopic group was 6.12, which is equal to the recommended number (at least 6 lymph nodes) for adequate staging and prognostication. [36,37] In addition, our results showed no survival benefit of ELND over RLND.

Our analysis was based on a retrospective review of data, with unavoidable bias. First, patients in the ORC group underwent extensive surgery (liver resection and ELND) compared to LRC group. This selection bias undoubtedly affects the short-term outcomes in this cohort. As such, patients who underwent LRC had a shorter length of hospital stay and fewer postoperative complications. Moreover, patients in the LRC group started with adjuvant therapy earlier than patients who underwent ORC. Nevertheless, our findings emphasized that this extensive surgery is not necessary for T2 GBC for the following reasons: first, using

the more extensive approach provides no long-term survival benefit; second, although more lymph nodes were harvested in the ORC, our laparoscopic approach provided adequate lymph nodes harvested for proper prognostication. In the recent British Phase III BILCAP study, adjuvant capecitabine has been shown to significantly improve survival on patients with biliary tract cancer and should be offered after surgery. [38] Thus, an early start of adjuvant chemotherapy would be the fundamental advantage of our minimally invasive surgery approach over open surgery. Second, the sample size was small and the selection of patients who underwent either laparoscopic surgery or open surgery was not randomized. Thus, to properly assess the efficacy, safety, and oncologic significance of LRC, a further randomized study should be conducted. However, when considering the rarity of gallbladder cancer, to our knowledge, this study included the largest number of patients with T2 GBC who underwent LRC.

5. Conclusion

Our laparoscopic approach allows for a shorter length of hospital stay, results in fewer postoperative complications, and an earlier start of adjuvant chemotherapy. The 5-years OS and DFS of patients with T2 GBC after LRC is comparable to those of patients treated with ORC. In addition, extensive surgery has no survival advantage over simple cholecystectomy plus RLND for T2 GBC. Further studies are needed to validate these findings.

Author contributions

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