

Case Report

Cervical Osteochondroma Presenting as Brown-Sequard Syndrome in a Child with Hereditary Multiple Exostosis

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Cervical cord compression due to osteochondroma in hereditary multiple exostosis (HME) is a rare condition, especially in young children. In this report, we discuss a rare case of cervical osteochondroma presenting as Brown-Sequard syndrome (BSS) in a 7-year-old boy with HME. The child was admitted because of hemiparesis involving the right limbs and hypoesthesia on the left side following mild trauma. MR image revealed cord compression by osteochondroma of the C7 lamina. We removed the osteochondroma and the neurological deficit was improved.

KEY WORDS : Osteochondroma · Hereditary multiple exostosis · Brown-Sequard syndrome.

INTRODUCTION

Hereditary multiple exostosis (HME) is the most common form of bone dysplasia^{2,5}. It is an autosomal dominant disease with predominance in males and a benign condition characterized by presence of multiple exostosis or osteochondroma arising from long and flat bones^{2,9}. Spinal cord compression resulting from vertebral osteochondroma is a rare complication and generally becomes symptomatic during the second and third decades of life^{5,7}. We report an unusual case of cervical osteochondroma presenting as Brown-Sequard syndrome (BSS) following mild trauma in a 7-year-old boy with HME.

CASE REPORT

History and examination

A 7-year-old boy complained of motor weakness involving the right extremities following fall down 1 month before admission. The boy complained of difficulty in spooning up and assembling a toy. On physical examination, he had multiple palpable exostosis over the bones of his limbs and

clavicles. The patient was diagnosed with HME at the age of 6 years and his father and grandmother also had HME. Neurological examination revealed BSS showing a slight hemiparesis (grade 4) on the right side and hypesthesia on the left side below C6 dermatome. MR image showed a

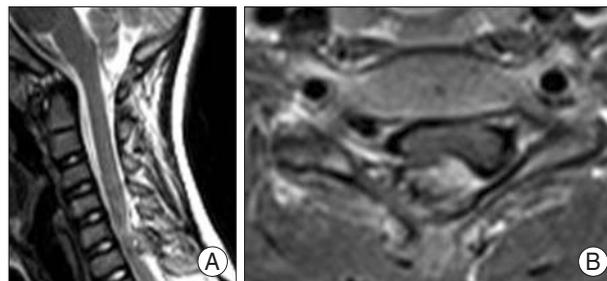


Fig. 1. Sagittal (A) and axial (B) T1-weighted magnetic resonance images showing an elliptical mass compressing the right posterolateral spinal cord at the C6 segment.

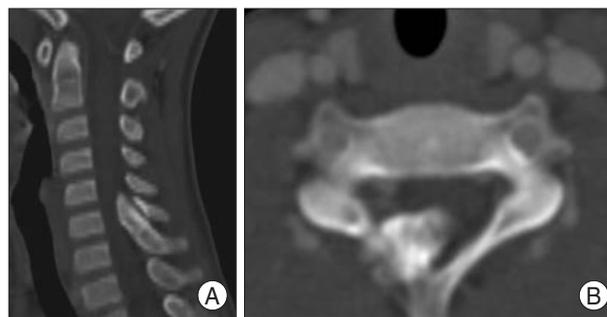


Fig. 2. Sagittal (A) and axial (B) computed tomography scan showing a sessile bony mass arising from the upper border of the C7 lamina projecting ventral to the C6 lamina.

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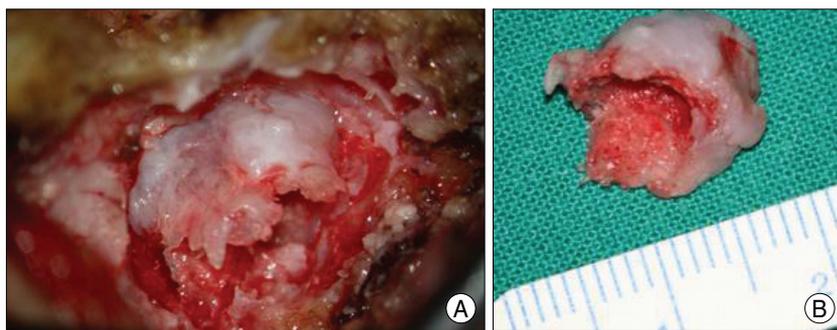


Fig. 3. Intraoperative finding (A) showing total resection through right partial hemilaminectomy and a resected mass (B) 1 cm in diameter showing covering with a thin layer of cartilage.

mass arising from the right C6 lamina with evident cord compression (Fig. 1). Further investigation with computed tomography (CT) demonstrated a sessile bony mass arising from the upper border of the C7 lamina and projecting ventral to the C6 lamina, not arising from the C6 lamina (Fig. 2).

Operation

We performed a partial hemilaminectomy of the upper C7 portion and lower C6 portion without facet damage and excised the mass totally. The diameter of the mass was 1 cm and the inner surface was white and smooth due to the covering of cartilage (Fig. 3). There was no adhesion between the mass and dura, and we were able to remove the mass without difficulty. Histopathological examination demonstrated fibrocartilaginous cells with ossification in the ligament and confirmed osteochondroma

Postoperative course

After the operation, the patient's weakness was improved to grade 4+/5 and sensory deficit completely disappeared. The patient was discharged by the eighth postoperative day.

DISCUSSION

HME is a benign condition characterized by multiple cartilage-capped bony outgrowths in the metaphysis of long bone and flat bones^{2,5,7}. It is a genetic disorder with an autosomal dominant pattern of inheritance^{2,9}. In our case, the patient's father and grandmother had HME, so we could easily make the diagnosis of HME preoperatively. Malignant transformation may occur in up to 20% of patients with HME^{4,10}. These exostosis, also called osteochondromas, involve the vertebral column in approximately 7-9% of cases, and 50% of these cases arise from the cervical spine⁵. Spinal cord compression resulting from HME occurs in young adults, usually in the second and third decades with male predominance^{2,5,6}. In review of the

literature, the youngest patient with cervical osteochondroma was 7 years of age, same as our case³. The most common site of involvement was C2 and C7. The duration of symptoms is variable and ranges from 1 month to 9 years^{5,8}. However, acute onset is very rare, especially combined with BBS, in a young child. Identification of motor weakness in a child is relatively easy but identification of sensory loss is not because verbal expression of

specific sensory loss is difficult at this age, especially when the degree of neurological deficit is mild. Therefore, the age of 7 years may be the minimal age at which BBS can be diagnosed. The patient's age, specific presenting symptom as BBS, and involvement of the C7 lamina make our case extremely rare.

In most cases, the surgical outcome is good and laminectomy is the most common treatment method⁴. However, to prevent postlaminectomy kyphosis, laminectomy should be minimized, especially, in young patients. Laminotomy or posterior fusion could be chosen as an alternative method¹. In our case, we tried to minimize laminectomy through partial hemilaminectomy, and postlaminectomy kyphosis was not observed during follow up period.

CONCLUSION

We report a rare case of cervical osteochondroma presenting BSS in a 7-year-old boy with HME. In young children, the cervical osteochondroma can be totally removed and laminectomy can be minimized to prevent postlaminectomy kyphosis.

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