

Comparison of Efficacy of Cefoperazone/Sulbactam and Imipenem/Cilastatin for Treatment of *Acinetobacter* Bacteremia

Jun Yong Choi,¹ Chang Oh Kim,¹ Yoon Seon Park,¹ Hee Jung Yoon,¹ So Youn Shin,¹ Young Keun Kim,¹ Myung Soo Kim,¹ Yeon-A Kim,¹ Young Goo Song,¹ Dongeun Yong,² Kyungwon Lee,² and June Myung Kim¹

¹Department of Internal Medicine and AIDS Research Institute, ²Laboratory Medicine and Research Institute of Bacterial Resistance, Yonsei University College of Medicine, Seoul, Korea.

Multiple antibiotic resistance threatens successful treatment of *Acinetobacter baumannii* infections worldwide. Increasing interest in the well-known activity of sulbactam against the genus *Acinetobacter* has been aroused. The purpose of this study was to compare the outcomes for patients with *Acinetobacter* bacteremia treated with cefoperazone/sulbactam versus imipenem/cilastatin. Forty-seven patients with *Acinetobacter baumannii* bacteremia were analyzed through a retrospective review of their medical records for antibiotic therapy and clinical outcome. Thirty-five patients were treated with cefoperazone/sulbactam, and twelve patients with imipenem/cilastatin. The percentage of favorable response after 72 hours was not statistically different between cefoperazone/sulbactam group and imipenem/cilastatin group. The mortality rate was not statistically different, too. Cefoperazone/sulbactam was found to be as useful as imipenem/cilastatin for treating patients with *Acinetobacter* bacteremia.

Key Words: *Acinetobacter*, bacteremia, cefoperazone/sulbactam, imipenem/cilastatin

INTRODUCTION

Acinetobacter baumannii has emerged as an important nosocomial pathogen, and its multiple antibiotic resistance threatens the successful treatment of *A. baumannii* infections worldwide.¹ Nowadays, most nosocomial isolates are resistant

to a wide variety of antibiotics, leaving carbapenems as one of the only recognized therapeutic alternative.^{2,3} In this setting, the overuse of imipenem has been associated with reports of several outbreaks caused by carbapenem-resistant strains, often leaving polymyxin and sulbactam as the only antibiotics with *in vitro* activity against these organisms.^{2,4} Moreover, resistance to imipenem is becoming more common.⁵ Therapy in such cases is a serious challenge, and consequently, the well-known activity of sulbactam against the genus *Acinetobacter* is receiving renewed attention.⁶

In one study, the authors reported that sulbactam might prove effective in non-life-threatening *A. baumannii* infections.² In another study, the authors found ampicillin-sulbactam to be effective in the treatment of a small number of patients with *Acinetobacter* ventilator-associated pneumonia.⁷ However, to our knowledge no reports have been issued about the efficacy of cefoperazone/sulbactam for the treatment of *Acinetobacter* bacteremia.

The purpose of this study was to compare the outcomes of patients with *Acinetobacter* bacteremia who were treated with cefoperazone/sulbactam or imipenem-cilastatin.

MATERIALS AND METHODS

Study population

We reviewed the records of the clinical micro-

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Reprint address: requests to Dr. June Myung Kim, Department of Internal Medicine, Yonsei University College of Medicine, 134 Shinchon-dong, Seodaemun-gu, Seoul 120-752, Korea. Tel: 82-2-2228-1946, Fax: 82-2-393-6884, E-mail: jmkim@yumc.yonsei.ac.kr

biology laboratory and identified patients with significant bacteremia caused by *A. baumannii*, who registered between 1998 and 2002 at the Severance Hospital, Yonsei University College of Medicine, retrospectively. Demographic, clinical, and microbiological data were extracted from the patients' medical records.

Identification and antimicrobial susceptibility testing

The isolates were identified using conventional techniques and/or ATB 32 GN system (bioMérieux, Marcy-l'Etoile, France).⁸ The antimicrobial susceptibilities of *Acinetobacter* isolates were determined by microbiology laboratory staff using a disk-diffusion method. Results were interpreted using the guidelines established by the Clinical and Laboratory Standards Institute (CLSI), formerly the National Committee for Clinical Laboratory Standards (NCCLS).⁹ The cefoperazone/sulbactam susceptibility of *Acinetobacter* was determined using a disk containing 75 µg of cefoperazone and 30 µg of sulbactam. The zone diameter used for cefoperazone in the CLSI guideline was used for cefoperazone/sulbactam. Intermediate susceptibility to the antibiotics was considered as resistance.

Definitions

'Significant bacteremia' was defined as the isolation of bacterial species from one or more blood cultures, and by the presence of signs responsible for sepsis. Standard Center for Disease Control nosocomial infection definitions were used to define the sites of infection.¹⁰ Bacteremia was considered 'nosocomial' if (a) a positive blood culture was obtained after 72 h of admission and there was no evidence of infection at the time of admission; or if (b) infections were acquired at other hospitals before transfer to the study hospital; or if (c) infections were acquired during a previous admission within 2 weeks of presentation. Otherwise, the bacteremia was considered to be community-acquired. The initial empirical antimicrobial therapy was considered appropriate if the initial antibiotics, which were administered within 24 h after acquisition of a blood culture

samples, included at least one antibiotic that was active *in vitro* against the causative microorganisms and when the dosage and route of administration conformed with current medical standards.¹¹ Inappropriate initial antimicrobial therapy referred to the administration of antimicrobial agents to which the causative microorganisms were resistant *in vitro* or to the lack of an antimicrobial therapy for a known causative pathogen. If the antimicrobial agent was not administered within 24 h of bacteremia onset, antimicrobial use was considered inappropriate. Disease severity was scored using the APACHE II system.

Antibiotic therapy and outcome

Empiric antibiotic therapy was initiated immediately after a blood culture had been performed. In most patients, an antipseudomonal β-lactam antimicrobial agent (piperacillin/tazobactam, ceftazidime, cefoperazone/sulbactam, imipenem/cilastatin, or meropenem) was administered as an empiric therapy. Empiric antibiotic therapy was changed to definitive therapy, as needed, on the basis of the results of culture and sensitivity testing. The choice of definitive therapy was made at the discretion of the attending physician, but imipenem/cilastatin generally was used for imipenem-susceptible *Acinetobacter* isolates. Cefoperazone/sulbactam generally was used for cefoperazone-susceptible isolates. Use of vancomycin or aminoglycoside was done at the discretion of the attending physician but was not routine. The evaluation of efficacy was based on the clinical response to therapy. Clinical outcomes were analyzed using; outcomes after 72 hrs of treatment, 7-day mortality and 30-day mortality. Clinical outcomes after 72 hrs of treatment were categorized as complete response, partial response, failure, or death. 'Complete response' was defined as the eradication of all presenting signs and symptoms of infection, and 'partial response' as the resolution of some but not all of these signs and symptoms. Treatment was considered a 'failure' if these signs and symptoms did not improve appreciably. 'Death' was defined as a death within 72 hrs of initiating treatment. Complete response and partial response were considered favorable response, and failure

and death were considered unfavorable response.

Statistical analysis

Discrete variables were compared between groups using Fisher's exact test or χ^2 statistics, as appropriate. Continuous variables were compared using the Student's t-test. A *p*-value of < 0.05 was considered statistically significant. The SPSS (version 11.0) software package was used for all analyses.

RESULTS

Demographic and clinical characteristics

A total of 72 patients with significant *Acineto-*

bacter bacteremia were identified, and of these, 47 patients were treated with cefoperazone/sulbactam or imipenem/cilastatin as a definitive treatment regimen. Thirty-five patients with *Acinetobacter* bacteremia were treated with cefoperazone/sulbactam, and 12 patients were treated with imipenem/cilastatin. The clinical characteristics of patients treated with cefoperazone/sulbactam or imipenem/cilastatin are summarized in Table 1. The baseline characteristics of the patients in the treatment groups were statistically similar. Most isolates (97.9%) were nosocomial pathogen. The common sites of primary infection were the lungs (pneumonia), intravascular catheter related infection, and biliary tract infection. There was a higher incidence of pneumonia among patients in the imipenem/cilastatin group.

Table 1. Demographic Characteristics of Patients with *Acinetobacter* Bacteremia Treated with Cefoperazone/sulbactam or Imipenem/cilastatin

Parameters	Cefoperazone/sulbactam (n = 35)	Imipenem/cilastatin (n = 12)	<i>p</i> value
Age, mean years \pm SD	45 \pm 28	55 \pm 23	0.280
Sex, No. of male/No. of female	24/11	8/4	1.000
APACHE II score, mean \pm SD	12.52 \pm 5.38	13.86 \pm 5.42	0.566
Aminoglycoside use (%)	65.7%	58.3%	0.733
Underlying disease (No. of cases)			
Solid tumor	12	5	0.733
Heart failure	6	2	1.000
Intracranial hemorrhage	4	2	0.637
Diabetes Mellitus	1	2	0.156
Liver cirrhosis	1	1	0.450
Leukemia	2	0	1.000
Benign biliary tract disease	2	0	1.000
Autoimmune disease	1	0	1.000
Hemophagocytic syndrome	1	1	0.450
End stage renal disease	2	0	1.000
Multiple myeloma	1	0	1.000
Site of primary infection (No. of cases)			
Pneumonia	15	10	0.020
IV catheter related infection	9	0	0.087
Biliary tract infection	4	2	0.637
Primary blood stream infection	4	0	0.560
Urinary tract infection	2	0	1.000
Wound infection	1	0	1.000

Antimicrobial susceptibility patterns and antimicrobial therapy

Regarding antimicrobial susceptibility, all episodes of bacteremia in the imipenem/cilastatin group were caused by isolates that were fully susceptible to imipenem/cilastatin. Two isolates in imipenem/cilastatin group were resistant to cefoperazone/sulbactam. Of the 35 patients that were treated with cefoperazone/sulbactam, 2 were fully resistant to imipenem/cilastatin, 2 were intermediately resistant, and 31 were susceptible. All isolates in cefoperazone/sulbactam group were susceptible to cefoperazone/sulbactam. All definite antimicrobial therapies were 'appropriate' antimicrobial therapy. Empiric antimicrobial therapies were 'appropriate' in 29 patients and 'inappropriate' in 18 patients. Appropriateness of empiric antimicrobial therapy was not associated with clinical outcomes such as outcomes after 72 hrs of treatment, 7-day mortality and 30-day mortality.

Clinical responses at 72 hours according to antibiotic treatment

Clinical responses at 72 hours after antibiotic treatment are listed versus the definite antibiotic treatment regimens in Table 2.

The percentage of complete and partial response was not statistically different (77% for the cefoperazone/sulbactam group vs. 75% for the imipenem/cilastatin group; $p = 1.000$).

In the subgroup of pneumonia patients, the percentage of complete and partial response was not statistically different between cefoperazone/sulbactam group and imipenem/cilastatin group (60% for the cefoperazone/sulbactam group vs. 80% for the imipenem/cilastatin group; $p = 0.402$).

Mortality according to antibiotic treatment

The mortalities of the patients with *Acinetobacter* bacteremia are listed with their respective antibiotic treatment regimens in Table 3. The 7-

Table 2. Clinical Response at 72 Hours According to Definite Antibiotic Treatment Regimens

Response	Cefoperazone/sulbactam (n = 35)	Imipenem/cilastatin (n = 12)	p value
Overall			1.000
Favorable response	27/35 (77.1%)	9/12 (75.0%)	
Unfavorable response	8/35 (22.9%)	3/12 (25.0%)	
Pneumonia			0.402
Favorable response	9/15 (60.0%)	8/10 (80.0%)	
Unfavorable response	6/15 (40.0%)	2/10 (20.0%)	
Biliary tract infection			0.333
Favorable response	4/4 (100%)	1/2 (50.0%)	
Unfavorable response	0/4 (0%)	1/2 (50.0%)	
IV catheter related infection			
Favorable response	7/9 (77.8%)	-	-
Unfavorable response	2/9 (22.2%)	-	-
Primary blood stream infection			
Favorable response	4/4 (100%)	-	-
Unfavorable response	0/4 (0%)	-	-
Urinary tract infection			
Favorable response	2/2 (100%)	-	-
Unfavorable response	0/2 (0%)	-	-
Wound infection			
Favorable response	1/1 (100%)	-	-
Unfavorable response	0/1 (0%)	-	-

Table 3. Treatment Outcomes According to the Sites of Primary Infection and Antibiotic Treatment Regimens

Outcome	Cefoperazone/sulbactam (n = 35)	Imipenem/cilastatin (n = 12)	p value
Overall			
7 days mortality	6/35 (17.1%)	4/12 (33.3%)	0.251
30 days mortality	7/35 (20.0%)	6/12 (50.0%)	0.065
Pneumonia			
7 days mortality	5/15 (33.3%)	3/10 (30.0%)	1.000
30 days mortality	6/15 (40.0%)	5/10 (50.0%)	0.697
Biliary tract infection			
7 days mortality	0/4 (0.0%)	1/2 (50.0%)	0.333
30 days mortality	0/4 (0.0%)	1/2 (50.0%)	0.333
IV catheter related infection			
7 days mortality	1/9 (11.1%)	-	-
30 days mortality	1/9 (11.1%)	-	-
Primary blood stream infection			
7 days mortality	0/4 (0.0%)	-	-
30 days mortality	0/4 (0.0%)	-	-
Urinary tract infection			
7 days mortality	0/2 (0.0%)	-	-
30 days mortality	0/2 (0.0%)	-	-
Wound infection			
7 days mortality	0/1 (0.0%)	-	-
30 days mortality	0/1 (0.0%)	-	-

day mortality rate was lower in the cefoperazone/sulbactam group than in imipenem/cilastatin group, but this was not statistically significant (17.1% for cefoperazone/sulbactam group vs. 33.3% for imipenem/cilastatin group, $p = 0.251$). Thirty-day mortality rate was also lower in the cefoperazone/sulbactam group than in the imipenem/cilastatin group, but again this was not significant (20.0% for the cefoperazone/sulbactam group vs. 50.0% for the imipenem/cilastatin group, $p = 0.065$).

DISCUSSION

Over the last 20 years, *A. baumannii* has emerged as an important nosocomial pathogen. However, the treatment of choice for *A. baumannii* bacteremia has not been established. There have been no comparative therapeutic trials, and clinical experience is lacking. The usual treatment is

an active β -lactam alone or in association with an aminoglycoside, which is similar to the treatment of bacteremia caused by other Gram-negative bacilli.^{3,12} A general trend towards decreased susceptibility to antibiotics has been observed worldwide in the majority of nosocomial strains. Multiple antibiotic resistance threatens the successful treatment of *A. baumannii* infections worldwide. Nowadays, most nosocomial isolates are resistant to the variety of antibiotics tested routinely, leaving carbapenems, mainly imipenem, as almost the only recognized therapeutic alternative. Imipenem treatment resulted in a cure for bacteremia in 83% of the cases in one study.⁴ However, the overuse of imipenem has been associated with several outbreaks of carbapenem-resistant strains, often leaving polymyxin and sulbactam as the only antibiotics with *in-vitro* activity against these organisms.⁴

Sulbactam is an inhibitor of β -lactamase, which shows *in vitro* bactericidal activity against

Acinetobacter sp.^{13,14} Rodriguez-Hernandez et al.¹⁵ showed that the efficacy of sulbactam in experimental infections caused by susceptible *A. baumannii* strains is similar to that of imipenem. Corbella et al.² treated 42 patients with non-life-threatening multiresistant *A. baumannii* infections, including seven bacteremias, with sulbactam alone and in combination with ampicillin; 39 improved or were cured with no major adverse effect. Ampicillin-sulbactam was found to be at least as effective as imipenem and a cost-effective alternative for the treatment of non-life-threatening multiresistant *A. baumannii* infections.¹⁶ Wood et al.⁷ reported that ampicillin-sulbactam was effective at treating a small number of patients with *Acinetobacter* ventilator-associated pneumonia.

Studies in North America, South America, Europe and Asia have investigated the *in vitro* activity of cefoperazone-sulbactam, and have shown it to be superior to that of cefoperazone alone against clinical isolates of many Gram-negative bacilli, but particularly against *Acinetobacter* species, in which activity is due to sulbactam alone.^{6,17-21} However, the efficacy of cefoperazone/sulbactam against *Acinetobacter* has not been studied in a clinical setting.

The results of the present study show that cefoperazone/sulbactam appears to be useful for the treatment of *Acinetobacter* bacteremia. These results suggest that sulbactam could be used for the treatment of life threatening infections by *A. baumannii*, and suggest that not only ampicillin/sulbactam but also cefoperazone/sulbactam could be used for the treatment of infections by *A. baumannii*. These results are encouraging because of the potential for high mortality in cases of *Acinetobacter* infection given increasing imipenem resistance among *Acinetobacter* isolates and the lack of treatment options.^{17,22}

One of the most important problems associated with previous studies upon the *in vitro* activity of cefoperazone/sulbactam against *Acinetobacter* concerns the different criteria used to define susceptibility. In the case of the cefoperazone/sulbactam combination, there is no CLSI standard sulbactam concentration for the agar dilution or disk diffusion tests, and interpretations usually take into account the MICs of cefoperazone. *In*

vitro studies have shown that cefoperazone/sulbactam is more active than a variety of individual β -lactam agents against *Acinetobacter* species, and only imipenem has demonstrated *in vitro* activity superior to that of cefoperazone-sulbactam.^{23,24} A standard method for the evaluation of the sensitivity of *Acinetobacter* to cefoperazone/sulbactam is needed.

Unfortunately, resistance to sulbactam has been noted in imipenem-resistant strains of *A. baumannii*, leaving the polymyxin as the only treatment alternative.^{12,25} Levin et al.²⁶ reported upon the outcomes of 60 nosocomial infections, including bacteremia, caused by *A. baumannii* and *Pseudomonas aeruginosa*, which were resistant to all commercially available antimicrobial agents. These infections were treated with colistin, but colistin causes some critical adverse effects, such as nephrotoxicity or neurotoxicity.

The several potential limitations of the present study include its retrospective design, the small number of patients, and potential differences between the groups, which may have favored the use of cefoperazone/sulbactam or imipenem/cilastatin.

In summary, cefoperazone/sulbactam was found to be as useful as imipenem/cilastatin for the treatment of *Acinetobacter* bacteremia in a small number of patients. Prospective study should be undertaken upon the efficacy of cefoperazone/sulbactam for the treatment of patients with *Acinetobacter* bacteremia.

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