

Sustained release of Ascorbate-2-  
phosphate and Dexamethasone from  
porous PLGA scaffolds for osteogenic  
differentiation of mesenchymal stem cells

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Directed by Professor Hwal Suh

The Master's Thesis submitted to the Department of  
Medicine, the Graduate School of Yonsei University in  
partial fulfillment of the requirements for the degree of

Master of Medicine

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December 2002

This certifies that the Master's Thesis of Hyongbum Kim  
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December 2002

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## ABSTRACT

Sustained release of Ascorbate-2-phosphate and Dexamethasone from porous PLGA scaffolds for osteogenic differentiation of mesenchymal stem cells

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(Directed by Professor Hwal Suh)

Mesenchymal stem cells (MSCs) are promising options for mesenchymal tissue engineering. However, as they are multipotent, to fabricate specific mesenchymal tissue, they should be induced to specific lineage. Ascorbate-2-phosphate and dexamethasone are major inducers of osteogenic differentiation of mesenchymal stem cells in vitro. In addition, porous poly(D,L-lactide-co-glycolide) (PLGA) matrices have been used as vehicles of tissue engineering. In this experiment, we fabricated biodegradable porous scaffolds which released ascorbate-2-phosphate (AsAP) and dexamethasone (Dex) upto 35 days. AsAP is lipid insoluble and was incorporated into the PLGA scaffolds as particles. As the size of AsAP decrease, the incorporation efficiency increased. Dex was incorporated as molecularly dispersed pattern. In vitro release study of Dex and AsAP from the scaffolds showed that after day 4 and 9 respectively, release rate was zero order at least until day 35.

When MSCs were cultured in the scaffolds in vitro, the cultures were significantly more mineralized than those in control scaffolds. When MSCs were

delivered into the subcutaneous tissue of athymic mice via the polymeric scaffolds, RT-PCR showed that MSCs in the AsAP and Dex incorporated scaffolds expressed significantly higher osteocalcin than those in control scaffolds.

In conclusion, AsAP and Dex was sustained released from the biodegradable polymeric scaffolds and MSCs were induced into osteogenic lineage in the PLGA scaffolds both *in vitro* and *in vivo*.

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Key words : mesenchymal stem cells, ascorbate-2-phosphate, dexamethasone, poly(D,L-lactide-co-glycolide), osteogenesis

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## I. INTRODUCTION

To generate bone, mesenchymal stem cells (MSCs) should undergo differentiation into osteogenic lineage. They can be successfully induced to differentiate into osteoblasts by ascorbate-2-phosphate (AsAP), dexamethasone (Dex) and  $\beta$ -glycerophosphate *in vitro*<sup>1</sup>. These three reagents comprise routine 'osteogenic media'<sup>1-4</sup>. However,  $\beta$ -glycerophosphate is a *in vitro* source of phosphate ions that is necessary for mineralization rather than a inducer of osteogenic differentiation<sup>1, 5-8</sup>. MSCs cultured in AsAP and Dex supplemented media generated bone tissue *in vitro*<sup>1, 3</sup> and *in vivo*<sup>9, 10</sup> but those cultured in the absence of AsAP and Dex generated little bone tissue or generated other kinds of tissue including cartilage or fibrous tissue both *in vitro*<sup>1</sup> and *in vivo*<sup>9-11</sup>.

The synthetic absorbable polymers most often utilized for 3-dimensional porous scaffolds in tissue engineering are the poly( $\alpha$ -hydroxy acids)<sup>12-14</sup>. These are the homopolymers of poly(L-lactide) (PLLA), poly(glycolide) (PGA) as well as poly(D,L-lactide-*co*-glycolide) (PLGA) copolymers. They are among the few synthetic absorbable polymers with U.S. Food and Drug Administration approval

for human clinical use. These biodegradable aliphatic polyesters have versatile biodegradation properties depending on their molecular weight and chemical compositions.

On the other hand, PLGA have been also extensively used as biodegradable carriers for drug delivery <sup>15-18</sup>. Because they are biocompatible <sup>19-21</sup> and bioabsorbable, there is no need to retrieve the carrier after the drug is depleted. Successful sustained release of drugs has been achieved by PLGA and PLLA <sup>22</sup>.

Tissue-engineering scaffolds using poly( $\alpha$ -hydroxy acids) have been developed to serve as vehicles for the delivery of bioactive factors such as proteins or DNA that can direct cellular responses within or around the scaffolds. Until now, three kinds of method have been developed to deliver drugs via porous scaffolds. These include adsorption of growth factors to the surface <sup>23, 24</sup>, incorporation of drugs during the scaffold fabrication process and incorporation of microparticles which contain the drugs. The second form of methods includes gas forming/emulsion <sup>25, 26</sup>, gas forming/particulate leaching <sup>27, 28</sup>, solvent casting/particulate leaching/emulsion <sup>25</sup> and emulsion freeze-drying process <sup>29</sup>. The third kind of methods includes incorporation of microparticles containing growth factors into scaffolds <sup>30, 31</sup> and fabrication of scaffolds from drug loaded microspheres. All the drugs used in these methods are only either proteins or DNA. DNA is hydrophilic polymer and proteins are amphiphilic and labile. Other kinds of drugs have not been studied in this view. Many drugs are neither polymer nor proteins. Incorporation and release pattern of drugs from polymeric scaffolds are different according to the molecular size of drugs, hydrophilicity of drugs, properties of polymers which comprise the scaffolds, porosity of the scaffolds, and other factors. Ascorbate-2-phosphate is hydrophilic but not polymer and dexamethasone is hydrophobic.

In this experiment, ascorbate-2-phosphate and dexamethasone was incorporated into and released from PLG porous scaffolds. MSCs were seeded onto the scaffolds and osteogenic functions of the MSCs were compared with those of control scaffolds.

## **II. MATERIALS AND METHODS**

### **1. Measurement of AsAP and Dex concentration: HPLC**

In this experiment, all concentrations of AsAP and Dex were measured by high pressure liquid chromatography (HPLC). The sample solutions were filtered through 0.45 $\mu$ m filter and degassed by sonication before being analyzed by HPLC system. The analysis of Dex was performed using a 3.9x150-mm reverse phase Novapack C-18 column (Waters corporation, Milford, MA) flowing at 1 mL/min at 246nm and the mobile phase consisted of 58:42 2-mM acetate buffer (pH 4.8) to acetonitrile<sup>32</sup>. The analysis of AsAP was performed using the same column flowing at 1ml/min at 257nm and the mobile phase consisted of 50mM KH<sub>2</sub>PO<sub>4</sub>(pH 2.2) containing 5%(v/v) acetonitrile and 0.0475% n-octylamine<sup>33</sup>.

Chemical stability of Dex and AsAP through scaffold fabrication was confirmed by comparing high pressure liquid chromatography spectra obtained from Dex and AsAP samples eluted from scaffolds with those derived from freshly prepared Dex and AsAP solution<sup>34</sup>.

### **2. AsAP particles in chloroform**

#### **A. Minimizing the size of Ascorbate-2-phosphate particles in chloroform**

We expected that AsAP would be incorporated into the septa or walls of polymeric scaffolds as particles and the incorporation efficiency will increase as the size of AsAP particles decrease. We confirmed this hypothesis by preliminary studies and tried to minimize the size of AsAP particles in chloroform. Three kinds of methods were tried.

Method A: Ascorbate-2-phosphate was dissolved in distilled water (DW) at the concentration of 1mg/ml. The solution was quick-frozen by quenching in liquid nitrogen and lyophilized. The remaining fine powder was suspended in chloroform.

The AsAP suspension was mildly sonicated for 1 hr.

Method B: AsAP was suspended in chloroform and sonicated for 2 hrs.

Method C: AsAP was suspended in chloroform and stirred for 2hrs.

## **B. Characterization of AsAP particles in chloroform**

### **(A) Size and morphology of the AsAP particles**

10ul of properly diluted AsAP suspension in chloroform was dropped onto clean slide glasses. In a few seconds, chloroform was evaporated and AsAP powder was left on the slide glass. Their sizes and morphologies was observed by light microscopy through CCD camera and analyzed by MetaMorph image analyzer (Universal Imaging Corporation, Downingtown, PA, USA). Their morphologies were analyzed by scanning electron microscopy (SEM).

### **(B) Measurement of concentration of AsAP in chloroform**

Aliquots of AsAP suspension in chloroform was placed into glass vials and they were left overnight under vacuum for the chloroform to evaporate. The remaining power was dissolved in DW and their concentration was measured using HPLC system.

## **3. Fabrication and chracterization of the scaffolds**

### **A. Fabrication of AsAP and Dex incorporated scaffolds**

Poly(D,L-lactide-co-glycolide)(PLGA) was from Purac (Purasorb, lot number:0010000072, Netherlands). Scaffolds were fabricated by an established solvent-casting, particulate-leaching technique with NaCl as the porogen<sup>35, 36</sup>. Briefly, 2 g PLGA and various amount of Dex were dissolved in AsAP-suspended

chloroform. 20 g NaCl particles (Sigma) sieved to 250um-350um were added to the solution. The dispersion was then cast in a 10 cm glass Petri dish. The samples were air-dried for 48 h and subsequently vacuum-dried for 24 h to remove any remaining solvent. The resulting PLGA/Dex /AsAP/salt composite membranes were then immersed in distilled deionized water (ddH<sub>2</sub>O) for 10 h (water changed every 3 h) with mild stirring to leach out the salt, and freeze-dried. The produced porous membranes were cut into disks of diameter of 6 mm and height of 1.5mm and stored in a desiccator under vacuum at -20 ° C until use.

**Table 1.** Preparation conditions for porous PLGA foams

Foam codes	Dex concentration (Dex/PLGA wt/wt ppm)	AsAP concentration (AsAP/PLGA wt/wt ppm)
D0/A0	0	0
D20/A0	20	0
D80/A0	80	0
D320/A0	320	0
D1100/A0	1100	0
D0/A1100	0	1100
D0/A3300	0	3300
D80/A3300	80	3300
D320/A3300	320	3300

## **B. Scanning electron microscopy (SEM) analysis of the scaffolds**

The polymer constructs were quick-frozen in liquid nitrogen and sectioned to reveal an intact pore network. The samples were sputter coated with gold using an ion coater (Hitachi E-100, Tokyo, Japan) at 6mA for 6 min, and then observed on a scanning electron microscope (Hitachi S-800, Tokyo, Japan) at an accelerating voltage of 20kV.

## **C. Measurement of the AsAP and Dex incorporated into the scaffolds**

Five AsAP incorporated scaffolds were dissolved in 5ml chloroform and 30ml of benzene was added and mixed by vortex. To this solution, 5ml of DW was added and mixed by vigorous stirring to extract AsAP in the organic solvent. The solution was centrifuged at 1000g for 30 minutes to separate the water and organic solvent. During this centrifugation any remaining AsAP particles in the organic solvents were spun down to the bottom layer (water phase) and dissolved in the water. AsAP concentration in the water was measured by HPLC.

Five Dex incorporated scaffolds were dissolved in 10ml of acetonitrile and the concentration of Dex was measured by HPLC.

Incorporation efficiency was calculated as the ratio of mass incorporated in the scaffolds after leach step to the sum of mass incorporated and lost during the leach<sup>27</sup>. Incorporation efficiency of Dex and AsAP was calculated using D1100/A0 and D0/A1100 respectively. To investigate the effect of particle size of AsAP on incorporation efficiency of AsAP, we fabricated D0/A1100 scaffolds using three kinds of AsAP particles from method A, B, C.

#### **4. Drug release study of AsAP and Dex from the scaffolds**

In vitro release study was performed by a modification of previously described<sup>18, 25</sup>. The dry mass of five scaffolds was measured and scaffolds were placed into polypropylene microcentrifuges tube containing 1 ml of DPBS with 0.1% (w/v) sodium azide as a bacteriostatic agent. The tubes were incubated at a constant temperature of 37°C under agitation of 15 rpm, and the DPBS buffer was changed at preset intervals. Buffers removed from the tubes were analyzed by HPLC.

#### **5. *In vitro* degradation study**

Degradation study was performed as previously described<sup>37</sup>. Scaffolds pre-wetted by immersion in ethanol were placed in glass vials containing 15 mL of Dulbecco's phosphate buffered saline (DPBS, pH7.4, Life Technologies, Grand island, NY, USA). The samples were incubated in a 37°C incubator under mild agitation of 15 rpm. The DPBS solution was changed every week. At the end of each sampling time point, pH change in the incubation medium was monitored. The retrieved scaffold samples were subjected immediately to measurement of wet weight in a hydrated state, after surface water was removed with a Kimwipes tissue, and then they were freeze-dried. Mass erosion and water uptake of each scaffold sample during the degradation period then were determined by using the wet and dry weights of the sample.

#### **A. Gel permeation chromatography**

The molecular weight of PLGA was measured by gel permeation chromatography (GPC) (Waters Co., USA) equipped with a series of  $\mu$  Styragel® columns (HR1, HR4, HR5, HR5E Å pore sizes), Isocratic HPLC pump (Waters 1515), Autosampler (Waters 717), Refractive Index detector (Waters 2410) and

integrator at 40 . Tetrahydrofuran (THF) was used as an eluent at 1.0ml/min of flow rate and  $1.0 \times 10^3$  Pa of the pump pressure.

## **6. Isolation and culture of mesenchymal stem cells**

### **A. Isolation of MSCs from bone marrow**

#### **(A) Isolation of human MSCs**

Human MSCs (hMSCs) were isolated from the marrow of the osteotomy specimens which were obtained as results of routine hip surgery in children (4-8 years old) after informed consent. All animal experiment procedures were managed in accordance with the Guidelines and Regulations for Use and Care of Animals in Yonsei University<sup>3</sup>. Briefly, about 0.5ml to 2 ml of marrow aspirate was collected into a heparinized syringe to prevent clotting. The marrow sample was washed with Dulbecco's phosphate-buffered saline (DPBS), cells were recovered after centrifugation at 900g, and the process was repeated once more. Cells were resuspended in 4ml of Tyrode's salt solution and loaded onto 7 ml of Percoll of a density of 1.073 g/ml in a 15-ml conical tube. Cell separation was accomplished by centrifugation at 1100g for 30 min at 20°C. The nucleated cells were collected from the interface, diluted with three volumes of DPBS, and collected by centrifugation at 900g. The cells were resuspended, counted, and plated at  $2 \times 10^6$  nucleated cells/cm<sup>2</sup>. The human and rabbit MSCs were cultured in complete media which consisted of Dulbecco's modified Eagle's medium (DMEM) (low glucose) containing 10% fetal bovine serum (FBS, Invitrogen corporation, Grand island, N.Y., USA). Medium was replaced at 24 and 72 hours and every third or fourth day thereafter. hMSCs grew as symmetric colonies and were subcultured at 10 to 14 days by treatment with 0.05% trypsin and 0.53 mM EDTA for 5 min, rinsed from the substrate with serum-containing medium, collected by centrifugation at 200g for 5 min, and seeded into fresh flasks at  $5 \times 10^3$  cells/cm<sup>2</sup>. With each treatment of

trypsin-EDTA and replating, the passage number was increased and represented approximately three population doublings.

### **(B) Isolation of rabbit MSCs**

All animal experiment procedures were managed in accordance with the Guidelines and Regulations for Use and Care of Animals in Yonsei University. Rabbit MSCs were obtained from adult female white New Zealand rabbits aged between 8 months and 1 year, weighing 2.5kg to 3.3kg, using a modification of the method previously described<sup>38-40</sup>. The rabbits were anesthetized with intramuscular administration of ketamine (50mg/kg) and xylazine (10mg/kg). Under general anesthesia, bone marrow was aspirated from the tibia with a 10ml syringe containing 0.1mL heparin (3000U/mL saline solution), with a 16-gauge needle. The marrow aspirates were suspended in DPBS, centrifuged, and resuspended in the complete medium. Rabbit MSCs reached confluency at 7 to 10 day and were subcultured following the method for hMSCs.

### **(C). Confirmation of differentiation potential of rabbit MSCs**

The differentiation potential of rabbit MSCs was confirmed by differentiation induction in vitro. They were induced for osteogenic, chondrogenic and adipogenic differentiation as previously described<sup>10</sup>. For identification of osteogenic differentiation, MSCs cultures were stained with Alizarin Red S and von Kossa. For confirmation of chondrogenic differentiation, they were stained with Alcian blue. For identification of adipogenic differentiation, they were stained with Oil red O.

## **B. Seeding of MSCs in the scaffolds**

Before mesenchymal stem cells seeding, scaffolds were prewet and sterilized by immersion in 100% ethanol for 1hr, 70% ethanol for 1 hr and washed with PBS<sup>41</sup>. Then they were coated with serum protein by sinking in FBS supplemented by 10%

antibiotic for 2hrs and washed with sterile DW. The MSC cultures were trypsinized at 3<sup>rd</sup> passage and cells were suspended at the concentration of  $4 \times 10^7$  cells/ml and 25ul of the cells suspension were poured onto the scaffolds. The size of the scaffolds was 6 mm diameter and 1.5mm height. The cells were allowed to adhere to the scaffolds for 3 h. Rabbit MSCs were used for in vitro study and human MSCs were used for in vivo study.

For in vitro study, the cell/polymer constructs were placed in 12-well plates and covered with 2 mL of media. Culture media for in vitro culture were complete media supplemented by 10mM  $\beta$ -glycerophosphate and were changed every fourth day.

For in vivo study, the cell/polymer constructs were transplanted into subcutaneous area of the dorsal surface of 8-week-old nude mice. The transplants were recovered after 2 wks and RT-PCR was performed.

## **7. *In vitro* osteogenesis of MSCs in the AsAP and Dex incorporated scaffolds**

### **A. Alkaline phosphatase activity assay**

Alkaline phosphatase (ALP) activity was measured using a modification of the previously described method<sup>2</sup>. Briefly, scaffold cultures were rinsed with Tyrode's salt solution (Sigma, Saint Louis, Mo, USA) twice. The scaffolds were homogenized in 1 ml of alkaline buffer solution (Sigma Diagnostics, Inc.) for ALP assay using homogenizer (IKA Werke GMBH&Co., Staufen, Germany) and centrifuged at 5000 rpm for 5 min. 100ul of the supernatants were added to 96 well plate which contain 100ul of 5mM p-nitrophenyl phosphate and the optical density was measured at 405nm in dynamic mode and the slope was calculated and converted into enzyme activity based on the standard curve. Standard curve was obtained from the successive dilutions of p-nitrophenol standard solution (Sigma Diagnostics, Inc.).

## **B. Calcium assay**

Deposited calcium was measured by a modification of the previously described<sup>1</sup>. Scaffolds were rinsed with calcium free-DPBS and fixed with 1% (v/v) glutaraldehyde in Tyrode's for 30 min. Following fixation, scaffolds were mildly rinsed twice with DW, calcium was extracted with 1ml of 0.6N HCl per scaffold in eppendorf tubes. They were placed on a orbital shaker (Boekel industries inc.) overweekend and centrifuged at 10000 rpm for 5 minutes. Aliquots of the supernatants were properly diluted and assayed using a commercial calcium assay kit (Sigma Kit #587) according to the manufacturer's instruction. The optical density was read at 575 nm with a microplate reader. Calcium concentration was calculated with a standard curve generated from a series dilution of calcium standard solution (Sigma Diagnostics, Inc.).

## **8. *In vivo* osteogenesis of MSCs in the AsAP and Dex incorporated scaffolds : Reverse Transcription–Polymerase Chain Reaction**

Total RNA was prepared from 2-week-old MSC implants by using Rneasy Mini Kit(Qiagen). First-strand cDNA was synthesized from 1.5ug of total RNA in a 20- $\mu$ l reaction mix using AMV reverse transcriptase XL (Takara bio incorporation, shiga, Japan) and an oligo-dT primer. PCR reactions were carried out in a mixture of 20  $\mu$ l containing 1.5 mM MgCl<sub>2</sub>; 0.2 mM each of dATP, dGTP, and dTTP; 5  $\mu$ M dCTP; 1  $\mu$ Ci of [ $\alpha$ -<sup>32</sup>P]dCTP (3000 Ci/mmol; DuPont New England Nuclear, Boston, MA); 4ul of cDNA; 1x PCR buffer; 1.25 units of Taq DNA polymerase Gold (Perkin–Elmer) ; and 20 pmol of human specific primer sets: osteocalcin (sense, 5'-CATGAGAGCCCTCACA-3'; antisense, 5'-AGAGCGACACCCTAGAC-3') and glyceraldehyde-3-phosphatedehydrogenase (GAPDH: sense, 5'-

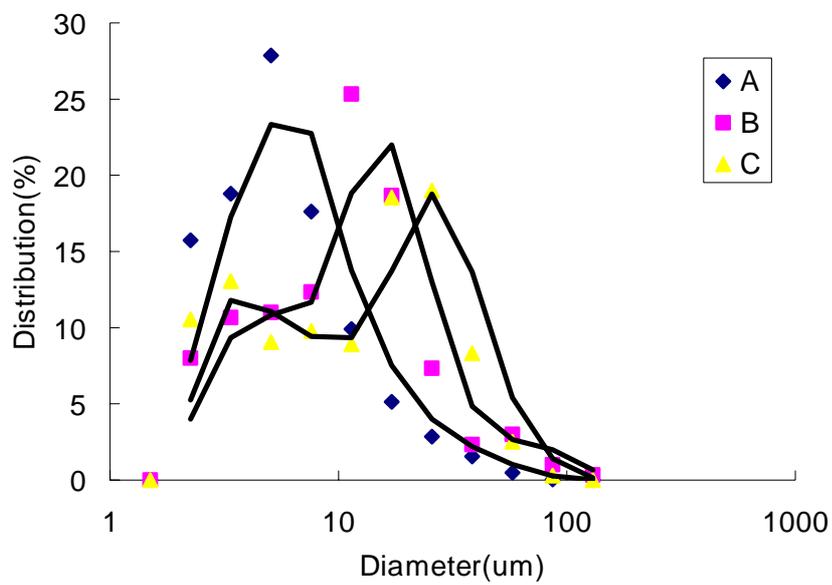
AGCCGCATCTTCTTTTGCGTC-3'; antisense 5'-  
TCATATTTGGCAGGTTTTTCT-39). After denaturation at 95°C for 10 min, DNA  
amplification was performed for 29 cycles (GAPDH) or 37 cycles (osteocalcin)  
consisting of denaturation at 94°C for 30 s, primer annealing at 56°C (osteocalcin)  
or 57°C (GAPDH) for 30 s, and elongation at 72°C for 30 s. PCR products were  
separated in 5% polyacrylamide gels containing 5.6 M urea, followed by  
autoradiography.

### **III. RESULTS AND DISCUSSION**

#### **1. AsAP particles in chloroform**

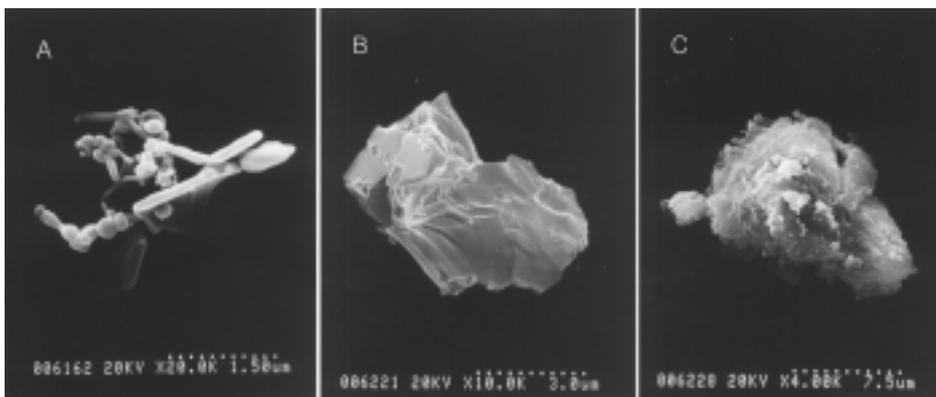
Method A resulted in significantly smaller AsAP particles compared to the other methods (Fig.1) and sonication of AsAP particles (method B) resulted in slight decrease of AsAP particles compared to those of method C. The average diameter of AsAP from method A, B, C was 6.0, 11.2, 12.8 $\mu$ m respectively. Method D caused aggregation of AsAP rather than diminishing the size of AsAP and was not further studied. When AsAP solution was frozen slowly in  $-20^{\circ}\text{C}$  instead of quick freezing in liquid nitrogen during the method A, the size of AsAP was similar to those of method B. Slow decrease of temperature of AsAP solution can cause aggregation of AsAP particle in the solution during the freezing process. However, in quick-freezing by quenching in liquid nitrogen, the time for the AsAP particles to aggregate is too short.

The morphology of AsAP of method A was also quite different from those of method B and C (Fig.2). AsAP particles from method A were like dispersed meshes with void area within their particles. However, those from methods B and C were more condensed than those of method A without void area within the particles. The difference in morphology of particles of method B and C is their surface character. Sonication caused disintegration of small AsAP particles from the large particles resulting cleaner surface than those from method C.



**Figure 1.** Size distribution of AsAP particles in chloroform.

Sonication(method B) diminished the size of AsAP particles compared to stirring (method C). Quick freezing and lyophilization followed by mild sonication (method A) caused smallest particles among the three methods.



**Figure 2.** Morphology of ASAP particles by SEM.

A,B,C are the particle of method A, B,C respectively. Quick freezing and lyophilization followed by mild sonication (A:method A) resulted in dispersed mesh shape of ASAP with void area in the particles. Particles from method B and C are more condensed morphology when compared to method A.

## **2. Fabrication of Dex and AsAP incorporated scaffolds**

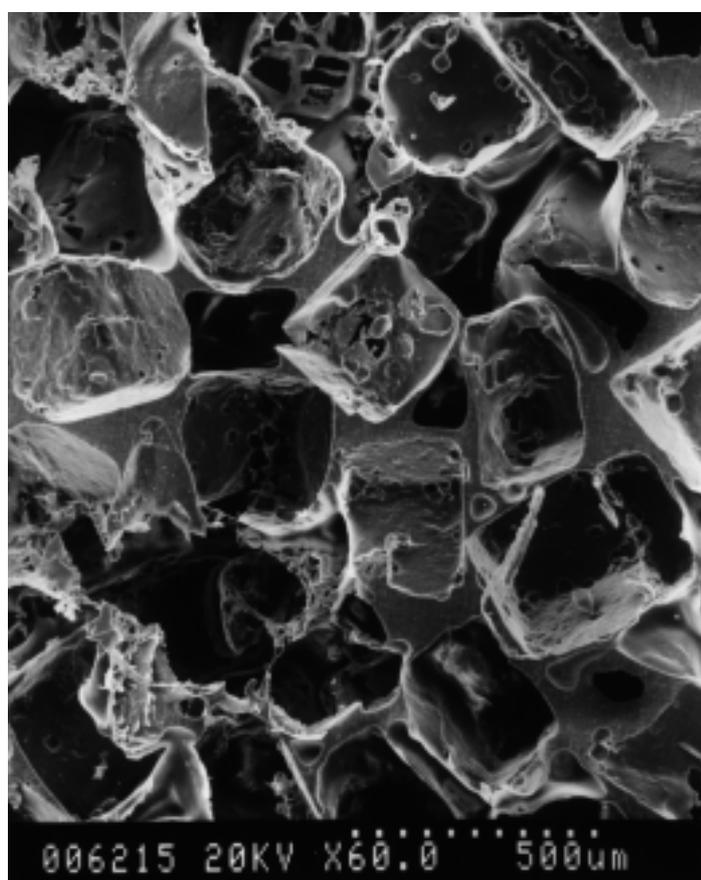
Dex and AsAP incorporated porous PLGA scaffolds were fabricated by the solvent casting/particulate leaching method (Fig.3). There was no difference in porosity and pore size between the Dex or AsAP incorporated scaffolds and the control through observation using SEM. Cross sectional view of the scaffold walls showed that AsAP incorporated scaffold walls had numerous small porous networks, which lacked in Dex incorporated scaffold walls (Fig. 4) and the control scaffold. This suggests that hydrophilic AsAP was incorporated into the hydrophobic PLGA scaffold walls as particles. There was no morphological difference between the Dex incorporated and control scaffold through a light microscopic observation. This assumes to be related to the hydrophobicity of Dex that incorporates with the hydrophobic PLGA<sup>42</sup>.

### **A. Incorporation efficiency**

Incorporation efficiency of AsAP increased as AsAP size decreased (Fig.5). To be incorporated into the scaffolds, in other words, not to be leached out during the particulate leaching step, the AsAP particulate should be totally entrapped by PLGA and should not be exposed to the solvent of AsAP or water during the leach process. The entrapped AsAP is located in the septum or wall of porous scaffolds. The range of wall thickness was approximately 5-50um and the average was approximately 10um (Fig 3). To be incorporated into the wall, the diameter of particles should be smaller than the thickness of wall and small particles have more probability to be incorporated into the wall than large ones. PLGA polymer walls encapsulating smaller AsAP particles seemed to have a higher percentage of small pores distributed more evenly throughout the polymer walls. The incorporation efficiency of Dex was higher than those of AsAP because they are almost molecularly dispersed in the PLGA polymer, in other words, they are much more smaller than AsAP in the polymer. The higher hydrophobicity of Dex will be another reason for

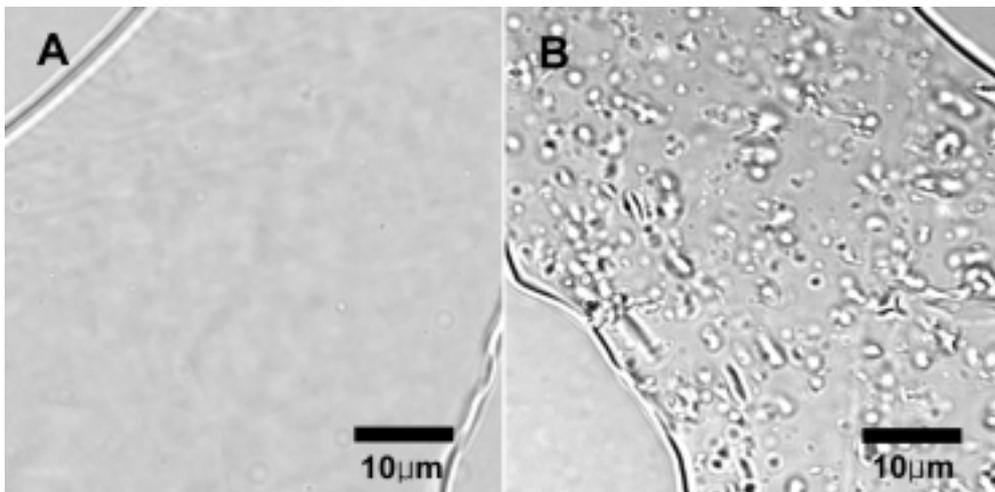
higher incorporation efficiency than those of hydrophilic AsAP (Fig 5).

The chemical stability of AsAP and Dex through was confirmed by graph comparing freshly prepared HPLC graph. There was no difference in HPLC graph between the graphs of freshly prepared AsAP and Dex solution and those of incorporated AsAP and Dex respectively.



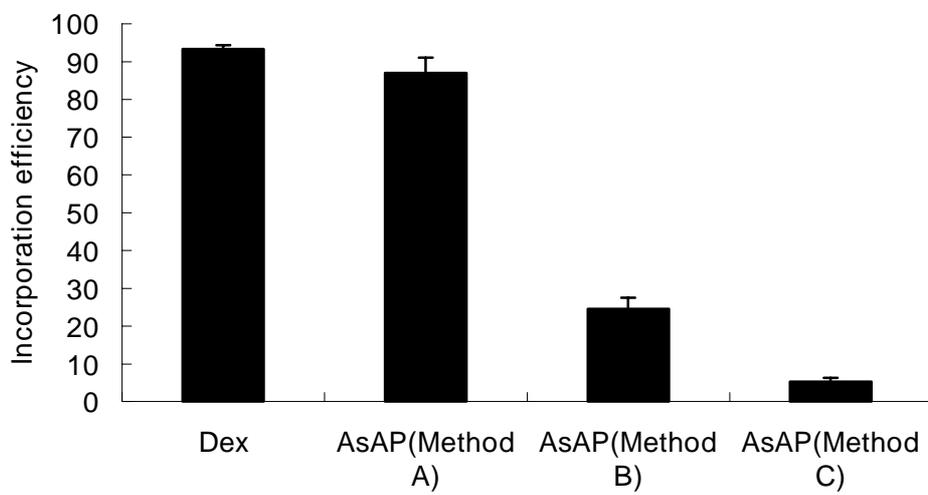
**Figure 3.** Scanning electron micrograph of cross section of PLGA foams.

The PLGA foam was fabricated by solvent casting/particulate leaching method and Dex and AsAP was incorporated into the foam during the fabrication process of the foam. The pore size was in the range of 250 to 350um and the pores were connected each other. Size bars and original magnification are shown on photomicrographs.



**Figure 4.** Section of scaffold walls

Porous scaffolds D320/A0(A) and D0/A3300(B) were frozen sectioned to 10µm thickness and observed by a light microscopy at x1000 magnification to reveal the structure of scaffold walls. AsAP incorporated scaffolds(B) had small pores or porous networks in their walls, which lacked in Dex incorporated scaffolds(A).



**Figure 5.** Incorporation efficiency of Dex and AsAP in porous PLGA foams.

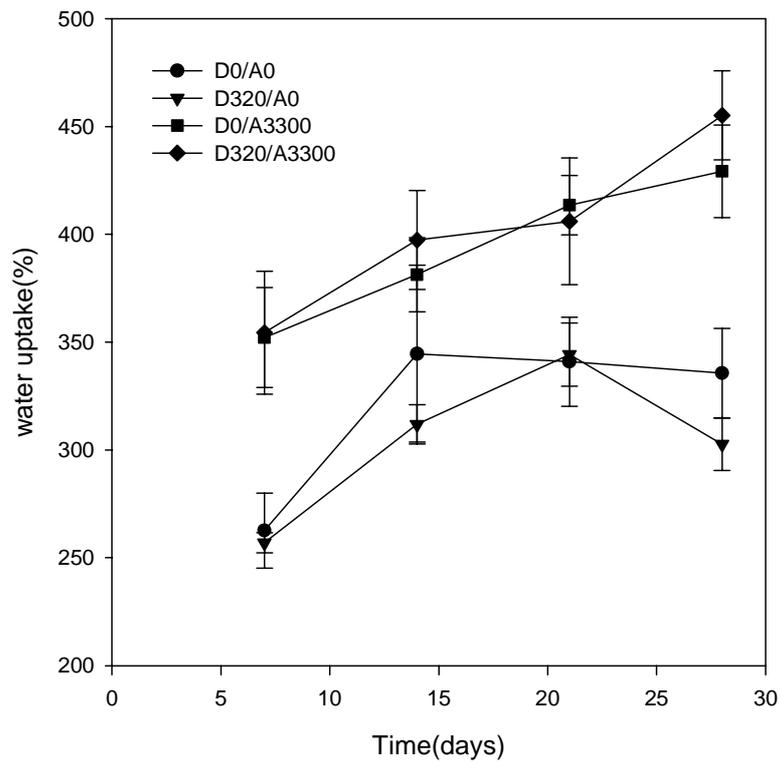
Incorporation efficiency of Dex was higher than those of AsAP. Particle size of AsAP decreased in order of method A, B and C. Larger AsAP particles (method C) are poorly incorporated into the PLGA foams.

### **3. Degradation, water uptake and drug release study**

#### **A. Water uptake and degradation test**

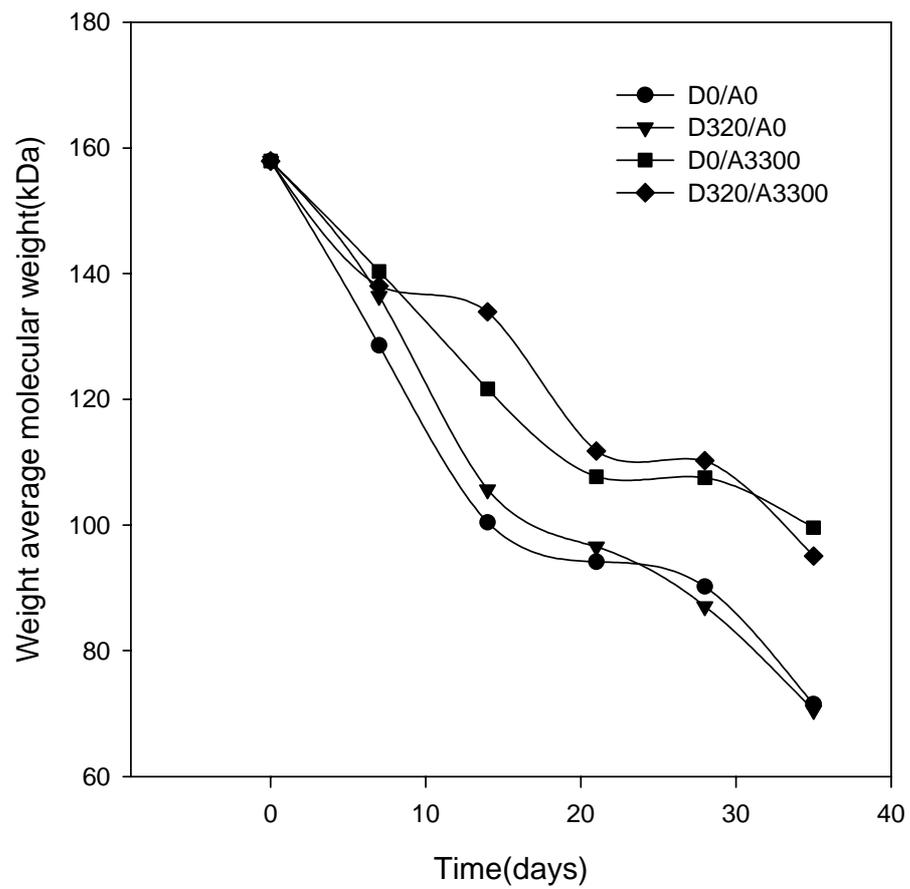
Water uptake profiles, which measure the swelling extent of scaffolds, showed that AsAP incorporated scaffolds uptaked more water than control scaffolds(Figure 5). Incorporation of Dex into the scaffolds had no influence on the water uptake profile. Because AsAP is much more hydrophilic than PLGA and Dex, incorporation of AsAP into the PLGA increase hydrophilicity resulting in higher water uptake. In addition, water solvates the AsAP particles close to the surface and micropores are generated. These micropores became to be filled with surrounding water and the penetration of water into the PLGA polymer wall is increased through these pores. But, Dex is molecularly dispersed in the polymer and hydrophobic, Dex incorporated scaffolds does not have these micropores and consequently resulting in lower water uptake and penetration than those of which AsAP was incorporated.

AsAP incorporated scaffolds degraded more slowly than Dex incorporated scaffolds or control scaffolds (Figure 6). Because hydrophilic AsAP was incorporated into the scaffolds as particles, as stated above, AsAP incorporated scaffolds have more micropores as AsAP is dissolved by surrounding or penetrating water than those of control or Dex incorporated scaffolds. These micropore slow down the degradation of AsAP. Similar results were previously reported<sup>36, 43</sup>. The faster degradation of foams without these micropore was due to the greater extent of autocatalytic effect. The intermediate degradation products were trapped inside the wall structure before their molecular weights decreased to a critical value of about 1100 to be soluble in water. The accumulation of carboxylic groups led to faster degradation of PLGA that constitute the scaffold walls. In addition to these micropore effect, AsAP is basic and neutralize PLGA degradation products<sup>44</sup> and inhibits the autocatalysis.



**Figure 6.** Water uptake test.

Porous PLGA scaffolds were placed in DPBS at 37°C and 15 rpm and the water uptake was calculated from wet weight and dry weight. ASAP incorporation increased water uptake of the PLGA scaffolds. Incorporation of Dex had no influence on the water uptake profile of the scaffolds. Results were shown by average±standard deviation (n=6).



**Figure 7.** Weight average molecular weight of the PLGA scaffolds.

Porous PLGA scaffolds were placed in DPBS at 37°C and 15 rpm. Their Mw was measured by gel permeation chromatography.

## B. Release study

The Dex of PLGA scaffolds had an initial burst release period for 4 days followed by sustained release at least until day 36(Figure 8). The second period release has almost zero order following the equation given below.

$$C_t = kt + b \quad (1)$$

where  $C_t$  is the amount of drug that has been released by time  $t$ ,  $k$  is a kinetic constant and  $b$  is a constant determined by the amount of drugs released during the first period. During the burst period, 6-13 percent of incorporated Dex was released. After day 4, the release pattern followed the above equation with high correlation coefficients (Table 2). Initial burst release followed by zero order release is ideal release pattern for many biomedical application. This release pattern increase the concentration of drug quickly by burst release for the optimal concentration and maintain the optimal, constant concentration by zero order release. This release pattern was seen all the Dex concentration in the PLGA used for this experiment suggesting that we can effectively control the concentration of Dex within or near the PLGA scaffolds by adjusting the concentration of Dex in the PLGA polymer. Until day 35, only 10 to 28 percent of the incorporated amount was released (Table 2).

The releases of AsAP from the PLGA scaffold also have initial burst release followed by zero order release(Table 2). However, the burst effect of AsAP release was severer than those of Dex. The duration of burst release was 9 days and during the burst release 52-72 percent of total incorporated drugs has been released.

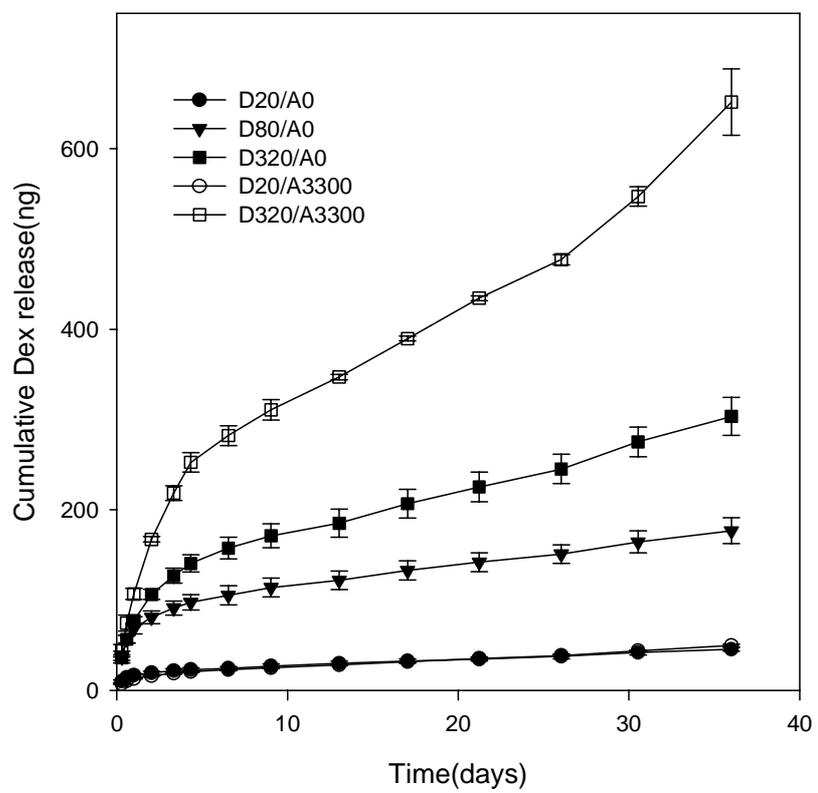
By comparing the release of Dex from D320/A0 and D20/A0 to those from D320/A33000 and D320/A0 respectively, it can be inferred that release of Dex was faster when AsAP particles were co-incorporated (Figure 8 and Table 2). As stated above, water uptake and penetration were increased by incorporating AsAP into the scaffolds. This increased water penetration into the polymer wall resulted in increased release of Dex from the scaffolds. This effect of AsAP incorporation to

the release of incorporated drugs was further potentiated as the dose of AsAP increase. As shown by Table 2 and figure 9, release of incorporated drug, AsAP from D0/A3300 was faster than those from D0/A1100. As mentioned above, incorporation of AsAP into the PLGA scaffold walls results in micropores. Incorporation of higher amount of AsAP into the scaffolds results in a larger network of interconnecting channels and, therefore, more access to the surrounding medium than the lower loaded scaffolds<sup>45</sup>. In contrast, incorporation of higher dose of Dex resulted in slower release pattern and decrease water uptake as shown by the release pattern of D20/A0, D80/A0 and D320/A0. Dex is hydrophobic and this molecule fills the space in the PLGA molecule, especially the amorphous area, through which water diffuse and penetrate in the polymer, resulting in decreased water uptake, water diffusion and consequently slower release of the incorporated drugs. When AsAP is coinorporated, this effect of Dex was not observed in water uptake and drug release profile.

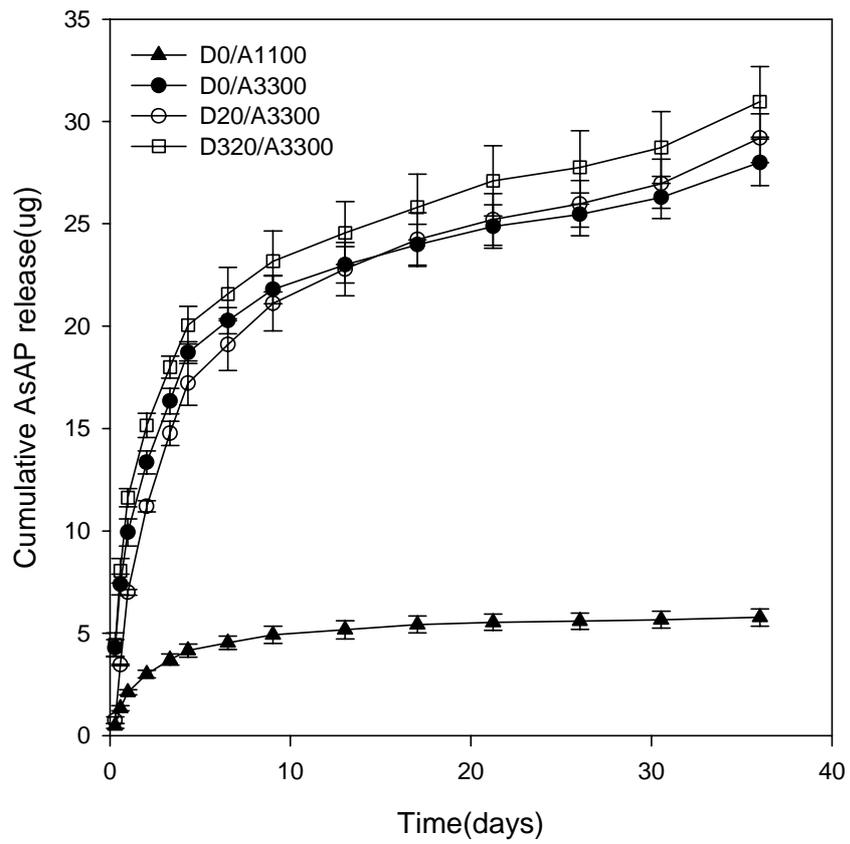
**Table 2 Zero order release parameters of 2<sup>nd</sup> phase release and total released amount of Dex and AsAP until day 35.**

2<sup>nd</sup> phase zero order release of Dex and AsAP was initiated from day 4 and 9, respectively.

Foam codes	k(ng/day)	Correlation coefficient (R <sup>2</sup> )	Total released amount (%)
<b>Dex</b>			
D20/A0	0.88	0.996	26
D80/A0	2.44	0.997	21.9
D320/A0	4.95	0.996	12.8
D20/A3300	0.88	0.996	28.4
D320/A3300	11.8	0.985	28.9
<b>AsAP</b>			
D0/A1100	17	0.986	61.1
D0/A3300	214	0.985	84.8
D20/A3300	274	0.979	88.4
D320/A3300	269	0.984	93.8



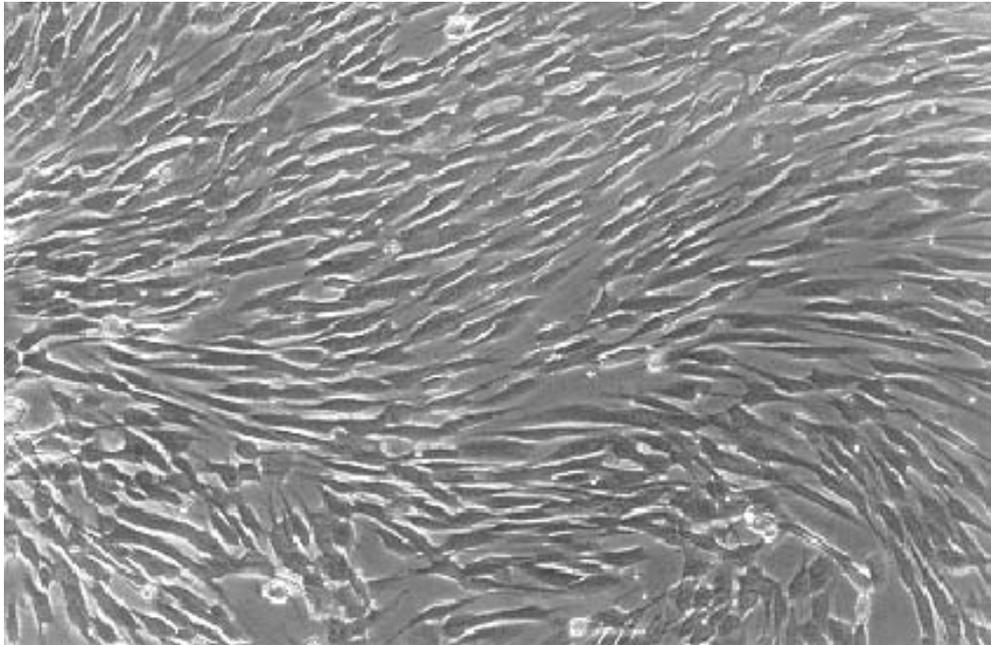
**Figure 8.** Dex release from porous PLGA scaffolds



**Figure 9.** AsAP release from porous PLGA scaffolds

#### **4. Isolation of human and rabbit MSCs**

Human MSCs were isolated (Figure 9). They were spindle shaped and reached confluency on the culture day of 9 to 14 days. Isolated rabbit MSCs reached confluency on the culture day of 7 to 10 days. They underwent osteogenic, chondrogenic and adipogenic differentiation depending the culture condition (Figure 10,11,12).



**Figure 10** Human MSCs

The morphology of human MSCs was spindle shaped.

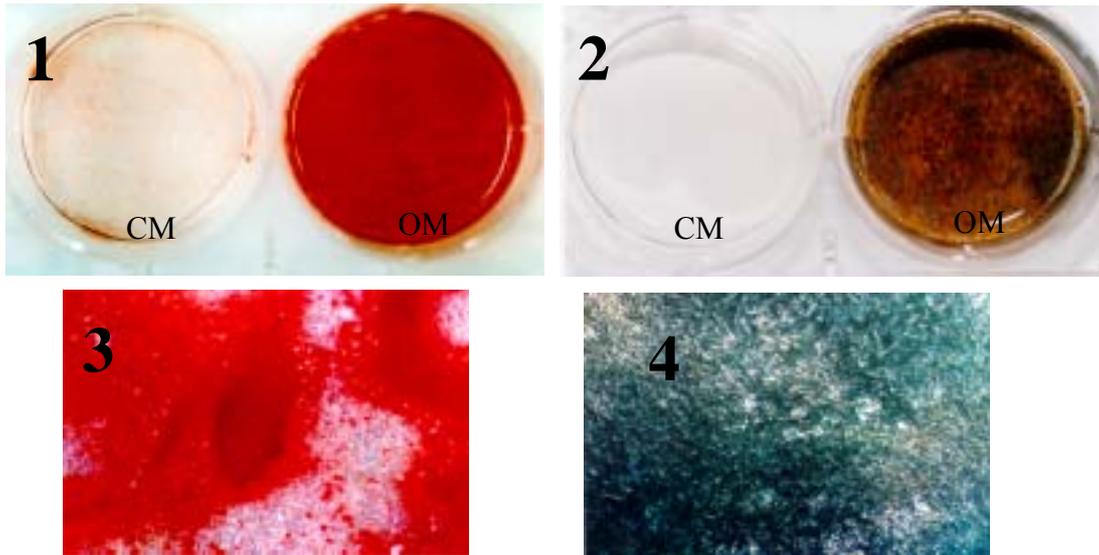


Figure 11. In vitro osteogenic differentiation

Rabbit MSCs were cultured in control media(CM) or osteogenic supplemented media(OM) and stained with Alizarin Red S or Von Kossa.

1. Alizarin Red S stain (6 well plate), 2. Von Kossa stain (6 well plate), 3. Alizarin Red S stain of MSCs cultured in OM (x100), 4. Negative control (Alizarin Red S stained MSCs cultured in CM,x100)

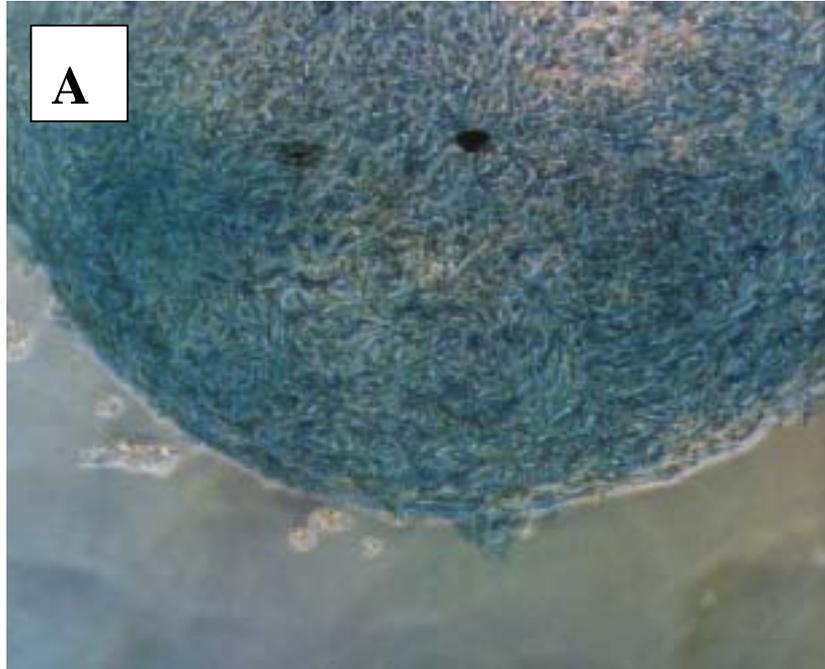


Figure 12. In vitro chondrogenesis of mesenchymal stem cell

Pellet culture shown by micrograph (A: Alcian blue stain, x100) and gross morphology(B)

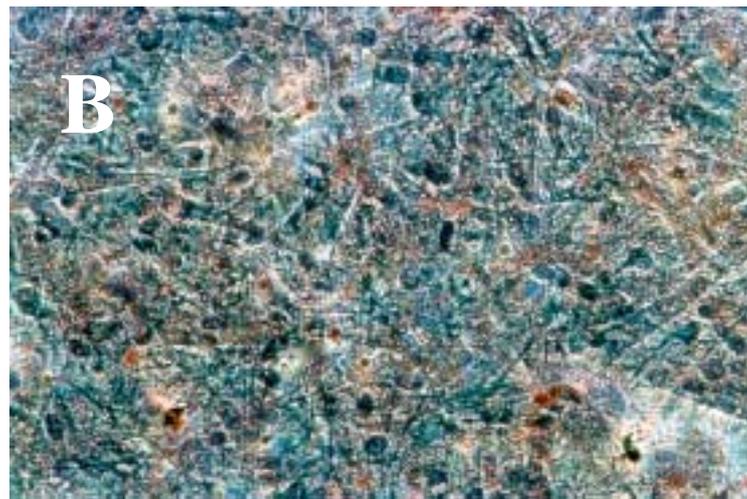
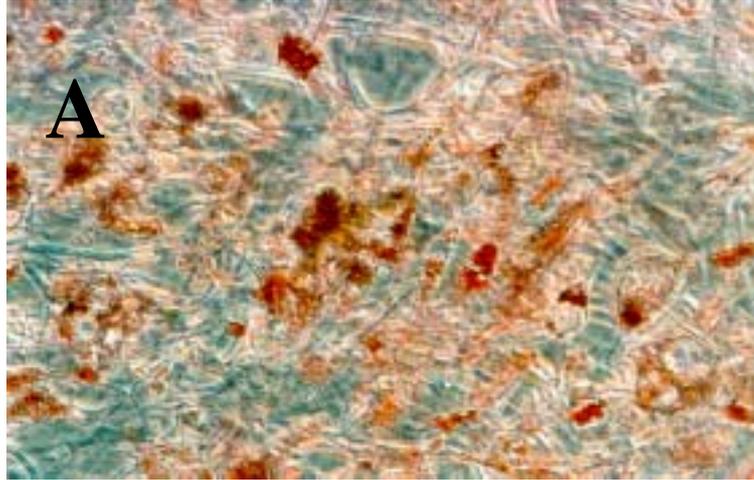


Figure 13. In vitro differentiation of mesenchymal stem cell into adipocyte  
Adipogenic differentiation was induced by culture in adipogenic media. The cultures were stained with Oil Red O. Magnification was x100.

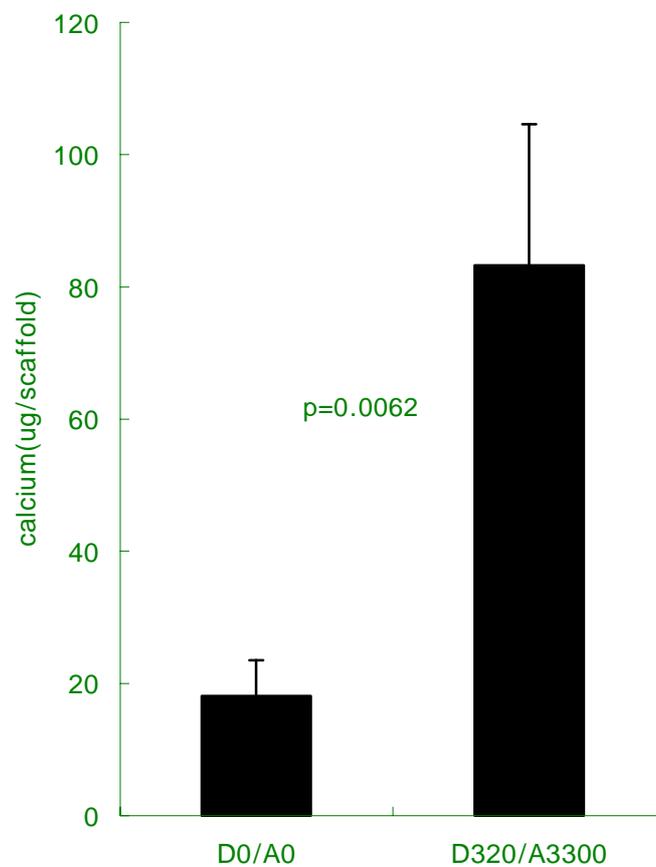
## **5. Increased osteogenesis of MSCs in the Dex and AsAP releasing scaffolds in vitro**

MSCs seeded onto the scaffolds resulted in significantly increased calcium deposition than those of control scaffolds (Figure 13). Mineralization is critical indicator of osteogenic differentiation of MSCs<sup>1-3</sup>. This strongly suggests that MSCs underwent osteogenic differentiation by the effect of Dex and AsAP released from the scaffolds. This effect is almost equivalent to those of MSCs cultures in osteogenic media.

There was no difference in alkaline phosphatase activity between the MSC cultures on control scaffolds and those on AsAP and Dex incorporated scaffolds.

Jaiswal, N *et al.* suggested that the effective concentration of Dex for osteogenic differentiation of MSCs was in the range of 10nM(40ng/ml) to 100nM(400ng/ml) and this of AsAP was in the range of 50uM(16 µg/ml) to 500uM(160 µg/ml)<sup>1</sup>. However, in case of AsAP, they did not study the effect of AsAP in lower concentration than 50uM and Park, SR *et al.* showed that osteogenesis of human marrow adipocytes was induced in the concentration of 10nM(3.2 ng/ml) of AsAP<sup>46</sup>. Dex and AsAP showed toxic effect at the concentration of 1000nM(4000ng/ml) and 1000uM(1600µg/ml) respectively<sup>1</sup>. We used 320/3330 scaffolds for in vitro study. The MSCs were cultured in 2ml media and the media was changed every third day. The estimated concentrations of Dex based on the drug release studies were 77, 32, 15 and 14 ng/ml at day 3, day 6, day9 and day 12, respectively and those of AsAP were 5, 1.8, 0.8 and 0.6µg/ml. This estimation is based on a hypothesis that Dex and AsAP are evenly distributed to the culture media by diffusion. However, the concentration around the cultured MSCs will be higher than the above estimation because the Dex and AsAP are released from the scaffolds, directly on which MSCs are attached. Accordingly, MSCs were considered to be exposed to the effective concentration of Dex at least during the

first 6 days. The first 1 week is especially important in the determination of differentiation fate of MSCs<sup>1</sup>. In addition, considering Park's experiment<sup>46</sup>, the concentration of AsAP were also expected to be in the effective range.

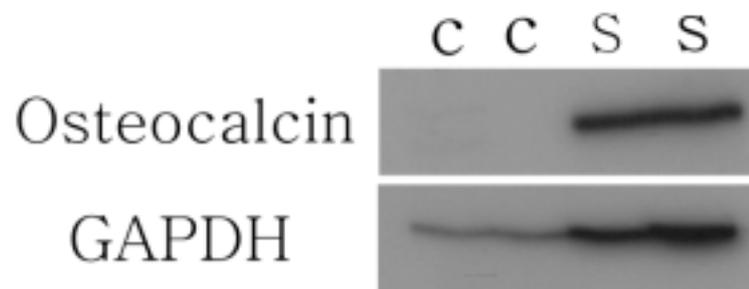


**Figure 14.** Calcium deposition of MSCs cultured PLGA scaffolds *in vitro*.

MSCs were cultured on two kinds of scaffolds. Calcium deposition was significantly higher in MSCs cultured on Dex and AsAP incorporated scaffolds(D320/A3300) than control scaffolds(D0/A0). (n=4)

## 6. Osteogenic differentiation of MSCs seeded in the Dex and AsAP releasing scaffolds in vivo

Osteocalcin mRNA was expressed in MSCs seeded in the Dex and AsAP releasing scaffolds. However, osteocalcin mRNA was not expressed those in control scaffolds (Figure 14). Osteocalcin is a marker of osteogenic differentiation of mesenchymal stem cells<sup>10</sup>. This suggest that the differentiation of MSCs were induced relatively specifically into osteogenic lineage by the release of Dex and AsAP in vivo.



**Figure 15.** RT-PCR of MSCs transplanted into the subcutaneous area of athymic mice for 2 weeks.

MSCs were transplanted by after seeding onto control scaffolds(C) or AsAP and Dex incorporated scaffolds(S). After 2 weeks, the transplanted were analyzed by RT-PCR.

#### **IV. CONCLUSION**

We successfully incorporated ascorbate-2-phosphate and dexamethasone during the porous PLGA scaffold fabrication by solvent casting/particulate leaching method. The size of AsAP particles in chloroform was significantly diminished by quick freezing of the AsAP solution followed by lyophilization and sonication. Incorporation of AsAP into the scaffolds increased water uptake and water penetration resulting faster drug release from the scaffolds. The release of Dex and AsAP was composed of two periods. The first period of Dex and AsAP release was burst release period of which duration was 4 days and 9 days. The second release period was zero order release. The second release period was at least until the duration of release study, 35 days.

When MSCs were cultured in these scaffolds, MSCs underwent osteogenic differentiation *in vitro* and *in vivo*. The osteogenic differentiation of MSCs *in vitro* were documented by increased calcium deposition after culture for 2 weeks. The osteogenic differentiation of MSCs *in vivo* were observed by increased expression of osteocalcin by RT-PCR.

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2 (RT-PCR)

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