

# The Association of Hospital Volume of Percutaneous Coronary Intervention with Cardiac Mortality

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**Background:** This study investigates the potential volume and outcome association of coronary heart disease (CHD) patients who have undergone percutaneous coronary intervention (PCI) using a large and representative sample.

**Methods:** We used a National Health Insurance Service-Cohort Sample Database from 2002 to 2013 released by the Korean National Health Insurance Service. A total of 8,908 subjects were analyzed. The primary analysis was based on Cox proportional hazards models to examine our hypothesis.

**Results:** After adjusting for confounders, the hazard ratio of thirty-day and 1-year mortality in hospitals with a low volume of CHD patients with PCI was 2.8 and 2.2 times higher ( $p=0.00$ ) compared to hospitals with a high volume of CHD patients with PCI, respectively. Thirty-day and 1-year mortality of CHD patients with PCI in low-volume hospitals admitted through the emergency room were 3.101 ( $p=0.00$ ) and 2.8 times higher ( $p=0.01$ ) than those in high-volume hospitals, respectively. Only 30-day mortality in low-volume hospitals of angina pectoris and myocardial infarction patients with PCI was 5.3 and 2.4 times those in high-volume hospitals with PCI, respectively.

**Conclusion:** Mortality was significantly lower when PCI was performed in a high-volume hospital than in a low-volume hospital. Among patients admitted through the emergency room and diagnosed with angina pectoris, total PCI volume (low vs. high) was associated with significantly greater cardiac mortality risk of CHD patients. Thus, There is a need for better strategic approaches from both clinical and health policy standpoints for treatment of CHD patients.

**Keywords:** Coronary heart disease; Mortality; Percutaneous coronary intervention

## INTRODUCTION

There is considerable evidence to conclude that high-volume hospitals have lower mortality rates compared with low-volume hospitals following complex surgical procedures [1,2]. Since the first volume-outcome relation was reported by Luft et al. [3] in 1979 in cardiology, the association between a hospital's percutaneous coronary intervention (PCI) volume and in-hospital mortality has been extensively investigated [1,3,4]. Furthermore, many earlier studies demonstrated that patients with acute myocardial infarction (AMI) at hospitals performing many primary PCI procedures had lower mortality rates than those at hospitals performing

less primary PCI procedures [5], and an inverse volume-outcome relationship for PCI was reported in many studies [6,7].

The introduction of PCI using a balloon catheter by Gruentzig et al. [8] in 1977 revolutionized the treatment of coronary artery disease. Coronary restenosis, a common complication in the early years, was reduced with the implantation of coronary stents used since 1986 [9], a procedure that became standard. In 2001, initially employed uncoated stents were replaced with drug-eluting stents, first eluting sirolimus [10], followed by paclitaxel [11], and subsequently by other drugs [12,13] which, though they failed to abolish restenosis and the need for re-intervention, have made these occurrences less frequent.

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Primary PCI is now established as a first-line therapeutic strategy for patients with AMI. Several reports from the United States and France regarding patients undergoing primary PCI have demonstrated an inverse relationship between the hospital volume of primary PCI and in-hospital mortality [5,14].

There is growing interest in the use of procedure volume as a means of identifying hospital quality of care [15]. Based on this evidence, the updated American College of Cardiology/American Heart Association/Society for Cardiovascular Angioplasty and Intervention (ACC/AHA/SCAI) PCI clinical practice guidelines recommend that the minimum annual institutional volume requirement for hospitals offering PCI for ST-segment elevation myocardial infarction (STEMI) be at least 400 elective and 36 primary PCI procedures [16]. In addition, matching current ACC/AHA PCI clinical practice guidelines [17], Leapfrog has established a minimum institutional volume requirement of 400 cases per year for hospitals offering PCI [18]. In contrast, a recent report from Tsuchihashi et al. [19] demonstrates that low-volume hospitals and high-volume hospitals have similar in-hospital outcomes for primary PCI.

However, detailed data regarding the relationships among hospital primary PCI volume, angiographic results, and in-hospital prognosis are still lacking in South Korea. In addition, there have been recent changes in PCI practice, with PCI with stent placement being performed more often than balloon angioplasty as coronary stent technology has progressed (e.g., drug-eluting stents) [20]. We therefore felt it important to reassess this potential volume and outcome association using a large and representative sample.

## METHODS

### 1. Data sources and study design

This study used a National Health Insurance Service-Cohort Sample Database (NHIS-CSD) from 2002 to 2013 released by the Korean National Health Insurance Service.

Initial NHIS-CSD cohort members (n=1,025,340) were established by stratified random sampling using a systematic sampling method to generate a representative sample of the 46,605,433 Korean residents recorded in 2002. These members were followed up on in 2013. The data comprise a nationally representative random sample of 1,025,340 individuals, approximately 2.2% of the entire 2002 population.

The health care utilization claims include information on prescription drugs, medical procedures, and diagnostic codes based on the International Classification of Diseases, tenth revision (ICD-10), and health care costs. If a member was censored due to death or emigration, a new member was recruited among newborns of the same calendar year. Detailed methods for establishing and ensuring the representativeness of the NHIS-CSD cohort are published on the Korean National Health Insurance Service website [21].

In order to analyze the relationship between volume and outcome association of patients with coronary heart disease (CHD) on mortality, we included the ICD-10 code with I20–I25 in our data for main diagnosis and cardiac mortality records.

We analyzed a unique database of representative individual samples for hospitalized CHD patients with PCI. We linked each PCI patient according to license number to a separate licensure hospital database that included the calendar years. Linkage between each CHD patient with PCI and hospital allowed us to study the association of hospital volume and outcome during a 12-year follow-up sample.

### 2. Study variables

#### 1) Independent variables

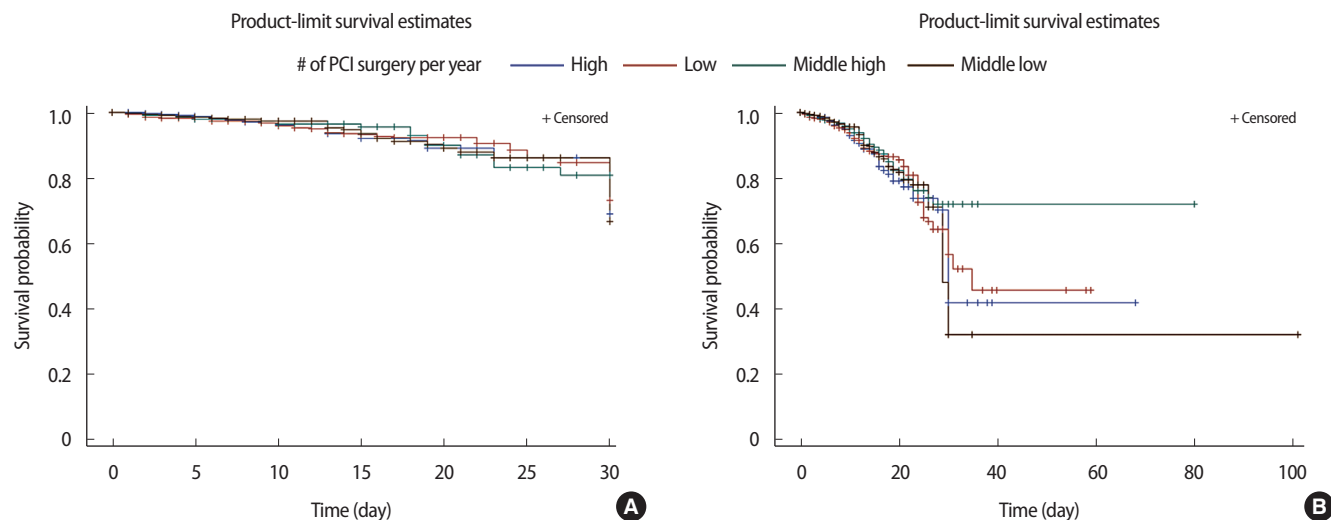
The number of CHD patients with PCI per year was ranked from low to high using SAS Rank function ver. 9.4 (SAS Institute Inc., Cary, NC, USA). Thus, the number of CHD patients with PCI per year was categorized into four groups: low, middle low, middle high, and high.

#### 2) Dependent variables

In this study, our main outcome measures were 30-day and 1-year mortality. The primary end point for this study was 30-day and 1-year mortality after the PCI procedure.

#### 3) Control variables

Individual level (age, sex, household, residential region, patient clinical complexity level [PCCL], inpatient type, diagnosis code, and type of procedure) and hospital level (proportion of PCI per year, organization type, region, beds, doctors, magnetic resonance imaging [MRI], and positron emission tomography [PET]) were included as variables that could affect mortality in the analysis, and all covariate variables were categorical. In order to adjust for clinical severity condition in each patient, PCCL, inpatient type,



**Figure 1.** (A) Adjusted effect of hospital volume on 30-day cardiac mortality. (B) Adjusted effect of hospital volume on 1-year cardiac mortality. PCI, percutaneous coronary intervention.

diagnosis code, and type of procedure was used at the individual level.

Age groups were divided into five categories:  $\leq 39$ , 40–49, 50–59, 60–69, and  $\geq 70$  years. Residential regions and region (hospital level) were categorized as metropolitan (Seoul), urban (Daejeon, Daegu, Busan, Incheon, Gwangju, or Ulsan), or rural (not classified as a city). The proportion of PCI per year was divided into four categories using SAS Rank function (SAS Institute Inc.): low, mid low, mid high, and high.

### 3. Statistical analysis

The primary analysis was based on Cox proportional hazards (PH) models and survival time was calculated as the time between 30 days or 1 year after the PCI procedure and the date of death. The Kaplan-Meier method was used to plot crude survival curves according to time following PCI procedure. In Figure 1, we plot a survival curve for mortality and a cumulative curve for 30-day or 1-year mortality. The modeling of long-term outcomes is affected by the statistical model applied. Considering that critical illness has an effect on outcomes, the Cox PH model, which is the most frequently used model, may be accurate because it relies on the assumption that the prognostic factors have constant hazard ratios over time.

For all analyses, the criterion for significance was  $p \leq 0.05$ , two-tailed. All analyses were conducted using the SAS statistical software package ver. 9.4 (SAS Institute Inc.).

## RESULTS

### 1. Prevalence of 30-day and 1-year cardiac mortality

Of the 8,908 research subjects included in our study, the prevalence of 30-day mortality was 2.4% (212 participants) and the 1-year mortality was 3.9% (349 participants) (Table 1). Of the total sample, 2.9% of 30-day mortality and 4.5% of 1-year mortality were from hospitals with a low volume of PCI per year, while 1.7% of 30-day mortality and 3.1% of 1-year mortality were from hospitals with a high volume of PCI per year (Table 1).

### 2. Inverse association between volume and outcome of coronary heart disease patients with percutaneous coronary intervention

Table 2 adjusted for age, sex, residential region, PCCL, inpatient type, diagnosis code, type of surgery, proportion of PCI per year, organization type, region, beds, doctors, MRI, and PET. After adjusting for all of these confounders, the hazard ratio of 30-day mortality in a low-volume CHD with PCI patient hospital was 2.8 times higher ( $p = 0.00$ ) compared with those with a high volume of CHD patients with PCI. The hazard ratio of 1-year mortality in a low-volume CHD with PCI patient hospital was 2.187 times higher compared with those in a high-volume CHD with PCI patient hospital (Table 2).

Table 3 illustrates a subgroup analysis conducted according to inpatient type after adjusting for all confounders. Thirty-day mortality in a low-volume CHD patient with PCI hospital admitted

**Table 1.** General characteristics of subjects included for analysis at baseline

| Characteristic  | Total no. (%) | 30-day cardiac mortality |         | 1-year cardiac mortality |         |
|---|---------------|--------------------------|---------|--------------------------|---------|
|   |               | Yes (%)                  | p-value | Yes (%)                  | p-value |
| # of PCI per year   |               |                          | 0.06    |                          | 0.14    |
| Low   | 2,388 (26.8)  | 69 (2.9)                 |         | 107 (4.5)                |         |
| Mid low   | 2,292 (25.7)  | 58 (2.5)                 |         | 93 (4.1)                 |         |
| Mid high  | 2,123 (23.8)  | 50 (2.4)                 |         | 83 (3.9)                 |         |
| High  | 2,105 (23.6)  | 35 (1.7)                 |         | 66 (3.1)                 |         |
| Individual  |               |                          |         |                          |         |
| Sex   |               |                          | 0.00    |                          | 0.00    |
| Male  | 6,024 (67.6)  | 122 (2.0)                |         | 208 (3.5)                |         |
| Female  | 2,884 (32.4)  | 90 (3.1)                 |         | 141 (4.9)                |         |
| Age (yr)  |               |                          | <0.001  |                          | <0.001  |
| ≤39   | 987 (11.1)    | 8 (0.8)                  |         | 10 (1.0)                 |         |
| 40–49   | 1,986 (22.3)  | 16 (0.8)                 |         | 27 (1.4)                 |         |
| 50–59   | 2,954 (33.2)  | 47 (1.6)                 |         | 75 (2.5)                 |         |
| 60–69   | 2,376 (26.7)  | 88 (3.7)                 |         | 149 (6.3)                |         |
| ≥70   | 605 (6.8)     | 53 (8.8)                 |         | 88 (14.6)                |         |
| Residential region  |               |                          | 0.05    |                          | 0.01    |
| Metropolitan  | 1,756 (19.7)  | 43 (2.5)                 |         | 62 (3.5)                 |         |
| Urban   | 2,275 (25.5)  | 39 (1.7)                 |         | 69 (3.0)                 |         |
| Rural   | 4,877 (54.8)  | 130 (2.7)                |         |                          |         |
| Patient clinical complexity level                           |               |                          | <0.001  |                          | <0.001  |
| 0   | 5,193 (58.3)  | 43 (0.8)                 |         | 81 (1.6)                 |         |
| 1   | 2,658 (29.8)  | 134 (5.0)                |         | 188 (7.1)                |         |
| ≥2  | 1,057 (11.9)  | 35 (3.3)                 |         | 80 (7.6)                 |         |
| Inpatient type  |               |                          | <0.001  |                          | <0.001  |
| Emergency room  | 3,553 (39.9)  | 147 (4.1)                |         | 220 (6.2)                |         |
| Outpatient department                                       | 5,355 (60.1)  | 65 (1.2)                 |         | 129 (2.4)                |         |
| Diagnosed code (ischemic heart diseases)                    |               |                          | <0.001  |                          | <0.001  |
| Angina pectoris   | 4,690 (52.7)  | 23 (0.5)                 |         | 77 (1.6)                 |         |
| Myocardial infarction                                       | 2,791 (31.3)  | 156 (5.6)                |         | 209 (7.5)                |         |
| Others  | 1,427 (16.0)  | 33 (2.3)                 |         | 63 (4.4)                 |         |
| Type of procedure   |               |                          | <0.001  |                          | <0.001  |
| Percutaneous transluminal coronary angioplasty              | 1,002 (11.3)  | 42 (4.2)                 |         | 67 (6.7)                 |         |
| Percutaneous transcatheter placement of intracoronary stent | 7,906 (88.8)  | 170 (2.2)                |         | 282 (3.6)                |         |
| Hospital  |               |                          |         |                          |         |
| Proportion of PCI per year                                  |               |                          | 0.24    |                          | 0.21    |
| Low   | 2,473 (27.8)  | 57 (2.3)                 |         | 96 (3.9)                 |         |
| Mid low   | 2,249 (25.3)  | 43 (1.9)                 |         | 74 (3.3)                 |         |
| Mid high  | 2,138 (24.0)  | 54 (2.5)                 |         | 86 (4.0)                 |         |
| High  | 2,048 (23.0)  | 58 (2.8)                 |         | 93 (4.5)                 |         |
| Organization type   |               |                          | 0.89    |                          | 0.56    |
| Public  | 76 (0.9)      | 2 (2.6)                  |         | 2 (2.6)                  |         |
| Private   | 8,832 (99.2)  | 210 (2.4)                |         | 347 (3.9)                |         |
| Region  |               |                          | 0.00    |                          | <0.001  |
| Metropolitan  | 2,455 (27.6)  | 43 (1.8)                 |         | 66 (2.7)                 |         |
| Urban   | 2,979 (33.4)  | 62 (2.1)                 |         | 105 (3.5)                |         |
| Rural   | 3,474 (39.0)  | 107 (3.1)                |         | 178 (5.1)                |         |
| Bed   |               |                          | 0.00    |                          | 0.00    |
| ≤499  | 1,003 (11.3)  | 20 (2.0)                 |         | 27 (2.7)                 |         |
| 500–699   | 1,311 (14.7)  | 52 (4.0)                 |         | 77 (5.9)                 |         |
| 700–899   | 1,359 (15.3)  | 33 (2.4)                 |         | 54 (4.0)                 |         |
| ≥900  | 5,235 (58.8)  | 107 (2.0)                |         | 191 (3.7)                |         |

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**Table 1. Continued**

| Characteristic               | Total no. (%) | 30-day cardiac mortality |         | 1-year cardiac mortality |         |
|------------------------------|---------------|--------------------------|---------|--------------------------|---------|
|                              |               | Yes (%)                  | p-value | Yes (%)                  | p-value |
| Doctor                       |               |                          | 0.01    |                          | 0.00    |
| ≤99                          | 1,673 (18.8)  | 40 (2.4)                 |         | 66 (4.0)                 |         |
| 100–199                      | 1,317 (14.8)  | 40 (3.0)                 |         | 65 (4.9)                 |         |
| 200–299                      | 1,527 (17.1)  | 49 (3.2)                 |         | 81 (5.3)                 |         |
| ≥300                         | 4,391 (49.3)  | 83 (1.9)                 |         | 137 (3.1)                |         |
| Magnetic resonance imaging   |               |                          | 0.68    |                          | 0.59    |
| No                           | 7 (0.1)       | 0                        |         | 0                        |         |
| Yes                          | 8,901 (99.9)  | 212 (2.4)                |         | 349 (3.9)                |         |
| Positron emission tomography |               |                          | 0.81    |                          | 0.75    |
| No                           | 1,226 (13.8)  | 28 (2.3)                 |         | 46 (3.8)                 |         |
| Yes                          | 7,682 (86.2)  | 184 (2.4)                |         | 303 (3.9)                |         |
| Total                        | 8,908 (100.0) | 212 (2.4)                |         | 349 (3.9)                |         |

PCI, percutaneous coronary intervention.

**Table 2. Adjusted effect between # of PCI and cardiac mortality**

| Variable  | 30-day cardiac mortality |     |         | 1-year cardiac mortality |     |         |
|---|--------------------------|-----|---------|--------------------------|-----|---------|
|   | HR                       | SE  | p-value | HR                       | SE  | p-value |
| # of PCI per year   |                          |     |         |                          |     |         |
| Low   | 2.8                      | 0.3 | 0.00    | 2.2                      | 0.2 | 0.00    |
| Mid low   | 2.3                      | 0.2 | 0.00    | 1.8                      | 0.2 | 0.00    |
| Mid high  | 1.9                      | 0.2 | 0.00    | 1.5                      | 0.2 | 0.01    |
| High  | 1.0                      |     |         | 1.0                      |     |         |
| Individual  |                          |     |         |                          |     |         |
| Sex   |                          |     |         |                          |     |         |
| Male  | 1.2                      | 0.1 | 0.11    | 1.5                      | 0.1 | <0.001  |
| Female  | 1.0                      |     |         | 1.0                      |     |         |
| Age (yr)  |                          |     |         |                          |     |         |
| ≤39   | 0.2                      | 0.4 | <0.001  | 0.2                      | 0.3 | <0.001  |
| 40–49   | 0.3                      | 0.2 | <0.001  | 0.2                      | 0.2 | <0.001  |
| 50–59   | 0.6                      | 0.2 | 0.01    | 0.4                      | 0.1 | <0.001  |
| 60–69   | 1.0                      | 0.2 | 0.95    | 0.8                      | 0.1 | 0.04    |
| ≥70   | 1.0                      |     |         | 1.0                      |     |         |
| Residential region  |                          |     |         |                          |     |         |
| Metropolitan  | 1.3                      | 0.2 | 0.19    | 1.2                      | 0.2 | 0.23    |
| Urban   | 0.7                      | 0.2 | 0.06    | 0.8                      | 0.1 | 0.14    |
| Rural   | 1.0                      |     |         | 1.0                      |     |         |
| Patient clinical complexity level                           |                          |     |         |                          |     |         |
| 0   | 0.2                      | 0.3 | <0.001  | 0.3                      | 0.2 | <0.001  |
| 1   | 0.7                      | 0.2 | 0.06    | 0.7                      | 0.2 | 0.01    |
| ≥2  | 1.0                      |     |         | 1.0                      |     |         |
| Inpatient type  |                          |     |         |                          |     |         |
| Emergency room  | 1.4                      | 0.1 | 0.01    | 1.2                      | 0.1 | 0.16    |
| Outpatient department                                       | 1.0                      |     |         | 1.0                      |     |         |
| Diagnosed code (ischemic heart diseases)                    |                          |     |         |                          |     |         |
| Angina pectoris   | 1.0                      |     |         | 1.0                      |     |         |
| Myocardial infarction                                       | 8.8                      | 0.2 | <0.001  | 3.6                      | 0.1 | <0.001  |
| Others  | 2.4                      | 0.2 | 0.00    | 1.4                      | 0.2 | 0.02    |
| Type of procedure   |                          |     |         |                          |     |         |
| Percutaneous transluminal coronary angioplasty              | 1.5                      | 0.2 | 0.00    | 1.5                      | 0.1 | 0.00    |
| Percutaneous transcatheter placement of intracoronary stent | 1.0                      |     |         | 1.0                      |     |         |

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**Table 2.** Continued

| Variable                     | 30-day cardiac mortality |       |                 | 1-year cardiac mortality |       |                 |
|------------------------------|--------------------------|-------|-----------------|--------------------------|-------|-----------------|
|                              | HR                       | SE    | <i>p</i> -value | HR                       | SE    | <i>p</i> -value |
| Hospital                     |                          |       |                 |                          |       |                 |
| Proportion of PCI per year   |                          |       |                 |                          |       |                 |
| Low                          | 0.5                      | 0.2   | 0.01            | 0.6                      | 0.2   | 0.01            |
| Mid low                      | 0.5                      | 0.2   | 0.00            | 0.6                      | 0.2   | 0.00            |
| Mid high                     | 0.6                      | 0.2   | 0.01            | 0.7                      | 0.1   | 0.00            |
| High                         | 1.0                      |       |                 | 1.0                      |       |                 |
| Organization type            |                          |       |                 |                          |       |                 |
| Public                       | 0.9                      | 0.7   | 0.86            | 0.6                      | 0.7   | 0.51            |
| Private                      | 1.0                      |       |                 | 1.0                      |       |                 |
| Region                       |                          |       |                 |                          |       |                 |
| Metropolitan                 | 0.6                      | 0.2   | 0.02            | 0.5                      | 0.2   | <0.001          |
| Urban                        | 0.8                      | 0.2   | 0.31            | 0.7                      | 0.1   | 0.01            |
| Rural                        | 1.0                      |       |                 | 1.0                      |       |                 |
| Bed                          |                          |       |                 |                          |       |                 |
| ≤ 499                        | 0.9                      | 0.4   | 0.74            | 0.4                      | 0.3   | 0.00            |
| 500–699                      | 1.0                      | 0.2   | 0.95            | 0.6                      | 0.2   | 0.02            |
| 700–899                      | 0.6                      | 0.2   | 0.01            | 0.5                      | 0.2   | <0.001          |
| ≥ 900                        | 1.0                      |       |                 | 1.0                      |       |                 |
| Doctor                       |                          |       |                 |                          |       |                 |
| ≤ 99                         | 0.9                      | 0.3   | 0.83            | 1.5                      | 0.2   | 0.08            |
| 100–199                      | 0.7                      | 0.2   | 0.18            | 1.1                      | 0.2   | 0.55            |
| 200–299                      | 0.9                      | 0.2   | 0.61            | 1.1                      | 0.1   | 0.43            |
| ≥ 300                        | 1.0                      |       |                 | 1.0                      |       |                 |
| Magnetic resonance imaging   |                          |       |                 |                          |       |                 |
| No                           | 0.0                      | 210.6 | 0.97            | 0.0                      | 177.5 | 0.96            |
| Yes                          | 1.0                      |       |                 | 1.0                      |       |                 |
| Positron emission tomography |                          |       |                 |                          |       |                 |
| No                           | 0.8                      | 0.3   | 0.43            | 1.1                      | 0.2   | 0.78            |
| Yes                          | 1.0                      |       |                 | 1.0                      |       |                 |

PCI, percutaneous coronary intervention; HR, hazard ratio; SE, standard error.

**Table 3.** Adjusted effect between # of PCI and cardiac mortality by inpatient type

| # of PCI per year | Emergency room           |     |                 |                          |     |                 | Outpatient department    |     |                 |                          |     |                 |
|-------------------|--------------------------|-----|-----------------|--------------------------|-----|-----------------|--------------------------|-----|-----------------|--------------------------|-----|-----------------|
|                   | 30-day cardiac mortality |     |                 | 1-year cardiac mortality |     |                 | 30-day cardiac mortality |     |                 | 1-year cardiac mortality |     |                 |
|                   | HR                       | SE  | <i>p</i> -value | HR                       | SE  | <i>p</i> -value | HR                       | SE  | <i>p</i> -value | HR                       | SE  | <i>p</i> -value |
| Low               | 3.1                      | 0.4 | 0.00            | 2.8                      | 0.3 | 0.00            | 1.7                      | 0.5 | 0.30            | 1.2                      | 0.4 | 0.68            |
| Mid low           | 2.7                      | 0.3 | 0.00            | 2.2                      | 0.2 | 0.00            | 1.1                      | 0.4 | 0.75            | 0.9                      | 0.3 | 0.86            |
| Mid high          | 2.4                      | 0.2 | 0.00            | 1.7                      | 0.2 | 0.00            | 0.6                      | 0.5 | 0.36            | 1.0                      | 0.3 | 0.99            |
| High              | 1.0                      |     |                 | 1.0                      |     |                 | 1.0                      |     |                 | 1.0                      |     |                 |

Adjusted for sex, age, residential region patient clinical complexity level, diagnosed code, type of procedure, proportion of PCI per year, organization type, region bed doctor, magnetic resonance imaging, and positron emission tomography.

PCI, percutaneous coronary intervention; HR, hazard ratio; SE, standard error.

through the emergency room was 2.2 times higher ( $p = 0.00$ ) than hospitals with a high volume of CHD patients with PCI. One-year mortality in a hospital with a low volume of CHD patients with PCI admitted through the emergency room was 2.8 times higher ( $p = 0.00$ ) than hospitals with a high volume of CHD patients with PCI.

We then conducted subgroup analysis according to diagnosis code after adjusting for all confounders. Thirty-day mortality in a hospital with a low volume of angina pectoris patients with PCI was 5.3 times higher ( $p = 0.03$ ) than in a hospital with a high volume of angina pectoris patients with PCI (Table 4).

Thirty-day mortality in a hospital with a low volume of myocar-

**Table 4.** Adjusted effect between # of PCI and cardiac mortality by diagnosed code

| # of PCI per year | Angina pectoris          |     |         |                          |     |         | Myocardial infarction    |     |         |                          |     |         | Others                   |     |         |                          |     |         |
|-------------------|--------------------------|-----|---------|--------------------------|-----|---------|--------------------------|-----|---------|--------------------------|-----|---------|--------------------------|-----|---------|--------------------------|-----|---------|
|                   | 30-day cardiac mortality |     |         | 1-year cardiac mortality |     |         | 30-day cardiac mortality |     |         | 1-year cardiac mortality |     |         | 30-day cardiac mortality |     |         | 1-year cardiac mortality |     |         |
|                   | HR                       | SE  | p-value | HR                       | SE  | p-value | HR                       | SE  | p-value | HR                       | SE  | p-value | HR                       | SE  | p-value | HR                       | SE  | p-value |
| Low               | 5.3                      | 0.7 | 0.03    | 1.9                      | 0.5 | 0.24    | 2.4                      | 0.3 | 0.01    | 2.1                      | 0.3 | 0.01    | 2.6                      | 0.8 | 0.25    | 1.3                      | 0.5 | 0.63    |
| Mid low           | 4.9                      | 0.6 | 0.00    | 1.6                      | 0.4 | 0.23    | 2.0                      | 0.3 | 0.01    | 1.6                      | 0.2 | 0.03    | 3.5                      | 0.7 | 0.07    | 1.4                      | 0.4 | 0.38    |
| Mid high          | 2.9                      | 0.5 | 0.02    | 1.4                      | 0.4 | 0.35    | 1.6                      | 0.2 | 0.04    | 1.4                      | 0.2 | 0.13    | 2.8                      | 0.6 | 0.07    | 1.6                      | 0.3 | 0.16    |
| High              | 1.0                      |     |         | 1.0                      |     |         | 1.0                      |     |         | 1.0                      |     |         | 1.0                      |     |         | 1.0                      |     |         |

Adjusted for sex, age, residential region patient clinical complexity level, inpatient type, type of procedure, proportion of PCI per year, organization type, region bed doctor, magnetic resonance imaging, and positron emission tomography.

PCI, percutaneous coronary intervention; HR, hazard ratio; SE, standard error.

dial infarction patients with PCI was 2.4 times higher ( $p = 0.01$ ) than in hospitals with a high volume of myocardial infarction patients with PCI. One-year mortality in a hospital with a low volume of myocardial infarction patients with PCI was 2.1 times higher ( $p = 0.01$ ) than in a hospital with a high volume of myocardial infarction patients with PCI.

## DISCUSSION

Our study provides insightful evidence regarding the specificity of volume and outcome (30-day and/or 1-year mortality) in current practice. The significant inverse association between hospital volume and 30-day mortality and 1-year mortality after PCI procedures was evaluated by analyzing the 2002–2013 database of the nationally large representative and longitudinal cohort sample in Korea.

The major findings of our study are as follows: Korean CHD patients treated with primary PCI in high-volume hospitals had lower cardiac mortality rates than those in low-volume hospitals. There was a significant difference between high-volume and low-volume hospitals in both 30-day and 1-year mortality rates. We also found that CHD patients treated at hospitals with relatively low annual PCI cases had the highest 30-day and 1-year mortality rates, followed by patients treated at middle-low PCI volume hospitals, whereas patients treated at high-PCI volume hospitals had the lowest 30-day and 1-year mortality rates.

Additionally, we conducted subgroup analysis according to inpatient type and diagnosed code. Results of our subgroup analysis also showed inverse volume-outcome relationships of CHD patients with PCI. In particular, there was a substantial difference in mortality rate between high-volume and low-volume hospitals for patients admitted through the emergency room and diagnosed

with angina pectoris. After adjusting for patient characteristics (sex, age, residential region, PCCL, inpatient type, diagnosis code, and type of surgery) and hospital characteristics (proportion of PCI per year, organization type, beds, doctors, MRI, and PET), the hazard ratio of 30-day and 1-year mortality for patients treated at hospitals with low annual PCI cases were 3.1 ( $p = 0.01$ ) and 2.8 ( $p = 0.00$ ) times higher than for patients treated at high-PCI volume hospitals admitted through the emergency room. In addition, the hazard ratio of 30-day and 1-year mortality for patients treated at hospitals with relatively low annual PCI cases were higher than for patients treated at hospitals with a high volume of PCI patients with a diagnosis code of angina pectoris and myocardial infarction.

The relationship between the annual hospital volume of primary PCI and mortality has not been fully investigated in Korea. However, several reports from the United States and France demonstrate that low primary PCI-volume hospitals had higher in-hospital mortality than high-volume hospitals [14,22,23]. In this study, our finding is consistent with several previous studies in which an inverse relationship between hospital procedure volume and adverse outcomes was reported [4,24,25].

According to the guidelines for PCI published by the AHA, ACC, and SCAI in 2005, primary PCI for ST-segment elevation AMI should be performed in centers with an annual volume of at least 400 elective and 36 primary PCI procedures [16], and some studies report significant differences in adverse outcomes among hospital volume groups with cutoffs other than the 400 annual PCI case value [6,26,27]. Although our findings do not lend support to the minimum annual hospital PCI volumes of 400 cases recommended by the ACC/AHA clinical practice guidelines [28], our results are in agreement with those [29–31] that show an inverse volume-outcome relationship. However, previous studies

that show a decrease in mortality with increasing operator volume have failed to reach statistical significance because of low sample size, large confidence interval, or low procedure-related mortality [4,28].

A potential explanation for our subgroup analysis results according to inpatient type and diagnosis code is that high-volume emergency rooms tend to be located in more urban areas and accommodate more patients with rapid cardiopulmonary resuscitation in progress and these emergency room-admitted patients receive same-day PCI. Previous study indicates that the strongest predictor of same-day PCI use for patients with STEMIs was hospital PCI volume. Patients with a STEMI admitted to hospitals that performed a total of 200 or more PCIs per year were nearly seven times as likely to receive same-day PCI compared with similar patients admitted to low-volume PCI hospitals [32,33]. In addition, several known advantages of high-volume PCI hospitals likely contributed to cardiac catheterization laboratory availability, standard emergency room protocols for the treatment of CHD patients, and standard catheterization laboratory activation protocols [32].

Although the ACC/AHA clinical practice guidelines recommend a minimum annual hospital PCI case volume of 400, various cut-off points were used in the studies. In addition, in our study, it was not possible to exactly define a specific minimum procedure below which the outcome of CHD patients with PCI would be worse than for those patients treated in hospitals meeting this minimum requirement. Therefore, future evaluations of hospital PCI volume thresholds will be needed to assess recent and pending changes in PCI technology and practice. Given this evidence, there is a need for better strategic approaches from clinical and health policy standpoints for the treatment of CHD patients with PCI. These strategies should be based not only on establishing a recommended volume of primary PCI procedures, but also on developing protocols regarding patient safety. These improvements will result in improved care of CHD patients with PCI.

One strength of our study was that the participants in the survey may be representative of the overall population. Indeed, our large and longitudinal sample allowed the results to be generalized to the adult South Korean population. Nevertheless, several limitations that may have affected our results need to be considered in the interpretation of our findings. First, selection of patients for our study relied on ICD coding of principal diagnosis. Variability in coding practices among individuals and institutions may have

influenced our results. It is difficult to validate individual ICD codes because our data is a de-identified database, making it susceptible to errors related to coding. Second, as this is a large and longitudinal nationwide sample, there may be significant heterogeneity in the care provided both in the field and at receiving hospitals. We cannot comment on which aspects of patient care most affected survival.

In conclusion, the PCI is a procedure that delivers excellent results, and is employed more and more each year. The present study provides evidence that in Korea, CHD patients treated with primary PCI in high-volume hospitals exhibit lower mortality than those treated at low-volume hospitals, as reported in many studies. In addition, patients admitted through an emergency room and diagnosed with angina pectoris in a hospital with a relatively lower annual PCI volume had higher mortality rates. An improved understanding of the contribution of emergency department care may be useful in advancing our understanding of how best to organize a system of care to ensure optimal outcomes for CHD patients with PCI.

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