Prognostic Significance of ^{18}F-FDG Uptake in Hepatocellular Carcinoma Treated with Transarterial Chemoembolization or Concurrent Chemoradiotherapy: A Multicenter Retrospective Cohort Study

Jeong Won Lee[1], Jin Kyoung Oh[2], Yong An Chung[2], Sae Jung Na[3], Seung Hyup Hyun[4], Il Ki Hong[5], Jae Seon Eo[6], Bong-Il Song[7], Tae-sung Kim[8], Do Young Kim[9], Seung Up Kim[9], Dae Hyuk Moon[10], Jong Doo Lee[11], and Mijin Yun[12]

[1]Department of Nuclear Medicine, International St. Mary's Hospital, Catholic Kwandong University College of Medicine, Incheon, Korea; [2]Department of Radiology, Incheon St. Mary's Hospital, College of Medicine, The Catholic University of Korea, Incheon, Korea; [3]Department of Radiology, Uijeongbu St. Mary's Hospital, The Catholic University of Korea, Seoul, Korea; [4]Department of Nuclear Medicine, Samsung Medical Center, Sungkyunkwan University School of Medicine, Seoul, Korea; [5]Department of Nuclear Medicine, Kyung Hee University Hospital, School of Medicine, Kyung Hee University, Seoul, Korea; [6]Department of Nuclear Medicine, Korea University Guro Hospital, Seoul, Korea; [7]Department of Nuclear Medicine, Dongsan Medical Center, Keimyung University School of Medicine, Daegu, Korea; [8]Department of Nuclear Medicine, National Cancer Center Research Institute and Hospital, Gyeonggi-do, Korea; [9]Department of Internal Medicine, Institute of Gastroenterology, Yonsei University College of Medicine, Seoul, Korea; [10]Department of Nuclear Medicine, University of Ulsan College of Medicine, Asan Medical Center, Seoul, Korea; [11]Department of Radiology, International St. Mary's Hospital, Catholic Kwandong University College of Medicine, Incheon, Korea; and [12]Department of Nuclear Medicine, Yonsei University College of Medicine, Seoul, Korea

This study aimed to assess the prognostic value of ^{18}F-FDG uptake in hepatocellular carcinoma (HCC) patients who had transarterial chemoembolization (TACE) or concurrent intraarterial chemotherapy with external-beam radiotherapy (CCRT) and to compare the prognosis between patients treated with TACE and those with CCRT according to ^{18}F-FDG uptake. **Methods:** Two hundred fourteen intermediate–to–advanced-stage HCC patients without extrahepatic metastasis who underwent staging ^{18}F-FDG PET/CT before TACE (153 patients) or CCRT (61 patients) were recruited from 7 hospitals. Progression-free survival (PFS) and overall survival (OS) were compared using an optimal cutoff value for tumor-to-normal liver uptake ratio (TLR). Further, PFS and OS were compared according to treatment modalities (TACE vs. CCRT) using the same TLR cutoff value. **Results:** On multivariate analysis, age and TLR were independent prognostic factors for PFS ($P < 0.050$). For OS, Child–Pugh classification and TLR were independent prognostic factors ($P < 0.050$). When the TLR was greater than 2.0, patients treated with CCRT showed significantly better PFS and OS than those treated with TACE after adjusting for tumor size and number ($P = 0.014$, for all). In contrast, there was no significant difference in PFS and OS between patients treated with TACE or CCRT when the TLR was 2.0 or less. **Conclusion:** ^{18}F-FDG uptake was an independent prognostic factor for PFS and OS in HCC patients treated with TACE or CCRT. Especially, in HCCs with high ^{18}F-FDG uptake, patients treated with CCRT showed better survival than those treated with TACE.

^{18}F-FDG PET/CT may help determine the treatment modality for intermediate–to–advanced-stage HCCs.

For patients with hepatocellular carcinoma (HCC), the Barcelona Clinic Liver Cancer (BCLC) staging system has been used to select the optimal treatment and predict the prognosis (1). In patients with very early–to–early stage HCC, curative surgical resection can be performed, and a 5-y survival rate of more than 60% has been reported (2). With only about 30% of patients able to undergo curative treatments, most HCC patients are referred for noncurative treatments (1,3). For intermediate–to–advanced-stage HCC patients without extrahepatic metastasis, transarterial chemoembolization (TACE) is the first-line treatment (1,4,5); however, diverse treatment modalities have been used to improve the treatment response and prognosis (6,7). Local radiotherapy has been effective in controlling HCC progression (8), and concurrent intraarterial chemotherapy with external-beam radiotherapy (CCRT) has recently been considered as an attractive alternative treatment strategy for locally advanced HCC (9–11).

^{18}F-FDG PET/CT has been effective for staging and detecting extrahepatic metastasis and recurrence in HCC patients, although ^{18}F-FDG PET/CT shows low sensitivity for detecting intrahepatic HCCs (12–14). More importantly, as the degree of ^{18}F-FDG uptake is associated with tumor differentiation and aggressiveness (15,16), treatment response and prognosis appear to differ between HCCs with high and low ^{18}F-FDG uptake (17,18). However, no study has

evaluated the potential of ^{18}F-FDG uptake in deciding treatment modalities with better prognosis in HCC patients.

The purpose of this retrospective multicenter cohort study was to assess the prognostic value of ^{18}F-FDG uptake in intermediate–to–advanced-stage HCC patients without extrahepatic metastasis and to compare prognosis between patients treated with TACE and those treated with CCRT as an initial treatment according to ^{18}F-FDG uptake.

MATERIALS AND METHODS

Patients

This retrospective, multicenter cohort study was approved by the institutional review boards of 7 participating university hospitals (Dongsan Medical Center, Incheon St. Mary's Hospital, Kyung Hee University Hospital, Samsung Medical Center, Seoul St. Mary's Hospital, Uijeongbu St. Mary's Hospital, and Yonsei University Health System), and the requirement to obtain informed consent was waived.

We retrospectively reviewed the medical records of 847 patients with HCC who underwent staging ^{18}F-FDG PET/CT before treatment between January 2009 and December 2010 at the 7 participating institutions (Supplemental Table 1; supplemental materials are available at http://jnm.snmjournals.org). Of these patients, 214 patients were enrolled in the study according to the following inclusion criteria (Fig. 1): patients with HCC diagnosis by histopathology or noninvasive diagnostic criteria of the American Association for the Study of Liver Disease guidelines (3), no treatment before ^{18}F-FDG PET/CT, BCLC stage B or C, no extrahepatic metastasis on staging work-up studies, and patients who underwent TACE or CCRT as an initial treatment. Routine staging work-up including physical examination, blood tests, contrast-enhanced liver CT, ^{18}F-FDG PET/CT, and liver MRI (if needed) were completed before initial treatment. All the clinical data of enrolled patients were collected and managed with an Internet-based Clinical Research and Trial Management System of the Korea National Institute of Health.

^{18}F-FDG PET/CT

^{18}F-FDG PET/CT was performed with a dedicated PET/CT scanner (Discovery Ste [GE Healthcare] for Dongsan Medical Center, Incheon St. Mary's Hospital, Samsung Medical Center, and Yonsei University Health System; Gemini TF16 [Philips Healthcare] for Kyung Hee University Hospital; Biograph TruePoint [Siemens Healthcare] for Seoul St. Mary's Hospital, Uijeongbu St. Mary's Hospital, and Yonsei University Health System; and Biography Duo [Siemens Healthcare] for Seoul St. Mary's Hospital). All patients fasted for at least 6 h before intravenous administration of ^{18}F-FDG, and the blood glucose levels of enrolled patients, which were measured before the injection of ^{18}F-FDG, were 140 mg/dL or less. A dose of 5.5 MBq/kg of ^{18}F-FDG was intravenously administered for Discovery STe and 6.0 MBq/kg for Biograph TruePoint and Biograph Duo, and 333 MBq of ^{18}F-FDG were administered for Gemini TF16. In all institutions, 60 min after injection of ^{18}F-FDG, a PET/CT scan was acquired from the cerebellum to the proximal thighs. First, a CT scan was obtained without contrast enhancement. Immediately after CT acquisition, a PET scan was obtained in 3-dimensional mode. PET images were reconstructed with an iterative reconstruction algorithm using CT images for attenuation correction.

TACE and CCRT

In patients without portal vein tumor thrombosis, TACE was considered to be the standard treatment; however, in patients with large tumors of 10.0 cm or more, CCRT was recommended. In patients with portal vein tumor thrombosis, TACE or CCRT was recommended according to the clinical conditions of the patients. The median interval between ^{18}F-FDG PET/CT and the initial treatment was 3.0 d (range, 1.0–45.0 d). For patients treated with TACE, celiac and superior mesenteric angiography was initially performed to evaluate tumor-feeding arteries and portal vein tumor thrombosis. Afterward, the feeding artery was selectively catheterized and the chemotherapeutic agents were administered as an oil emulsion, followed by the embolic materials. In patients with residual viable HCC on follow-up imaging studies, repeated TACE was performed. For patients treated with CCRT, 3-dimensional conformal radiotherapy was initially performed at a total dose of 45 Gy in 25 fractions of 1.8 Gy over 5 wk. Concurrent continuous-infusion hepatic arterial 5-fluorouracil was delivered during the first and fifth weeks of radiotherapy through a percutaneous hepatic arterial catheter. One month after CCRT, 5-fluorouracil and cisplatin were administered every 4 wk for 3–12 cycles according to treatment response. After initial treatment, all patients were closely monitored based on physical examinations, serum α-fetoprotein (AFP) level, and liver CT. The median duration of clinical follow-up was 10.7 mo (range, 0.3–67.4 mo).

Image Analysis

The ^{18}F-FDG PET/CT, contrast-enhanced liver CT, and liver MR images of 847 HCC patients were transferred using the Digital Imaging and Communications in Medicine protocol and stored on a server at the designated center (National Cancer Center, Goyang-si Gyeonggi-do, Korea). The PET/CT images of 214 patients enrolled in the study were retrospectively reviewed by 2 board-certified nuclear medicine physicians. Discrepancies between the interpreters were resolved by a consensus reading. First, the PET/CT and contrast-enhanced CT images of all patients were visually assessed and registered using a fusion module provided by the commercially available imaging software (MIM-6.4; MIM Software Inc.). Afterward, a spheric-shaped volume of interest was drawn for each HCC on contrast-enhanced CT images, and the SUV_{max} was calculated as follows: (decay-corrected activity [kBq]/tissue volume [mL])/(injected ^{18}F-FDG activity [kBq]/body mass [g]). In patients with multiple HCC lesions, the tumor showing the highest SUV_{max} was measured. For the measurement of ^{18}F-FDG uptake in the normal liver, 3 spheric-shaped, 1-cm-sized volumes of interest were drawn in the liver, 2 in the right lobe, and 1 in the left lobe, at a location for which the HCC was not
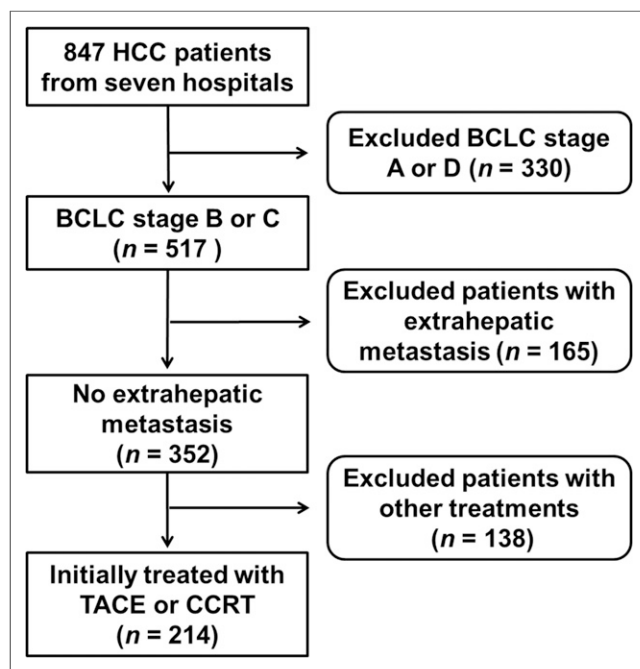

FIGURE 1. Flowchart of patient selection.

detected on contrast-enhanced CT or MRI. The SUV_{mean} of the 3 volumes of interest was calculated and defined as the SUV_{mean} of the normal liver. The uptake ratio of SUV_{max} of HCC to mean SUV_{mean} of the normal liver (tumor–to–normal liver uptake ratio [TLR]) was calculated for each patient.

Statistical Analysis

Characteristics of patient groups treated with TACE or CCRT were compared using the Student t test and the χ^2 test. Kaplan–Meier survival analysis was performed to calculate the cumulative progression-free survival (PFS) and overall survival (OS). Survival time was defined as the time from initial treatment to the date of the detection of disease progression (for PFS) or death (for OS) or to the date of the last follow-up visit. Disease progression was defined as progressive disease ($\geq 20\%$ increase in the size of known HCC lesions from baseline or occurrence of newly developed metastases on follow-up imaging studies) according to RECIST, version 1.1. The prognostic values of the variables were assessed using a log-rank test in univariate analysis and a Cox proportional hazards regression test in multivariate analysis. All continuous variables were dichotomized according to specific cutoff values. The optimal cutoff values were determined using receiver-operating-characteristic curve analysis. Cumulative PFS and OS stratified by the TLR cutoff value were compared between the patients treated with TACE and those with CCRT using Kaplan–Meier survival analysis with a log-rank test. Statistical analyses were performed using SPSS (version 20.0 for Windows, SPSS Inc.), and P values less than 0.050 were considered statistically significant.

RESULTS

Patient Characteristics

The characteristics of enrolled patients are shown in Table 1. Of 214 patients, 108 patients (50.5%) had portal vein tumor thrombus and were classified as BCLC stage C, whereas the remaining 106 patients (49.5%) were stage B. As an initial treatment, 153 patients (71.5%) underwent TACE and the remaining 61 patients (28.5%) underwent CCRT. The patient group treated with CCRT (Fig. 2) had a significantly larger tumor size, higher TLR, and higher proportion of portal vein tumor thrombosis ($P < 0.050$); meanwhile, the patient group with TACE (Fig. 3) showed a higher proportion of multiple tumors ($P < 0.001$). During follow-up, 152 patients (71.0%) experienced disease progression, and 172 patients (80.4%) died. The median PFS and OS were 7.5 and 12.4 mo, respectively.
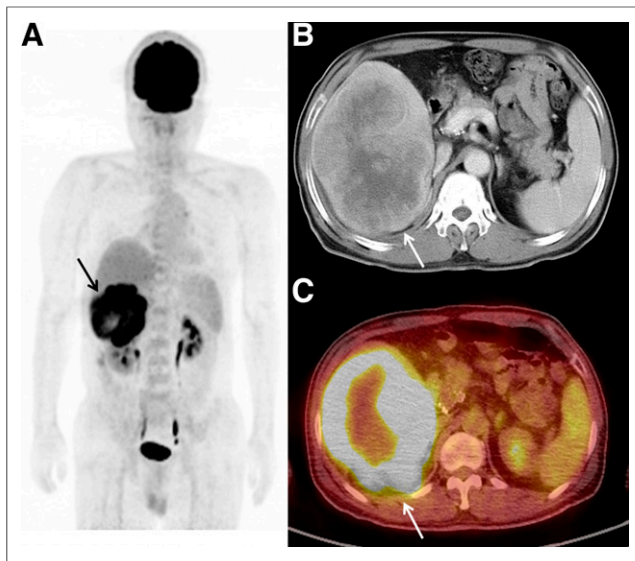
Prognostic Significance of ^{18}F-FDG PET and Clinical Factors

Age, sex, etiology, Child–Pugh classification, treatment modality, tumor size and number, portal vein tumor thrombosis, serum AFP level, and TLR were evaluated as variables in survival analysis. The cutoff values, determined by receiver-operating-characteristic curve analyses, for age, tumor size, serum AFP level, and TLR were 60 y, 6.0 cm, 500.0 ng/dL, and 2.0, respectively. The prognostic significance of the variables for PFS and OS is shown in Tables 2 and 3. On univariate analysis, age, tumor size, portal vein tumor thrombosis, and TLR (Fig. 4A) were significant prognostic factors for PFS

TABLE 1
Patient Characteristics

Characteristic	Total ($n = 214$)	TACE ($n = 153$)	CCRT ($n = 61$)	P
Age (y)*	58 (27–88)	59 (27–88)	60 (39–80)	0.400
Sex				0.738
Men	180 (84.1%)	130 (85.0%)	50 (82.0%)	
Women	34 (15.9%)	23 (15.0%)	11 (18.0%)	
Diabetes mellitus	58 (27.1%)	39 (25.5%)	19 (31.1%)	0.503
Etiology				0.388
HBV	152 (71.0%)	110 (71.9%)	42 (68.9%)	
HCV	17 (7.9%)	12 (7.8%)	5 (8.2%)	
Alcohol	19 (8.9%)	16 (10.5%)	3 (4.9%)	
Other	26 (12.1%)	15 (9.8%)	11 (18.0%)	
Child–Pugh classification				0.266
A	182 (85.0%)	127 (83.0%)	55 (90.2%)	
B	32 (15.0%)	26 (17.0%)	6 (9.8%)	
Tumor size (cm)*	8.0 (1.3–20.0)	6.3 (1.3–17.6)	10.0 (2.5–20.0)	<0.001
Tumor number				<0.001
Single	76 (35.5%)	39 (25.5%)	37 (60.7%)	
Multiple	138 (64.5%)	114 (74.5%)	24 (39.3%)	
Portal vein tumor thrombosis				0.003
Absence	106 (49.5%)	86 (56.2%)	20 (32.8%)	
Presence	108 (50.5%)	67 (43.8%)	41 (67.2%)	
Serum AFP (ng/dL)*	427.3 (1.6–435,220.0)	325.7 (2.7–435,220.0)	1,059.0 (1.6–120,000.0)	0.853
TLR*	2.6 (1.1–11.6)	2.2 (1.1–9.8)	3.3 (1.3–11.6)	0.007

*Data are median value, with range in parentheses.
HBV = hepatitis B virus; HCV = hepatitis C virus.

FIGURE 2. Maximal-intensity-projection image (A) and transaxial fused image (C) of ^{18}F-FDG PET/CT and a contrast-enhanced liver CT (B) image of a 65-y-old man with BCLC stage B HCC. Contrast-enhanced CT image (B) shows enhanced HCC lesion with internal necrosis in right lobe of liver (arrow). PET/CT image (C) shows intensely increased ^{18}F-FDG uptake in mass, with TLR of 6.6 (arrow). Patient underwent TACE, and cancer progressed with pulmonary metastases 2.0 mo after TACE. Patient died 8.2 mo after initial treatment.

($P < 0.050$). For OS, Child–Pugh classification, serum AFP level, tumor size, portal vein tumor thrombosis, and TLR (Fig. 4B) were significant prognostic factors ($P < 0.050$).

On multivariate analyses using significant variables in the univariate analyses, age and TLR were independent prognostic factors for PFS (Table 2; $P < 0.050$), and Child–Pugh classification and TLR were determined to be significant prognostic factors for OS (Table 3; $P < 0.050$).

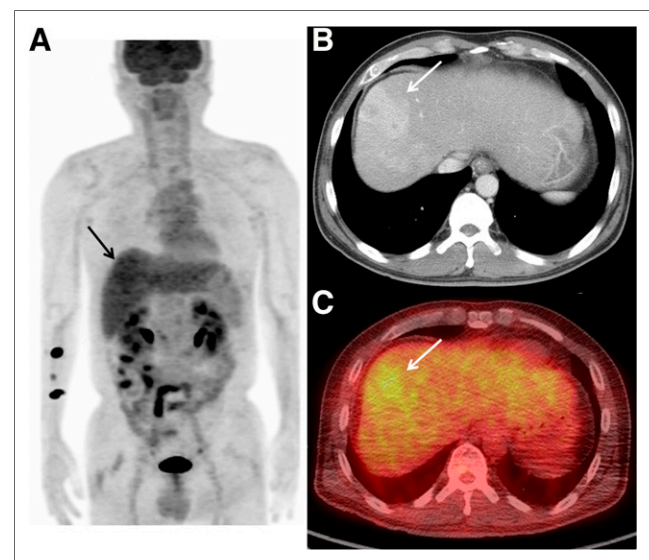### Comparison of Prognosis Between TACE and CCRT Stratified by ^{18}F-FDG Uptake

There was no significant difference in PFS (Fig. 5A) and OS (Fig. 5B) between TACE and CCRT in all patients ($P = 0.054$ for PFS and $P = 0.280$ for OS). PFS and OS between patients treated with TACE and those with CCRT were compared according to the TLR cutoff value (Table 4). In the patient group with a TLR greater than 2.0, the patients treated with CCRT showed a significantly better PFS ($P = 0.018$, Fig. 6A) and OS ($P = 0.009$, Fig. 6B) than the patients treated with TACE. The median OS for patients treated with CCRT was 11.4 mo, whereas the median OS for patients treated with TACE was only 7.9 mo. Because both tumor size and number can potentially act as confounding factors, we further evaluated an association between treatment modality and prognosis after adjusting for tumor size and number. Even after adjusting for tumor size and number, the patients treated with CCRT still showed a lower progression risk ($P = 0.014$; hazard ratio, 0.61; 95% confidence interval, 0.41–0.90) and a lower mortality risk ($P = 0.014$; hazard ratio, 0.58; 95% confidence interval, 0.37–0.89) than those treated with TACE. In contrast, there were no significant differences in PFS ($P = 0.187$) and OS ($P = 0.927$) between patients treated with TACE and those with CCRT in the patient group with a TLR of 2.0 or less.

DISCUSSION

In the present multicenter retrospective study, the prognostic value of ^{18}F-FDG uptake for each tumor was assessed in intermediate–to–advanced-stage HCC patients who underwent TACE or CCRT. Currently, the value of ^{18}F-FDG uptake as an independent prognostic factor is controversial in this group of patients ([18–22]); however, in this study, we found that the TLR of HCC was a significant independent prognostic factor for both PFS and OS. The patients with a TLR of 2.0 or less had a median PFS of 9.8 mo and a median OS of 24 mo, whereas a median PFS of 6.2 mo and a median OS of less than 10 mo were found in patients with a TLR greater than 2.0. Furthermore, in patients with a TLR greater than 2.0, patients treated with CCRT showed significantly lower disease progression and mortality risk than those treated with TACE.

It is important to know whether ^{18}F-FDG uptake on PET/CT at the time of staging is associated with clinical outcomes. However, the more clinically relevant question might be whether the finding would be helpful in selecting treatments with subsequent changes in patient prognosis. In this regard, we assessed the difference in clinical outcomes between TACE and CCRT according to the ^{18}F-FDG uptake of HCC. In the patient group with a TLR greater than 2.0, patients treated with TACE showed a significantly worse PFS and OS than patients treated with CCRT even after adjusting for tumor size and number. TACE is considered as the treatment of choice for intermediate-to-advanced HCC without extrahepatic metastases ([1,4,5]). However, it could be that it is insufficient for achieving a complete response in large advanced HCCs ([23]). In fact, hepatic artery perfusion, which is related to successful TACE, is negatively correlated with ^{18}F-FDG uptake of HCC and has been found to significantly decrease in aggressive HCC ([24–26]).

Unlike TACE, CCRT, a concurrent selective regional chemotherapy with regional radiotherapy, has been shown to be an attractive,

FIGURE 3. Maximal-intensity-projection image (A) and transaxial fused image (C) of ^{18}F-FDG PET/CT and contrast-enhanced liver CT (B) image of a 54-y-old man with HCC. On contrast-enhanced CT image (B), infiltrative HCC is shown (arrow). HCC reveals mildly increased ^{18}F-FDG uptake, with TLR of 1.6 (arrow). Patient was diagnosed at BCLC stage C due to portal vein tumor thrombosis on CT images and underwent CCRT. HCC progressed with intrahepatic metastases 15.6 mo after CCRT, and patient died 19.8 mo after initial treatment.

TABLE 2
Median Survival Time and Significance of Prognostic Factors for PFS

Variable	Univariate		Multivariate	
	P	Median (mo)	P	Hazard ratio (95% confidence interval)
Age (y)	0.002			
≤60		6.8		
>60		10.2	0.001	0.59 (0.42–0.81)
Sex	0.568			
Men		7.2		
Women		7.7		
Etiology	0.198			
HBV		7.2		
HCV		11.8		
Alcohol		21.2		
Other		7.5		
Child–Pugh classification	0.902			
A		7.5		
B		7.9		
Treatment	0.054			
TACE		7.2		
CCRT		9.1		
Tumor size (cm)	0.022			
≤6.0		8.8		
>6.0		6.5	0.356	
Tumor number	0.144			
Single		7.7		
Multiple		7.2		
Portal vein thrombosis	0.029			
Absence		9.2		
Presence		6.5	0.313	
Serum AFP (ng/dL)	0.969			
≤500.0		7.2		
>500.0		7.7		
TLR	0.014			
≤2.0		9.8		
>2.0		6.2	0.009	1.55 (1.12–2.15)

HBV = hepatitis B virus; HCV = hepatitis C virus.

alternative treatment modality that intensifies the effect of local therapy while minimizing therapy-related complications (9,10). In this study, patients treated with CCRT had larger tumors but significantly better PFS and OS than those with TACE. Given that the response to the initial treatment is a strong predictor for clinical outcome (27), CCRT seems promising for intermediate-to-advanced HCCs with increased ^{18}F-FDG uptake. Recently, multimodality treatment involving radiotherapy has been proven to be effective in improving local tumor control in the setting of neoadjuvant, adjuvant, and definitive treatment (9,28,29). In multimodality treatment, chemotherapy can control micrometastasis as well as play the role of a radiosensitizer (30). Because HCCs with aggressive features and rapid tumor growth show high [1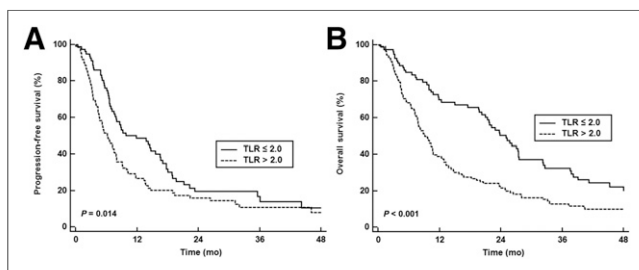8]F-FDG uptake (15,31), the efficacy of multimodality treatment might be more prominent in patients with a high ^{18}F-FDG uptake than that of monotherapy. This hypothesis may explain why patients treated with CCRT, a multimodality treatment, had better PFS and OS than those with TACE as a monotherapy, particularly among patients with a high ^{18}F-FDG uptake.

In the patient group with low ^{18}F-FDG uptake, no significantly different prognosis was noted between TACE and CCRT, implying that the prognosis of well-differentiated or indolent HCCs might be less affected by the treatment modality. However, in this study, the ^{18}F-FDG uptake of most patients was above the cutoff value and only a small number of patients were included in the patient group with low ^{18}F-FDG uptake. Therefore, more studies with a
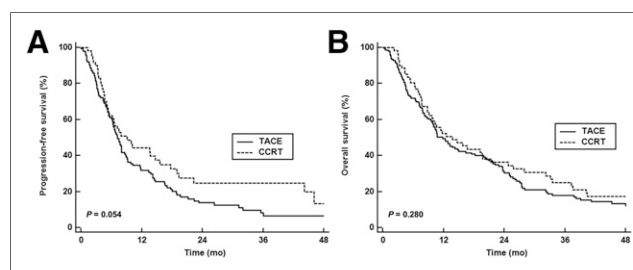
TABLE 3
Median Survival Time and Significance of Prognostic Factors for OS

Variable	Univariate		Multivariate with TLR	
	P	Median (mo)	P	Hazard ratio (95% confidence interval)
Age (y)	0.779			
≤60		13.3		
>60		11.4		
Sex	0.583			
Men		12.4		
Women		11.4		
Etiology	0.274			
HBV		10.7		
HCV		14.8		
Alcohol		12.6		
Other		23.8		
Child-Pugh classification	0.026			
A		13.3		
B		7.7	0.018	1.60 (1.06–2.40)
Treatment	0.280			
TACE		11.8		
CCRT		13.7		
Tumor size (cm)	0.006			
≤6.0		22.9		
>6.0		10.0	0.257	
Tumor number	0.890			
Single		10.7		
Multiple		13.3		
Portal vein thrombosis	0.012			
Absence		21.0		
Presence		9.9	0.248	
Serum AFP (ng/dL)	0.004			
≤500.0		21.0		
>500.0		9.9	0.197	
TLR	<0.001			
≤2.0		23.8		
>2.0		9.1	<0.001	1.97 (1.43–2.72)

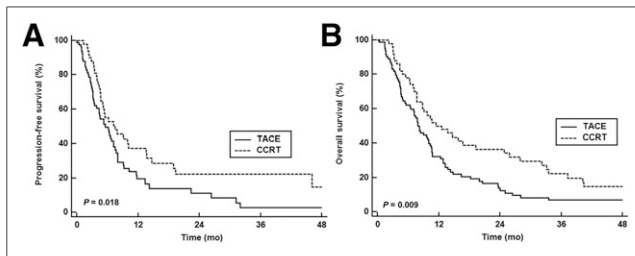HBV = hepatitis B virus; HCV = hepatitis C virus.

FIGURE 4. Cumulative PFS (A) and OS (B) curves according to TLR of HCC.

FIGURE 5. Cumulative PFS (A) and OS (B) curves in patients treated with TACE or CCRT.

TABLE 4
Median Survival for Patients Treated with CCRT and TACE According to TLR

TLR	Median PFS			Median OS		
	TACE	CCRT	P	TACE	CCRT	P
≤2.0 (n = 80; TACE = 69, CCRT = 11)			0.187			0.927
Median (mo)	8.9	17.7		25.2	19.8	
95% confidence interval	7.1–14.7	6.6–44.2		21.7–27.6	10.0–37.6	
>2.0 (n = 134; TACE = 84, CCRT = 50)			0.018			0.009
Median (mo)	5.6	7.5		7.9	11.4	
95% confidence interval	3.8–7.2	5.1–13.5		6.5–10.3	8.8–24.8	

FIGURE 6. Cumulative PFS (A) and OS (B) curves in patients with TLR greater than 2.0 according to treatment (TACE or CCRT).

larger population are needed to compare the prognosis between treatments in patients with a low ^{18}F-FDG uptake.

There were several limitations in this study. First, because this was a retrospective cohort study, the results were potentially predisposed to selection bias due to the lack of randomization. Further prospective, multicenter, randomized, registration studies are needed to confirm the results of the present study. Second, volumetric parameters such as metabolic tumor volume and total lesion glycolysis rather than ^{18}F-FDG uptake alone have acted as better prognostic factors in various kinds of cancers (*32,33*); however, there is no consensus on how to measure the volumetric parameters of HCC (*18*). Therefore, only the TLR was measured in the study. Last, PET/CT images were acquired from multiple scanners at multiple medical centers. Regardless of the technical feasibility of the standardization of scanners with a phantom, this can often be impractical in routine clinical practice because of the complexity of the procedures. Instead, use of the TLR can be a beneficial, alternative PET/CT parameter that involves normalizing tumor values to the internal reference organ value.

CONCLUSION

In the present multicenter, retrospective, cohort study, ^{18}F-FDG uptake of HCCs was proven to be an independent prognostic factor for PFS and OS in intermediate–to–advanced-stage HCC patients without extrahepatic metastasis who underwent TACE or CCRT. More important, only among patients with a high ^{18}F-FDG uptake, those treated with CCRT had a significantly better PFS and OS than those treated with TACE. In contrast, there were no significant differences in PFS and OS between CCRT and TACE in patients with low ^{18}F-FDG uptake. These results may support further prospective studies evaluating the value of CCRT as an alternative initial treatment for intermediate-to-advanced HCC patients with a high ^{18}F-FDG uptake.

DISCLOSURE

REFERENCES

1. European Association for the Study of the Liver, European Organisation for Research and Treatment of Cancer. EASL-EORTC clinical practice guidelines: management of hepatocellular carcinoma. *J Hepatol.* 2012;56:908–943.
2. Han DH, Choi GH, Park JY, et al. Lesson from 610 liver resections of hepatocellular carcinoma in a single center over 10 years. *World J Surg Oncol.* 2014;12:192.
3. Bruix J, Sherman M. Management of hepatocellular carcinoma. *Hepatology.* 2005;42:1208–1236.
4. Luo J, Guo RP, Lai EC, et al. Transarterial chemoembolization for unresectable hepatocellular carcinoma with portal vein tumor thrombosis: a prospective comparative study. *Ann Surg Oncol.* 2011;18:413–420.
5. Liu L, Zhang C, Zhao Y, Qi X. Transarterial chemoembolization for the treatment of advanced hepatocellular carcinoma with portal vein tumor thrombosis: prognostic factors in a single-center study of 188 patients. *Biomed Res Int.* 2014;2014: 194278.
6. Kim GA, Shim JH, Yoon SM, et al. Comparison of chemoembolization with and without radiation therapy and sorafenib for advanced hepatocellular carcinoma with portal vein tumor thrombosis: a propensity score analysis. *J Vasc Interv Radiol.* 2015;26:320–329.e6.
7. Lau WY, Sangro B, Chen PJ, et al. Treatment for hepatocellular carcinoma with portal vein tumor thrombosis: the emerging role for radioembolization using yttrium-90. *Oncology.* 2013;84:311–318.
8. Robertson JM, Lawrence TS, Dworzanin LM, et al. Treatment of primary hepatobiliary cancers with conformal radiation therapy and regional chemotherapy. *J Clin Oncol.* 1993;11:1286–1293.
9. Han KH, Seong J, Kim JK, Ahn SH. Lee do Y, Chon CY. Pilot clinical trial of localized concurrent chemoradiation therapy for locally advanced hepatocellular carcinoma with portal vein thrombosis. *Cancer.* 2008;113:995–1003.
10. Lee IJ, Kim JW, Han KH, et al. Concurrent chemoradiotherapy shows long-term survival after conversion from locally advanced to resectable hepatocellular carcinoma. *Yonsei Med J.* 2014;55:1489–1497.
11. Lee HS, Choi GH, Choi JS, et al. Surgical resection after down-staging of locally advanced hepatocellular carcinoma by localized concurrent chemoradiotherapy. *Ann Surg Oncol.* 2014;21:3646–3653.
12. Trojan J, Schroeder O, Raedle J, et al. Fluorine-18 FDG positron emission tomography for imaging of hepatocellular carcinoma. *Am J Gastroenterol.* 1999;94:3314–3319.
13. Cho Y, Lee DH, Lee YB, et al. Does ^{18}F-FDG positron emission tomography-computed tomography have a role in initial staging of hepatocellular carcinoma? *PLoS One.* 2014;9:e105679.

14. Han AR, Gwak GY, Choi MS, et al. The clinical value of ^{18}F-FDG PET/CT for investigating unexplained serum AFP elevation following interventional therapy for hepatocellular carcinom. *Hepatogastroenterology.* 2009;56:1111–1116.

15. Torizuka T, Tamaki N, Inokuma T, et al. In vivo assessment of glucose metabolism in hepatocellular carcinoma with FDG-PET. *J Nucl Med.* 1995;36:1811–1817.

16. Ho CL, Yu SC, Yeung DW. ^{11}C-acetate PET imaging in hepatocellular carcinoma and other liver masses. *J Nucl Med.* 2003;44:213–221.

17. Kim JW, Seong J, Yun M, et al. Usefulness of positron emission tomography with fluorine-18-fluorodeoxyglucose in predicting treatment response in unresectable hepatocellular carcinoma patients treated with external beam radiotherapy. *Int J Radiat Oncol Biol Phys.* 2012;82:1172–1178.

18. Lee JW, Yun M, Cho A, et al. The predictive value of metabolic tumor volume on FDG PET/CT for transarterial chemoembolization and transarterial chemotherapy infusion in hepatocellular carcinoma patients without extrahepatic metastasis. *Ann Nucl Med.* 2015;29:400–408.

19. Kim BK, Kang WJ, Kim JK, et al. ^{18}F-fluorodeoxyglucose uptake on positron emission tomography as a prognostic predictor in locally advanced hepatocellular carcinoma. *Cancer.* 2011;117:4779–4787.

20. Song MJ, Bae SH, Yoo Ie R, et al. Predictive value of ^{18}F-fluorodeoxyglucose PET/CT for transarterial chemolipiodolization of hepatocellular carcinoma. *World J Gastroenterol.* 2012;18:3215–3222.

21. Song MJ, Bae SH, Lee SW, et al. ^{18}F-fluorodeoxyglucose PET/CT predicts tumour progression after transarterial chemoembolization in hepatocellular carcinoma. *Eur J Nucl Med Mol Imaging.* 2013;40:865–873.

22. Kim MJ, Kim YS, Cho YH, et al. Use of ^{18}F-FDG PET to predict tumor progression and survival in patients with intermediate hepatocellular carcinoma treated by transarterial chemoembolization. *Korean J Intern Med.* 2015;30:308–315.

23. Ahn SH, Han KH, Park JY, et al. Treatment outcome of transcatheter arterial chemoinfusion according to anticancer agents and prognostic factors in patients with advanced hepatocellular carcinoma (TNM stage IVa). *Yonsei Med J.* 2004;45:847–858.

24. Yang L, Zhang XM, Zhou XP, et al. Correlation between tumor perfusion and lipiodol deposition in hepatocellular carcinoma after transarterial chemoembolization. *J Vasc Interv Radiol.* 2010;21:1841–1846.

25. Asayama Y, Yoshimitsu K, Nishihara Y, et al. Arterial blood supply of hepatocellular carcinoma and histologic grading: radiologic-pathologic correlation. *AJR.* 2008;190:W28–W34.

26. Ahn SJ, Park MS, Kim KA, et al. ^{18}F-FDG PET metabolic parameters and MRI perfusion and diffusion parameters in hepatocellular carcinoma: a preliminary study. *PLoS One.* 2013;8:e71571.

27. Kim BK, Kim SU, Kim KA, et al. Complete response at first chemoembolization is still the most robust predictor for favorable outcome in hepatocellular carcinoma. *J Hepatol.* 2015;62:1304–1310.

28. Yoon HI, Song KJ, Lee IJ, Kim DY, Han KH, Seong J. Clinical benefit of hepatic arterial infusion concurrent chemoradiotherapy in locally advanced hepatocellular carcinoma: a propensity score matching analysis. *Cancer Res Treat.* March 5, 2015 [Epub ahead of print].

29. Yoon HI, Seong J. Multimodality treatment involving radiotherapy for advanced liver-confined hepatocellular carcinoma. *Oncology.* 2014;87(suppl 1):90–98.

30. Cervantes A, Chirivella I, Rodriguez-Braun E, Campos S, Navarro S, Garcia Granero E. A multimodality approach to localized rectal cancer. *Ann Oncol.* 2006;17(suppl 10):x129–x134.

31. Song JY, Lee YN, Kim YS, et al. Predictability of preoperative ^{18}F-FDG PET for histopathological differentiation and early recurrence of primary malignant intrahepatic tumors. *Nucl Med Commun.* 2015;36:319–327.

32. Choi HJ, Lee JW, Kang B, Song SY, Lee JD, Lee JH. Prognostic significance of volume-based FDG PET/CT parameters in patients with locally advanced pancreatic cancer treated with chemoradiation therapy. *Yonsei Med J.* 2014;55:1498–1506.

33. Moon SH, Choi JY, Lee HJ, et al. Prognostic value of volume-based positron emission tomography/computed tomography in patients with nasopharyngeal carcinoma treated with concurrent chemoradiotherapy. *Clin Exp Otorhinolaryngol.* 2015;8:142–148.

The Journal of NUCLEAR MEDICINE

Prognostic Significance of ^{18}F-FDG Uptake in Hepatocellular Carcinoma Treated with Transarterial Chemoembolization or Concurrent Chemoradiotherapy: A Multicenter Retrospective Cohort Study

Jeong Won Lee, Jin Kyoung Oh, Yong An Chung, Sae Jung Na, Seung Hyup Hyun, Il Ki Hong, Jae Seon Eo, Bong-Il Song, Tae-sung Kim, Do Young Kim, Seung Up Kim, Dae Hyuk Moon, Jong Doo Lee and Mijin Yun

This article and updated information are available at:
http://jnm.snmjournals.org/content/57/4/509

Information about reproducing figures, tables, or other portions of this article can be found online at:
http://jnm.snmjournals.org/site/misc/permission.xhtml

Information about subscriptions to JNM can be found at:
http://jnm.snmjournals.org/site/subscriptions/online.xhtml

SOCIETY OF
NUCLEAR MEDICINE
AND MOLECULAR IMAGING