

Review

Pseudomonas aeruginosa Biofilm, a Programmed Bacterial Life for Fitness

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A biofilm is a community of microbes that typically inhabit on surfaces and are encased in an extracellular matrix. Biofilms display very dissimilar characteristics to their planktonic counterparts. Biofilms are ubiquitous in the environment and influence our lives tremendously in both positive and negative ways. *Pseudomonas aeruginosa* is a bacterium known to produce robust biofilms. *P. aeruginosa* biofilms cause severe problems in immunocompromised patients, including those with cystic fibrosis or wound infection. Moreover, the unique biofilm properties further complicate the eradication of the biofilm infection, leading to the development of chronic infections. In this review, we discuss the history of biofilm research and general characteristics of bacterial biofilms. Then, distinct features pertaining to each stage of *P. aeruginosa* biofilm development are highlighted. Furthermore, infections caused by biofilms on their own or in association with other bacterial species (*i.e.*, multispecies biofilms) are discussed in detail.

Keywords: Biofilm, *Pseudomonas aeruginosa*, biofilm development, biofilm infections, multi-species biofilm

Introduction

The growth of sessile forms of bacteria on various surfaces has been described since the early 1900s. The term “biofilm” has been used since 1975 and is defined as a community of microbes that inhabit various surfaces and are typically surrounded by extracellular matrices (ECMs). *Pseudomonas aeruginosa* is an opportunistic pathogen and is a huge threat to human health owing to its adaptation to various environments and resistance against multiple classes of antibiotics. *P. aeruginosa* is also known to develop robust biofilms. *P. aeruginosa* biofilms have distinct developmental stages. The initial attachment of *P. aeruginosa* is mediated by adhesins, type IV pili, Psl, and lipopolysaccharides, and is regulated by c-di-GMP and small regulatory RNA (sRNA). Biofilm maturation is characterized by the formation of biofilm structures and ECM production. The detachment stage consists of sloughing, erosion, and seeding dispersal, where sloughing and erosion are passive detachments, and seeding dispersal is

an active detachment. The development of *P. aeruginosa* biofilms is regulated by several factors, and one of the major regulatory mechanisms is the quorum sensing (QS) system.

Biofilms have become a major issue in the medical field because biofilm infections present high resistance to antibiotics and the host immune response. Bacteria from biofilms are also a major cause of chronic infections. Biofilm research has been mostly limited to monospecies biofilms, although biofilms rarely exist as monospecies in natural environments. Interspecies interaction is known to affect many genetic and phenotypic traits in multispecies biofilms. Thus, it is important to study multispecies biofilms to understand biofilms better.

Brief History of Biofilm Research

Microbiology has evolved dramatically since Robert Koch introduced Koch’s postulates and methods of isolation and pure culture of a bacterium. These techniques have been used in laboratories all over the world and have

produced numerous studies for the diagnosis and management of many devastating infectious diseases, such as tuberculosis, cholera, and diphtheria. Because of these important contributions of planktonic pure culture techniques in the health of the human race, these techniques are essential and have been the gold standard for the study of microbes for several decades. However, microbiologists still have continuously faced difficulties in eradicating bacterial infections completely or growing many bacteria in single-species planktonic cultures.

Microbiologists started to realize that it was inadequate to study bacteria in pure planktonic culture in order to understand their natural lifestyle and interactions. The differences between single-species planktonic cultured bacteria and the same bacteria in sessile and mixed-species cultures have been characterized owing to the development of microscopy technologies. Most bacteria have completely different phenotypes and physiological characteristics when grown in pure planktonic conditions compared with mixed-species sessile conditions.

Since the early 1900s, many descriptions of sessile cultures were made for surface-associated bacteria, marine bacteria attachment on glass surfaces, and many others [1,

2]. The term biofilm had been unofficially used among scientists, but the first official introduction of the term was in the *Microbial Ecology* journal in 1975 [3]. Moreover, the ubiquitous characteristics of biofilms were proposed in the first quantitative examination of bacteria in specific ecosystems by J. W. Costerton and his colleagues in 1978 [4]. They discovered an extensively large number of bacteria in the biofilms from the surfaces of rocks from alpine lakes and streams in Montana, but found a very small number of planktonic bacteria, and the data were confirmed in different locations [4]. Based on their data, they confirmed that biofilms are a major form of bacterial existence in nature, and the universality of biofilms was suggested and confirmed not only in environmental systems, but also in the industrial and medical fields [5].

Early in biofilm research, there was a limitation in biofilm observation due to deformation and dehydration during the preparation of samples for bright field or electron microscopy. Thus, biofilms were thought to be a uniform layer of bacteria that were covered in slime. However, in the late 20th century, biofilm observation using confocal laser scanning microscopy produced a breakthrough in biofilm research through the discovery of

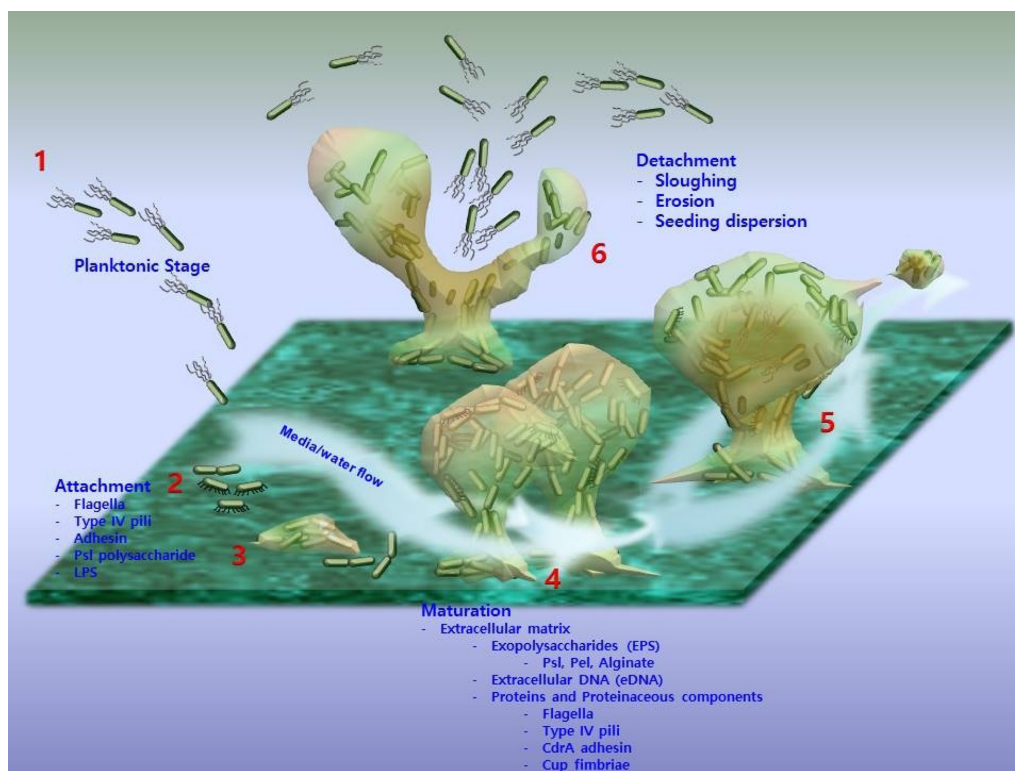


Fig. 1. Diagrammatic representation of the developmental stages of *P. aeruginosa* biofilm.

The diagram presents (1) the planktonic stage, (2) attachment of bacteria to a surface, (3) production of the extracellular matrix, (4) maturation of biofilm structures, (5) spatial differentiation, and (6) biofilm dispersal.

defined structures in biofilms, such as vertical structural elements and water channels (Fig. 1) [6]. The discovery of a complex biofilm architecture and the presence of water channels in biofilm structures drew the attention of microbiologists because it indicated that biofilms are not just a collection of bacteria but are an actively developed microbial community. The second breakthrough in biofilm research was the discovery of differential gene expression in biofilm bacteria compared with their planktonic counterparts, which indicated refined regulatory systems for biofilm development, and QS systems were revealed to be one of the regulatory systems for biofilm development [7, 8]. After these discoveries, research on biofilms increased exponentially and became a new trend in microbiology.

What Is a Biofilm?

Biofilms are generally known as communities of microbes that are attached to certain surfaces that are normally covered with an ECM, secreted by the same microbes. The components of the ECM are exopolysaccharide (EPS), extracellular DNA (eDNA), RNA, proteins, and lipids [6, 9, 10]. The ECMs protect biofilms from harsh environments; as such, bacteria in biofilms are generally more resistant to various disinfectants and antimicrobial substances than their planktonic counterparts [11, 12]. This resistant property contributes to numerous biofilm-caused problems. In the industrial field, biofilms cause malfunction of machines, corrosion of facilities, blockage of pipelines, contamination in drinking-water distribution systems, and safety issues in the food industry [13, 14]. Because of the problems caused by biofilms, an astronomical amount of money is being spent every year to manage biofilms in these industries. Furthermore, resistance to the host immune response can lead to chronic infections in the host, which threatens many lives worldwide [11].

However, biofilms are not always bad, and are positively used in many applications. For example, biofilms are an essential part of the bioremediation process. Bioremediation bioreactors contain biofilms that degrade many toxic contaminants and hazardous materials that are generated from various industrial processes [15–17].

Pseudomonas aeruginosa

Pseudomonas species are ubiquitous in the natural environment and cause disease in both animals and plants. Among the *Pseudomonas* species, *P. aeruginosa* is the most

well-known pathogen that causes human infections. *P. aeruginosa* is a gram-negative bacillus and is known as an opportunistic pathogen. Although the bacterium only causes mild infections, such as otitis media or otitis externa in healthy individuals, it can also cause serious infections in many different parts of the human body when the immune system is compromised. For example, *P. aeruginosa* is a major cause of mortality in cystic fibrosis (CF) patients. In addition, *P. aeruginosa* causes bacteremic pneumonia, endocarditis, meningitis, burn wound infections, and sepsis, and these infections are associated with high mortality [17, 18]. *P. aeruginosa* is known to produce various virulence factors, including flagella [19], type IV pili [20], alkaline protease [21], elastase [22], lipopolysaccharide [23], phospholipase [24], exotoxin A [25], pyoverdine [26], pyochelin [26], pyocyanin [23], *Pseudomonas* quinolone signal (PQS) [27], and more. *P. aeruginosa* has been studied extensively; although many characteristics of this species have been revealed, there are still many aspects of its exact pathogenesis that remain undetermined [17, 28].

P. aeruginosa infection control is facing major challenges owing to the constant emergence of antibiotic-resistant strains. The escalated antibiotic resistance increases the rate of disease occurrence and the mortality due to *P. aeruginosa* infection. *P. aeruginosa* is the most common causative agent of hospital-associated infection (HAI) and the second most common cause of ventilator-associated pneumonia in the USA [29]. The *P. aeruginosa* genome is relatively larger than that of other prokaryotes, and *P. aeruginosa* has an exceptionally large number of regulatory genes in its chromosome, which contributes to the adaptation of this species to various environmental conditions and is closely related to the development of antibiotic resistance [10, 30]. Because of its ability to form biofilms, *P. aeruginosa* has become the major cause of HAI. The conversion from the planktonic to the biofilm stage changes the gene expression pattern and increases the lateral gene transfer rate on a large scale. These changes are known to contribute to antibiotic resistance enhancement [31–33].

P. aeruginosa Biofilm Development

Biofilm development models have changed several times with the advancement of biofilm research techniques. Advanced experimental techniques revealed that biofilm development consists of three defined stages: initial attachment, maturation, and detachment of the biofilm (Fig. 1).

Attachment of *P. aeruginosa* Biofilms

Many early studies on the initial attachment of bacteria suggested the involvement of simple chemical bonds such as Van der Waals forces. However, early-stage biofilm development is composed of much more complex events (Fig. 1). For example, there are a variety of bacterial structures such as adhesins, type IV pili, and lipopolysaccharide (LPS) that are involved in attachment, and these bacterial structures are specifically regulated by environmental cues [9, 34]. Recent studies demonstrated that the initiation of biofilm formation occurs with an increase in c-di-GMP, an intracellular second messenger [35–39]. Many types of environmental cues can cause an increase in c-di-GMP, which activates the production of adhesins and various ECM products [35, 39]. For example, the contact of *P. aeruginosa* to a surface is recognized by the WspA protein, a membrane-bound receptor protein, which creates a signal to produce c-di-GMP and in turn positively regulates the production of CdrA adhesin, Psl, Pel, and alginate in *P. aeruginosa* [40, 41]. Biofilm formation is also regulated by sRNAs in many bacterial species [42], as Psl and Pel production and the motile-to-sessile switch of *P. aeruginosa* are regulated by sRNA [43, 44].

Maturation of *P. aeruginosa* Biofilms

After bacteria attach to surfaces or each other, they undergo a series of changes to adapt to the new mode of life. As surface-attached *P. aeruginosa* grow and form microcolonies, they start to produce ECMs and build structures and water channels (Fig. 1). As the biofilm matures, the bacteria undergo physiological changes and become much more resistant to stresses from the environment or antibiotics. This biofilm development and maturation are closely related to a signaling system called quorum sensing [9, 10, 12].

Detachment of *P. aeruginosa* Biofilms

The final stage of biofilm development is detachment (Fig. 1). There are several types of biofilm detachment mechanisms: sloughing, erosion, and seed dispersal [34, 45, 46]. These detachment mechanisms are essential to create new biofilms in new niches. The sloughing and erosion mechanisms of biofilm detachment are called passive detachments and are mediated by shear stress [34, 45]. Sloughing is the detachment of a large portion of a biofilm from the original mass, and erosion is a washout of a small portion of biomass or bacteria from the outer surface [45]. Seed dispersal is the active detachment mechanism of *P. aeruginosa* biofilms. In this process, *P. aeruginosa* biofilms

release single planktonic cells or microcolonies from the center of the biofilm, leaving an empty cavity [45]. Dispersal of biofilms is closely related to microcolony size. Dispersal starts with spatial differentiation, which is described as the differential localization of motile and non-motile *P. aeruginosa* in the biofilm structure when the biofilm reaches a critical size [45, 46]. The motile bacteria locate in the mushroom cavity, and the non-motile bacteria locate at the stalk and walls of the mushroom structure (Fig. 1) [45, 46]. This dispersal mechanism involves ECM degradation and autolysis of a biofilm subpopulation. Biofilm dispersion can also be induced by environmental cues, such as nutrients, oxygen availability, nitric oxide (NO), pH, and various chemicals. For example, a sudden increase in glucose supply can decrease intracellular c-di-GMP, which increases flagella production and induces dispersal [41]. Moreover, limited oxygen supply can induce biofilm dispersal by enhancing c-di-GMP degradation [46]. NO stimulates phosphodiesterase activity, which decreases the intracellular c-di-GMP level in *P. aeruginosa* and leads to dispersal of the biofilm [46]. In addition, there are various chemicals that contribute to the dispersal of *P. aeruginosa* biofilms, such as metal chelators, *cis*-2-decenoic acid, anthranilate, and other surfactants [47–49].

Important Characteristics of *P. aeruginosa* Biofilm

Extracellular Matrix of *P. aeruginosa* Biofilms

ECMs of biofilms usually consist of EPS, eDNA, and proteins, which act as a matrix, adhesive material, and protective barrier [10, 11]. There are three identified EPSs in *P. aeruginosa*: Psl, Pel, and alginate [50]. Psl polysaccharide was named for the polysaccharide synthesis locus that was identified in 2004 [51, 52]. Psl is an important component of the ECM for initiation and maintenance of *P. aeruginosa* biofilms by providing cell-surface attachment and intercellular interactions. In the late stage of biofilm maturation, Psl was shown to accumulate on the outside of structured biofilms [53, 54]. This Psl accumulation provides structural support and allows for later dispersion of the *P. aeruginosa* biofilm. Psl can also physically interact with eDNA to form a web of eDNA-Psl. The eDNA-Psl web structure provides structural support of the biofilm. Furthermore, the eDNA-Psl interaction could increase the survival of *P. aeruginosa* in vivo by utilizing neutrophil extracellular traps as a biofilm scaffold [55].

Pel polysaccharide is an essential component for *P. aeruginosa* to form pellicles at the air-liquid interface and solid surface-associated biofilms [52, 56]. The other roles of

Pel are to act as a platform for biofilm structure and to provide protection against aminoglycoside antibiotics [54, 57]. However, most of these roles depend on the strains of *P. aeruginosa*. The complete biochemical composition of Pel has not yet been identified. So far, Pel is known to be composed of cationic amino sugars, which facilitate binding with eDNA of the biofilm [58, 59]. Pel can also compensate for Psl when there is a lack of Psl production in the biofilm periphery [58]. As mentioned, one of the mechanisms for Psl and Pel production is through the c-di-GMP signaling pathway owing to environmental cues, and another postulated Pel production mechanism is involved in the association of LPS. For example, the *pel* operon is involved in maintaining the association of 3-deoxy-D-manno-octulosonic acid (Kdo) sugar, a core oligosaccharide of LPS, to the bacterial cells [38–41].

Alginate is the most studied EPS of *P. aeruginosa* biofilms, and is mainly produced by *P. aeruginosa* strains isolated from CF patients [54]. Alginate is known as a factor used to distinguish mucoid or non-mucoid *P. aeruginosa* biofilms, although it was found that Psl also contributes to the mucoid phenotype of the biofilms [60]. Alginate plays many important roles for biofilms. For example, alginate retains water and nutrients, and provides antibiotic resistance and immune evasion [61–63].

Another component of the ECM is eDNA. There are several hypotheses regarding the production of eDNA in biofilms, such as active secretion, autolysis of bacteria, and release from small membrane vesicles [53, 64]. eDNA is known to play roles in the formation of cation gradients, antibiotic resistance, nutrient source, and early biofilm development [53, 65–67]. Moreover, eDNA is a major proinflammatory factor for *P. aeruginosa* biofilms [68].

Other than EPS and eDNA, proteins also contribute to formation of the biofilm matrix [53]. For example, flagella act as an adhesin to help initial bacterial attachment to the surface [69]. Type IV pili contribute to the formation of mushroom-like biofilm cap structures [69, 70]. CdrA adhesin interacts with Psl and increases biofilm stability [10, 41]. Cup fimbriae are also one of the proteinaceous components of the ECM and play important roles in cell-to-cell interaction during the initial stage of biofilm formation [10, 71].

Quorum Sensing in *P. aeruginosa* Biofilms

QS is an intercellular communication system that enables bacteria to sense their own population density [72]. QS systems rely on small signaling molecules; *N*-acyl-homoserine lactones for gram-negative bacteria, oligopeptides for gram-positive bacteria, and autoinducer-2 (AI-2) for both

classes of bacteria [72, 73]. QS systems not only sense population density, but also regulate a variety of traits, such as bacterial phenotype, spatial differentiation in biofilms, motility, and biofilm formation [74]. Genetic expression analysis also revealed that several hundred genes in *P. aeruginosa* are regulated by QS systems [75, 76].

There are four types of QS systems in *P. aeruginosa*; namely, *las*, *rhl*, PQS, and integrated QS (IQS) (Fig. 2). The *las*, *rhl*, and PQS systems have been extensively studied, and IQS was recently added to the *P. aeruginosa* QS system. The *las* QS system is involved in the production of *N*-3-oxo-dodecanoyl homoserine lactones (*N*-3-C12-HSL) by the signal synthase LasI, and sensing the signal by the receptor LasR, which activates transcription of target genes [77]. In the *rhl* QS system, RhlI of *P. aeruginosa* is involved in the synthesis of *N*-butanoyl-L-homoserine lactone (C4-HSL), and RhlR, the signal receptor, induces the target gene expression when C4-HSL binds to it [8, 77]. The role of QS systems in biofilm formation was reported first in 1998 by Davis and his colleagues in *P. aeruginosa* biofilms [74]. They demonstrated that a *lasI* mutant of *P. aeruginosa* only forms flat and undifferentiated biofilms, and the *rhlI* gene is known to be involved in the formation of a mushroom cap structure in *P. aeruginosa* biofilms and in the dispersal of biofilms by controlling the production of rhamnolipids [72, 78] (Fig. 2). Besides the biofilm formation, the *las* and *rhl* QS systems regulate numerous gene expressions, such as production of elastase, protease, rhamnolipids, and other virulence factors (Fig. 2). Another QS system of *P. aeruginosa* is the PQS system that senses 2-heptyl-3-hydroxy-4-quinolone (PQS) [72, 79]. The operon, *pqsABCDE*, is encoded for the synthesis of 2-heptyl-4-quinolone (HHQ), a precursor of PQS, and 2-alkyl-4-quinolone, and PqsH converts the HHQ to PQS. The PQS is recognized by the cognate receptor PqsR, and regulates PQS production [80]. The PQS system regulates eDNA release in biofilm formation and membrane vesicle production (Fig. 2) [27, 79, 81]. PQS influences many other metabolic processes in *P. aeruginosa*, such as iron chelation, redox homeostasis, elastase production, rhamnolipid production, membrane vesicle formation, and so on [27, 76, 82]. The importance of PQS in multispecies interaction has been discovered. For example, PQS inhibits the biofilm formation of *Streptococcus mutans* by inhibiting the attachment of *S. mutans* to the surface [83]. Other microorganisms can also affect the PQS regulation, such as farnesol from *Candida albicans* that can inhibit PQS synthesis by antagonizing the activity of PqsR [84].

The last QS system that had been discovered recently is

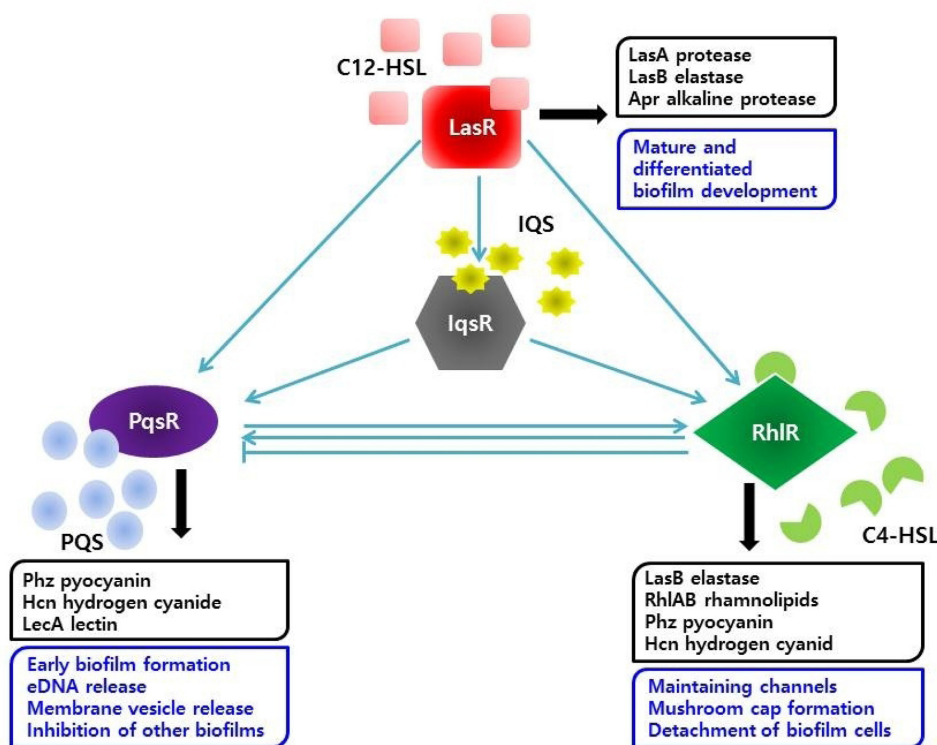


Fig. 2. Interactions between quorum sensing systems of *P. aeruginosa*.

Blue arrows represent an activation effect. The blue perpendicular line represents an inhibitory effect. Black arrows represent virulence factor outputs (black box) and functions in biofilm development (blue box).

IQS, which can integrate environmental stress cues into the QS. The QS molecule of the IQS system is 2-(2-hydroxyphenyl)-thiazole-4-carbaldehyde ($C_{10}H_7O_2NS$) [85]. The operon that encodes for IQS synthesis is *ambBCDE*. IQS regulates the production of PQS and C4-HSL, as well as of related virulence factors, such as elastase, rhamnolipids, and pyocyanin. IQS is regulated by *las* and the phosphate stress response regulator PhoB. Phosphate stress is a common stress when the bacteria infect hosts, and thus this stress activates the IQS system and results in the increase of bacterial virulence [76, 85]. These QS systems have hierarchical relationships among them. The *las* system possesses the highest position in the QS system where it regulates the *rhl*, PQS, and IQS systems [77, 86]. The *rhl* system is at the lowest level, regulated by all the other QS systems, and activates the many QS-related virulence factors. PQS is activated by *las* and IQS, and activates the *rhl* system. IQS is activated by *las* and regulates the PQS and *rhl* systems (Fig. 2) [76]. However, each QS system can also be activated by environmental factors, such as phosphate stress [87], starvation [88], low oxygen [77], low iron [89], and several host-derived factors [76, 85].

P. aeruginosa Biofilm Infections

Biofilms have become a major issue in the medical field because biofilm infections present high resistance not only to antibiotics, but also to the host immune response [19, 21, 29]. In addition, microbial pathogen biofilms are major causes of chronic infection [11]. Biofilm-associated infections can be divided into two categories. First are biofilm infections due to indwelling medical devices. For example, there are infections associated with central venous catheters, urinary catheters, prosthetic joints, peritoneal dialysis catheters, pacemakers, contact lenses, and intrauterine devices. The second are direct biofilm infections in host tissues, such as chronic pneumonia in CF patients, chronic otitis media, endocarditis, chronic osteomyelitis, chronic prostatitis, palindromic urinary tract infection, and gingivitis [90]. The major problem with biofilm infections in diverse medical settings is due to their outstanding resistance against various antibiotics and other disinfectants. The microbes in biofilms can be hundreds of times more resistant than their planktonic counterparts [62]. To obtain high antibiotic resistance, microbes in biofilms use several

biofilm-specific mechanisms, and these mechanisms are different than those commonly used by planktonic microbes. One of the biofilm-specific antibiotic-resistant mechanisms is the physical barrier provided by the ECM that retards the distribution of antibiotics into the biofilm. The distribution rate varies among the types of antibiotics and microorganisms in the biofilm [62, 91]. Biofilms also possess a sub-population called persister cells. The persister cells proliferate extremely slowly or stop growth altogether. This metabolic arrest could act as a resistance mechanism against strong external stress such as antibiotics [31]. Furthermore, if bacteria develop biofilms due to the starvation-induced stress response, the cells in the inner part of the biofilm are restricted with regard to oxygen and nutrient supply, which leads to the inhibition of growth and increase of amino acid synthesis for survival. This starvation-induced stringent response plays an important role in enhancing biofilm resistance [92]. Furthermore, glucan production and efflux pumps are known as antibiotic resistance mechanisms in biofilms. Ethanol oxidation, eDNA, and iron acquisition are thought to contribute to antibiotic resistance with mechanisms that are still unknown [62, 93–96].

P. aeruginosa can use the mechanisms mentioned above to infect and inhabit various sites of the human body. *P. aeruginosa* is notorious for causing pneumonia in the CF patient lung, and it is a primary cause of death of CF patients [97]. The *P. aeruginosa* biofilms in the CF lung consist of small aggregates encased in EPS. The biofilms induce inflammation of the infected lung by recruiting polymorphonuclear leukocytes [17, 18]. The biofilm can make the bacteria survive through the inflammation and aggressive antibiotic treatment, and cause persistent infection. The chronic inflammatory response against the infection causes tissue damage and eventually leads to lung failure [98].

Another *P. aeruginosa* biofilm infection is otitis media, an infection in the middle ear. It is very common among children and can cause serious inflammation that may lead to conductive hearing loss [99]. The biofilm consists of small microcolonies that contain less than a hundred bacteria. *P. aeruginosa* also cause chronic bacterial prostatitis, a bacterial infection of the prostate gland. It is a major cause of relapsed urinary tract infections in men. The microcolonies of *P. aeruginosa* are associated with the ductal wall of the prostate duct and cause the disease [98, 100]. One of the major problems of *P. aeruginosa* biofilm infection is chronic wound infection. Chronic wounds are normally associated with vascular abnormalities such as

decubitus ulcers, ischemic injuries, diabetic foot ulcers, and venous leg ulcers [99, 100]. These chronic wounds create suitable environments for bacteria to colonize since the skin barriers are compromised. The microbial infections in chronic wounds are multispecies infections, consisted of both aerobic and anaerobic bacteria. Among the isolated bacteria from the chronic wounds, *P. aeruginosa* and *Staphylococcus aureus* are the most common [101, 102]. *P. aeruginosa* exists in biofilms in the wounds, and locates in a deeper part of the wounds than *S. aureus*. Furthermore, chronic wounds with *P. aeruginosa* infection tend to be larger, more inflamed, and slower to recover [99, 101]. It could be due to the characteristics of the *P. aeruginosa* biofilm, such as type IV pili and flagella-mediated motility, and production of virulence factors that protect the bacteria from the host defense systems [98].

Another very important *P. aeruginosa* biofilm infection is those on medically implanted devices. *P. aeruginosa* is frequently isolated from infections on urinary catheters, intravascular catheters, artificial joints, and cochlear implants [96, 98]. Biofilms have been isolated from almost all medical device-related infections and are very difficult to remove. These infections are at a high risk of progression to systemic infections. The only treatment of biofilm infections on medical devices so far is the removal of the device.

***P. aeruginosa* in Multispecies Biofilms**

In the last three decades, there have been remarkable transitions in microbiology research from the study of pure planktonic cultures to that of biofilms, which is one step closer to the natural form of microbial living. However, much of biofilm research is still investigating pure single-species biofilms, even though pure-species biofilms do not mimic real world microbial biofilms. Multispecies biofilms are the major form in the environment and in the human host. Metagenomic analysis of the human microbiome revealed that there are thousands of bacterial species that reside in the human gastrointestinal tract, oral cavity, respiratory tract, skin, and vaginal tract [103]. Even though most species remain unculturable, they exist and interact with each other. Therefore, it is important to investigate multispecies biofilms and the microbial interactions that affect biofilm development and host health.

The interspecies interactions within biofilms involve QS systems, metabolic cooperation, or competition, and these interactions result in synergistic or antagonistic effects on the biofilms. Several studies demonstrated that interactions

in a polymicrobial biofilm affect the overall characteristics that enhance resistance or virulence [103–105]. For example, microbes in dental plaque undergo spatiotemporal interactions and alter the surroundings in order to promote pathogenic bacterial species to colonize and survive [106]. *Staphylococcus aureus* has been shown to increase infectivity and biofilm development when interacting with *C. albicans* in serum [105].

Among the QS systems, the autoinducer-2 (AI-2) system was identified in both gram-negative and gram-positive bacteria and is utilized in interspecies interactions [107, 108]. For instance, an increase in the level of AI-2 concentration induces polymicrobial biofilm formation of *Streptococcus oralis* and *Acinetobacter naeslundii* [109]. Another recently identified QS signal that influences interspecies interactions is the diffusible signal factor (DSF), a fatty acid signal [110]. DSF, secreted by *Stenotrophomonas maltophilia*, enhances polymyxin resistance and biofilm formation of *P. aeruginosa* [111]. In addition to the examples above, there are many complex interspecies interactions that influence antibiotic resistance, ECM production, or growth [103, 104, 112].

There have been several studies of *P. aeruginosa* in multispecies biofilms. Ghadakpour *et al.* [113] demonstrated that *P. aeruginosa* can successfully integrate and proliferate in multispecies biofilms, and they even showed that *P. aeruginosa* can utilize the multispecies biofilms as niches. Interspecies and interkingdom interactions between *P. aeruginosa* and other microorganisms are important for either microorganism to survive in the environments. For example, interactions between *P. aeruginosa* and *C. albicans* in a biofilm increase the synthesis of QS molecules, virulence factor production, and mutability to survive from host defense mechanisms [114]. *P. aeruginosa* and *S. aureus* are the major pathogens isolated from the lungs of CF patients. The interactions between *P. aeruginosa* and *S. aureus* promote biofilm formation in the flow condition. *S. aureus* releases eDNA for *P. aeruginosa* to form biofilms, and *P. aeruginosa* facilitates the microcolony formation of *S. aureus* [115]. In addition, *P. aeruginosa* protects *S. aureus* from phagocytic protozoa when they are co-cultured in biofilms [115]. Moreover, Mashburn *et al.* [116] showed that the transcription of iron-regulated genes of *P. aeruginosa* decreased when *S. aureus* was co-cultured in vivo. They suggested that *S. aureus* could be used as a source of iron for *P. aeruginosa* under iron-limiting condition. According to their investigation, *S. aureus* grows faster than *P. aeruginosa* during early iron-limited condition, and then *P. aeruginosa* lyses the *S. aureus* by a PQS-mediated mechanism, which

releases intracellular iron from *S. aureus* [116]. *P. aeruginosa* and *S. aureus* are frequently isolated from wound infections. Pastar *et al.* [101] demonstrated that the interaction of these two bacteria in the dual-species biofilm has a synergistic effect on the wound healing process, which is the significant delay of re-epithelialization by suppression of keratinocyte growth factor 1. *P. aeruginosa* also interacts with a common fungal respiratory pathogen, *Aspergillus fumigatus*, in the biofilm, and produces more elastase [117]. Thus, CF patients infected with both *P. aeruginosa* and *A. fumigatus* may display a poorer prognosis. The study of polymicrobial urinary tract infection with *P. aeruginosa* and *Enterococcus faecalis* revealed that *E. faecalis* aggravates pyelonephritis, caused by *P. aeruginosa*, which significantly curtailed the time to onset of the disease [118]. As shown above, all the multispecies biofilm infections with *P. aeruginosa* displayed increased virulence. However, studies of the multispecies biofilm are very limited owing to difficulties in experimental techniques. Therefore, it is important to develop new and easier experimental settings to study multispecies biofilms.

In conclusion, the pure planktonic culture method of microbiology had been the major and only method used to study microbiology for a long time. However, microbiologists realized the pure planktonic culture method does not represent the natural ecosystem, and it alters the actual physiology of the microorganisms. Thus, the concept of the biofilm emerged as a model to investigate more relevant bacterial lifestyles. Since then, the study of biofilms has rapidly advanced. This research has provided important physiological and molecular information about biofilm development and characteristics. Even though we have a better understanding of biofilms, there are still many limitations in the removal of biofilms from natural environments, industrial sites, or chronic infections. Research on multispecies biofilms and their interspecies interactions is essential to better understand biofilms. However, it is uncertain whether the knowledge and techniques for monospecies biofilm research are appropriate for the study of multispecies biofilms. Several new investigation tools have been introduced in genomics, proteomics, and microscopy for biofilm investigations, but much more research is needed in order to find optimal methods to study multispecies biofilms.

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