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Sinus augmentation using rhBMP-2loaded synthetic bone substitute with simultaneous implant placement in rabbits

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Sinus augmentation using rhBMP-2loaded synthetic bone substitute with simultaneous implant placement in rabbits

Directed by Professor Ui-Won Jung

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This certifies that the Doctoral Dissertation of Myung-Jae Joo is approved.

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저자 씀



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Abstract

Sinus augmentation using rhBMP-2-loaded synthetic bone substitute with simultaneous implant placement in rabbits

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Objective: The aim of this study was to determine the effect of recombinant human bone morphogenetic protein-2 (rhBMP-2) loaded synthetic bone substitute on implants that are simultaneously placed with sinus augmentation in rabbits.

Materials and methods: A circular access window was prepared in the maxillary sinus of rabbits (n = 5) for a bone graft around an implant (\emptyset 3 x 6 mm) that was simultaneously placed anterior to the window. RhBMP-2(0.1mg/ml) loaded synthetic bone substitute was placed on one side of the sinus for the experimental group, and saline-soaked synthetic bone substitute was placed on the other side of the sinus for the control group. After 4 weeks, block sections containing the augmented sinus and implants were obtained for analyses by micro computed tomography (CT) and histology.



Results: Osseointegration occurred between the implant and cortical bone, and newly formed bone lining the implant surface was observed in both micro CT and light microscopy. Volumetric analysis showed that the median amount of newly formed bone was significantly greater in the BMP group than the control group (51.6 mm³ and 46.6 mm³, respectively; P = 0.019). In the histometric analysis, the osseointegration height was also significantly greater in the BMP group at the medial

Conclusion: Within the limitations of the study, the implant simultaneously placed with sinus augmentation using rhBMP-2 loaded synthetic bone substitute can be successfully osseointegrated even when only a limited bone height is available during the early stage of healing.

surface of the implant (5.2 mm and 4.3 mm, respectively; P = 0.037).

Keywords: Sinus floor augmentation, dental implants, bone substitute, collagen, recombinant human bone morphogenetic protein-2



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I. Introduction

A dental implant can be either simultaneously placed (in a one-stage procedure) or placed at the second stage when the atrophic posterior maxilla is to be augmented by sinus floor elevation.^{1,2} If primary stability of the implant is achievable, the one-stage technique might be preferred for shortening the overall treatment period and skipping the second operation to place the implant.^{3,4} A randomized controlled clinical study found that the survival rate and peri-implant bone-level changes at 1 year after loading did not differ significantly between implants placed using one-and two-stage sinus graft procedures.⁵



While there are obvious advantages when using one-stage surgery, it might be very difficult to achieve primary stability of implants with this approach when there is a minimal bone height (< 3 mm) with poor bone quality in the posterior maxilla. In some cases the implants could be displaced into the maxillary sinus, causing maxillary sinusitis. However, improvements in surgical techniques as well as in technologies such as the characteristics of the implant surface, thread design and surgical devices make it easier for clinicians to achieve initial stability of the implant. Also, the development of bone substitute to promote bone regeneration and osseointegration provides a more predictable procedure along with allowing the extended application of the one-stage approach. Furthermore, many attempts have been made using growth factors (e.g., bone morphogenetic protein), which are known to induce rapid bone formation in the maxillary sinus.

Bone morphogenetic proteins require a carrier material that serves as a scaffold for cellular growth and attachment.¹⁰ There have been many reports on the osteopromotive effects of different carriers, with collagenated biphasic calcium phosphate (CBCP) having been used recently as a carrier material in a sinus augmentation model showing excellent osteoconductive properties.^{11,12} Brodie et al¹³ reported that CBCP increased the proliferation and survival rate of osteoblasts. Our previous quantitative and qualitative analyses using micro computed tomography (CT) and histology found that CBCP could be an appropriate carrier system.¹⁴

Several previous studies have focused on the augmented area without implant placement in a rabbit sinus model¹⁵⁻¹⁷, with sinus augmentation with



simultaneous implant placement in a rabbit sinus model rarely being studied.¹⁸ We considered it important to determine whether implant osseointegration is achieved with and without recombinant human bone morphogenetic protein-2 (rhBMP-2) loading during the early stage of healing. The aim of this study was therefore to determine the effect of rhBMP-2-loaded CBCP on simultaneous implant placement with sinus augmentation in rabbits.



II. Materials and methods

Experimental Animals

Five male New Zealand white rabbits weighing between 2.5 kg and 3.0 kg were selected as the experimental model. The number of animals was determined from newly formed bone volume data of our previous study¹⁴ and required to have 95% chance of detecting, as significant at the 5% level. Animals were kept in separate cages under standard laboratory conditions with ad libitum access to a diet of standard laboratory pellets and water. Animal selection and care, the preparation procedures, and the surgical protocols were certified by the Institutional Animal Care and Use Committee, Yonsei Medical Center, Seoul, Korea (approval no. 2011-0262).

Experimental Materials

Experimental implants

The acid-etched and sandblasted rough-surface implants used in the study (Dentium, Seoul, Korea) had a cylindrical shape with dimensions of $\emptyset 3 \times 6$ mm (Figure 1A).



Preparation of rhBMP-2 and assessment of bioactivity

RhBMP-2 supplied by the Genoss Institute (Suwon, Korea) was extracted from inclusion bodies at room temperature, refolded and concentrated. The protein was ultimately purified by heparin-affinity chromatography, filtered and then freezedried. Mouse bone-marrow stromal cells and fetal bovine serum were incubated. RhBMP-2 was added at various concentrations to 1 ml of fresh medium after removing the supernatant. RhBMP-2 activity was determined using the Alkaline Phosphatase Assay Kit (BioVision, Milpitas, CA, USA) after further cultivation. The absorbance at 405 nm was recorded after 20 min of incubation at 37°C. The activity was related to the protein content in each sample using a BCA protein assay (Pierce, Rockford, IL, USA).

Preparation of rhBMP-2-loaded CBCP

CBCP (Osteon Collagen, Genoss Institute) with a particle size of 0.3–0.5 mm was used as the carrier of rhBMP-2 in this study. This carrier was a cylindrical shaped bone filler (\emptyset 6.0 × 5.0 mm) composed of synthetic bone (70% hydroxyapatite, 30% β -tricalcium phosphate and a natural type I collagen). RhBMP-2 (0.1 mg/ml) was diluted in a buffer, and 0.2 ml of this rhBMP-2 solution was loaded onto particles of CBCP for the experimental (BMP) group, while CBCP was soaked in saline only for the control group.



Experimental Design

Two groups were allocated into both sinuses of rabbit, respectively. In each animal, CBCP soaked with saline was placed on one side of the maxillary sinus for the control group, while CBCP loaded with rhBMP-2 was inserted on the other side for the BMP group. The BMP and control groups were placed at random. After bone grafting, two implants were placed at 3 mm anterior to the holes in the left and right lateral walls, respectively. The sample size per group was five.

Surgical Procedures

All surgeries were performed under general anesthesia with additional infiltration anesthesia being applied to the nasal dorsum. Protocols reported by Kim et al¹⁴ were used to prepare the access window and elevate the sinus membrane (SM). After the nasal dorsum of each rabbit was shaved, the surgical field was disinfected with iodine solution. The dorsal surface of the nasal bone was exposed by making a midline incision on the skin and periosteum. A trephine bur (C-reamer, Neobiotech, Seoul, Korea) was used to form two circular holes with diameters of 5.5 mm on the two sides of the nasal bone. The SM was elevated to the hole approximately 10 mm anteriorly. While protecting the SM using a surgical curette, the implant sites were drilled to a diameter of 3 mm in front of the holes using a pilot drill followed by a



final drill (2.7 mm in diameter). CBCP with rhBMP-2 or saline was packed into the hole anteriorly towards the implant site before inserting the implants. Two implants were inserted manually into the cortical bone until they were seated up to their shoulder (Figure 1B). The holes were covered with periosteum. The skin and periosteum were sutured with glyconate absorbable monofilament (4-0 Monosyn, B-Braun, Aesculap, PA, USA). At 4 weeks after surgery, the rabbits were sacrificed using an overdose of anesthesic.

Radiographic Analysis

Including the implant and surrounding tissues, all specimens were fixed in 10% formalin for 10 days, and then images were obtained using a high-resolution micro CT system (SkyScan 1173, SkyScan, Aartselaar, Belgium) at a resolution of 35 µm (achieved using 100 kV and 100 µA). The specimens were analyzed for the remaining bone substitute material and newly formed bone according to 8-bit greyscale values from 100 to 255 and from 70 to 100, respectively. The On-Demand three-dimensional (3D) software (Cybermed, Seoul, Korea) was utilized to obtain 3D images for making volume measurements of the overall augmented region, newly formed bone, implant and remaining particles of graft materials within the entire region of interest.



Histologic and Histomorphometric Analyses

The fixed specimens were dehydrated in ethanol, embedded in methacrylate and sectioned in the centre of the augmented sinus at the sagittal plane using a diamond saw (Exakt, Apparatebau, Norderstedt, Germany). The final thickness of the reduced central section was about 20 µm. Each section was stained with hematoxylineosin. The histological slides were observed and captured digitally under a light microscope (BX50, Olympus, Tokyo, Japan).

Histomorphometric measurements were made with the aid of an automated image-analysis system (ImagePro Plus, Media Cybernetics, Silver Spring, MD, USA). Linear measurements including the augmented height (AH) and protruding height (PH) into the sinus pouch of the implant were made on each section. The cortical bone height (CBH) and the distance from the basal cortical bone to the highest point of osseointegration (OH) were measured on both the medial and lateral sides of the implant (Figure 2). Characteristics of the total augmented area such as the areas of newly formed bone, residual materials, non-mineralized tissue and implant were separately and manually traced and calculated. The ratios of the total length of bone contact to the implant thread length (also known as BIC) in the section were also obtained.



Statistical Analysis

The statistical analysis was performed using the R statistical software (version 3.2.2, http://www.r-project.org). The non-parametric mixed model was used for comparing radiographic and histomorphometric parameters between two groups. ¹⁹ The cut-off for statistical significance was set at P < 0.05. Bonferroni correction was used for multiple comparisons.



III. Results

Clinical Findings

During the surgical procedure, rigid fixation was achieved for all implants by manual insertion into the cortical bone. The sinus augmentation surgery with simultaneous implant placement was performed without any significant problems such as SM perforation in all of the experimental animals. All of the animals survived until the planned time and their wounds healed without any specific events.

Radiographic Analysis: micro CT

At 4 weeks there were no instances of perforation in the augmented pouches in the BMP and control groups, and they were filled evenly with the remaining bone substitute and newly formed bone in both coronal and sagittal micro CT sectional views. In both groups the inserted part of the implant was thoroughly enveloped by newly formed bone and bone substitutes in cross-sectional views (Figure 3). The amount of newly formed bone on the apex of the implant was greater in the BMP group than the control group. The remaining bone substitute was distributed more laterally than medially in sagittal views and more anteriorly than posteriorly in



coronal views in both groups. The median augmented volume was significantly greater in the BMP group than the control group (153.5 mm³ and 116.1 mm³, respectively; P = 0.034), as was the median newly formed bone volume (51.6 mm³ and 46.6 mm³, P = 0.019; Table 1).

Histologic and Histomorphometric Analyses

The maxillary sinus pouch was enveloped by a thin cortical layer and respiratory mucosa. The SM was intact, and there were no signs of inflammation. Osseointegration of the implant was evident throughout the cortical bone area in all specimens. The newly formed bone appeared to form from the cortical bone towards the implant apex along the implant surface and around the residual bone substitute. Newly formed bone was observed evenly in the hole to the SM in the BMP group, but mainly in the hole to middle parts of the augmented pouch in the control group (Figure 4). The contact between newly formed bone and implant medial surface was positioned more apically in the BMP group. The trabecular pattern of bone formation did not show any significant histological differences between the BMP and control groups. The intertrabecular space was filled with fibrovascular tissue and bone marrow in both groups (Figure 5).

The linear measurements performed in the histomorphometric analysis revealed that the median CBH was 0.50 mm in both the BMP and control groups. The



AH of the maxillary sinus pouch was significantly greater in the BMP group than the control group (6.4 mm and 6.0 mm, respectively; P=0.004). The OH was significantly greater in the BMP group than the control group at the medial surface of the implant (5.2 mm and 4.3 mm, respectively; P=0.037), but it did not differ significantly at the lateral surface of the implant (5.3 mm and 4.6 mm, P=0.123; Table 2).

None of the measured areas differed significantly between the BMP and control groups (P > 0.05, Table 3); this was also the case for BIC (25.3% and 24.7%, respectively; P > 0.05).



IV. Discussion

The present study evaluated the effect of rhBMP-2-loaded CBCP on bone formation of sinus augmentation with simultaneous implant placement in rabbits. In the surgical phase, rigid fixation of the implants was achieved in rabbit sinuses with a median CBH of 0.5 mm. At 4 weeks after the surgery, augmented bone substitute and implants were localized in sinus pouches without any complications, and newly formed bone had formed from cortical bone to the apical portion of the implants. The augmented volume, newly formed bone volume, AH and OH were greater in the BMP than the control group, but there was no intergroup difference in BIC. These results support that the use of rhBMP-2-loaded CBCP allows successful implantation with sinus augmentation even when only a minimal bone height is available during the early stage of healing.

The previous study was performed to graft 0.1 mg/ml rhBMP-2-loaded CBCP into rabbit sinus, and significantly larger volumes of augmented and newly formed bone were founded in the experimental group than the control group 4 weeks later. ¹⁴ It was speculated that postoperative swelling induced by rhBMP-2 would result in a larger initial augmented volume, which could subsequently be replaced by accelerated bone formation. Such early corticalization of the SM surrounding area can resist the positive respiratory pressure and thereby reduce volumetric shrinkage. As a further series, the present study performed simultaneous implant placement with sinus



augmentation. Despite the same rhBMP-2 concentration and dosage being applied in the present study, the differences in volume appeared to be smaller than in the previous study. This was attributed to the effects of rhBMP-2 not only on early corticalization of the SM but also on new bone formation in the peri-implant area. Several studies have found that rhBMP-2 contributes to new bone formation around the implant, thereby supporting this role of rhBMP-2. Therefore, a higher concentration and dosage of rhBMP-2 might be needed in order to achieve results similar to those in the previous study.

The early stability of the implant is determined by the peri-implant bone quantity and maturity²³, which could be predictive of the long-term prognosis of the implant. When an implant is placed, the new bone formation appears to start from the original cortical bone of the sinus wall and progress towards the center in the apical direction.⁹ Newly formed cortical bone could play a similar role to the original cortical bone. In the present study, the OH-to-PH ratios were 103.5% and 97.3% medially and laterally, respectively, in the BMP group, and 83.7% and 89.3% in the control group. This indicates that almost the entire height of implant was covered by newly formed bone in the BMP group. RhBMP-2 was effective in bone formation on the medial surface of the implant, which was closer to the axial wall²⁴, resulting in rhBMP-2 stimulating angiogenesis through the chemotaxis of endothelial cells and osteoblasts that exist in cortical bone and around the SM.²⁵ It is therefore suggested that rhBMP-2 accelerates peri-implant bone formation and thereby enhances the early stability of the implant.



Comparing with the BIC values of Kim et al¹⁸ (11.3% for blood clots, 23.0% for autogenous bone and 29.0% for bovine-derived hydroxyapatite), BIC of CBCP grafting was similar to autogenous bone grafting regardless of whether or not rhBMP-2 was used (25.3% for BMP and 24.6% for control). It seems that rhBMP-2 itself was not effective in directing newly formed bone to contact the implant surface. Wikesjo et al²⁰ found no significant difference in BIC when rhBMP-2 and absorbable collagen sponge were applied to supra-alveolar defects of mongrel dogs for 8 weeks. However, a histological analysis revealed that rhBMP-2 affected new bone formation more widely on the implant surface. A wider area of newly formed bone means that more of the implant surface will be covered, which can increase the implant stability. Fixation at the cortical bone is always important for initial stability of an implant.²⁶ However, one of the main disadvantages of one-stage implantation is the possibility of fixation failure leading to displacement of the fixture into the maxillary sinus. In the present study model, the implant was fixed to thin cortical bone (less than 0.5 mm thick, representing less than 10% of the fixture length) by manipulation and modification of the implant design such as the inclusion of a crestal shoulder and microthreading in the cortical contact area. Also, adding rhBMP-2 to CBCP can achieve secondary stability via new bone formation around the implant surface, as discussed above.

The volume but not the area differed significantly between the two study groups. This could have been due to the smallness of the sample and variations in the areas selected for analysis. The limitations of the present study include the smallness



of the sample and performing measurements at a single point in time. Therefore, future studies should include larger samples and obtain results at various time points. Although the rabbit sinus model has a strong osteogenic potential for observing the effects of rhBMP-2 on a sinus graft after 4 weeks, the bone contact around the implant should also be observed during the later stage of healing; that is, after more than 4 weeks.

In conclusion, an implant simultaneously placed with sinus augmentation using rhBMP-2-loaded synthetic bone substitute can be successfully osseointegrated even when there is a limited height of bone available during the early stage of healing, thereby achieving a reduced healing time when cortical fixation is obtained.



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Figure Legends

Figure 1. (A) Photograph of the implant used in this study. (B) Two implant sites and holes were prepared bilaterally. Venous-blood-filled parts of the sinus after placing the implants. (Ant, anterior; Post, posterior).

Figure 2. Schematic showing the measured parameters. (Med, medial; Lat, lateral; CBH, cortical bone height; AH, augmented height; PH, protruding height; OH, distance from the basal cortical bone to the highest point of osseointegration).

Figure 3. Radiographic findings in micro computed tomography. False-color representation of radiographic findings in a cross-sectional view. Note that the augmented bone substitutes (green) are well maintained within the maxillary sinus, and that the implants are thoroughly enveloped by newly formed bone (purple) and augmented bone substitutes. (A and B) BMP group; (C and D) Control group. (A and C) are coronal views, while (B and D) are sagittal views.

Figure 4. Histological photomicrographs of the total augmented area after 4 weeks of healing. (A) BMP group. (B) Control group. The osseointegration of the implant was evident throughout the cortical bone area in both groups. (CB, cortical bone; RBS, residual bone substitute; hematoxylin-eosin [H&E], the scale bar = 1 mm).



Figure 5. Histological photomicrographs of the apical area after 4 weeks of healing. (A) BMP group. (B) Control group. More new bone formed around the apex of the implant in the BMP group than the control group. (SM, sinus membrane; NB, newly formed bone; H&E, the scale bar = $500 \mu m$).



Tables

Table 1. Volumetric measurements from micro-CT data (Median [min, max]; mm³)

	NB	RBS	Implant	Augmented	Total
BMP	51.6 a	30.0	95.7	153.5 b	249.2
	[43.9, 59.2]	[27.4, 37.4]	[93.4, 101.7]	[98.9, 181.3]	[200.7, 276.5]
Control	46.6	33.4	101.5	116.1	218.6
	[34.5, 48.7]	[28.2, 37.1]	[97.8, 102.5]	[104.6, 121.1]	[208.0, 249.8]
<i>P</i> -value	0.019	0.476	0.127	0.034	0.095

Note: NB, newly formed bone; RBS, remaining bone substitute.

 $^{^{\}text{a, b}} \, Significantly greater than control group (P < 0.05)$



Table 2. The histomorphometric linear measurements in the augmented pouch (Median [min, max]; mm)

	AH	PH	СВН		ОН	
			Medial	Lateral	Medial	Lateral
BMP	6.4 ^a	5.2	0.5	0.5	5.2 ^b	5.3
	[6.1, 6.4]	[5.0, 5.4]	[0.4, 0.6]	[0.3, 0.6]	[4.3, 5.7]	[4.7, 5.4]
Control	6.0	5.4	0.5	0.5	4.3	4.6
	[5.5, 6.3]	[5.1, 5.4]	[0.4, 0.6]	[0.4, 0.6]	[3.7, 5.1]	[4.3, 4.9]
<i>P</i> -value	0.004	0.908	0.804	0.285	0.037	0.123

Note: AH, augmented height; PH, protruding height; CBH, cortical bone height; OH, the most highest osseointegrated point to cortical bone base length.

^a Significantly greater than control group (P < 0.01)

 $^{^{\}text{b}}\!$ Significantly greater than control group on medial surface (P $\!<$ 0.05)



Table 3. The histomorphometric area measurements in the augmented pouch (Median [min, max]; mm²)

	NB	RBS	Soft tissue	Implant	Total
ВМР	2.0	4.4	10.9	13.4	30.2
	[1.2, 3.5]	[0.6, 4.8]	[10.3, 12.1]	[10.4, 14.1]	[25.5, 34.5]
Control	1.9	3.0	10.5	13.6	29.8
	[0.9, 2.9]	[2.7, 5.8]	[7.0. 12.4]	[13.4, 13.8]	[26.4, 32.6]
<i>P</i> -value	0.794	0.908	0.598	0.270	0.587

Note: NB, newly formed bone; RBS, remaining bone substitute.



Figures

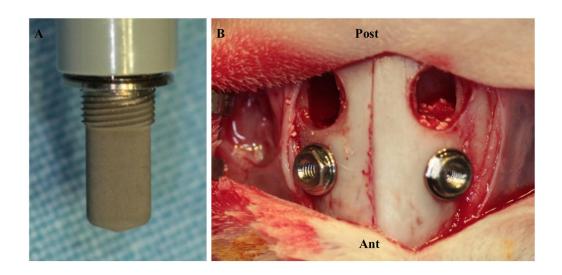


Figure 1



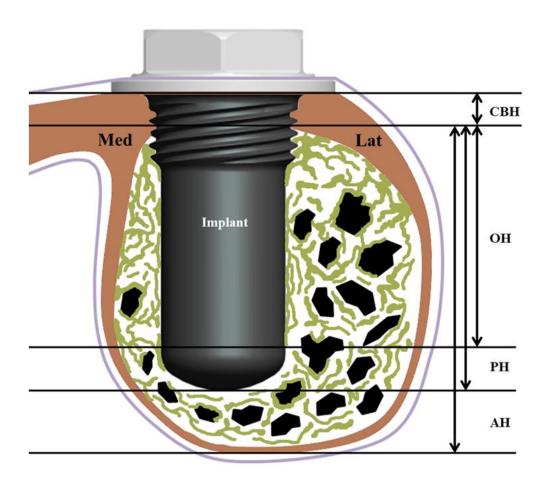


Figure 2



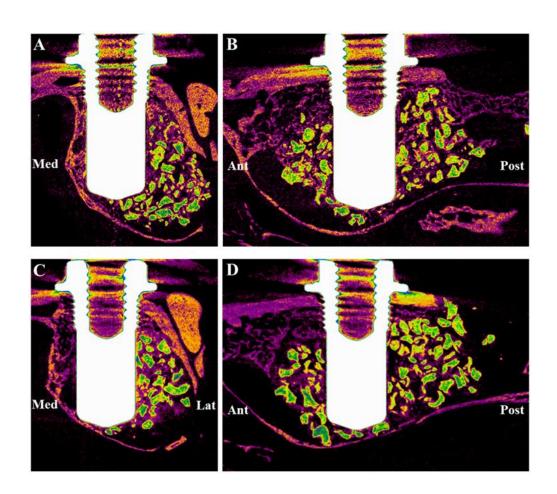


Figure 3



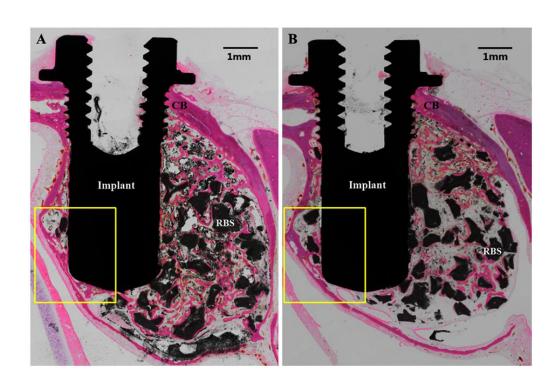


Figure 4



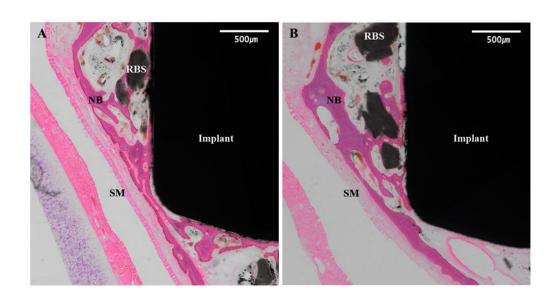


Figure 5



국문요약

토끼에서 rhBMP-2 동반하여 합성골 적용한 상악동 증대술과 임플란트 동시식립

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임플란트 식립에 있어 상악 후방 무치악 부위는 상악동의 함기화, 치조골의 흡수 등으로 인하여 수직적인 공간의 부족을 흔하게 보인다. 수직적인 공간을 확보하기 위하여 임플란트 식립 전 상악동 증대술을 주로 시행하며 대개 식립 전까지 4 개월 이상의 치료기간이 추가로 필요하다. 추가로 필요한 기간을 단축하기 위하여 상악동 증대술과 동시에 임플란트를 식립하는 방법이 있으며 동시 식립 후 안정적인 초기치유가 중요하다. 본 연구는 토끼 상악동에 임플란트 식립 시 골형성유도단백질-2 (rhBMP-2)가 적용된 collagenated biphasic calcium phosphate (CBCP)를 골이식재로 사용한 상악동 증대술을 동시에 시행함으로써 초기치유기간에서 rhBMP-2 의 효과를 확인해보기 위하여 계획되었다.



총 5 마리의 토끼을 대상으로 상악동 양측에 골이식을 위한 창을 형성하고 전방으로 임플란트(ø3 x 6 mm)를 수조작을 통해 고정을 확인하며 식립하였다. 상악동 좌우로 실험군에는 rhBMP-2 가 적용된 CBCP 를, 대조군에는 생리식염수가 적용된 CBCP 를 각각 이식하였다. 4 주 후, 방사선학적으로 2 차원적인 단면영상과 3 차원적인 재건영상을 통해 증대된 부피, 신생골의 부피 등을 분석하고, 조직계측학적으로는 선형분석으로 피질골의 두께, 골-임플란트 접촉, 임플란트 플랫폼으로부터 신생골 형성 근단부까지의 거리(내측 및 외측), 임플란트 플랫폼으로부터 증대된 상악동 경계까지의 거리를 측정하였으며, 면적분석으로 신생골양, 잔존 골대체제양, 광화조직양, 섬유혈관조직양을 분석하였다.

방사선 및 조직학적 관찰에서 양쪽 군 모두 임플란트와 피질골과의 골유착이 이루어졌으며 임플란트 근단부를 향하여 신생골이 선상으로 형성되는 것을 확인 할 수 있었다. 부피 분석에서 실험군(51.6 mm³)이 대조군(46.6 mm³)보다 신생골 형성이 더 많았다. 골-임플란트 접촉은 통계학적으로 유의한 차이가 나지 않았으나 임플란트 플랫폼으로부터 신생골 형성 근단부까지의 거리는 내측에서 실험군(5.2 mm)이 대조군(4.3 mm)보다 통계적으로 유의하게 크게 나타났다.

이상의 연구를 통해, 상악 후방 무치악에서 수직적 공간이 부족한 부위의 rhBMP-2 적용 합성골의 상악동 거상술과 동시에 임플란트 식립을



시행하는 것은 초기 회복 시기에서 성공적인 골유착을 가능하게 함을 확인할 수 있었다.

핵심되는 말 : 상악동 증대술, 치과 임플란트, 골대체제, 교원질,

골형성 단백질-2