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— Abstract —

A Fatal Intracerebral Hemorrhage Complicated by Compartment Syndrome of the Upper Arm

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Compartment syndrome has a wide spectrum from muscle pain to a life-threatening condition, such as acute renal failure and disseminated intravascular coagulation (DIC). Intracerebral hemorrhage (ICH) due to compartment syndrome has not been reported. We report a patient who presented with ICH leading to death. A 25-year-old female with no significant past history developed extensive compartment syndrome followed by rhabdomyolysis, acute renal failure, DIC, and ICH. Although the patient underwent a fasciotomy and hemodialysis and received aggressive resuscitation with massive transfusions of blood and intravenous fluids, she died. This case stresses the importance of early diagnosis and prompt treatment of compartment syndrome to prevent devastating complications. (J Korean Soc Traumatol 2006;19:178-182)

Key Words: Intracerebral hemorrhage, Compartment syndrome, Disseminated intravascular coagulation

I. Introduction

Most compartment syndromes develop in the forearm or the leg.(1-3) There are numerous causes of the pressure elevation, and these include muscle trauma, tourniquet use, infiltration of intravenous fluids, external compression

caused by narcotic overdose, or intraoperative positioning leading to muscle ischemia and subsequent necrosis.(1-4) If this condition goes unrecognized, it can be devastating, and delays in the diagnosis and treatment may lead to life threatening complications such as severe metabolic disturbance, cardiac arrhythmia, cardiac arrest,

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acute renal failure (ARF), and disseminated intravascular coagulation (DIC). (1-5) This report describes a case of a woman who developed intracerebral hemorrhage (ICH) secondary to compartment syndrome of the upper arm

II. Case Report

A 25-year-old woman was admitted to the orthopedic clinic for contusion of his left upper arm caused by blunt impact after fall. The patient was alert at the time of injury. Progressive swelling and pain developed in the left upper arm. Four days later, she was referred to our hospital due to sudden loss of consciousness. The patient didn't exhibit fever. Physical examination revealed swollen and stiff lesions on the left side of her upper arm. Radiographs of the upper arm showed soft tissue swelling around left upper arm. But there was no definite fracture (Fig. 1). Chest radiograph and electrocardiogram showed no abnormal features. Neurological examination showed coma with fully dilated and

fixed pupils. Brain computed tomography showed a large ICH of the right frontal lobe with severe swelling (Fig. 2). Doppler examination demonstrated normal arterial and venous signals, but showed increased muscular echo on the left proximal upper arm. Edema formation was suspected within that compartment, but there was no hematoma. The pressure in the anterior compartment of the left upper arm was measured because compartment syndrome was suspected. The pressure was 48 mm Hg and emergent fasciotomy was performed.

Significant laboratory results included elevated serum blood urea nitrogen (138.4 mg/dL), creatinine (7.1 mg/dL), myoglobin (>3000 ng/mL), potassium (5.7 mEq/L), aspartate aminotransferase (AST) (1498 IU/L), alanine aminotransferase (ALT) (1033 IU/L), uric acid (17.7 mg/dL), phosphorus (8.4 mg/dL), and creatine kinase (12372 U/L). Serum calcium was decreased (5.8 mg/dL). The patient's urine looked dark, and its analysis was positive for myoglobin. Urine output was less than 300 ml/day. These lab findings were consistent with rhabdomyolysis and acute renal failure. Muscle biopsy from left upper arm done on 4th day of injury showed extensive rupture of skeletal muscle cells without inflammation. Regenerating fibers and degenerating fibers were also observed in most of fascicles



Fig. 1. Radiographs of the upper arm shows soft tissue swelling around left upper arm without fracture.

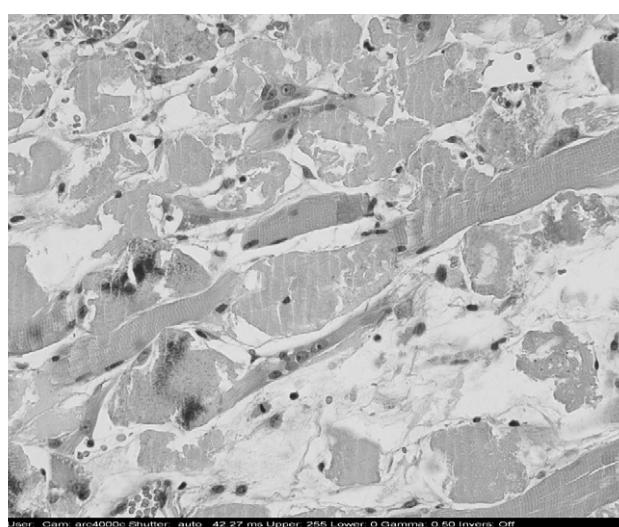


Fig. 2. Brain computed tomography scan shows huge intracerebral hemorrhage of the right frontal lobe with severe brain swelling.

(Fig. 3). The histological changes were suggestive of rhabdomyolysis. The levels of coagulation factors were measured to rule out bleeding tendency disorder. Coagulation factor assay showed normal factor II, factor VII, factor VIII, factor IX, factor XII, and factor XIII. Factor V and factor XI decreased (18% and 33% respectively). The level of protein C5 (13.60 mg/dl), protein C3 (75.20 mg/dl), and C1 (13.4 mg/dl) was normal. Protein C4 (6.04 mg/dl) was decreased. Serum analysis was negative for factor Anti-VIII and factor Anti-IX. Other laboratory results were hemoglobin: 10.0 g/dL, hematocrit: 29.8%, white blood cell count: 22.7/cubic mm, neutrophil: 84%, platelets: 266,000/uL, erythrocyte sedimentation rate (ESR): 14 mm/hr, C-reactive protein (CRP): 19 mg/dL, prothrombin time (PT): more than 80.2 seconds, activated partial thromboplastin time (aPTT): more than 100 seconds, fibrinogen: less than 75 mg/dL, D-dimer: more than 8.0 ug/mL, fibrin degradation product (FDP): more than 80 ug/ml, and antithrombin III: 115.2%. DIC was suspected and replacement therapy with fresh frozen plasma (FFP) was started. Blood culture showed no bacteremia.

Since the ICH was very huge and the evacua-



Fig. 3. Photomicrograph of the biceps-brachialis muscle biopsy shows widespread muscle necrosis in each of the fascicles (H & E $\times 400$).

tion of hematoma was not possible because of suspected uncontrollable bleeding and fatal patient's condition, the initial treatment consisted of intracranial pressure control, replacement therapy with FFP, vigorous fluid replacement, and forced diuresis. Hemodialysis was also started from the day 1 of admission. But she died eventually on the day 24 of admission.

III. Discussion

Compartment syndrome is a common condition characterized by an elevation of the interstitial pressure within the closed skeletal muscle compartment leading to microvascular compromise.(1) Although the condition is well recognized in the leg and forearm, it is rare in the upper arm, as in our patient because upper arm contains a large number of flexible, broad, and rigid ligaments and tendons; thus, the brachial fascia yields more easily than in other areas.(1-3)

In the case presented here, the contusion of upper arm seems to cause muscle injury with subsequent edema and ischemia. Edema formation in a closed compartment will cause a rise in compartmental pressure, further impairing the circulation and eventually leading to the development of a full-blown compartment syndrome with rhabdomyolysis. We could see an increased creatine kinase level and biochemical abnormalities such as elevated levels of AST, ALT, LDH, potassium, myoglobin and uric acid, accompanied by a low level of calcium. Among them, the elevation of creatine kinase level has been reported to be the most sensitive factor.(6)

Rhabdomyolysis is an important cause of ARF. Around 33% of the episodes of rhabdomyolysis lead to ARF due to renal vasoconstriction, intraluminal cast formation and direct myoglobin toxicity. Rhabdomyolysis-induced ARF is mostly oliguric and severe (usually requiring dialysis) but reversible. So for patients strongly suspected of having rhabdomyolysis, aggressive hydration with normal saline should be initiated as soon as possible to prevent the development of ARF. To assist in volume expansion and diuresis and to minimize

heme pigment deposition, mannitol is recommended. Furosemide has also been used to assist in maintaining an adequate urine output. Urine alkalinization with sodium bicarbonate has been recommended to minimize the formation of myoglobin casts in renal tubule. Despite optimal treatment, some patients may develop renal failure and require dialysis. However, complete recovery of renal function was frequently reported through hemodialysis.(6-9)

Muscle injury, regardless of etiology, can cause inflammatory response leading to endothelial cell damage followed by stimulation of clotting cascade. Highly activated and sustained inflammation may give rise to DIC, which has been described in a wide variety of disorders such as infection, carcinoma, acute leukemia, and trauma including crush injury, burn, and rhabdomyolysis. DIC complicated by rhabdomyolysis may develop 12~72 hours after the acute insult. Patients who have severe DIC have a mortality rate of up to 85% according to underlying diseases. The massive activation of coagulation may result in depletion of platelets and coagulation factors, which may cause systemic hemorrhage. Hemorrhages from the skin and mucous membranes are the most common but intracranial hemorrhages are rare.(10-13) It has been reported that intracranial hemorrhages associated with DIC was complicated with solid tumors, leukemia, and aortic aneurysm and it usually occurred in the parenchymal or subdural space, and rarely in the subarachnoid space.(10,13) The patients presenting with a sudden onset were fatal. The evacuation of hematoma was usually not possible due to suspected uncontrollable bleeding. However, some cases might have an indication for the evacuation of hematoma. It is important to check conditions carefully whether the patient has an indication for the operation. Treatment of patients with DIC depends on the etiology and severity of their condition, but generally involves maintaining the patient hematologically. So for patients suspected of having DIC, replacement of blood products such as fresh frozen plasma should be performed.

Since early diagnosis is very important, com-

partment pressure monitoring may be helpful. An intracompartmental pressure of 30 mmHg is often used as a basis for performing a fasciotomy. Some authors suggested that fasciotomy should be performed when the difference between mean arterial pressure and intracompartmental pressure is 40~50 mmHg.(14)

This case clearly shows that compartment syndrome can lead to life threatening conditions such as ARF and DIC, possibly death. Although lethal complications can arise due to the severe nature of compartment syndrome itself, its late and sometimes incomplete initial treatment is a possible causative factor. Early diagnosis and prompt treatment is crucial to prevent the devastating complications.

IV. Conclusion

Careful history and physical examination are the most important tools for diagnosis of compartment syndrome. Errors of omission in the diagnosis of compartment syndrome may lead rapidly to life threatening complication, occasionally death. This case stresses the importance of early diagnosis and prompt treatment of compartment syndrome to prevent devastating complications.

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