

**Live-attenuated Japanese Encephalitis Vaccine:
Persistence of Antibody up to 5 Years after
A Single Dose Regimen**

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A Single Dose Regimen**

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ABSTRACT

Purpose: To evaluate serologic response pattern to single dose vaccination of Live JE vaccine over long term period in JE endemic area.

Method: Single dose of live JE vaccine were given in Bardiya (July, 1999), and Chitwan (June, 2000). Serum collected for antibody determination was drawn from 349 subjects at June 2004. JE neutralizing antibody was determined by plaque reduction neutralization test (PRNT).

Result: 71.2~88.4% of subjects persist protective antibody (titer $\geq 1:10$) over 4~5 years after Single dose of live JE vaccine, with geometric mean titer (GMT) as 120.83 and 121.81, respectively.

Conclusion: Neutralizing antibody response from single dose of live JE vaccine persist at least 5 years in healthy Nepali children. Single dose of live attenuated SA14-14-2 JE vaccine is a good alternative to protection against JE for high risk population and travelers visiting Western-Pacific Asian.

Key words Japanese Encephalitis, Live attenuated vaccine, seroprevalence

I. INTRODUCTION

Japanese encephalitis is the leading viral cause of encephalitis and disability in Asia. The disease primarily infects children under the age of 15, leaving up to 70 percent of those who develop illness either dead or with a long-term neurological disability. Since the first case of JE was documented in the late 19th century, JE has spread to as far south as Australia and as far west as Pakistan. Over the past 60 years JE has infected an estimated 10 million children, killing 3 million and causing long-term disability in 4 million more. JE control has been hindered by poor surveillance limited and unstable vaccine supply; lack of guidance and programmatic support for JE immunization, and low political awareness of the disease.^[1-3]

The only internationally distributed JE vaccine is an inactivated vaccine purified from infected mouse brains, which was developed in 1941 and is used to control the disease in richer countries and to protect travelers, but it has not reached many of the poorest countries in Asia.^[4-7] Although the inactivated vaccine is efficacious, its high cost – at US\$9 - US\$15 for the three doses

needed to fully immunize a child, limited in production, and requiring periodic booster doses, make it difficult to integrate the vaccine into routine immunization programmes. Recently the vaccine has also been associated with underdesirable hypersensitivity-type reactions.^[8-11] A more readily available and safer vaccine is needed.^[12]

The most promising candidate vaccine is a live, attenuated JE vaccine (SA14-14-2), which was licensed in China since 1988, it has been administered to over 200 million Chinese children, with good disease control and no reports of serious complications.^[13-18] In China, this vaccine is recommended as three doses at age 1, 2 and 6 years. This schedule was not adopted as a result of efficacy data but rather following custom of administering JE vaccines in annual spring campaigns and the schedule of inactivated JE vaccine, which requires booster doses every 2 to 3 years. An updated vaccine schedule based on scientific proofs is needed so that the live JE vaccine can be integrated into routine childhood immunization schedules in most Asian countries.

Since 1999, single dose of live JE vaccine were given to Nepalese children

aged 1-15 years, living in the Terai region, the JE endemic areas. A case-control study showed that the efficacy of a single dose of JE vaccine is observed above 99% within one week of administration.^[19] This study tried to evaluate the serologic response pattern in those vaccinated population over long term period in JE endemic area.

II. METHODS

2.1 STUDY SITE

Subjects were recruited from two districts -- Bardiya and Chitwan, are of the Terai region of Nepal.

The region is flat land with less than 300 meters part of Nepal, where is an agriculture area for rice,



Fig.1 JE Prevalence Areas in Nepal

and belongs to the subtropical area with a monsoon climate. According to baseline survey on 1~15 years old children, JE seropositive prevalence was 22.8% in Bardiya in year 1999, 1% in Chitwan in year 2000.

2.2 STUDY POPULATION

254 subjects aged 6 to 20 years old were recruited from Bardiya district, 177 were received single dose of Live JE vaccine in July 1999 (Bardiya Vaccinated Group); and 77 subjects had not received any JE vaccine were included as control group (Bardiya Unvaccinated Group). 95 subjects recruited from

Chitwan were children aged between 5 to 19 years old, who received single dose of JE vaccine in June 2000 (Chitwan Vaccinated Group).

All enrolled subjects were verified their vaccination status by interview and vaccine registry logbook. Medical history of JE infection or related clinical symptom were questioned and recorded.

2.3 SEROLOGIC TEST

A total of 349 serum samples were collected from two districts on June 2004. 5ml of whole blood were withdrawn from each subject, sera were centrifuged within 2 hours after collection. Separated sera were kept under -20°C before testing.

Serum specimens were sent to the JE lab at Mahedole University, Thailand. Specimens were labeled to mask the date that each specimen was drawn, and participants' location.

Neutralizing antibody was determined by PRNT.^[22] Test was performed according to Mahedole University customary protocol. Serum samples were inactivated at 56°C for 0.5h. Serial dilutions (2 fold) were made from an

initial 1:5 dilution. About 100 pfu of JE virus (Beijing strain) was incubated with each serum dilution overnight at 4°C. The virus-serum mixtures (final serum dilution of 1:5) were inoculated onto drained LLC-MK2 cell monolayers grown in 6-well panels. After viral adsorption(0.5h at 37°C), monolayers were overlaid with a solid nutrient medium. One week later, Panels are fixed and stained with crystal violet, plaques were counted. The neutralization endpoint in the protocol was a 50% reduction in plaque formation, and antibody titer $\geq 1:10$ was considered positive and protective.^[4]

2.4 STATISTICAL ANALYSIS

All data were entered into a computerized database, verified for accuracy, and analyzed using SPSS Version 10. Seropositive was defined as titer $\geq 1:10$. Geometric mean titers (GMTs) were determined by log-transformation of individual titers and use of the anti-log of the mean of transformed values for seropositive subjects. The χ^2 or Fisher's exact test was used to compare the proportions of seropositive, while the GMTs were compared using the Mann-Whitney U test. A p value of <0.05 was considered statistically significant.

III. Results

3.1 DEMOGRAPHICS

Table 1 shows demographic information of three study groups. Bardiya vaccination group consisted of 177 subjects, 71(40%) female and 106 (60%) male, with an average age of 11.83 ± 2.89 years. Unvaccinated group in Bardiya consisted of 77 subjects, 28(36%) female and 49 (64%) male, with an average age of 11.26 ± 3.38 . Among 143 subjects in Chitwan group, 38(40%) female and 57 (60%) male, with an average age of 10.69 ± 2.91 years. Chitwan group consists more proportion of younger age subjects.

Table 1. Characteristics of subjects within study groups

Group	Subjects	Gender		Age (Mean \pm SD)	Years after Vaccination
		Male	Female		
Chitwan_vaccinated	95	57	38	10.69 ± 2.91	4yrs(2000)
Bardiya_vaccinated	177	106	71	11.83 ± 2.89	5yrs(1999)
Bardiya_Unvaccinated	77	49	28	11.26 ± 3.38	----

SD: Standard Deviation

3.2 SEROLOGICAL ASSAY

3.2.1 Seropositive proportion

Seropositive proportions are 88.4% and 70.1% in Chitwan and Bardiya vaccinated groups, respectively. 59.7% unvaccinated subjects showed seropositive in Bardiya_unvaccinated group (Table 2).

Table 2. Seroprevalence of JE neutralizing antibody in study groups

Groups	Total	Seronegative (%)	Seropositive (%)	GMT (95% CI)
Chitwan_Vaccinated	95	11(11.58%)	84 (88.42%)	120.83 (91.00~160.39)
Bardiya_Vaccinated	177	53(29.94%)	124(70.06%)	127.55 (90.12~180.52)
Bardiya_Unvaccinated	77	31(40.26%)	46(59.74%)	203.65 (116.94~354.66)

95% C.I.: 95% Confidence Interval

Seroprevalence in age groups

No significant difference of seropositive proportion is observed among different age groups (Figure 2(1~3) and Table 3). In Bardiya_unvaccinated group, seropositive proportion show trendily increase with age, the higher the elder children group (P =0.053)

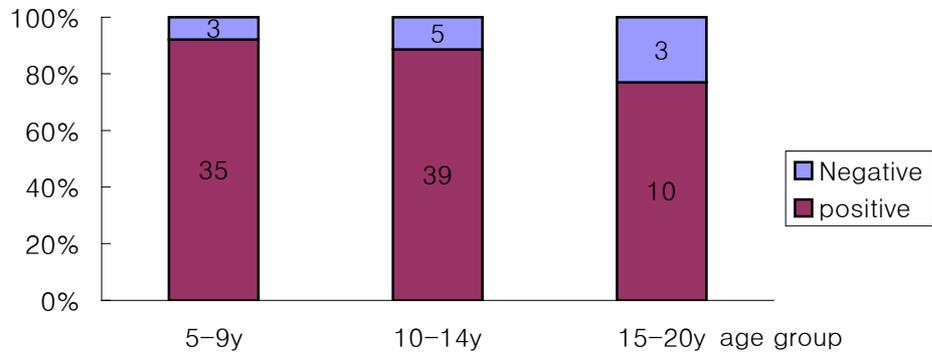


Fig. 2-1 Seroprevalence in Chitwan_Vaccinated Group

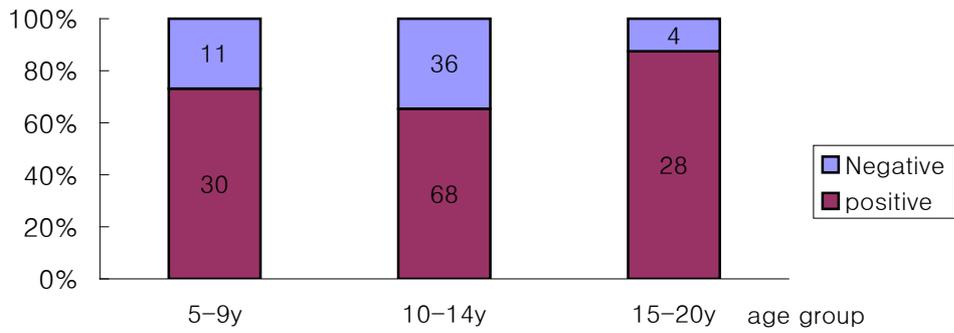


Fig. 2-2 Seroprevalence in Bardiya_Vaccinated Group

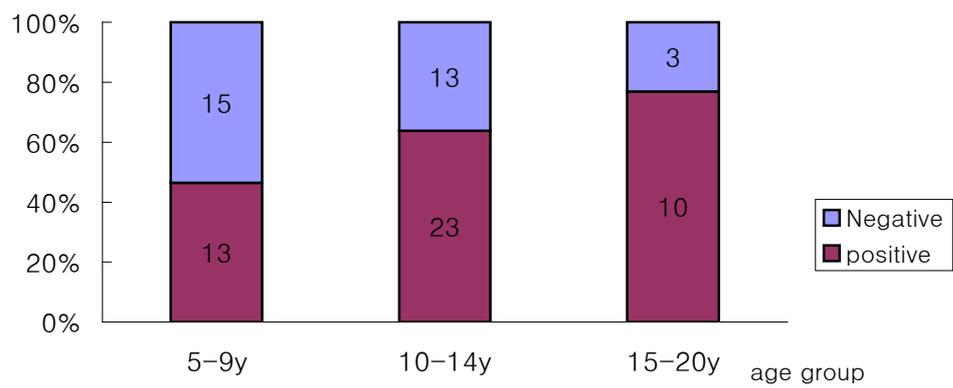


Fig 2-3. Seroprevalence in Bardiya_Unvaccinated group

Table 3. Seropositive proportion among different age groups

	Age	Seropositive proportion	GMT (95% CI)
Chitwan	5-9yrs	35/38 (92.11%)	184.19 (110.38~307.33)*
	10-14yrs	39/44 (88.64%)	84.50 (58.86~121.31)*
	15-20yrs	10/13 (76.92%)	111.33 (58.04~213.54)
Bardiya	5-9yrs	30/41 (73.17%)	128.24 (60.24~273.02)
	10-14yrs	68/104 (65.38%)	143.33 (90.23~227.68)
	15-20yrs	28/32 (87.50%)	110.76 (50.13~244.73)
Unvaccinated group	5-9yrs	13/28 (46.43%)	244.04 (88.29~674.56)
	10-14yrs	23/36 (63.89%)	121.62 (53.56~276.13)
	15-20yrs	10/13 (76.92%)	526.83 (147.86~1877.15)

The mean difference between age group 5-9ys and 10-14ys is significant.

Seroprevalence in Gender

In unvaccinated group, higher seroprportions are found in males (65.3% vs. 50%). No significant difference of seropositive proportion is observed in different genders in either group (Fig 3).

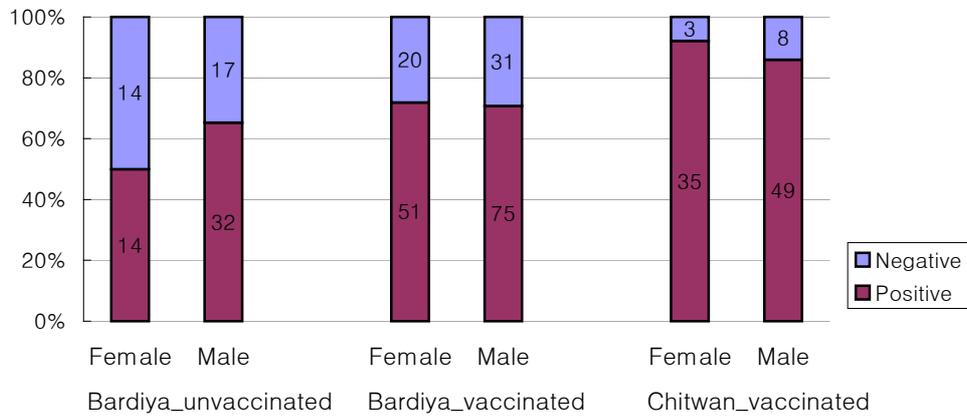


Fig3. Seroprevalence in different genders

3.2.2 GMT

GMT titers are 120.83, 131.81 and 203.65 in Chitwan, Bardiya and Bardiya unvaccinated group, respectively. No significant difference of GMT titer is observed among these study groups (Table 2).

3.2.3 Distribution of Neutralizing antibody titer

Table 4 and Figure 4 (1-3) shows the distribution of JE neutralizing (PRNT) antibody. Normal distribution is shown in Chitwan group, most of positive sera (58%) have titers between 1:40~1:160. PRNT titer shows exponential distribution in Bardiya vaccinated group, the large portion of children (35%)

have titers between 1:10~1:40, and a certain proportion (12%) have titers above 1:1280.

Table 4. Distribution of JE neutralizing (PRNT) antibody

	≥1:10	≥1:20	≥1:40	≥1:80	≥1:160	≥1:320	≥1:640	≥1:1280
Chitwan Vaccinated	7	11	16	17	16	8	4	5
Bardiya Vaccinated	28	18	15	10	12	7	15	21
Bardiya Unvaccinated	6	7	2	5	6	7	3	10

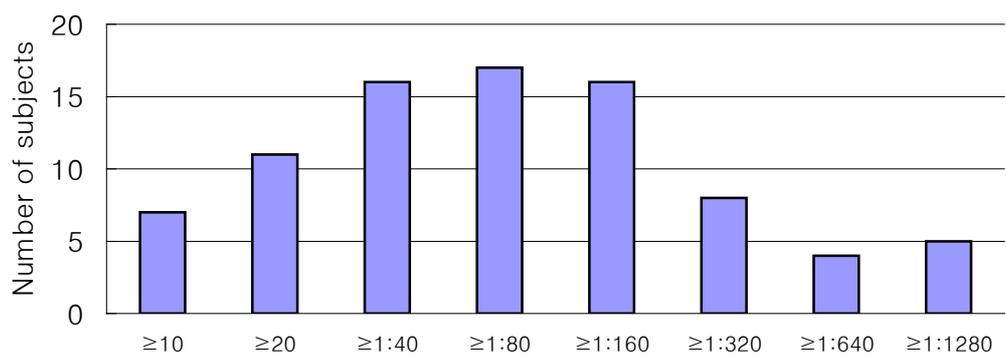


Fig. 4-1 PRNT titer distribution - Chitwan_vaccinated group Titer

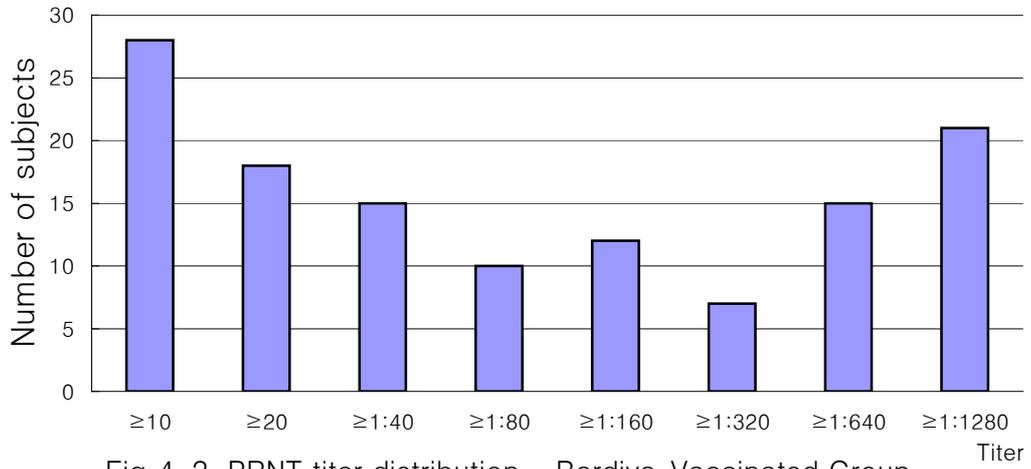


Fig.4-2 PRNT titer distribution – Bardiya_Vaccinated Group

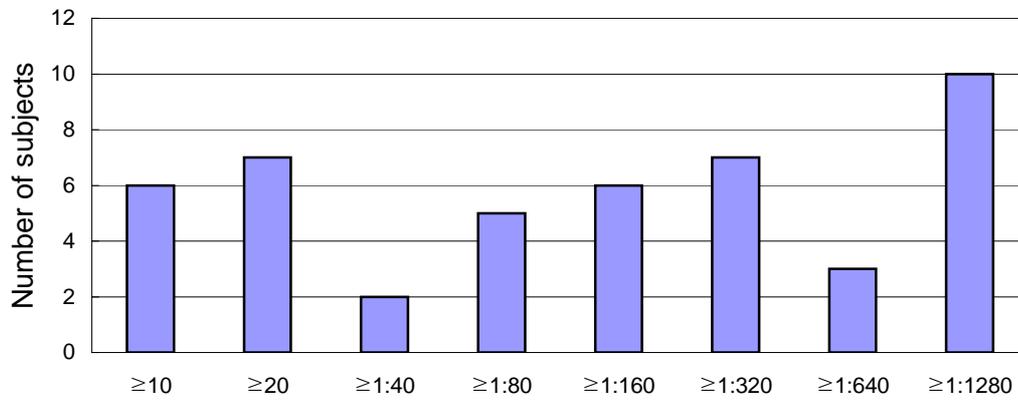


Fig.4-3 PRNT titer distribution - Bardiya_Unvaccinated Group

IV. DISCUSSION

Efficacy of single dose of live JE vaccine (SA14-14-2) was studied in Nepal in 1999, as the first study outside China, showed the efficacy over 99%.^[19] This JE seroprevalence study among the above-mentioned population showed 71.2~88.4% seropositive after 4~5 years vaccination, indicating that single dose regimen can provide an immunity at least the 4~5 years. Similar study done in non JE endemic area in China showed that 57.1% of subjects with persistence of antibody over 6 years after vaccination of two doses.^[23]

In Nepal, nearly 70% of all JE cases were reported from the three districts: Bardiya, Kalali and Banke.^[20] In our study, 59.7% unvaccinated subjects were seropositive, indicating high apparent infections existed in study area. While data from baseline survey in Chitwan district, showed 1% of children 1 to 15 years old were seropositive, which was consistent with other serological study in Chitwan^[21] which showed that no children aged below 10 years were seropositive to JE. Therefore, we may regard Bardiya as JE high endemic area, while Chitwan as low endemic area. In evaluating the serologic

response to vaccine administered in endemic area, consideration must be given to the influence that subclinical or inapparent infections may have on the serologic status of the vaccinees. Sera were collected in June, just before the start of JE peak season. In Bardiya_vaccinated group, 77.1% subjects were seropositive, higher than unvaccinated group (59.7%). The PRNT titer distribution similar to exponential distribution, may present the antibodies waned by time, while certain portion of positive (12%) had high titers above 1:1280, which may reflect natural booster effect.

In spite of the natural booster effects, the difference of seropositive proportion between two vaccinated groups in Chitwan and Baridya (88.4% vs. 71.2%) may due to the different vaccine potency. Vaccine lot with $10^{6.3}$ plaque forming unit per dose were given in Chitwan group, which was about 2 times higher dose than those given to Bardiya group. Our data support the recommendation that using a lyophilized SA 14-14-2 vaccine with a titer of at least $10^{6.0}$ PFU per dose administered as a single dose is highly immunogenicity at modest cost and can meet the global requirements for JE vaccine.

In JE virus infection, antibody has been considered to play an important role in protection, while a role of cellular immunity in protection has also been reported. As observed in animal trial, the adoptive transfer of JE virus-immune T cells protected mice from lethal challenge. ^[24-26] Mice infected with JE virus developed cytotoxic T lymphocytes (CTLs) that were able to lyse JE virus-infected cells. ^[26,27] These reports suggested that in addition to antibodies, CTLs are important in protection from JE. The induction of CTLs as well as antibody is considered to be an advantage of live-attenuated vaccines over the inactivated JE vaccine. Though about 30% vaccinated subjects in Bardiya did not have detectable protective antibody after 5 years of vaccination, which may not mean subjects loose protection from JE. No JE cases reported or signs of clinical illness recorded among the study subjects during the 4 to 5 years after vaccination.

To successfully control JE in all affected countries, a vaccine must be affordable, safe and effective, and fit easily into routine immunization. Our study indicates that the neutralizing antibody response from single dose of live JE vaccine persist at least 5 years in healthy Nepali children, and single dose

vaccination of live JE vaccine evidently provide sufficient immunological memory, supplemented possibly by natural exposures to the virus, to be highly effective in protecting against clinical illness. Single dose of live JE vaccine can be well integrated into the routine immunization schedule in most of Asian countries.

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국문요약

일본뇌염 생백신(SA14-14-2) 일회접종후

5년 항체 양성율을 조사 연구

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역학 및 보건증진학과

지 민

목 적: 일본뇌염 생백신의 장기면역효과를 예측하기 위한 1999년과 2000년에 네팔에서 일본뇌염 생백신을 1회 접종한 아이들의 중화항체 보유율을 조사한다.

방 법: 2004년 6월 일본뇌염 생백신을 접종한 5~20세군 272명과 일본뇌염 백신을 접종하지않은 77명을 대상으로 혈액학적검사 및 중화항체가 검사를 위한 채혈을 실시하였다. 플라그 감소 중화항체 검사법의 양성 기준은 50% 플라그 감소를 기준으로 시험 혈청 희석 배수가 1:10 미만인 자를 음성으로, 1:10 이상인 자를 양성으로 판정하였다. 접종 후 4~5년간 중화항체 보유율을 조사하였다.

결 과: 일본뇌염 생백신을 1회 접종한 사람들의 일본뇌염 항체양성율은 71.2% ~ 88.4%, GMT는 120.83 과 121.81 이었고, 일본뇌염 백신을 접종하지않은 사람들의 항체양성율은 59.7%, GMT는 203.65 이었다.

결 론: 일본뇌염 환자가 발생하는 지역에서 연령(1~15세) 대상으로 일본 뇌염 생백신을 1회만 접종해도 접종 후 최소4~5년간은 이들이 중화항체를 유지하고 있다.