

# Proinflammatory Cytokine and Nitric Oxide Production by Human Macrophages Stimulated with *Trichomonas vaginalis*

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**Abstract:** *Trichomonas vaginalis* commonly causes vaginitis and perhaps cervicitis in women and urethritis in men and women. Macrophages are important immune cells in response to *T. vaginalis* infection. In this study, we investigated whether human macrophages could be involved in inflammation induced by *T. vaginalis*. Human monocyte-derived macrophages (HMDM) were co-cultured with *T. vaginalis*. Live, opsonized-live trichomonads, and *T. vaginalis* lysates increased proinflammatory cytokines, such as TNF- $\alpha$ , IL-1 $\beta$ , and IL-6 by HMDM. The involvement of nuclear factor (NF)- $\kappa$ B signaling pathway in cytokine production induced by *T. vaginalis* was confirmed by phosphorylation and nuclear translocation of p65 NF- $\kappa$ B. In addition, stimulation with live *T. vaginalis* induced marked augmentation of nitric oxide (NO) production and expression of inducible NO synthase (iNOS) levels in HMDM. However, trichomonad-induced NF- $\kappa$ B activation and TNF- $\alpha$  production in macrophages were significantly inhibited by inhibition of iNOS levels with L-NMMA (NO synthase inhibitor). Moreover, pretreatment with NF- $\kappa$ B inhibitors (PDTC or Bay11-7082) caused human macrophages to produce less TNF- $\alpha$ . These results suggest that *T. vaginalis* stimulates human macrophages to produce proinflammatory cytokines, such as IL-1, IL-6, and TNF- $\alpha$ , and NO. In particular, we showed that *T. vaginalis* induced TNF- $\alpha$  production in macrophages through NO-dependent activation of NF- $\kappa$ B, which might be closely involved in inflammation caused by *T. vaginalis*.

**Key words:** *Trichomonas vaginalis*, human monocyte-derived macrophage, proinflammatory cytokine, nitric oxide, iNOS, NF- $\kappa$ B

## INTRODUCTION

*Trichomonas vaginalis* is a protozoan parasite that infects the urogenital tract of humans. It is one of the most common causes of non-viral sexually transmitted diseases in the world [1]. *T. vaginalis* infection typically elicits aggressive local cellular immune responses with inflammation of the vaginal epithelium and exocervix in women and the urethra of men [2]. This inflammatory response induces the recruitment of leukocytes, including HIV target cells, such as CD4<sup>+</sup>-bearing lymphocytes and macrophages to which HIV can bind and gain access [3-5].

However, few studies have reported how macrophages showed immune responses against *T. vaginalis* infection. Our previous experiments showed that natural cell-mediated cytotoxicity against *T. vaginalis* is mediated by macrophages in vitro, cytotoxicity by

lymphokine-activated peritoneal macrophages increased more than non-activated peritoneal macrophages, and their nitric oxide (NO) plays an important role in the host defense against *T. vaginalis* [6-9].

Macrophages are expected to come to infection loci later than the first attacker, neutrophils, against extracellular parasites, including *T. vaginalis*. During the infection progress, a limited number of immune cells could not defend against proliferating trichomonads. Macrophages have been presumed to attack trichomonads remaining in the infection loci and to be involved in inflammatory reactions. However, it was not previously known whether macrophages have an influence on vaginal inflammation.

We suggest that human macrophages may be involved in vaginal inflammation by *T. vaginalis* via proinflammatory cytokine and NO production. In addition, trichomonad-triggered proinflammatory TNF- $\alpha$  production might be regulated by NO. In this study, we examined proinflammatory cytokine and NO

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production by human macrophages stimulated with *T. vaginalis*.

## MATERIALS AND METHODS

### Reagents

Histopaque 1077 and PDTC were purchased from Sigma (St. Louis, Missouri, USA). Dextran T500 was supplied by Pharmacia (Uppsala, Sweden). Fetal calf serum (FCS), horse serum, and Iscove's DMEM (IMDM) were bought from Gibco BRL (Gaithersburg, Maryland, USA). LPS was from List Biological Laboratories (Campbell, California, USA). Goat anti-mouse IgG and Cy3-conjugated anti-mouse antibodies (Ab) were from Jackson ImmunoResearch (Baltimore, Maryland, USA). M-CSF (recombinant human macrophage colony stimulating factor) (BioSource, Camarillo, California, USA), L-NMMA (N<sup>G</sup>-Monomethyl-L-arginine monoacetate salt) (Calbiochem, San Diego, California, USA), Bay11-7082 (BioMol, Plymouth Meeting, Pennsylvania, USA), rabbit anti-phospho NF- $\kappa$ B p65 Ab (Cell Signaling, Danvers, Massachusetts, USA), mouse anti-phospho NF- $\kappa$ B p65 Ab, mouse anti-inducible NO synthase (iNOS) Ab (Santa Cruz, California, USA), and Vectashield mounting medium with DAPI (Vecta Labs, Burlingame, California, USA) were used.

### *T. vaginalis* culture and trichomonal lysate preparation

*T. vaginalis* isolate (T016) was grown in a complex trypticase-yeast extract-maltose (TYM) medium supplemented with 10% heat-inactivated horse serum. *T. vaginalis* lysates were prepared by harvesting during the log phase of *T. vaginalis* growth, sonicating in 0.1 M PBS, and centrifuging at 10,000 g for 1 hr at 4°C. The resulting supernatants were passed through a 0.22  $\mu$ m filter [10]. To make opsonized trichomonads, live *T. vaginalis* was treated with 5% human plasma for 1 hr.

### Human monocytes-derived macrophages (HMDM)

Human polymorphonuclear leucocytes (PMNs) and monocytes were isolated from peripheral venous blood drawn from healthy volunteers as previously described [10]. Briefly, mononuclear cells were separated by centrifugation on a Histopaque 1077 density gradient and plated at  $5 \times 10^6$  cells/ml IMDM supplemented with 10% human and M-CSF (10 ng/ml). Non-adherent cells were removed after 2 hr, and macrophages were cultured for 3 days in IMDM containing 10% human plasma and M-CSF (10 ng/ml). The medium was changed every 3 days. For all experiments, cells were cultured for 6-8 days, and then used as HMDM. Cell viability was determined using the trypan

blue exclusion test (> 99%). Monocytes were detached by scraping with a rubber policeman, and their purity (~ 95%) was examined by phenotypic analysis using flow cytometry (FACSCalibur, Becton Dickinson, San Jose, California, USA) after staining with fluorescein isothiocyanate (FITC)-conjugated anti-human CD14 Ab.

### Cytokine production by macrophages stimulated with *T. vaginalis*

Human macrophages were reacted with *T. vaginalis* (live trichomonads, lysate, opsonized trichomonads) for 6 hr or 24 hr. The culture supernatants were centrifuged to remove particle debris and stored in aliquots at -70°C. Cytokine concentrations of TNF- $\alpha$ , IL-6, and IL-1 $\beta$  in the culture supernatants were determined by ELISA using a BD TNF- $\alpha$ , IL-6, and IL-1 $\beta$  OptEIA set (BD Biosciences, San Diego, California, USA) according to the instructions provided by the manufacturers.

### Western blot analysis for pNF- $\kappa$ B p65 and iNOS

After human macrophages were cocultured with live trichomonads (macrophages : trichomonads = 5 : 1) for 1 hr (iNOS) or 2 hr (NF- $\kappa$ B), cells ( $2 \times 10^6$ ) were lysed with ice-cold lysis buffer, i.e., 20 mM Tris-HCl (pH 7.5), 60 mM  $\beta$ -glycerophosphate, 10 mM EDTA, 10 mM MgCl<sub>2</sub>, 10 mM NaF, 2 mM DTT, 1 mM Na<sub>3</sub>VO<sub>4</sub>, 1 mM APMSF, 1% NP-40, leupeptin (5  $\mu$ g/ml), 2 mM levanisol, pepstatin A (10  $\mu$ g/ml), 0.5 mM benzamide, and 1 tablet of complete Mini<sup>®</sup> (protease inhibitor cocktail) (Roche, Indianapolis, Illinois, USA). Lysed samples were mixed with SDS-PAGE sample buffer and boiled at 100°C for 5 min. The total cellular proteins were subjected to 15% SDS polyacrylamide gel and electrophoretically transferred to a PVDF membrane. The blots were incubated with rabbit anti-phospho NF- $\kappa$ B p65 monoclonal Ab (1 : 100) or mouse anti-iNOS monoclonal Ab (1 : 100) as a primary Ab, and anti-rabbit horseradish peroxidase-conjugated IgG or anti-mouse horseradish peroxidase-conjugated IgG (Amersham Pharmacia, Uppsala, Sweden) as a secondary Ab. The protein band detection was performed with ECL plus kits as described by the manufacturer (Amersham Pharmacia).

### Immunofluorescent staining of NF- $\kappa$ B p65

The localization and translocation of NF- $\kappa$ B p65 in HMDM grown on coverslips was determined by immunofluorescence assay. After cocultivation of HMDM and live trichomonads for 30 min, macrophages were fixed with 4% paraformaldehyde

for 15 min, permeabilized with 0.5% Triton X-100 for 10 min. Coverslips were then incubated overnight at room temperature in mouse anti-phospho NF- $\kappa$ B p65 monoclonal Ab (1 : 50). Cells were then washed and incubated in Cy3-conjugated anti-mouse Ab for 90 min. The cover slips were mounted in anti-fade mounting medium with DAPI to visualize the nucleus. Fluorescence was measured using the fluorescence microscope (Nikon, Tokyo, Japan).

### Transient transfection and luciferase reporter gene assays

THP-1 cells cultured in RPMI medium in the presence of 10% FBS were induced to become an adherent, matured macrophage-like phenotype by the addition of 10 ng/ml phorbol 12-myristate 13-acetate (PMA) to the culture for 72 hr. PMA-treated adherent THP-1 cells were washed 3 times and cultured in fresh medium.

The PCH110 and PGL3 NF- $\kappa$ B promoter constructs were transfected into THP-1 cells with LipofectAmine 2000 (Invitrogen, Carlsbad, California, USA). Luciferase activity was assayed with a luciferase assay kit (Promega, Madison, Wisconsin, USA). Cell extracts obtained from THP-1 stimulated with live trichomonads for 1 hr were prepared in 500  $\mu$ l of 1  $\times$  reporter lysis buffer. Lysates were centrifuged at 13,000 g for 5 min and supernatants were used to measure luciferase activity with a Luminometer (Turner Biosystems, Sunnyvale, California, USA).

### Nitrite production

The concentration of NO in culture supernatants was determined as nitrite using Griess reagent as described previously [9].

### Detection of TNF- $\alpha$ mRNA by RT-PCR

After HMDM cocubated with live *T. vaginalis* for 30 min, mRNA expressions of TNF- $\alpha$  was measured by RT-PCR [11]. Total RNA was extracted from cells using Trizol reagent (Invitrogen) according to the method described previously [11]. Primer sequences and PCR conditions used for amplification of  $\beta$ -actin and TNF- $\alpha$  were as follows:  $\beta$ -actin (sense) 5'-CCAGAGCAAGAGAGGTATCC-3', (antisense) 5'-CTGTGGTGGTGAAGC-TGTAG-3'; PCR conditions of initial DNA denaturation at 95°C for 10 min and 30 rounds of denaturation (95°C for 45 sec), annealing (58°C for 2.5 min), and extension (72°C for 1 min). TNF- $\alpha$  (sense) 5'-ACT CTT CTG CCT GCT GCA CTT TGG-3', (antisense) 5'-GTT GAC CTT TGT CTG GTA GGA GAC GG-3'; PCR conditions of initial DNA denaturation at 95°C for 2 min and 31 rounds of denaturation (94°C for 30 sec), annealing (55°C for 30 sec), and extension (72°C for 1 min). The PCR

products were electrophoresed in 2% agarose gel containing 0.5  $\mu$ g/ml ethidium bromide and photographed under ultraviolet light. The band intensity was quantified using the Quantity One program (BioRad, Hercules, California, USA) [12].

### Pretreatment of macrophages with pharmacological inhibitors

The HMDM and THP-1 cells were pretreated with NO synthase inhibitor (L-NMMA) or NF- $\kappa$ B inhibitors (PDTC, Bay11-7082) for 30 min or 60 min, and then reacted with live trichomonads. Expressions of TNF- $\alpha$  of the both macrophages were measured by ELISA and/or RT-PCR.

### Statistical analysis

Data are expressed as means  $\pm$  SEM of 3-4 independent experiments and were analyzed with Mann-Whitney *U*-test. Significant difference was accepted at a *P*-value of < 0.05.

## RESULTS

When *T. vaginalis* (*T. vaginalis* lysate, opsonized trichomonads, or live trichomonads) was cocubated with human monocyte-derived macrophage monolayer (HMDM) for 6 hr or 24 hr, TNF- $\alpha$ , IL-1 $\beta$ , and IL-6 showed increased levels compared with untreated macrophages. The cytokine amount was generally increased with each trichomonads in dose- and time-dependent manner. The TNF- $\alpha$  concentration at 6 hr of cocubation showed increased levels than those of 24 hr. The live and opsonized trichomonads strongly stimulated HMDM to produce higher level of cytokines than *T. vaginalis* lysate. IL-6 showed increased levels regardless of the incubation time (Fig. 1).

Next, we examined involvement of NF- $\kappa$ B in the cytokine production by HMDM. When human macrophages were stimulated with live *T. vaginalis*, increased phospho p65 NF- $\kappa$ B activity, and translocation of NF- $\kappa$ B p65 into nucleus were observed by western blot and fluorescent microscopy, respectively (Fig. 2).

Whether NO is involved in cytokine production by HMDM stimulated with trichomonads, NO levels were measured by the Griess reagent. After 24 hr of cocubation, *T. vaginalis*, particularly live trichomonads, caused macrophages to produce significantly increased levels of NO. The iNOS expression of HMDM activated with live trichomonads was also increased 6 times more than untreated macrophages, and showed decreased levels by pretreatment with NO synthase inhibitor, L-NMMA by western blot (Fig. 3). Then, we investigated whether NO could influence

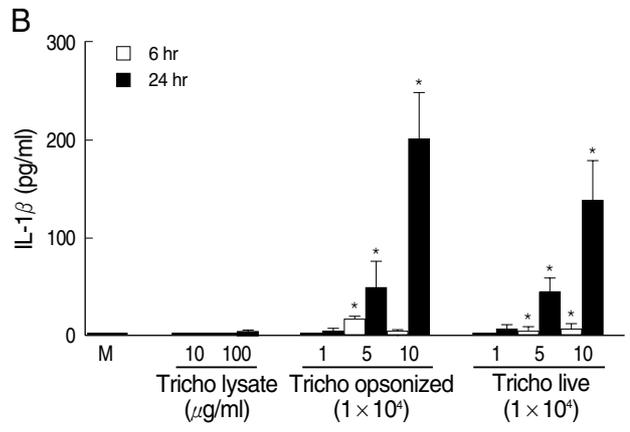
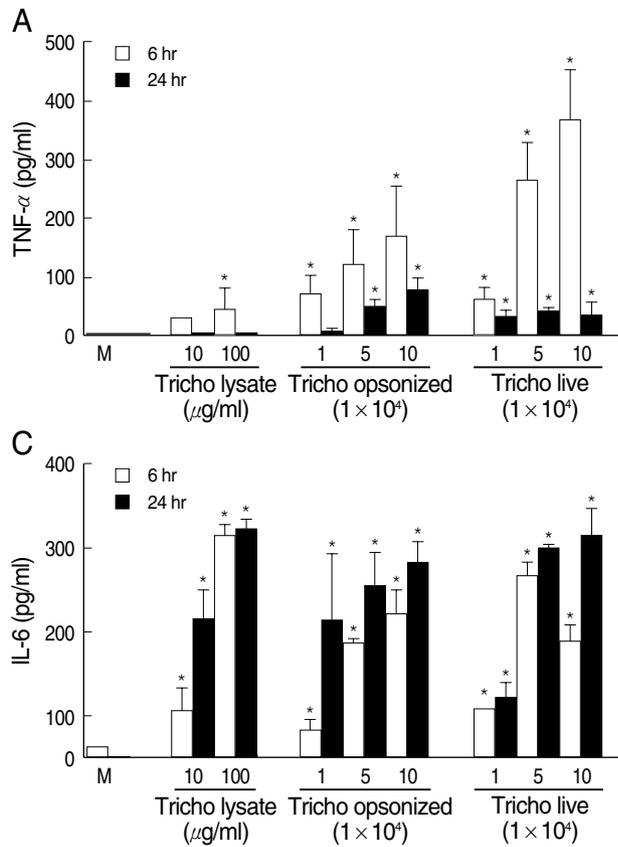


Fig. 1. *Trichomonas vaginalis* stimulates human monocyte-derived macrophages (HMDM) to produce proinflammatory cytokines. Human macrophages ( $1.25 \times 10^6$ /well of 96-well culture plate) were incubated with live trichomonads (1, 5, and  $10 \times 10^4$ ), opsonized trichomonads (1, 5, and  $10 \times 10^4$ ) and *T. vaginalis* lysate (10 and 100  $\mu$ g/ml). Cell culture supernatant was harvested after 6 hr and 24 hr of incubation, and analyzed for levels of TNF- $\alpha$ , IL-1 $\beta$ , and IL-6 using cytokine-specific ELISA. \* $P < 0.05$  versus untreated macrophages.

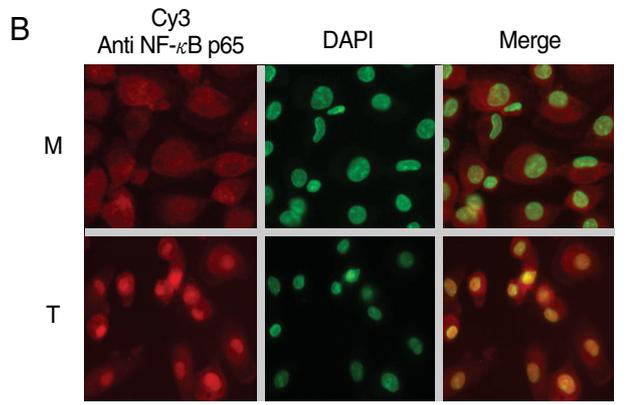
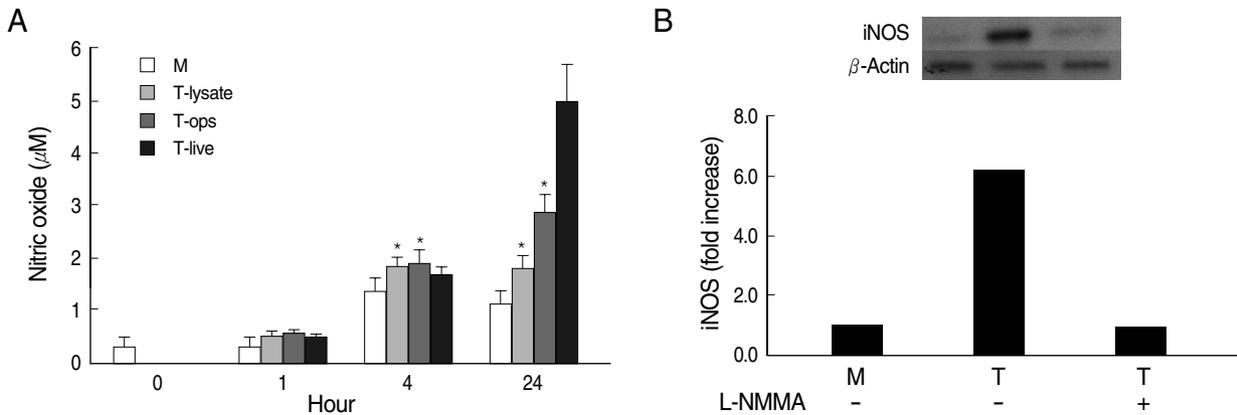


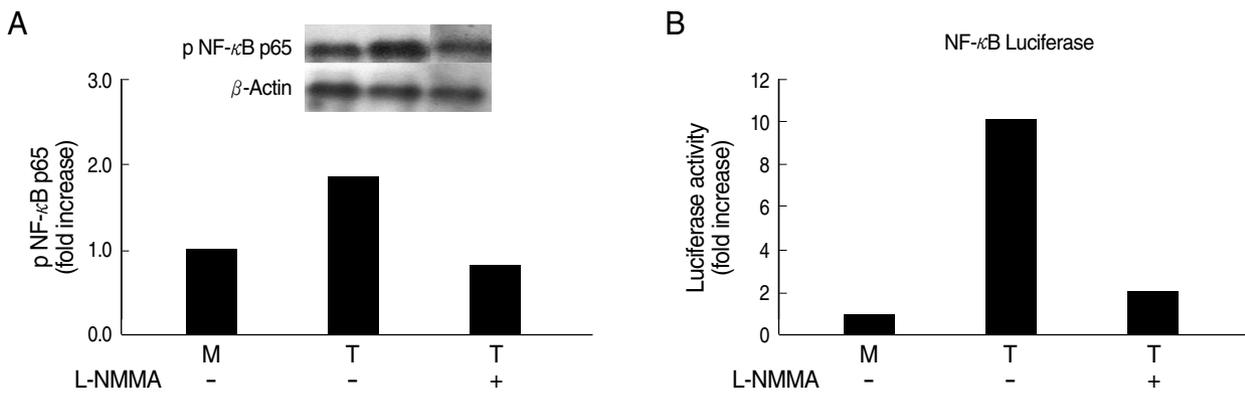
Fig. 2. NF- $\kappa$ B activation induced by *Trichomonas vaginalis* (T) in human macrophages (M). (A) Phosphorylation of NF- $\kappa$ B p65 expression in human macrophages reacted with *T. vaginalis* was determined by western blot. (B) Nuclear translocation of NF- $\kappa$ B p65 in human macrophages stimulated with *T. vaginalis* (low) compared with medium alone (up). Human macrophages ( $5 \times 10^5$ /cover glass) were incubated with live *T. vaginalis* ( $1 \times 10^6$ ) for 30 min. Cells were then fixed and subjected to immunofluorescent microscopy after staining with anti-NF- $\kappa$ B p65 Ab (Red) and DAPI (Green) to visualize nuclei.

NF- $\kappa$ B activity. When L-NMMA, NO synthase inhibitor-pretreated HMDM was cocultured with live trichomonads, decreased phospho NF- $\kappa$ B p65 activities, compared with untreated macrophages, were observed in HMDM or THP-1 by western blot and NF- $\kappa$ B luciferase assay, respectively (Fig. 4). Also, NO synthase inhibitor was expected to induce decreased production of cytokines by macrophages. TNF- $\alpha$  mRNA and protein expressions

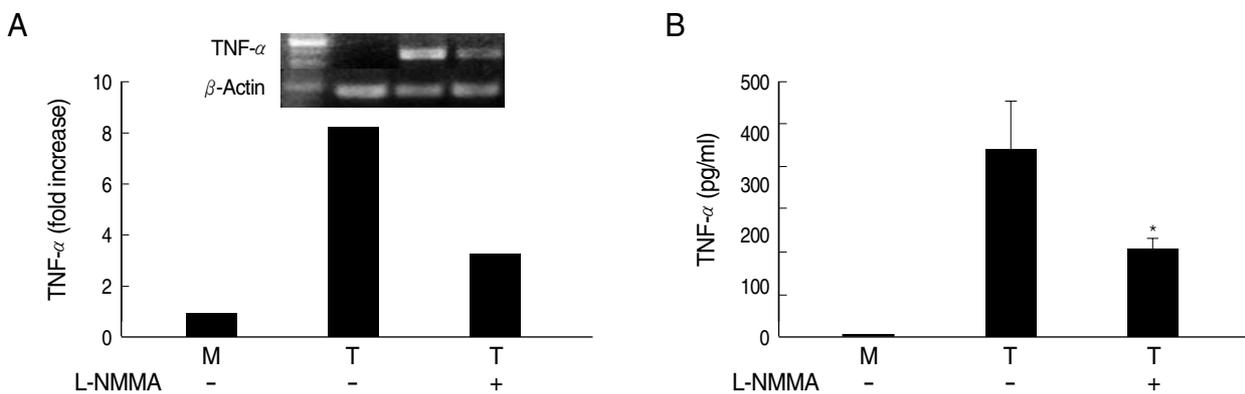
were significantly decreased by pretreatment with L-NMMA compared to the untreated group, examined by RT-PCR and ELISA, respectively (Fig. 5). Therefore, TNF- $\alpha$  production might be regulated by NO. Human macrophages (THP-1 and HMDM) showed decreased production of TNF- $\alpha$  on stimulation of live *T. vaginalis* by pretreatment with NF- $\kappa$ B inhibitor, such as PDTC or Bay11-7082, or NO synthase inhibitor, L-NMMA (Fig. 6).



**Fig. 3.** NO production (A) and iNOS expression (B) by HMDM stimulated with *T. vaginalis* (T). Human macrophages ( $1.25 \times 10^6$ /well of 96-well culture plate) were incubated with live trichomonads ( $1.25 \times 10^6$ ), opsonized trichomonads ( $1.25 \times 10^6$ ), or *T. vaginalis* lysate (100 µg/ml). NO was determined by the Griess reagent after 1 hr, 4 hr, and 24 hr of incubation (A). For identification of iNOS expression, human macrophages ( $1.25 \times 10^6$ /well) were incubated with live trichomonads ( $1.25 \times 10^6$ ) for 1 hr. The iNOS expression was examined by western blot with anti-iNOS Ab (B). \* $P < 0.05$  versus untreated macrophages.



**Fig. 4.** Effects of L-NMMA (an iNOS inhibitor) on NF-κB activity of human macrophages induced by *T. vaginalis*. L-NMMA-pretreated HMDM or THP-1 cells was stimulated with live *T. vaginalis*. NF-κB activities were determined by western blot (A) or luciferase assay (B). Human macrophages were cocultured with live trichomonads (macrophage : trichomonads = 5 : 1) for 2 hr, and then western blot was done with rabbit anti-phospho NF-κB p65 monoclonal Ab (A). The PCH110 and PGL3 NF-κB promoter constructs were transfected into THP-1 cells with LipofectAmine 2000. Luciferase activity was assayed with a luciferase assay kit. Cell extracts obtained from THP-1 cells stimulated with live trichomonads for 1 hr were prepared in 500 µl of 1 × reporter lysis buffer. The luciferase activity was measured with a Luminometer (B).



**Fig. 5.** Effects of L-NMMA on TNF-α production in HMDM cells induced by live *T. vaginalis*. L-NMMA-pretreated macrophage suppressed *T. vaginalis*-triggered TNF-α expression, measured by RT-PCR (A) and ELISA (B), respectively. \* $P < 0.05$  versus macrophages stimulated with *T. vaginalis*.

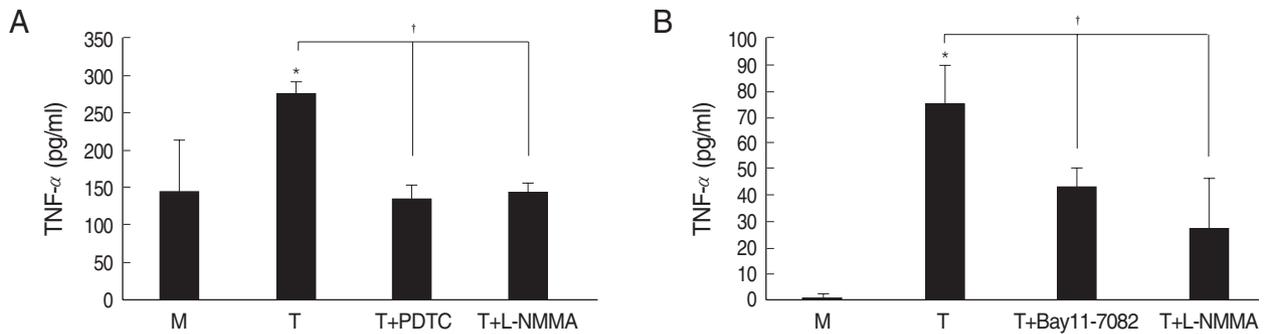


Fig. 6. Effects of iNOS inhibitor or NF- $\kappa$ B inhibitor on TNF- $\alpha$  production in macrophages induced by *T. vaginalis*. Pretreatment of human macrophages (THP-1 or HMDM) with L-NMMA or NF- $\kappa$ B inhibitor (PDTC or Bay11-7082) showed significant reduction of trichomonad-induced TNF- $\alpha$  production in THP-1 (A) and HMDM (B). Protein levels of TNF- $\alpha$  were measured by ELISA. \* $P < 0.05$  versus untreated macrophages. † $P < 0.05$  versus *T. vaginalis*-stimulated macrophages.

## DISCUSSION

In this study, human macrophages were shown to be involved in vaginal inflammation by *T. vaginalis* via proinflammatory cytokine and NO production. In addition, TNF- $\alpha$  induced by live trichomonads in macrophages might be regulated through NO-dependent activation of NF- $\kappa$ B. Our results are consistent with previous reports in which macrophages infected with various protozoan parasites, such as *Trypanosoma congolense*, *Eimeria bovis*, *Leishmania chagasi*, and *Leishmania donovani*, showed increased expressions of many inflammatory mediators, such as cytokines, chemokines, and NO [13-16].

NO is gaseous water and lipid-soluble molecule that is one of the most widespread signaling molecules in mammals. NO is implicated in modulating a variety of physiological reactions, including vasodilation and smooth muscle relaxation associated with the circulation, functioning as a neurotransmitter in various neural processes, and regulation of immunological defense mechanisms [17]. The role of NO in inflammation and inflammatory responses remains unclear [18]. However, it is known that NO production in human macrophages differs from the rodent macrophages and the regulation of macrophage NO in humans appears to be a more selective and variable process than that seen in the rodent macrophages [19].

Human macrophage in the study showed increased levels of NO by stimulation with *T. vaginalis* after 24 hr of coinubation. The iNOS expression in HMDM by *T. vaginalis* was also about 6 times higher than the control group, however, trichomonad-induced iNOS levels were inhibited by pretreatment with NO synthase inhibitor, L-NMMA, suggesting that NO plays a significant role in immune responses by *T. vaginalis*.

It is widely known that NF- $\kappa$ B is normally present in the cytosol and exists as an inactive complex with a class of inhibitory proteins, known as inhibitor  $\kappa$ B ( $I\kappa$ B) proteins. Following an inflammatory stimulus, the phosphorylation of  $I\kappa$ B triggers its degradation and the translocation of NF- $\kappa$ B to the nucleus, where it binds to promoter regions and induces the expression of a wide variety of genes involved in inflammation, including those encoding cytokines (such as IL-1, IL-6, and TNF- $\alpha$ ), enzymes (including NO synthase), adhesion molecules, and acute-phase proteins [20]. Expectedly, in this study, we have demonstrated similar results that involvement of NF- $\kappa$ B activation in the production of cytokines, such as TNF- $\alpha$ , induced by *T. vaginalis* stimulation was identified by nuclear translocation and phosphorylation of NF- $\kappa$ B p65 in human macrophages (Fig. 2).

NO production is generally upregulated by some stimuli (including LPS) known to induce iNOS gene expression via a NF- $\kappa$ B-mediated pathway [21]. We found that human macrophages pretreated with an iNOS inhibitor, L-NMMA, showed decreased NF- $\kappa$ B activity and TNF- $\alpha$  production triggered by *T. vaginalis* (Figs. 2-5), although the inhibitory effects of NF- $\kappa$ B inhibitor on iNOS protein expression or NO production induced by *T. vaginalis* was not checked in this study. Therefore, it is speculated that decreased iNOS levels with L-NMMA may occur through suppressed NF- $\kappa$ B activities.

On the other hand, few reports have been shown about the cytokine production regulated by NO; NO production activates the release of cytokines, cytokine receptors, and adhesion molecules [22-24]. The effect of NO on expression of TNF- $\alpha$  is reported to be likely via activation of a TNF- $\alpha$ -converting enzyme (TACE), which is responsible for membrane-bound TNF and thereby activating release of this cytokine [22]. TNF- $\alpha$  production caused

by *T. vaginalis* in the study was significantly decreased by pretreatment with L-NMMA in human macrophages, suggesting an important role of NO in *T. vaginalis*-induced TNF- $\alpha$  production. Our result is in line with a previous report by Huang et al. [25] in that NO inhibitors decreased TNF- $\alpha$  synthesis by an LPS-activated J774 macrophage cell line. In this study, we also found that L-NMMA-pretreated macrophages reduced NF- $\kappa$ B activity. Therefore, it is strongly suggested that *T. vaginalis* stimulates human macrophages to produce TNF- $\alpha$  through NO-dependent activation of NF- $\kappa$ B.

Neutrophil migration is a complex process, which results mainly from the release of neutrophil chemotactic factors by resident cells. Apart from its importance in host defense, the migration of neutrophils to the inflammatory site is, at least in part, responsible for tissue damage observed in several inflammatory diseases, such as rheumatoid arthritis, glomerulonephritis, and inflammatory bowel disease [26,27]. In trichomoniasis, neutrophils are known to be the predominant inflammatory cells found in the vaginal discharge of the patients. We previously indicated that *T. vaginalis*-induced recruitment of neutrophils may be mediated via CXC chemokine IL-8 [28]. IL-1 $\beta$ , TNF- $\alpha$ , C5a, and lipid mediators, such as platelet-activating factor 4 and leukotriene (LTB4), are known the main chemotactic mediators involved in neutrophil recruitment to the sites of inflammation [29]. Therefore, IL-1 $\beta$  and TNF- $\alpha$  produced by macrophages stimulated with *T. vaginalis* may play a crucial role in vivo as mediators of neutrophilic tissue recruitment at the infected sites in vaginal trichomoniasis in women.

Our results showed that *T. vaginalis* caused human monocyte-derived macrophage (HMDM) to produce proinflammatory cytokines, such as IL-1, IL-6, TNF- $\alpha$ , and NO, via NF- $\kappa$ B. It is suggested that human macrophages may be involved in inflammation caused by *T. vaginalis* via the cytokine and NO production.

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